

Safety Chair Report: Debbie Meyer

Since our Board of Directors meeting we have had five incidents of occurrence. These have ranged from swimmers to coaches in and out of the pool.

If there is an accident during your practice, please go to USA Swimming website to report the incident. The forms are under member resources and the insurance and risk management section, the first group of program and services for everyone. When you report an incident please copy me when you send to USA Swimming, dm3gold68@gmail.com.

In June I attended the Safety Chair Meeting in Denver. The hot topic was meet director check lists and hypoxic blackout. Everyone has been referring to it as Shallow Water blackout, but that term is specific for free divers. The group most likely for this to occur is with male swimmers. Everyone likes to challenge each other and the male swimmers do it the most. Studies have shown that when swimmers hyperventilate just prior to swimming, that is when the likelihood of the incident might occur.

If anyone would like more information on the conference or hypoxic blackouts I have copied Denna on the reports.