

Sierra Nevada Swimming

Board of Directors Working Meeting Minutes March 21, 2024

Meeting called to order at 7:03pm.

Present: Scott Sewell, Roberta Savage, Alan Rosenfeld, Stephen Adams, Scott Hastings, David Karacozoff, Leslie Juarez Michel, Deanna Hogenboom, Marc Stanley Cooper Zarro (Athlete)

Staff: Alex Ognaco, Alison Appel, Hope Gawlick

Absent: Daryn Glasglow, Jason Shibata, Brian Clark, Summer Huntsman, Adric Jope, Betsy Aird, Ted Curley, Tim McCormick, Julianna Gibson (Athlete), Ella Ching (Athlete), Aveed Gorji (Athlete), Mark Brown, TJ Kay

- 1. Attached slide show presented
- 2. Discussion
 - In general people are happy
 - Working to bring coaches and teams together to coordinate meet schedule ahead of HOD
 - Is there a way for Senior SC Championships to serve as many athletes as possible
 - Building opportunities for coaches
 - Adjusting to schools starting earlier and timing of meets, Western Zones, etc
- 3. Board Member Feedback
 - The Board is committed to moving forward with continued outreach. Board is looking at incremental changes.
 - Adjusting Senior Short Course Champs
 - Improving coach communication starting with a planning calendar
 - NVAL opportunities
 - Executive Director is helping to guide the way but Board Members need to strengthen our roles
- 4. Need for activities, trainings or other supports? There is funding available so these items should be brought to the Board

Adjournment at 8:45pm.

Respectfully submitted, Hope Gawlick SNS Secretary



2024-2025 SNS Budget Preparation Survey Results

presented by Roberta Savage

THANK YOU!! THANK YOU!! THANK YOU!!

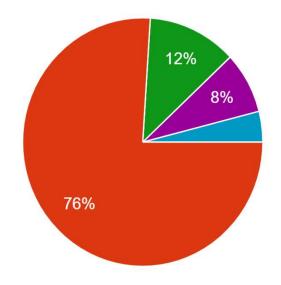
Huge thank you to everyone who filled out the Survey! We appreciate the time you took to give the Board your input!

Who participated in the Survey?

- At least 14 Clubs provided feedback
- All club sizes (small, medium, large)
- Many regions
- Coaches, officials, athletes, board members, parents
- Involved and participated in all SNS activities listed
- Year round, seasonal teams

What is your connection to swimming?

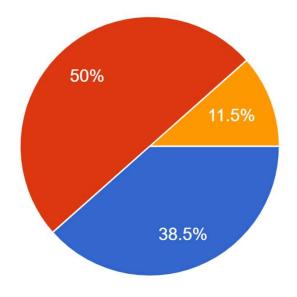
25 responses





What is the size of your Club?

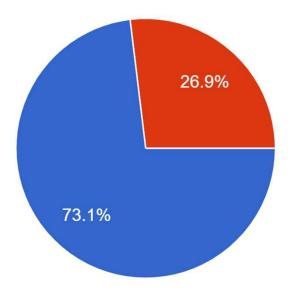
26 responses



Large (over 150 athletes)
Medium (50-150 athletes)
Small (under 50 athletes)

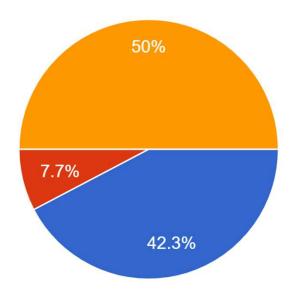
Where is your Club located?

26 responses



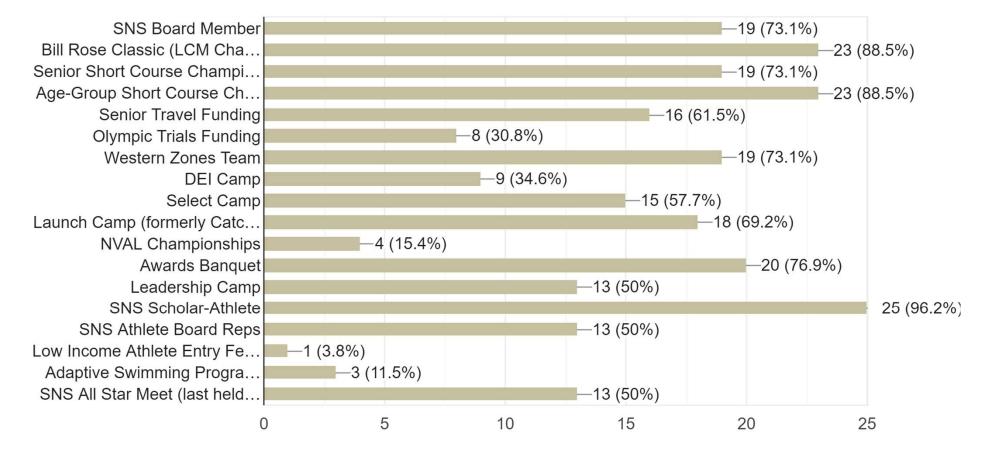
Greater Sacramento Region
 Outside the Greater Sacramento Region

Does your Club have a year-round team, seasonal team or both? 26 responses





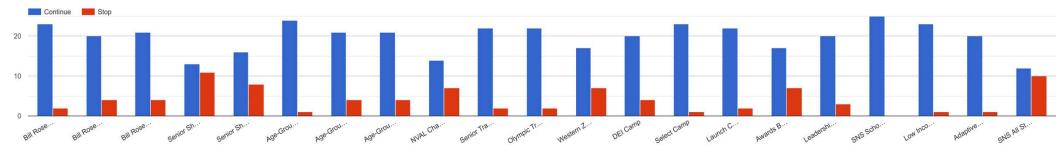
What activities have members of your Club been involved in over the last 3 years? ^{26 responses}



What were the results

- Positive feedback about maintaining strong programming
- Expanding programming options
- Pointed out weaknesses and areas of improvement

The following questions are intended to understand what you believe SNS should have as funding priorities in the various categories of programs. Please include programming/support your Club would like to see SNS "Stop or Continue".



Bill Rose Classic – LCM Championship Meet

- Continue Host Team Stipend
- Continue Bag Tags
- Continue Awards

SNS Short Course Champs

Senior

- Continue/Stop Awards *
- Continue Host Team Stipend

Age Group (14 & Unders)

- Continue Awards
- Continue Host Team Stipend
- Continue Bag Tags

* Indicates more votes to Stop than other SNS programs

SNS Camps

- Continue DEI
- Continue Select
- Continue Launch
- Continue Leadership

SNS Funding Programs or Teams

- Senior Travel Funding
- Olympic Trials Funding (athletes, teams, officials)
- Western Zone Team *

SNS Miscellaneous Programs/Activities

- NVAL Championship bag tags *
- All Star Meet*
- Awards Banquet*

- Low Income Athlete Entry Fee Support at Championship Meets
- Adaptive Swimming
- Scholar Athlete

For all Options in the Question above that you indicated should Continue, rank your Top 3

- Continue some of age group funding
- · Zones team, launch camp, select camp
- Host team stipend for Championship meets, Senior Travel Funding, Western Zones
- Bill Rose--Stipend for Bill Rose Western zone
- Awards- travel funding- camps
- Age-Group Short Course Championship awards, Bill Rose Classic - awards, Age-Group Short Course Championship - bag tags
- NVAL Bag Tags, Bill Rose, and the 14&under JO's
- Launch camp, low income athlete, and leadership camp
- 1) Bag Tags for Championship Meets 2) Launch Camps 3) Western Zones Team
- SNS Scholar, Senior Travel, Launch Camp
- Senior Travel Funding, Supporting higher level achieving athletes
- Senior Travel Funding, Age Group Meet Awards

- scholar-athlete
- Championship Meet Support
- Short Course Championship Awards, BRC Awards, Senior Travel Funding
- Launch Camp. Western Zones, Leadership Camp
- Camps; Senior Travel / Trials Travel; Zones Team
- Stipends, Camps, Awards
- SNS Scholar Athlete, Olympic Trials Funding, Launch Camp
- bag tags, trials funding, launch camp
- Bill Rose, short course Champs and scholar athlete
- Senior Travel, OT travel, Western Zones
- Age group Champs, both... Launch / select camps... Western Zones
- Recreate the awards banquet to be more accessible families. Scale back costs as needed. Adjust Western Zones to a lesser cost to the LSC
- Camps, Western Zones.

For all Options in the Question above that you indicated should Stop, rank your Top 3

- I no longer feel that Wester Zones is helping our athletes as it used to
- Western zones. Until dates are modified to accommodate school dates in our region
- NVAL Bag Tags
- Bag Tags; Awards Banquet; Leadership Camp
- Senior Championships
- All bag tags
- Host team stipends. Meets should be set up to be self-funding.
- Awards Banquet, SNS All Star Meet
- 1) All Star Meet 2) Senior Championship Awards 3) Awards Banquet

- Awards at Senior winter champs, DEI camp select camp
- Western Zones, All-Star, Awards Banquet
- Senior Short Course championships
- Stipends for host teams Bill Rose, Senior & Age Group
- NVAL Championships bag tags
- Short Course Champs
- Champ meet stipends Allow teams to charge what they need and take the LSC out of it. Awards banquet can be done with recognition on the SNS website and awards picked up. Western Zones is a financial waste of time. It doesn't make our athletes better, it's spending \$80K for a fun meet.

Is there a program that your Club believes SNS should Start? Please describe.

- Coaches training programs or seminars; Bring back the LSC all stars dueling teams one day meet for the 12 & unders in short course
- Coaches connection/mentoring
- More varied SNS camp experiences
- Local camps for top athletes in age groups (Cheaper, easier)
- Coach Education

- Community outreach to local schools, activity centers, and pools. City sponsored or partnerships can be considered as well. Stipends or other programs to promote and increase interest in our sport. (Personal interest. Not club specifically)
- 1. Age Group All Star Meet between our LSC and another local LSC 2. Local travel camps for higher level swimmers (not as costly) 3. Clubs subsizide families for meet entries and LSC subsidizes club

Is there something you want to add that was NOT captured in any of the above questions? Please add it here.

- Coaches Ed
- More things for coaches development
- The awards banquet is good, but could perhaps been done more informally and less expensively while also allowing more attendance (I.e. does not have to be at a country club)
- 1. Awards banquet could be a video or recording with awards being mailed out 2. Stop giving host club stipend, but give host club full autonomy over fees structure

- Senior Travel Fund dispersed to more athletes, less to more, and only to those that train nd compete currently with LSC teams
- Create a meeting weekend to work thru SNS scheduling. Teams need to be present and engaged so they can commit their programs to attending certain meets. This will allow teams to know meet numbers and decide to add additional meets or cancel meets

What's next?