

11/16/2015 – Kirk Johansen, General Chair

Mighty Mid LSC Workshop - sports performance thoughts

What more can we do to help kids swim fast

What programs can we add to improve performance

What tools can we give coaches to improve their skills

What goals can we strive for as an LSC to push ourselves and move beyond what we are today

What data do we need to properly evaluate where we are

What help do we need to disaggregate the data

How do we identify promising talent in swimmers and coaches

How do we support this talent

How do we help teams that can grow bring in swimmers

How do we cultivate new teams