

Safety Chair Report

Debbie Meyer

Sierra Nevada LSC had 8 reported incidents of injuries from June 19 until Oct. A new reporting data base was begun in June. Most accidents occur on the deck, athletes are most effected and the head is the body part most injured. If anyone is interested in the graph please contact me.

Aquatics Convention Report

Debbie Meyer

All of the Safety meetings were a repeat of our Safety Chairs Meeting in June in Denver. The focus was again on Hypoxic Blackouts. USA Swimming wants to make sure all coaches, parents and swimmers are aware of these blackouts and how to prevent them. Some teams have agreements with their pools that a lifeguard does not have to be on duty. If this is the case with your team please make sure you have an emergency plan. For Meet Directors, USA Swimming has a check list for regarding safety around the pool and locker rooms.

Starting Nov 1 is open enrollment for medical insurance. If your team does not provide any medical insurance USA Swimming has a link to insurance on their website.

I also attended Diversity and Inclusion meetings. The hot topic was LGBTQ. There were many testimonies from the LG community regarding their inclusion. These were from swimmers, coaches and administrators.

The culture of the team is hugely on the coach's shoulders to educate the swimmers and parents.

Another question that was brought up was for the different religious sects that cannot make swim meets on certain days. Should the LSC's change the meet order and days during some meets to make events available to these swimmers? IMX is an example for exclusions of these groups.

Pacific Swimming has again invited Sierra Nevada to participate in their Diversity Camps.

My question is does Sierra Nevada have an Out Reach program available to our members? If so where is it on our website? After checking the USA Swimming website it referred me to the Western Zone website. It showed SN as NA on this program.