



Sierra Nevada Swimming

House of Delegates Meeting

Wednesday, June 26, 2019

The Clubhouse @ Woodcreek Golf Club, Roseville, CA

1. 6:20pm Meeting called to order by Mark Brown.

Welcome

Agenda reviewed

2. Roll Call (Attachment 1): Present: AQUA, CCA, Cal Gold, CAJ, DART, DDUR, EGAC, FWST, ORLN, PARA, RAD, SASO, SMST, STAS, TTST, UCD, VACA, WAC, WOOD. Not Present: AH, ANDR, BTA, COR, FAST, FBST, FRAC, GOSL, GRID, HDA, ISC, Lassen, LTNC, NSS, ORCA, OYMCA, PAC, PPST, PRST, RBT, RMAV, SACP, ShastaYMCA, SPKS, SSST, SUN, SVST, TAC, TCA, WINN, WST, WHJ. Athletes accounted for. **Quorum Present.**

3. Introduction of Board Members (Attachment 1). Present: Mark Brown, Alison Turner, Janet Vargas, Adriana Contreras, Nolan Rogers, Trent Richardson, Kainoa Pistorius, Taylor Moore, Michael Wyant, Emma Peters, Jack Gillespie, Kyle Lehr, Koren Motekaitis, Brian Clark, Darin Mai, Justin Brosseau, Niffey Carmody, Kathleen Kinsey, Ray Weiser. Not Present: Dana Covington, Bill Rose.

Mark gave instructions for voting.

4. **Motion/2nd** to approve HOD 2019 Meeting Minutes with corrections (Attachment B). No discussion. **Approved**

5. Reports of Officers:

Kainoa Pistorius reported on the Olympic Training Center trip and Catch the Spirit Camp. The application is out for Western Age Group Zones team. 48 swimmers will go to Oregon. There is a minimum of two long course zones cuts for automatic consideration.

Trent Richardson reported that senior athletes were at the OTC with age group swimmers. There will be more senior competitions in the summer.

Darin Mai reported on the scheduling committee in regards to Senior and Age Group swimmers to make for better competition and time factors, offering tri-meets, scoring at dual meets by time or power rankings. He reported on the timing of the Bill Rose Classic and promoted more short course meets in summer for 10&unders.

Adriana Contreras reported that she and Nolan Rogers are working on Coaches Clinics and promoting the mentorship program.

Ray Weiser wants clubs to encourage SNS swimmers to participate in Open Water Swimming and he will coach them.

Mark Brown reported that Long Course Champs will be open to swimmers up to 22 years old. Times standards will be revised in 2020. Next year for Short Course and Long Course Champs, there will be awards for large, medium, and small clubs.

Mark gave an update on membership numbers: 1,321 flex; 2,529 athletes; 60 + 327 in season 1 & 2, respectively; 136 athlete outreach; 408 individual season for a total of 4,781 registrations. Prior year was 5,078. New registrations 1,511. SNS lost 1,808 swimmers. Mark gave a SNS times update: more than 20 new records, five national age group records, and four Olympic Trials qualifiers.

6. Safety Issues and USA Swimming Insurance:

Kathleen Kinsey reported that safety information is on the SNS website. Forms need to be filled out to ensure insurance coverage is in effect. Each team got a backstroke ledge in order to certify swimmers. There is no payout if swimmers are not registered or coaches aren't current on training and certifications.

7. Fines for Unregistered Coaches and Athletes:

Mark Brown proposed fines effective 9/1/2019 for coaches and athletes that attend meets when not properly registered. Relevant information will be posted in Meet Announcements. Swimmers will be removed from the meet for that day if they are not entered/registered and teams will not be charged. Deck Pass Plus shows current registration and training for coaches.

M/2nd. Discussion. Passed.

8. Meet Manager (Reimbursement or Purchase) LSC Proposal:

Mark Brown proposed that the LSC purchases or reimburses clubs that host meets for the new/upgraded version 8 Meet Manager. Clubs will get up to \$1,275 for new Meet Manager or upgrade options of \$167+129+79. This reimbursement will be one time per club.

M/2nd. Discussion. Passed with one abstain.

9. Meet Fees Split Proposal for Year-Round Member Clubs:

Mark Brown presented a proposal to modify meet fees to allow host teams to keep more of the per event fees. For sanctioned events, the per event fee will be \$4, split \$2.25/\$1.75 between LSC and host club. For Trials/Finals meets, the per event fee will be \$6, split \$3.00/\$3.00 between LSC and host club. For North Valley Aquatic League (NVAL) meets, the per event fee will be \$4, split \$1.50/\$2.50 between LSC and host club.

M/2nd. Discussion. Passed 39-11.

Mark Brown presented a proposal to eliminate flat rate fees and replace with the following:

Intersquad/time trials \$1.75 per swim

Dual Meets \$2.00 per swim

Tri/Quad/Super League Meets \$2.25 per swim

M/2nd. Discussion. Passed.

10. Approval of 2019-20 Proposed Budget (Attachment 2):
Mark Brown and Alex Ongaco presented the proposed 2019-20 budget.
M/2nd. Discussion. Passed.

11. Approval of 2019-20 Meet Schedule (Attachment 3):
Alex Ongaco presented the proposed 2019-20 Meet Schedule.
M/2nd. Discussion. Passed with splash fee changes.

12. Approval of SNS Bylaws (Using Guidelines from USAS 2018) (Attachment 4):
Brian Clark presented Bylaw changes and proposed staggering board of director elections to ensure continuity at all times with one third of the board positions being elected per year.
M/2nd. Discussion. Passed.

13. Safe Sport Issues and MAAPP (Attachment 5):
Niffey Carmody reported on key dates to take Athlete Protection Training (APT) for adults, including swimmers who turn 18 during the season. In order to complete APT, a survey must also be completed.

14. Adjournment of Annual HOD Meeting:
Motion/2nd to adjourn meeting. All in favor. None opposed. **Meeting adjourned @ 8:15pm**

15. Athletes Committee Meeting
All athletes present tonight will be on the Athlete Committee.

Respectfully submitted,
Janet Vargas
SNS Secretary

①

- Anderson Aquagators
- AquaSol ✓
- Arden Hills Swimming
- Blue Tide Aquatics
- California Capital Aquatics ✓
- California Gold ✓
- Chico Aqua Jets ✓
- Corning Manta Rays
- DART Swimming ✓
- Durham Dolphins ✓
- Elk Grove Aquatics Club ✓
- Fallon Barracuda Swim Team
- Feather River Aquatic Club
- Fernley Aquatic Swim Team
- Folsom Wahoos Swim Team ✓
- Glen Oaks Sea Lions
- Gridley Gators Swim Team
- High Desert Aquatics
- Intermountain Swim Club
- Lassen Aquatics
- Life Time Northern California
- Northern Sierra Swimming
- Orland Otters ✓
- Oroville Orcas
- Oroville YMCA Porpoise Club
- Paradise Piranhas Swim Team ✓
- Portola Penguin Swim Team
- Plumas Rapids Swim Team
- Red Bluff Tritons Swim Team
- Redding Swim Team ✓
- Rocklin Mavericks
- Sacramento Aquatics Club
- Scott Valley Swim Team
- Shasta YMCA Sharks
- Sierra Marlins Swim Team ✓
- Solano Aquatic Sea Otters ✓
- South Siskiyou Swim Team
- Spare Time Aquatics Sharks ✓
- Sparks Piranhas Swim Team
- Sunrise Sharks
- Truckee-Tahoe Swim Team ✓
- Tuolumne County Aquatics (too-AH-lum-ee)
- Turlock Aquatic Club
- UCD Aquatics ✓
- Vacaville Swim Club ✓
- Weaverville Swim Team
- Willows Hydro Jets
- Winnemucca Whitewater Swim Team
- Wolverine Aquatics ✓
- Woodland Swim Team ✓

Pranthes Aquatic Club ✓

- SNS BOD
- Mark Brown ✓
- ~~Dana Covington~~
- Alison Turner ✓
- Janet Vargas ✓
- Adriana Contreras ✓
- Nolan Rogers ✓
- Trent Richardson ✓
- Kainoa Pistorius ✓
- Taylor Moore ✓
- Michael Wyant ✓
- Emma Peters ✓
- Jack Gillespie ✓
- Kyle Lehr ✓
- ~~Bill Rose~~
- Koren Motekaitis ✓
- Brian Clark ✓
- Darin Mai ✓
- Justin Brosseau ✓
- Niffey Carmody ✓
- Kathleen Kinsey ✓
- Ray Weiser ✓

- Staff
- Alex Ongaco ✓
- ~~Ti Key~~

- Alan Rosenfeld ☉ ✓
- Jenny Nowatzke ☉ ✓
- John Griffin ☉ ✓
- Josie Cornwell ☉ ✓
- Cortney Martellucci ☉ ✓
- Eric Balken ☉ ✓
- Irene Nakaoka ✓
- Ave Owens (A) ✓
- Tricia Strub ✓
- Ron Thompson ☉ ✓
- Amy Harter (A) ✓
- Jackie Adams ✓
- Holly Rowe ✓
- Brian Chow (A) ✓

Sean Kochens ✓

Mandi Vogelbacher ✓

Mark Wagner ✓

- Douglas Reyes ☉ ✓
- Ricky Silva ☉ ✓
- Matthew Paige ☉ ✓
- Jorge Merodio ✓
- Meredith Garcia (A) ✓

- Cyrus Crews ☉ ✓
- Pete Motekaitis ☉ ✓
- Matt Rankin ☉ ✓
- Kaieka Crews (A) ✓
- Elle Motekaitis (A) ✓
- Josie Dewit ✓

- Chris Breitbart ☉ ✓
- Chase Sheldon ☉ ✓
- Brandon Smart ✓
- Amy Breitbart ☉ ✓
- Tiffany Brant ✓

- At-Large
- John Richardson ✓
- Ted Worley ✓*
- Non-Voting Attendee
- Phuong Nguyen ✓
- Rachel Richardson ✓

- Mac Cusanelli (A) ✓
- Katie Schwarzie (A) ✓
- Jaxson Balken (A) ✓
- Stephen Adams ✓
- Theron Clark (A) ✓
- Alex Wu (A) ✓
- Jim Pant ✓*
- Grace Schroer (A) ✓

Makena Adams (A) ✓

- Steve Trotter ✓
- JT Sears (A) ✓
- Abby David (A) ✓

- Emma Purdy (A) ✓
- Alex Bulris (A) ✓

- Steve Skidmore ☉ ✓
- Finley Brant (A) ✓

Summer Treadwell ☉ ✓ Michael Breitbart (A) ✓
David Mandujana ✓

2018-2019 HOD Delegates

club code	Athlete	Transfers	Outreach	Season 1	Season 2	Individual Season	total count	delegates
DART	408	2	3	5	7	6	431	5
WAC	248	10	0	1	2	6	267	5
STAS	158	1	0	58	0	9	226	4
GOLD	148	2	0	27	1	39	217	4
SASO	99	0	0	68	20	2	189	4
SMST	169	3	0	11	4	0	187	4
CCA	178	3	0	1	1	1	184	4
CAJ	121	2	3	2	28	21	177	4
RMAV	111	0	0	50	0	0	161	3
VACA	141	0	0	6	0	11	158	3
SPKS	143	0	0	0	0	2	145	3
FWST	130	1	0	2	0	10	143	3
DDUR	15	0	7	0	95	25	142	3
AQUA	122	0	0	11	3	1	137	3
NSS	127	0	0	1	2	3	133	3
RAD	79	1	0	1	45	1	127	3
TTST	98	0	0	0	0	22	120	3
GRID	12	0	0	0	104	0	116	3
EGAC	112	0	0	1	2	0	115	3
BTA	85	0	0	10	4	10	109	3
LIFE	93	0	0	5	0	9	107	3
SACP	32	0	6	57	0	2	97	2
WOOD	67	0	14	10	0	5	96	2
SSST	3	0	0	0	43	42	88	2
ORLN	26	0	11	0	25	24	86	2
WST	2	0	1	0	77	3	83	2
PARA	4	0	2	0	61	10	77	2
HDA	51	1	9	0	0	2	63	2
COR	0	0	21	0	37	1	59	2
SVST	0	0	16	0	43	0	59	2
FRAC	57	0	0	0	0	0	57	2
ORCA	1	0	5	0	50	1	57	2
LASS	4	0	0	0	0	52	56	2
AH	33	0	0	21	0	1	55	2
RBT	0	0	14	2	36	0	52	2
UCD	43	1	0	6	0	2	52	2
FBST	50	0	0	0	1	0	51	2
SYS	44	0	0	2	4	1	51	2
TCA	47	0	0	0	2	1	50	2
WHJ	1	0	1	1	40	6	49	2
PRST	0	0	1	0	44	0	45	2
ANDR	0	0	0	0	27	6	33	2
WINN	23	0	0	1	0	1	25	2
ISC	0	0	0	0	20	1	21	1
SUN	15	0	0	2	0	0	17	1
TAC	14	0	2	1	0	0	17	1
OYPC	7	0	0	0	1	5	13	1
FAS	10	0	0	0	0	0	10	1
GOSL	6	0	0	1	0	3	10	1
PPST	0	0	0	0	2	0	2	1
UN	45		0	13	1	7	66	0

Sierra Nevada Swimming 2019/2020 Budget

Item	Schedule	General Fund	Age Group Fund	Senior Fund	Totals
Income					
Registration (Member) Fees	C	\$ 92,758.00	\$ 4,130.00	\$ -	
Meet Fees	A	\$ 45,700.00	\$ 91,763.00	\$ 68,188.00	\$ 205,651.00
Sanction Fees		\$ 1,000.00	-	-	
		-	-	-	
Age Group Western Zone	J	-	\$ 33,800.00	-	
Awards Banquet	F	-	\$ 4,500.00	-	
Athlete Camps	K	-	\$ 15,820.00	\$ 3,000.00	
Equipment Rentals	I	2,000.00	-	-	
		-	-	-	
Investment Income		\$ 20,000.00	-	-	
Total Income		\$ 161,458.00	\$ 150,013.00	\$ 71,188.00	\$ 382,659.00
Expenses					
General Fund - Administrative					
Registration/General Office	C	\$ 77,300.00	-	-	
Workers Compensation		\$ 4,200.00	-	-	
Payroll Taxes		\$ 8,000.00	-	-	
General Fund		\$ -	-	-	
Governance	E	\$ 28,368.00	-	-	
Club Development	B	\$ 4,000.00	-	-	
Officials	D	\$ 7,000.00	-	-	
Communications	G	\$ 300.00	-	-	
Equipment	I	13,500.00	-	-	
		\$ -	-	-	
		\$ -	-	-	
		-	-	-	
Age Group					
"A" Medals		-	\$ 3,000.00	-	
Adaptive Swimming		-	\$ 1,000.00	-	
Athlete Swim Camps	K	-	\$ 36,051.00	\$ 9,748.00	
LC Champs Summer Host Team		-	\$ 5,000.00	-	
LSC Championships- SC & LC awards	H	-	\$ 4,160.00	-	
Western Zone Team	J	-	\$ 93,935.00	-	
Awards Banquet	F	-	\$ 14,750.00	-	
		-	-	-	
		-	-	-	
Senior					
Club Achievement Program		-	-	\$ 67,500.00	
Olympic Trials		-	-	\$ 6,000.00	
		-	-	-	
Finance					
Accounting and tax prep		\$ 10,900.00	-	-	
State Fees		\$ 200.00	-	-	
		-	-	-	
		-	-	-	
Total Expenses		\$ 153,768.00	\$ 157,896.00	\$ 83,248.00	\$ 394,912.00
		General Fund	Age Group Fund	Senior Fund	Totals
Income in Excess of Expenses	Current	\$ 7,690.00	(\$ 7,883.00)	(\$ 12,060.00)	(\$ 12,253.00)
	Equal Split	\$ 3,193.00	(\$ 16,878.00)	(\$ 21,055.00)	(\$ 34,740.00)
	Flip Rates	(\$ 1,305.00)	(\$ 25,873.00)	(\$ 30,050.00)	(\$ 57,228.00)

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SEPTEMBER 2019						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
8/31-9/1 Friday-Sunday						Labor Day 9/2 Monday
9/13-9/15 Friday-Sunday	SCY AA+/- DART AA+/- Meet	DART- Davis	Arroyo Pool	Billy Doughty swimdavis@yahoo.com	\$4/Entry \$7 Splash	
9/15 Sunday Only	SCY BB +/- Fall Kick Off	STAS	Rio Del Oro Sports Club	Matthew Paige mwtpaige@gmail.com	\$4/Entry \$8 Splash	
9/15 Sunday Only	SCY AGO Hot Dog Meet	GOLD-Lodi	Tokay High School	John Griffin johnlodiaquatics@sbcglobal.net	\$4/Entry \$8 Splash	
9/20 Friday	SCY Dual Meet Blue & Gold Meet	SASO	Solano Community College	Ricky Silva Ricky5@sasoswimming.org	\$9 Flat Fee	
9/20-9/21 Friday-Saturday	SCY Invitational Fall Plunge Invite	NSS	Bear River High School	Daryn Glasgow coachglasgow@gmail.com	\$4/Entry \$8 Splash	
9/20-9/22 Friday-Sunday	SCY AGO Beat the Freeze	TTST	Truckee Donner Community Pool	Cyrus Crews cboyum@gmail.com	\$4/Entry \$8 Splash	
9/21 Saturday Only	SCY Dual Meet SMST Black and Red	SMST	Folsom Aquatic Center	Rob Collins rcollins@sierramarlins.net	\$9 Flat Fee	
9/21 Saturday Only	SCY AGO SYS Fall Classic	Shasta YMCA	Shasta Family YMCA	Steve Lazaraton slsteve@gmail.com	\$4/Entry \$8 Splash	
9/27-9/29 Friday-Sunday	SCY AGO Season Opener	VACA	Walter Graham Aquatic Center	Matthew Rankin matthewrankin66@gmail.com	\$4/Entry \$12 Splash	
9/28 Saturday Only	Open Water AGO 2019 Open Water Championships	SMST	Beals Point (Folsom Lake)	Rob Collins rcollins@sierramarlins.net	5K \$40 3K \$35 1K \$20	
9/29 Sunday Only	LCM League Meet SuperLeague 1	SMST	Folsom Aquatic Center	Rob Collins rcollins@sierramarlins.net	\$9 Flat Fee	

OCTOBER 2019						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
10/4-10/6 Friday-Sunday	SCY BB +/- Spook-tacular	CCA	Roseville Aquatics Complex	Justin Brosseau coach.justin.cca@gmail.com	\$4/Entry \$10 Splash	
10/11-10/13 Friday-Sunday						
10/12 Saturday Only	SCY Dual Meet Golden Buoy Meet (NSS vs. EGAC)	NSS	Bear River High School	Daryn Glasgow coachglasgow@gmail.com	\$9 Flat Fee	
10/12-10/13 Saturday-Sunday	SCY Trials/Finals Meet Sac Regional 13&Older	AQUA	Cameron Park Community Services District Pool	Darin Mai coachdarin@aquasolswimteam.com	\$5.50/Entry \$8 Splash	No Time Standard
10/18-10/20 Friday-Sunday	SCY BB +/- Pete Fitch Memorial	STAS	Rio Del Oro Sports Club	Matthew Paige mwtpaige@gmail.com	\$4/Entry \$8 Splash	
10/19 Saturday Only	SCY Invitational Meet DART SuperLeague	DART- Davis	Schaal Aquatics Center (UC Davis)	Billy Doughty swimdavis@yahoo.com	\$9 Flat Fee	
10/19-10/20 Saturday-Sunday	SCY AGO Pumpkin Meet	GOLD-Lodi	Tokay High School	John Griffin johnlodiaquatics@sbcglobal.net	\$4/Entry \$8 Splash	
10/26-10/27 Saturday-Sunday	SCY Pentathlon Pirate Pentathlon	WOOD	Charles Brooks Community Swim Center	Chase Sheldon swimmer_sheldon@hotmail.com	\$4/Entry \$8 Splash	SNS Awards Banquet 10/27 Sunday The Falls Event Center, Roseville

NOVEMBER 2019						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
11/2 Saturday Only	SCY Trials/Finals RAD AGO T/F	RAD	Redding Aquatic Center	Mark Wagner reddingswimteam@yahoo.com	\$5.50/Entry \$11 Splash	No Time Standard
11/2-11/3 Saturday-Sunday	SCY JR+ Trials/Finals RAD JR+ T/F	RAD	Redding Aquatic Center	Mark Wagner reddingswimteam@yahoo.com	\$5.50/Entry \$11 Splash	
11/2-11/3 Saturday-Sunday	SCY Invitational Meet Fall Invite: Age Group	SASO	Solano Community College	Ricky Silva RickyS@sasoswimming.org	\$4/Entry \$14 Splash	
11/2-11/3 Saturday-Sunday	SCY Trials/Finals Meet Fall Invite: T/F	SASO	Solano Community College	Ricky Silva RickyS@sasoswimming.org	\$5.50/Entry \$14 Splash	
11/16-11/17 Saturday-Sunday	SCY Invitational Meet No Shave November	NSS	Bear River High School	Daryn Glasgow coachglasgow@gmail.com	\$4/Entry \$8 Splash	
11/22-11/24 Friday-Sunday	SCY AGO SMST Gobbler	SMST	Folsom Aquatic Center	Rob Collins rcollins@sierramarlins.net	\$4/Entry \$10 Splash	
11/29-12/1 Friday-Sunday						Thanksgiving Day 11/28 Thursday

DECEMBER 2019						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
12/6/ -12/8 Friday-Sunday	SCY BB +/- Come In From the Cold	EGAC	Elk Grove Aquatics Center	Nolan Rogers coachnolan@egacgators.com	\$4/Entry \$8 Splash	
12/13-12/15 Friday-Sunday	SCY Trials/Finals Meet DART Winter Invite	DART-Davis	Hoos Pool (Sacramento City College)	Billy Doughty swimdavis@yahoo.com	\$7/Entry \$12 Splash	
12/20-12/22 Friday-Sunday						
12/27-12/29 Friday-Sunday						Christmas Day 12/25 Wednesday

JANUARY 2020						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
1/3-1/5 Friday-Sunday						New Year's Day 1/1 Wednesday
1/10-1/12 Friday-Sunday						
1/18-1/19 Saturday-Sunday	SCY JR+ Trials/Finals Meet DART Winter Splash	DART-Sec	American River College	Brian Nabeta coachbkn@comcast.net	\$8/Entry \$12 Splash	
1/18-1/19 Saturday-Sunday	SCY BB +/- Arctic Challenge	WOOD	Charles Brooks Community Swim Center	Chase Sheldon swimmer_sheldon@hotmail.com	\$4/Entry \$8 Splash	
1/24 Friday Only	SCY Dual Meet Distance Invite – Dual	SASO	Solano Community College	Ricky Silva RickyS@sasoswimming.org	\$4/Entry \$10 Splash	
1/24-1/26 Friday-Sunday	SCY BB +/- Bud Meyer Memorial	STAS	Rio Del Oro Sports Club	Matthew Paige mwtpaige@gmail.com	\$4/Entry \$8 Splash	
1/31-2/2 Friday-Sunday	SCY AGO SMST Winter Splash	SMST	Folsom Aquatic Center	Rob Collins rcollins@sierramarlins.net	\$4/Entry \$10 Splash	

FEBRUARY 2020						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
2/8-2/9 Saturday-Sunday	SCY Trials/Finals Meet DART SuperLeague Championships-Invite	DART-Davis	Schaal Aquatics Center (UC Davis)	Billy Doughty swimdavis@yahoo.com	\$18 Flat Fee (\$9/Day)	
2/15-2/16 Saturday-Sunday	SCY AGO SYS February Meet	Shasta YMCA	Shasta Family YMCA	Steve Lazaraton sdlsteve@gmail.com	\$4/Entry \$8 Splash	
2/21-2/23 Friday-Sunday	SCY BB +/- SNS Last Chance Meet	SASO	Soleno Community College	Ricky Silva RickyS@sasoswimming.org	\$4/Entry \$12 Splash	
2/28-3/1 Friday-Sunday						

MARCH 2020						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
3/6-3/8 Friday-Sunday	SNS Short Course Championships	VACA	Walter Graham Aquatic Center	Matthew Rankin matthewrankin56@gmail.com	\$5.50/Entry \$12 Splash	
3/13-3/15 Friday-Sunday						
3/20-3/22 Friday-Sunday						SWAGR 3/19-3/22 Thursday-Sunday Fresno, CA
3/28-3/29 Saturday-Sunday	LCM AGO CCA Open	CCA	Roseville Aquatics Complex	Justin Brosseau coach.justin.cca@gmail.com	\$4/Entry \$8 Splash	

APRIL 2020						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
4/3-4/5 Friday-Sunday						SC Far Western 4/2-4/5 Thursday-Sunday Pleasanton, CA
4/10-4/12 Friday-Sunday						Easter 4/12 Sunday
4/17-4/19 Friday-Sunday	LCM BB +/- EGAC Summer Opening	EGAC	Elk Grove Aquatics Center	Nolan Rogers coachnolan@egacators.com	\$4/Entry \$8 Splash	
4/19 Sunday Only	SCY AGO Hot Dog Meet	GOLD-Lodi	Tokey High School	John Griffin johnlodiaquatics@sbcglobal.net	\$4/Entry \$8 Splash	No Awards
4/24-4/26 Friday-Sunday	LCM AGO SMST Spring Splash	SMST	Folsom Aquatic Center	Rob Collins rcollins@sierramarlins.net	\$4/Entry \$10 Splash	

MAY 2020						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
5/2 Saturday Only	SCY CBA +/- Meet	GOLD-Oakdale	Oakdale High School	Ron Thompson ronald931thompson@gmail.com	\$4/Entry \$7 Splash	
5/2-5/3 Saturday-Sunday	SCY "AA" Meet DART AA Spring Meet	DART-Davis	Arroyo Pool	Billy Doughty swimdavis@yahoo.com	\$4/Entry \$7 Splash	
5/9 Saturday Only	LCM BB +/- Woodland Distance Meet	WOOD	Charles Brooks Community Swim Center	Chase Sheldon swimmer_sheldon@hotmail.com	\$4/Entry \$8 Splash	CIF SAC-San Joaquin Sections 5/7-5/9 Thursday-Saturday Tokey High School, Lodi, CA
5/9-5/10 Saturday-Sunday	LCM AGO SYS Spring Classic	Shasta YMCA	Shasta Family YMCA	Steve Lazaraton sdlsteve@gmail.com	\$4/Entry \$10 Splash	
5/10 Sunday Only	SCY/LCM Post HS Shave & Taper Meet 13 & Older	DART-Davis	Schaal Aquatics Center (UC Davis)	Billy Doughty swimdavis@yahoo.com	\$8/Entry \$12 Splash	Mother's Day 5/10 Sunday
5/15-5/17 Friday-Sunday	LCM BB +/- Woodland Spring Classic	WOOD	Charles Brooks Community Swim Center	Chase Sheldon swimmer_sheldon@hotmail.com	\$4/Entry \$8 Splash	CIF State 5/15-5/16 Friday-Saturday Clovis West Aquatic Complex
5/22-5/24 Friday-Sunday						Memorial Day 5/25 Monday
5/30 Saturday Only	SCY Invitational DART Sac Summer Invite	DART-Sac	American River College	Brian Nabeta coachbkn@comcast.net	\$28 Flat Fee	

JUNE 2020						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
6/4-6/7 Thursday-Friday	LCM SR+ Trials/Finals Meet Summer Sanders Sr+	CCA	Roseville Aquatics Complex	Justin Brosseau coach.justin.cca@gmail.com	\$10/Entry \$13 Splash	
6/12-6/14 Friday-Sunday						
6/19-6/21 Friday-Sunday	LCM JR+ Trials/Finals Meet Summer Shoot Out	EGAC	Elk Grove Aquatics Center	Nolan Rogers coachnolan@egacgators.com	\$4/Entry \$8 Splash	Father's Day 6/21 Sunday
6/19-6/21 Friday-Sunday	LCM BB +/- Meet Mel Enze Meet	GOLD-Lodi	Tokay High School	John Griffin johnlodiaquatics@sbcglobal.net	\$4/Entry \$8 Splash	U.S. Olympic Team Trials 6/21- 6/28 Sunday-Sunday Omaha, NE
6/19-6/21 Friday-Sunday	LCM Trials/Finals Meet RAD Trials & Finals	RAD	Redding Aquatic Center	Mark Wagner reddingswimteam@yahoo.com	\$5.50/Entry \$11 Splash	
6/26-6/28 Friday-Sunday	LCM Invitational Meet SASO LC Invite Meet	SASO	Solano Community College	Ricky Silva Ricky5@sasoswimming.org	\$4/Entry \$14 Splash	
6/26-6/28 Friday-Sunday	LCM BB +/- Last Chance Qualifier	WOOD	Charles Brooks Community Swim Center	Chase Sheldon swimmer_sheldon@hotmail.com	\$4/Entry \$8 Splash	

JULY 2020						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
7/3-7/5 Friday-Sunday						Independence Day 7/4 Saturday
7/9-7/12 Thursday-Sunday	"The Bill Rose Classic" (SNS Long Course Championships)	EGAC	Elk Grove Aquatics Center	Nolan Rogers coachnolan@egacgators.com	\$5.50/Entry \$12 Splash	
7/17-7/18 Friday-Saturday	SCY AGO Prospector's Plunge	AQUA	Union Mine High School	Darin Mai coachdarin@aquasolswimteam.com	\$4/Entry \$8 Splash	
7/23-7/26 Thursday-Sunday	LCM JR+ Trials/Finals Meet West Coast Championships	EGAC	Elk Grove Aquatics Center	Nolan Rogers coachnolan@egacgators.com	\$5.50/Entry \$12 Splash	LC Far Western 7/23-7/26 Thursday-Sunday Concord, CA
7/24 Friday Only	SCY Dual Meet Blue/Gold End of Summer	SASO	Solano Community College	Ricky Silva Ricky5@sasoswimming.org	\$5.50/Entry \$12 Splash	
7/31-8/2 Friday-Sunday	SCY Invitational Meet NVAL Championships	RAD	Redding Aquatic Center	Mark Wagner reddingswimteam@yahoo.com	\$4/Entry \$11 Splash	

AUGUST 2020						
DATE	COURSE	HOST	LOCATION	HEAD COACH	FEES	NOTES
8/1-8/2 Saturday-Sunday						WZAG Championships 8/5-8/8 Wednesday-Saturday Gresham, OR
8/7-8/9 Friday-Sunday						
8/14-8/16 Friday-Sunday						
8/22 Saturday Only	SCY CBA +/- Back To School Meet	GOLD- Oakdale	Oakdale High School	Ron Thompson ronald91thompson@gmail.com	\$4/Entry \$8 Splash	
8/28-8/30 Friday-Sunday						

ARTICLE 4 HOUSE OF DELEGATES

4.1 MEMBERS The House of Delegates of SNS shall consist of the Group Member Representatives, the Board of Director Members, the Non-Athlete At-Large House Members, and appointed Athlete At-Large House Members.

1 GROUP MEMBER REPRESENTATIVES - Each Group Member (Club) in good standing shall appoint from its membership a Group Delegation of one or more Group Member Representatives and may appoint one or more alternates for each representative. The appointment shall be in writing, addressed to the Secretary of SNS and duly certified by the chief executive officer or secretary of the appointing Group Member. The appointing Group Member may withdraw one or more of its Group Member Representatives or one or more of its alternates and substitute a new Group Member Representatives or new alternates by written notice, addressed to the Secretary of SNS and signed by the chief executive officer or secretary of the appointing Group Member. The representatives of any Group Member are not required to be Individual Members of SNS or USA Swimming.

The maximum number of representatives allowed in the Delegation for each Group Member shall correspond to the number of year-round registered swimmers (including Outreach swimmers) and the number of seasonal athlete members on the Group Member's roster in the SWIMS database as of August 31 of the prior year, and that maximum number of representatives shall remain in effect until August 31 of the current year. A Group Member may appoint a Delegation of fewer Group Member Representatives than the maximum number of representatives allowed, provided that the Group Delegation includes the Minimum Required Representatives. The maximum number of representatives allowed in the Group Delegation of each Group Member shall be as follows:

<u>Registered Swimmers</u>	<u>Maximum Number of Representatives</u>	<u>Minimum Required Representatives</u>
0-24	1	none
25-99	2	At least 1 athlete
100-174	3	At least 1 coach and 1 athlete
175-249	4	At least 1 coach and 1 athlete
250+	5	At least 1 coach and 1 athlete

A. Group Member Athlete Representative shall be an athlete member who has the qualifications as the Athlete Representative identified in these Bylaws: An Athlete Representative must (a) be an Athlete Member or a Seasonal Athlete Member in good standing; (b) be at least thirteen (13) years of age; (c) be currently competing, or have competed during the three (3) immediately preceding years, in the program of swimming conducted by SNS or another LSC; and (d) has his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education).

B. Group Member Coach Representative shall be a coach member who has satisfied all the membership requirements of a coach member at the time of any House of Delegates meeting at which he or she is to be a Group Member Coach Representative.

2 BOARD OF DIRECTORS - Board of Director Members as designated in Section 5.

3 NON-ATHLETE AT-LARGE HOUSE MEMBERS - Up to ten (10) non-athlete members of the House of Delegates may be appointed as At-Large House Members by the General Chair with the advice and consent of the Board of Directors. At-Large House Members shall hold office from the date of appointment through the conclusion of the annual meeting of the House of Delegates following such appointment or until their successors are appointed to the House of Delegates.

4 ATHLETE AT-LARGE HOUSE MEMBERS - A sufficient number of athletes to ensure that Athlete Members constitute at least 20% of the voting membership of the House of Delegates shall be appointed by the General Chair with advice and consent of the Board of Directors and shall hold office from the date of appointment through the conclusion of the annual meeting of the House of Delegates following such appointment or until their successors are appointed to the House of Delegates.

- 4.2 ELIGIBILITY Only Individual Members in good standing shall be eligible to be elected or appointed as at-large members of the House of Delegates.
- 4.3 DOUBLE VOTE PROHIBITED - An Individual Member entitled to vote in House of Delegates meetings may only have one vote regardless of the number of positions held by such member.
- 4.4 VOICE AND VOTING RIGHTS OF MEMBERS - The voice and voting rights of members of the House of Delegates and of individuals shall be as follows:
- 1 GROUP MEMBER REPRESENTATIVES, BOARD MEMBERS, AT-LARGE HOUSE MEMBERS - Each of the Group Member Representatives, the Board Members, the At-Large House Members shall have both voice and vote in meetings of the House of Delegates.
 - 2 INDIVIDUALS - Individuals who are not members of the House of Delegates may attend open meetings of the House of Delegates and its committees and be heard at the discretion of the presiding officer.
- 4.5 DUTIES AND POWERS The House of Delegates shall oversee the establishment of policies, procedures and programs. In addition to the duties and powers prescribed in the USA Swimming Rules and Regulations, USA Swimming Corporate Bylaws, or elsewhere in these Bylaws, the House of Delegates shall:
- 1 Elect the officers, Athlete Representatives, Coach Representative(s), and members of the Administrative Review Board, and the committee chairs and coordinators listed in Articles 6 and 7;
 - 2 Elect alternates to the USA Swimming House of Delegates in accordance with the USA Swimming Corporate Bylaws;
 - 3 Elect the members of the Nominating and/or Governance Committee;
 - 4 Review, modify and adopt the annual budget of SNS recommended by the Board of Directors;
 - 5 Call regular and special meetings of the House of Delegates;
 - 6 Ratify or prospectively modify or rescind policy and program established by the Board of Directors, except any action or authorization by the Board of Directors with respect to contracts or upon which any person may have relied shall not be modified or rescinded;
 - 7 Establish joint administrative committees, or undertake joint activities with other sports organizations where deemed helpful or necessary by SNS;
 - 8 Amend the Bylaws of SNS in accordance with Section 9.3; and
 - 9 Remove from office any persons elected by the House of Delegates (Board Members, members of the Administrative Review Board, or committee chairs or coordinators) who have failed to attend to their official duties or member responsibilities or have done so improperly, or who would be subject to penalty by the Zone Board of Review for any of the reasons set forth in Article 404.1.3 of USA Swimming Rules and Regulations. However, no such individual may be removed without receiving thirty (30) days' written notice by the Secretary or other officer designated by the House of Delegates specifying the alleged deficiency in the performance of the member's responsibilities or specific official duties or other reason and an opportunity to respond in writing within twenty (20) days to such allegations.
- 4.6 ANNUAL AND REGULAR MEETINGS - The annual meeting of the House of Delegates of SNS shall be held in the summer. Regular meetings of the House of Delegates may be held in accordance with a schedule adopted by the House of Delegates or the Board of Directors.
- 4.7 SPECIAL MEETINGS - Special meetings of the House of Delegates may be called by the Board of Directors or the General Chair. Should the Board of Directors or the General Chair fail to call the annual or scheduled regular meetings or should a special meeting be appropriate or helpful, a meeting of the House of Delegates may be called by a petition signed by at least *five (5)* group members of the House of Delegates.

- 4.8 MEETING LOCATION AND TIME - All meetings of the House of Delegates shall take place at a site within the Territory. The House of Delegates or the Board of Directors shall determine the location and time of all meetings of the House of Delegates.
- 4.9 OPEN MEETINGS/CLOSED SESSIONS - House of Delegates meetings shall be open to all members of SNS. Issues pertaining to personnel, disciplinary action, legal, tax or similar affairs of SNS shall be deliberated and decided in a closed session which only House of Delegates members may attend. By a majority vote, the House of Delegates may decide to go into closed session on any matter deserving of confidential treatment or of personal concern to any member of the House of Delegates.
- 4.10 QUORUM - A quorum of the House of Delegates shall consist of those members present and voting.
- 4.11 VOTING - Except as otherwise provided in these Bylaws or the Parliamentary Authority, all motions, orders and other propositions coming before the House of Delegates shall be determined by a majority vote.
- 4.12 PROXY VOTE - Voting by proxy in any meeting of the House of Delegates shall not be permitted.
- 4.13 NOTICES
- .1 TIME Not less than twenty (20) days' written notice shall be given to each member of the House of Delegates for any annual, regular or special meeting of the House of Delegates. See Section 14.1.3 for the various permitted means of notice.
 - 2 INFORMATION The notice of a meeting shall contain the time, date and site. For special meetings of the House of Delegates, the expected purpose (which may be general) of the meeting shall be stated. If an expected purpose is the amendment of the Bylaws, a copy of the proposed amendment shall be included in the notice. Failure to have included in the notice any germane amendments subsequently adopted by the House of Delegates at the noticed meeting shall not be the basis for any claim that the amendments as so adopted are invalid.

First draft October 17, 2018 dcc Second draft November 30, 2018 dcc
Third draft December 4, 2018 w/H Schwab recommendations
Final Draft April 7, 2019



AMENDED AND RESTATED BYLAWS

OF

SIERRA NEVADA SWIMMING, INC

USA SWIMMING LOCAL SWIM COMMITTEE

EFFECTIVE DATES

By Resolution of the House of Delegates of Sierra Nevada Swimming, Inc. on _____, these Amended and Restated Bylaws are adopted, effective immediately.

Approved by USA Swimming Rules and Regulations Committee on _____.



To the extent these required bylaws conflict with applicable law, applicable law prevails.

AMENDED AND RESTATED BYLAWS OF

SIERRA NEVADA SWIMMING, LSC

ARTICLE 1

final draft.4

NAME, OBJECTIVES, TERRITORY AND JURISDICTION

final draft.4

final draft.4

- 1.1 **NAME** - The name of the corporation shall be Sierra Nevada Swimming, Inc. (SNS). From this point will be referred to as SNS
- 1.2 **OBJECTIVES** The objectives and primary purpose of SNS shall be the education, instruction and training of individuals to develop and improve their capabilities in the sport of swimming. SNS shall promote swimming for the benefit of swimmers of all ages and abilities, in accordance with the standards, rules, regulations, policies and procedures of FINA, USA Swimming, and SNS and its Articles of Incorporation.
- 1.3 **GEOGRAPHIC TERRITORY** - The geographic territory of SNS is as set forth in Article 603 of the USA Swimming Rules and Regulations.
- 1.4 **JURISDICTION** SNS shall have jurisdiction over the sport of swimming as delegated to it as a Local Swimming Committee by USA Swimming to conduct swimming programs consistent with SNS's objectives and those of USA Swimming and to sanction, approve, observe and oversee competitive swimming events within the Territory and to conduct competitive swimming events within the Territory, its Region and its Zone (as those terms are defined in Part Six of the USA Swimming Rules and Regulations). SNS shall discharge faithfully its duties and obligations as a Local Swimming Committee of USA Swimming in accordance with these Bylaws, the USA Swimming Rules and Regulations and all applicable policies and procedures.
- 1.5 **COMPLIANCE WITH USA SWIMMING AGREEMENTS** - SNS shall comply with all agreements between SNS and USA Swimming.

ARTICLE 2 MEMBERSHIP

- 2.1 **MEMBERS** The membership of SNS shall consist of the clubs, organizations and individuals who have registered with SNS as set forth in the USA Swimming Corporate Bylaws, including the optional categories of seasonal athlete membership, Flex membership, and single event open water athlete membership.
 - .1 **MEMBERS** - A Member's status is subject to the Member's continued satisfaction of the criteria for membership and compliance with the Member's responsibilities under these Bylaws, the USA Swimming Corporate Bylaws, the rules, regulations, policies, procedures and code of conduct of SNS and USA Swimming.
 - .2 **MEMBERSHIP A PRIVILEGE NOT A RIGHT** - Membership in SNS and USA Swimming is a privilege and shall not be interpreted as a right. Membership may be terminated by the Zone Board of Review, the National Board of Review, or the U.S. Center for SafeSport in accordance with Part Four of the USA Swimming Rules and Regulations.
- 2.2 **MEMBERS' RESPONSIBILITIES**
 - .1 **COMPLIANCE** - Each Group and Individual Member shall abide by the codes of conduct and ethics, policies, procedures, rules and regulations adopted by USA Swimming and SNS, including its obligations and responsibilities set forth in these Bylaws.
 - .2 **RESPONSIBILITY FOR INFRACTIONS** A Group Member or Individual Member, as defined in USA Swimming Corporate Bylaws, may be held responsible for infractions of the policies, procedures, rules, regulations or codes of conduct or ethics adopted by USA Swimming or SNS, including its responsibilities as set forth in these Bylaws.

ARTICLE 3 DUES AND FEES

- 3.1 **MEMBERSHIP FEES** - Membership fees shall be as established in the USA Swimming Corporate Bylaws. Local fees, as permitted, shall be as established by the SNS House of Delegates.
- 3.2 **SANCTION, APPROVAL AND OTHER FEES**
 - .1 **SANCTION AND APPROVAL FEES** - The SNS Board of Directors shall establish reasonable fees, procedures, and documentation required of an applicant for a sanction or approval for, or observation of, a swimming competition to be conducted within the Territory.

- .2 SERVICE CHARGES - In addition to, or in place of, a sanction or approval fee, the SNS Board of Directors may establish a reasonable service charge consistent with the nature of the event.
 - .3 PAYMENT - Each applicant for a sanction, approval or observation shall submit with its application the fees and any service charges specified by SNS. If any of the sanction or approval fees or service charges are due at a time following the submission for sanction or approval, the applicant shall promptly pay those fees or service charges to SNS when due in accordance with SNS's fee schedule.
 - .4 FINES - The SNS Board of Directors may establish fines for noncompliance with policies adopted by the SNS House of Delegates and/or the Board of Directors.
- 3.3 FAILURE TO PAY - Membership rights may be suspended in accordance with the USA Swimming Corporate Bylaws (Delinquent Dues and Fees).

ARTICLE 4
HOUSE OF DELEGATES

- 4.1 MEMBERS The House of Delegates of SNS shall consist of the Group Member Representatives, the Board of Director Members, the Non-Athlete At-Large House Members, and appointed Athlete At-Large House Members.
- .1 GROUP MEMBER REPRESENTATIVES - Each Group Member (Club) in good standing shall appoint from its membership a Group Delegation of one or more Group Member Representatives and may appoint one or more alternates for each representative. The appointment shall be in writing, addressed to the Secretary of SNS and duly certified by the chief executive officer or secretary of the appointing Group Member. The appointing Group Member may withdraw one or more of its Group Member Representatives or one or more of its alternates and substitute a new Group Member Representatives or new alternates by written notice, addressed to the Secretary of SNS and signed by the chief executive officer or secretary of the appointing Group Member. **The representatives of any Group Member are not required to be Individual Members of SNS or USA Swimming.**

The maximum number of representatives allowed in the Delegation for each Group Member shall correspond to the number of year-round registered swimmers (including Outreach swimmers) and the number of seasonal athlete members on the Group Member's roster in the SWIMS database as of August 31 of the prior year, and that maximum number of representatives shall remain in effect until August 31 of the current year. A Group Member may appoint a Delegation of fewer Group Member Representatives than the maximum number of representatives allowed, provided that the Group Delegation includes the Minimum Required Representatives. The maximum number of representatives allowed in the Group Delegation of each Group Member shall be as follows:

<u>Registered Swimmers</u>	<u>Maximum Number of Representatives</u>	<u>Minimum Required Representatives</u>
0-24	1	none
25-99	2	At least 1 athlete
100-174	3	At least 1 coach and 1 athlete
175-249	4	At least 1 coach and 1 athlete
250+	5	At least 1 coach and 1 athlete

A. Group Member Athlete Representative shall be an athlete member who has the qualifications as the Athlete Representative identified in these Bylaws: An Athlete Representative must (a) be an Athlete Member or a Seasonal Athlete Member in good standing; (b) be at least thirteen (13) years of age; (c) be currently competing, or have competed during the three (3) immediately preceding years, in the program of swimming conducted by SNS or another LSC; and (d) has his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first half

of the term (other than periods of enrollment in an institution of higher education).

B. Group Member Coach Representative shall be a coach member who has satisfied all the membership requirements of a coach member at the time of any House of Delegates meeting at which he or she is to be a Group Member Coach Representative.

- .2 BOARD OF DIRECTORS - Board of Director Members as designated in Section 5.
 - .3 NON-ATHLETE AT-LARGE HOUSE MEMBERS - Up to ten (10) non-athlete members of the House of Delegates may be appointed as At-Large House Members by the General Chair with the advice and consent of the Board of Directors. At-Large House Members shall hold office from the date of appointment through the conclusion of the annual meeting of the House of Delegates following such appointment or until their successors are appointed to the House of Delegates.
 - .4 ATHLETE AT-LARGE HOUSE MEMBERS - A sufficient number of athletes to ensure that Athlete Members constitute at least 20% of the voting membership of the House of Delegates shall be appointed by the General Chair with advice and consent of the Board of Directors and shall hold office from the date of appointment through the conclusion of the annual meeting of the House of Delegates following such appointment or until their successors are appointed to the House of Delegates.
- 4.2 ELIGIBILITY Only Individual Members in good standing shall be eligible to be elected or appointed as at-large members of the House of Delegates.
- 4.3 DOUBLE VOTE PROHIBITED - An Individual Member entitled to vote in House of Delegates meetings may only have one vote regardless of the number of positions held by such member.
- 4.4 VOICE AND VOTING RIGHTS OF MEMBERS - The voice and voting rights of members of the House of Delegates and of individuals shall be as follows:
- .1 GROUP MEMBER REPRESENTATIVES, BOARD MEMBERS, AT-LARGE HOUSE MEMBERS - Each of the Group Member Representatives, the Board Members, the At-Large House Members shall have both voice and vote in meetings of the House of Delegates.
 - .2 INDIVIDUALS - Individuals who are not members of the House of Delegates may attend open meetings of the House of Delegates and its committees and be heard at the discretion of the presiding officer.
- 4.5 DUTIES AND POWERS The House of Delegates shall oversee the establishment of policies, procedures and programs. In addition to the duties and powers prescribed in the USA Swimming Rules and Regulations, USA Swimming Corporate Bylaws, or elsewhere in these Bylaws, the House of Delegates shall:
- .1 Elect the officers, Athlete Representatives, Coach Representative(s), and members of the Administrative Review Board, and the committee chairs and coordinators listed in Articles 6 and 7;
 - .2 Elect alternates to the USA Swimming House of Delegates in accordance with the USA Swimming Corporate Bylaws;
 - .3 Elect the members of the Nominating and/or Governance Committee;
 - .4 Review, modify and adopt the annual budget of SNS recommended by the Board of Directors;
 - .5 Call regular and special meetings of the House of Delegates;
 - .6 Ratify or prospectively modify or rescind policy and program established by the Board of Directors, except any action or authorization by the Board of Directors with respect to contracts or upon which any person may have relied shall not be modified or rescinded;
 - .7 Establish joint administrative committees, or undertake joint activities with other sports organizations where deemed helpful or necessary by SNS;
 - .8 Amend the Bylaws of SNS in accordance with Section 9.3; and

- .9 Remove from office any persons elected by the House of Delegates (Board Members, members of the Administrative Review Board, or committee chairs or coordinators) who have failed to attend to their official duties or member responsibilities or have done so improperly, or who would be subject to penalty by the Zone Board of Review for any of the reasons set forth in Article 404.1.3 of USA Swimming Rules and Regulations. However, no such individual may be removed without receiving thirty (30) days' written notice by the Secretary or other officer designated by the House of Delegates specifying the alleged deficiency in the performance of the member's responsibilities or specific official duties or other reason and an opportunity to respond in writing within twenty (20) days to such allegations.
- 4.6 ANNUAL AND REGULAR MEETINGS - The annual meeting of the House of Delegates of SNS shall be held in the summer. Regular meetings of the House of Delegates may be held in accordance with a schedule adopted by the House of Delegates or the Board of Directors.
- 4.7 SPECIAL MEETINGS - Special meetings of the House of Delegates may be called by the Board of Directors or the General Chair. Should the Board of Directors or the General Chair fail to call the annual or scheduled regular meetings or should a special meeting be appropriate or helpful, a meeting of the House of Delegates may be called by a petition signed by at least *five (5)* group members of the House of Delegates.
- 4.8 MEETING LOCATION AND TIME - All meetings of the House of Delegates shall take place at a site within the Territory. The House of Delegates or the Board of Directors shall determine the location and time of all meetings of the House of Delegates.
- 4.9 OPEN MEETINGS/CLOSED SESSIONS - House of Delegates meetings shall be open to all members of SNS. Issues pertaining to personnel, disciplinary action, legal, tax or similar affairs of SNS shall be deliberated and decided in a closed session which only House of Delegates members may attend. By a majority vote, the House of Delegates may decide to go into closed session on any matter deserving of confidential treatment or of personal concern to any member of the House of Delegates.
- 4.10 QUORUM - A quorum of the House of Delegates shall consist of those members present and voting.
- 4.11 VOTING - Except as otherwise provided in these Bylaws or the Parliamentary Authority, all motions, orders and other propositions coming before the House of Delegates shall be determined by a **majority vote**.
- 4.12 PROXY VOTE - Voting by proxy in any meeting of the House of Delegates shall not be permitted.
- 4.13 NOTICES
- .1 TIME Not less than twenty (20) days' written notice shall be given to each member of the House of Delegates for any annual, regular or special meeting of the House of Delegates. See Section 14.1.3 for the various permitted means of notice.
- .2 INFORMATION The notice of a meeting shall contain the time, date and site. For special meetings of the House of Delegates, the expected purpose (which may be general) of the meeting shall be stated. If an expected purpose is the amendment of the Bylaws, a copy of the proposed amendment shall be included in the notice. Failure to have included in the notice any germane amendments subsequently adopted by the House of Delegates at the noticed meeting shall not be the basis for any claim that the amendments as so adopted are invalid.

ARTICLE 5 BOARD OF DIRECTORS

- 5.1 MEMBERS - The Board of Directors shall consist of the following officers, committee chairs, and representatives of SNS, together with those additional members designated in Sections 5.2 and 5.3;
- .1 General Chair
 .2 Administrative Vice-Chair
 .3 Finance Vice-Chair
 .4 Coach Representative
 .5 Athlete Representatives (2) (*1 SR Representative and 1 JR Representative*)

- .6 Secretary *(may be staff member with no vote, therefore not elected)*
- .7 Treasurer *(may be staff member with no vote, therefore not elected)*
- .8 Senior Vice-Chair
- .9 Age Group Vice-Chair
- .10 Safe Sport Chair-
- .11 Technical Chair
- .12 Officials Chair

5.2 **AT-LARGE BOARD MEMBERS** - The General Chair may select no more than five (5) Non-Athlete At-Large Board Members, with advice and consent from the Board of Directors. Additionally, a sufficient number of **athlete members** shall be elected, by the Athletes Committee at the annual House of Delegates meeting, as At-Large Board Members such that athletes constitute at least twenty percent (20%) of the voting membership of the Board of Directors at any given time *(including the Athlete Representatives)*. The Athlete At-Large Board Members shall meet the same requirements and be elected at the same time and place as the Athlete Representatives set forth in Section 6.2.1. All At-Large Board Members shall hold office from the date of their election or appointment through the conclusion of the second annual meeting of the House of Delegates following such election or appointment, or until their successors are elected or appointed.

5.3 **EX-OFFICIO MEMBERS** The following persons shall be ex-officio members of the Board of Directors:
Immediate Past General Chair

5.4 **LIMITATIONS**

- .1 No more than three (3) Members of any Group Member shall serve on the Board of Directors at any time. This limitation shall be applied separately as to Athlete Members and Non-Athlete Members.
- .2 No employee of SNS may serve as a voting member of the Board of Directors.

5.5 **VOICE AND VOTING RIGHTS OF BOARD MEMBERS** The voice and voting rights of Board Members and individuals shall be as follows:

- .1 **BOARD MEMBERS** - Each Board Member *(other than the ex-officio members)* shall have both voice and vote in meetings of the Board of Directors and its committees.
- .2 **EX-OFFICIO BOARD MEMBERS** - Unless entitled to vote under another provision of these Bylaws, the ex-officio members shall have voice but no vote in meetings of the Board of Directors and its committees.
- .3 **GENERAL** - Anyone may attend open meetings of the Board of Directors and its committees and be heard at the discretion of the presiding officer.

5.6 **DUTIES AND POWERS** The Board of Directors shall act for SNS and the House of Delegates during the intervals between meetings of the House of Delegates, except that it shall not remove a Board Member, an Administrative Review Board member, or other person not appointed by the Board of Directors or amend these Bylaws. Any actions taken are subject to the exercise by the House of Delegates of its powers of ratification or prospective modification or rescission. In addition to the powers and duties prescribed in the USA Swimming Rules and Regulations or elsewhere in these Bylaws, the Board of Directors shall have the power and it shall be its duty to:

- .1 Establish and direct policies, procedures and programs for SNS;
- .2 Oversee the conduct by the officers and staff of SNS of the day-to-day management of the affairs of SNS;
- .3 Elect Athlete At-Large Board Members if they are not elected in a timely fashion;
- .4 Provide advice and consent to appointments proposed by the General Chair as required under these Bylaws or the SNS Policies and Procedures;
- .5 Cause the preparation and presentation to the House of Delegates of the annual budget of SNS and make a recommendation to the House of Delegates concerning the approval or disapproval thereof;
- .6 Approve the annual review/audit;

- .7 Call regular or special meetings of the Board of Directors or the House of Delegates;
 - .8 Retain such independent contractors and employ such persons as the Board shall determine are necessary or appropriate to conduct the affairs of SNS;
 - .9 Appoint other officers, agents, or committees or coordinators, to hold office for the terms specified. These appointees shall have the authority and perform the duties as provided in these Bylaws, the SNS Policies and Procedures or as may be provided in the resolutions appointing them, including any powers of the Board of Directors as may be specified, except as may be inconsistent with any other provision of these Bylaws. To the extent not provided elsewhere in these Bylaws, the Board of Directors may delegate to any officer, agent, or committee or coordinator the power to appoint any such subordinate officers, agents, or committees or coordinators and to prescribe their respective terms of office, authorities and duties; and
 - .10 Remove from office any Board Members, committee chairs, or committee members or coordinators of SNS who were appointed/elected by the Board and who have failed to attend to their official duties or member responsibilities or have done so improperly, or who would be subject to penalty by the Zone Board of Review for any of the reasons set forth in Part Four of the USA Swimming Rules and Regulations. However, no At-Large Board Member, or committee chair or coordinator may be removed without receiving the thirty (30) days' written notice specifying the alleged deficiency in the performance of the member's responsibilities or specific official duties or other reasons and an opportunity to respond in writing within twenty (20) days to such allegations.
- 5.7 MEETINGS Board of Directors meetings shall be open. Matters relating to personnel, disciplinary action, legal, taxation or similar affairs shall be deliberated and decided in a closed session which only Board Members are entitled to attend. By a majority vote on a motion of a question of privilege, the Board of Directors may decide to go into closed session on any matter deserving of confidential treatment or of personal concern to any member of the Board of Directors.
 - 5.8 PARTICIPATION THROUGH COMMUNICATIONS EQUIPMENT Members of the Board of Directors may participate in meetings of the Board of Directors through conference equipment by means of which all persons participating in the meeting can hear each other at the same time. Participation by such means shall constitute presence at a meeting.
 - 5.9 REGULAR MEETINGS - Regular meetings of the Board of Directors shall be held in accordance with a schedule adopted by the Board of Directors.
 - 5.10 SPECIAL MEETINGS - Special meetings of the Board of Directors may be called by the General Chair. Should the Board of Directors or the General Chair fail to call regular meetings or should a special meeting be appropriate or helpful, a meeting of the Board of Directors shall be called at the written request of any three (3) Board Members.
 - 5.11 QUORUM - A quorum of the Board of Directors shall consist of a majority of the voting members.
 - 5.12 VOTING - Except as otherwise provided in these Bylaws or the Parliamentary Authority, all motions, orders and other propositions coming before the Board of Directors shall be determined by a majority vote.
 - 5.13 PROXY VOTE - Voting by proxy in any meeting of the Board of Directors shall not be permitted.
 - 5.14 ACTION BY WRITTEN CONSENT Any action required or permitted to be taken at any meeting of the Board of Directors may be taken without a meeting if all the Board Members entitled to vote consent to the action in writing and the written consents are filed with the records of the respective meetings. These consents shall be treated for all purposes as votes taken at a meeting.
 - 5.15 MAIL/EMAIL VOTE - Any action which may be taken at any regular or special meeting of the Board of Directors, except elections, or removals of appointed Board members, committee chairs and members, may be taken without a meeting. If an action is to be taken without a meeting, the Secretary, by first class mail, postage prepaid, or email, shall distribute a ballot to every Board Member entitled to vote on the matter. The ballot shall set forth the proposed action, provide an opportunity to specify approval or disapproval, and provide a reasonable time (but in no event less than the period specified in Section 5.16) within which to return the ballot to the Secretary. Action by ballot shall be valid only when the number of votes cast in favor of the proposed action within the time period specified constitutes a majority

of the votes entitled to be cast.

5.16 NOTICES -

- .1 **TIME** Not less than *six (6) days'* written notice shall be given to each Board Member for any annual, regular or special meeting of the Board of Directors. (See Section 14.1.3 for the permitted means of notice.)
- .2 **INFORMATION** The notice of a meeting shall contain the time, date and site and in the case of special meetings, the expected purpose.

ARTICLE 6 OFFICERS AND DIRECTORS

6.1 OFFICERS - The officers shall be as listed herein and shall be elected by the House of Delegates at its annual meeting.

- .1 General Chair (*odd/even years for 3-year term*)
- .2 Administrative Vice-Chair (*even/odd years for 3-year term*)
- .3 Finance Vice-Chair (*odd/even years for 3-year term*)
- .4 Senior Vice-Chair (*even/odd years for 3 year-term*)
- .5 Age Group Vice-Chair (*odd/even years for 3-year term*)
- .6 Secretary (*position shall be filled by staff and not elected by HOD*)
- .7 Treasurer (*position shall be filled by staff and not elected by HOD*)
- .8 Safe Sport Chair (*even/odd years for 3-year term*)
- .9 Officials Chair (*odd/even years for 3-year term*)
- .10 Technical Chair (*even/odd years for 3-year term*)

6.2 OTHER DIRECTORS

.1 ATHLETE REPRESENTATIVES

Two (2) Athlete Representatives shall be elected, one each year for a **two-year term**, or until their respective successors are elected. At the time of election, the Athlete Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently competing, or have competed within the three (3) immediately preceding years, in the program of swimming conducted by SNS or another LSC; and (d) have his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education). The balloting shall take place at a meeting (annual House of Delegates) called for that purpose by the Senior Athlete Representative or the Athletes Committee, or failing that, at a time and in a manner designated by the Board of Directors. At least twenty (20) days' written notice of the election shall be given to all clubs. The Athlete Representatives elected shall be determined by a majority of the Group Member Athlete Representatives as identified in 4.1.1.a

.2 COACH REPRESENTATIVE -

One (1) Coach Representative shall be elected, in even years for a **two-year term**, or until a successor is elected. The election of the Coach Representative shall be conducted at the annual meeting of the House of Delegates and determined by a majority vote of the members of the House of Delegates present and voting, or, failing that, at a time and place and in a manner designated by the Board of Directors.

.3 AT-LARGE BOARD MEMBERS -

A. The following at-large Board members shall be elected as follows:

- (1) The Athlete At-Large Board members shall be elected by the athletes at the same time as the Athlete Representatives.
- (2) The Non-Athlete At-large Board members shall be appointed by the General Chair with advice and consent of the Board of Directors. Up to five (5) Non-Athlete At-Large Board Members may be appointed.

6.3 ELIGIBILITY - Only Individual Members of SNS in good standing shall be eligible to hold office and must maintain their eligibility throughout their term of office.

- 6.4 **DOUBLE VOTE PROHIBITED** - An Individual Member entitled to vote in Board of Directors meetings may only have one vote, regardless of the number of positions held by such Member.
- 6.5 **OFFICES SPLIT OR COMBINED** -
- .1 **OFFICE HELD BY TWO PERSONS** - Any office other than General Chair, Finance Vice-Chair and Treasurer, may be held jointly by two Individual Members. Two individuals who are sharing an office **shall share one vote**.
 - .2 **OFFICES COMBINED** - Any office other than General Chair may be combined with any other office except that the offices of Finance Vice-Chair and Treasurer may not be combined.
- 6.6 **TERMS OF OFFICE** -
- .1 **TERM OF OFFICE** - The terms of office of all members of the Board of Directors, except the Athlete Representatives as described in 6.2.1 and Coach Representative as described in 6.2.2, shall be three (3) years.
 - .2 **COMMENCEMENT OF TERM** - Each person elected or appointed to a position shall assume office upon election or appointment and shall serve until a successor takes office, which is upon the start of the fiscal year of SNS.
 - .3 **CONSECUTIVE TERMS LIMITATION** - Except for the Secretary and Treasurer, no Individual Member who has served **two** successive terms shall be eligible for re-election or appointment to the same position until a lapse of one term. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of this successive term limitation.
- 6.7 **DUTIES** - The duties of the officers and other Board Members shall be to attend and participate in all meetings of the House of Delegates and the Board of Directors and as defined in these Bylaws, the SNS Policies and Procedures, and applicable state laws.
- 6.8 **RESIGNATIONS** - Any officer may resign by submitting a written resignation to the General Chair or the Board of Directors specifying an effective date of the resignation. In the absence of a specified effective date, any such resignation shall take effect upon the appointment or election of a successor.
- 6.9 **VACANCIES AND INCAPACITIES** -
- .1 **OFFICE OF GENERAL CHAIR** - In the event of a vacancy in the office of General Chair, or of the General Chair's temporary or permanent incapacity, the Administrative Vice-Chair shall become the acting General Chair until an election can be held at the next meeting of the House of Delegates to fill the remaining term, if any, of the former General Chair, or until the General Chair ceases to suffer from any temporary incapacity. While serving as acting General Chair, the Administrative Vice-Chair shall vacate the office of Administrative Vice-Chair, except in the case of the General Chair's temporary incapacity. If the General Chair is to be absent from the Territory, the General Chair may, but is not obligated to, designate the Administrative Vice-Chair as acting General Chair for the duration of the absence.
 - .2 **OFFICES OF ATHLETE OR COACH REPRESENTATIVES OR ANY POSITION ELECTED** - In the event of a vacancy or of the permanent incapacity of a person holding the office of Athlete Representative or Coach Representative, or person who has been elected, the General Chair may appoint, with the advice and consent of the Board of Directors, an eligible member to serve the remainder of the term of office or until the respective body shall elect a successor.
 - .3 **DETERMINATION OF VACANCY OR INCAPACITY** - The determination of when an office becomes vacant or an officer becomes incapacitated shall be within the discretion of the Board of Directors or the House of Delegates with the advice and consent of the electing body. The determination as to when the General Chair is temporarily incapacitated shall be made, where the circumstances permit, by the General Chair and otherwise shall be within the discretion of the Board of Directors, subject to any subsequent action by the House of Delegates.

6.10 REMOVAL OF DIRECTORS - Directors may be removed in accordance with 4.5.9 and 5.6.10 of these Bylaws.

6.11 OFFICERS' POWERS GENERALLY -

- .1 AUTHORITY TO EXECUTE CONTRACTS, ETC. - The General Chair, Administrative Vice-Chair, Senior Vice-Chair, Age Group Vice-Chair and Finance Vice-Chair each may sign and execute in the name of SNS deeds, mortgages, bonds, contracts, agreements or other instruments duly authorized by the SNS Policies and Procedures, the Board of Directors or the House of Delegates, except in cases where the signing and execution thereof shall be expressly delegated by the Board of Directors to another officer or agent, expressly requires two or more signatures or is required by law to be otherwise executed. Additional signing authority may be provided by standing resolutions of the Board of Directors or the House of Delegates.
- .2 ADDITIONAL POWERS AND DUTIES - Each officer shall have other powers and perform other duties as prescribed in the SNS Policies and Procedures *or* by the House of Delegates, the Board of Directors, the General Chair, the respective division chair, the delegating officer, or these Bylaws.
- .3 DELEGATION - Officers of SNS may delegate any portion of their powers or duties to an individual or a committee, except that neither the Finance Vice-Chair nor the Treasurer may delegate duties to the other without the consent of the Board of Directors. In addition, the authority to sign checks, drafts, orders of withdrawal or wire transfers shall not be delegated other than by the Board of Directors. Except as otherwise provided in these Bylaws and with the consent of the Board of Directors, any officer may delegate any portion of that officer's *powers or duties to the paid staff of SNS*. A delegation of powers or duties shall not relieve the delegating officer of the ultimate responsibility to see that these duties and obligations are properly executed or fulfilled.

6.12 DEPOSITORIES AND BANKING AUTHORITY -

- .1 DEPOSITORIES, ETC. - All receipts, income, charges and fees of SNS shall be deposited to its credit in the banks, trust companies, other depositories or custodians, investment companies or investment management companies as the Board of Directors determines.
- .2 SIGNATURE AUTHORITY - All checks, drafts or other orders for the payment or transfer of money, and all notes or other evidences of indebtedness issued in the name of SNS shall be signed by the General Chair, the Treasurer or other officer or officers or agent or agents of SNS, and in the manner, as shall be determined by the Finance Vice-Chair, the Finance Committee or the Board of Directors.

ARTICLE 7
DIVISIONS, COMMITTEES AND COORDINATORS

7.1 DIVISIONAL ORGANIZATION AND JURISDICTIONS, STANDING COMMITTEES AND COORDINATORS - The divisions of SNS shall each be chaired as indicated below with respective duties, jurisdiction and responsibilities described in the SNS **Policies and Procedures**.

- .1 ADMINISTRATIVE DIVISION - Administrative Vice-Chair
- .2 AGE GROUP DIVISION - Age Group Vice-Chair
- .3 SENIOR DIVISION - Senior Vice-Chair
- .4 FINANCE DIVISION - Finance Vice-Chair
- .5 ATHLETES DIVISION - Senior Athlete Representative
- .6 COACHES DIVISION - Coach Representative

7.2 ELECTED, EX OFFICIO AND APPOINTED CHAIRS AND COORDINATORS

1. ELECTED CHAIRS AND COORDINATORS - Committee chairs and coordinators who are not Board members, but are elected by the House of Delegates, a committee or division, are as follows:
 - i. Operational Risk Chair
 - ii. Diversity and Inclusion Chair
 - iii. Disability/Adaptive Coordinator
2. EX-OFFICIO CHAIR - Certain other committee chairs are designated ex-officio by virtue of an office currently held.

3. APPOINTED CHAIRS AND COORDINATORS - The chairs of all other committees and all other coordinators shall be appointed by the General Chair with the advice and consent of the Board of Directors and the respective division chair. The appointed committee chair or coordinator shall assume office upon appointment or the date designated by the General Chair and shall serve until a successor is appointed and assumes office.

7.3 COMMITTEES In addition to the standing committees listed herein, the Board of Directors and the House of Delegates are each authorized to establish additional committees to meet programming needs. Except as otherwise provided in these Bylaws or the SNS Policies and Procedures, members of each committee shall be appointed by the General Chair with the advice and consent of the respective division chair and the chair of the committee. Athlete members of each committee shall be appointed by the General Chair with the advice of the Senior Athlete Representative. Athlete membership shall constitute at least twenty percent (20%) of the voting membership of every committee. The division chair shall be an exofficio member, with voice and vote, of each committee within the respective division.

7.4 STANDING COMMITTEES & COORDINATORS

.1 ATHLETES COMMITTEE -

- A. CHAIR - The Senior Athlete Representative or his/her designee shall be the chair of the committee.
- B. MEMBERS - The Athletes' Committee shall consist of the Athlete Representatives, the Athlete At-Large Board Members and the Group Member Athlete Representatives.
- C. DUTIES - The Athletes' Committee shall have general charge of the business and affairs of the Athletes of SNS, and shall undertake such activities (a) delegated to it by the Board of Directors or the General Chair or (b) undertaken by the Committee as being in the best interests of the Athlete Members, SNS, USA Swimming and the sport of swimming

.2 FINANCE COMMITTEE -

- A. CHAIR - The chair shall be the Finance Vice-Chair.
- B. MEMBERS - The members of the Finance Committee shall be the Finance Vice-Chair, the Treasurer, and two (2) additional members and a sufficient number of athletes so as to constitute at least twenty percent (20%) of the voting membership of the Committee.
- C. DUTIES -
 - (1) To develop, establish where so authorized, or recommend to the Board of Directors, and supervise the execution of policy regarding the investment of SNS's working capital, funded reserves and endowment funds, within the guidelines, if any, established by the Board of Directors or the House of Delegates. The Finance Committee shall also regularly review SNS's equipment needs (both operational and office) and the various methods available to finance the acquisition of any needed equipment and decide the recommendation of the best financing method.
 - (2) To submit the review or audit and other reports and make recommendations to the Board of Directors with regard thereto.
 - (3) To consult with the officers, committee chairs and coordinators and prepare and present a proposed budget for consideration and approval by the Board of Directors and the House of Delegates. The officers, committee chairs and coordinators shall provide promptly such financial information (current and projected) and budget proposals as the Finance Committee may request. The proposed budget may contain alternatives.
 - (4) To complete and submit any state and local reports and filings.

.3 AUDIT COMMITTEE -

- A. CHAIR - The Chair shall be the Finance Vice-Chair.
- B. MEMBERS - If conducted internally, a minimum of three (3) committee members with a sufficient number of athletes to constitute at least 20% of the voting membership, must conduct the review or audit. The

Treasurer cannot be a member of the group performing the audit, but can be present to provide clarification, information and answer questions.

- C. DUTIES - To conduct a review or audit or recommend an independent auditor to conduct the required annual review or audit of the books of SNS.

4. NOMINATING COMMITTEE -

- A. CHAIR - The Chair shall be elected annually by the Nominating Committee from among its own members.
- B. MEMBERS - The House of Delegates shall annually elect at least three (3) individuals to the Nominating

Committee to serve a one-year term, with a sufficient number of athletes so as to constitute at least twenty percent (20%) of the voting membership of the Committee. Terms shall commence at the conclusion of the meeting at which members were elected and end when their successors assume office. If any member of the Nominating Committee resigns or otherwise becomes unable to participate in its affairs, the General Chair, with the advice and consent of the Board of Directors, shall appoint a successor to serve until the next meeting of the House of Delegates. No individual shall be eligible to serve more than six (6) consecutive years on the Nominating Committee until after a lapse of two years. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of the successive term limitation. In no case shall the General Chair serve on the Nominating Committee.

- C. QUORUM - A quorum for any meeting of the Nominating Committee shall consist of a majority of its voting members.
- D. DUTIES -
 - (1) To nominate Board members, Administrative Review Board members, and other coordinator or chair positions to be elected by the House of Delegates consistent with the matrix of skills, demographics, and talents needed.
 - (2) To publish the slate of candidates to the SNS membership at least twenty (20) days prior to the election. Additional nominations may be made from the floor of the House of Delegates by voting members of the House of Delegates.

5. GOVERNANCE COMMITTEE -

- A. CHAIR - The Chair shall be elected annually by the Governance Committee from among its own members.

- B. MEMBERS -

The Governance Committee members shall be appointed by the General Chair with advice and consent of the Board of Directors. The Committee shall be comprised of three (3) members with a sufficient number of athletes so as to constitute at least twenty percent (20%) of the voting membership of the Committee. Each member shall serve a three-year term, staggered so that one-third (1/3) of such members are appointed each year. No more than one-half (1/2) of the Governance Committee members shall be members of the SNS Board of Directors at any given time. After completion of two consecutive terms, members are not eligible for re-appointment to the Governance Committee until after a lapse of two years. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of the successive term limitation. In no case shall the General Chair serve on the Governance Committee.

- C. DUTIES- It shall be the duty of the Governance Committee to:
 - (1) Assist in periodic evaluation of the mission and vision statements and the Bylaws of SNS;
 - (2) Aid in the development of operating policies regarding conflict of interest (Board and staff), document retention, ethics, whistle-blower, procurement, contract review, grievance and other employment-related practices, etc.;
 - (3) Aid in the development of personnel practices procedure including job descriptions and annual review of staff;
 - (4) Assist in shaping the Board's agenda based on the strategic plan;
 - (5) Aid in the development of expectations and processes for accountability of Board members;
 - (6) Develop criteria for the qualities and required characteristics of Board officers;

- (7) Lead Board succession planning by working with the Nominating Committee to assess current and anticipated needs for Board composition;
- (8) Design and implement Board orientation and an ongoing program of Board education and development; and
- (9) Lead periodic assessment of the Board's performance (as a whole and of individual members) and make recommendations to enhance Board effectiveness.

.6 OPERATIONAL RISK COMMITTEE -

- A. CHAIR - The chair shall be the Operational Risk Chair.
- B. MEMBERS - The Committee shall be comprised of the Operational Risk Chair, at least three (3) members, including one coach and one official and with a sufficient number of athletes so as to constitute at least twenty percent (20%) of the voting membership of the Committee.
- C. DUTIES - The duties shall be as outlined in the SNS Policies and Procedures.

.7 EXECUTIVE COMMITTEE

- A. AUTHORITY AND POWER - The Executive Committee shall have the authority and power to act for the Board of Directors and SNS between meetings of the Board and the House of Delegates. Limitations to the authority and power of the Executive Committee shall be determined by the Board of Directors and included in the SNS Policies and Procedures.
- B. MEMBERS - The members of the Executive Committee shall be the
 - (1) General Chair, who shall act as chair
 - (2) Administrative Vice-Chair
 - (3) Senior Vice-Chair
 - (4) Age Group Vice-Chair
 - (5) Secretary
 - (6) Finance Vice-Chair
 - (7) Coach Representative
 - (8) Senior Athlete Representative
 - (9) Junior Athlete Representative
- C. MEETINGS AND NOTICE - Meetings of the Executive Committee shall be held at any time or place within the Territory when called by the General Chair or any three (3) members of the Committee with a minimum of *five (5)* days' notice required.
- D. QUORUM - A quorum of the Executive Committee shall consist of a majority of the members of the Committee.
- E. REPORT OF ACTION TO BOARD OF DIRECTORS - At the next regular or special meeting of the Board of Directors, the Executive Committee shall make a report of its activities since the last Board of Director's meeting for ratification or prospective modification or rescission, provided, however, that any action of the Executive Committee upon which a third party may have relied (*e.g.*, by signing, or authorizing the signing of a contract) may not be modified or rescinded by the Board of Directors or the House of Delegates.

7.5 DUTIES OF CHAIRS AND COORDINATORS GENERALLY - The duties of the General Chair, the division chairs, committee chairs, and coordinators (in addition to those provided elsewhere in these Bylaws) shall be as follows:

- .1 Preside at all meetings of the respective division, committee or subcommittee;
- .2 See that all duties and responsibilities of the coordinator or the respective division, committee or subcommittee in his or her charge are properly and promptly carried out;
- .3 Appoint such committees or subcommittees as may be necessary to fulfill the duties and responsibilities of the coordinator or division or committee, respectively;

- .4 Communicate with the General Chair, respective division, coordinator, committee or subcommittee members and the staff to keep them fully informed;
 - .5 Appoint a member as secretary of the committee or subcommittee charged with taking minutes of each meeting and forward reports or minutes of all meetings to the staff and;
 - .6 Perform the other specific duties listed in SNS's Policies and Procedures or as may be delegated by the General Chair, the respective division chair or committee chair, the Board of Directors or the House of Delegates.
- 7.6 DUTIES OF COMMITTEES GENERALLY Except as otherwise provided in these Bylaws, the duties of the committees shall be prescribed by the SNS Policies and Procedures.
- 7.7 REGULAR AND SPECIAL MEETINGS - Regular and special meetings of committees or sub-committees of SNS shall be held as determined by the respective Vice-chairs or committee or sub-committee chair.
- 7.8 OPEN MEETING/CLOSED SESSIONS Meetings of committees and sub-committees, other than a Personnel Committee meeting, shall be open to all members of SNS. Matters relating to personnel, disciplinary action, legal, taxation and similar affairs shall be deliberated and decided in a closed session which only the respective members are entitled to attend. By a majority vote, a committee or sub-committee may decide to go into closed session on any matter deserving of confidential treatment or of personal concern to any member of the committee or sub-committee.
- 7.9 VOICE AND VOTING RIGHTS OF COMMITTEE MEMBERS Each Committee member shall have both voice and vote in their respective meetings.
- 7.10 ACTION BY WRITTEN CONSENT Any action required or permitted to be taken at any meeting of a committee may be taken without a meeting if all the committee members entitled to vote consent to the action in writing and the written consents are filed with the records of the meetings. These consents shall be treated for all purposes as a vote taken at a meeting.
- 7.11 PARTICIPATION THROUGH COMMUNICATIONS EQUIPMENT Members of any committee may participate in a meeting of the committee or through conference equipment by means of which all persons participating in the meeting can hear each other at the same time. *Participation by such means shall constitute presence at a meeting.*
- 7.12 QUORUM - Except as otherwise provided in these Bylaws or in the resolution or other action establishing a committee, a quorum of any committee shall consist of **those members present.**
- 7.13 VOTING - Except as otherwise provided in these Bylaws or the Parliamentary Authority, all motions, orders and other propositions coming before a committee shall be determined by a majority vote.
- 7.14 PROXY VOTE - Voting by proxy in any meeting of a committee shall not be permitted.
- 7.15 NOTICES
- .1 TIME Except as otherwise provided in these Bylaws or the resolution or other action establishing a committee, not less than *five (5) days'* written notice shall be given for any meeting of a committee.
 - .2 INFORMATION The notice of a meeting shall contain the time, date, and site.
- 7.16 RESIGNATIONS - Any committee chair or member or coordinator may resign by submitting a written resignation to the General Chair or the Board of Directors specifying an effective date of the resignation. If such date is not specified, the resignation shall take effect upon the appointment of a successor.
- 7.17 VACANCIES - The determination of when the position of an appointed committee chair, committee member or a coordinator becomes vacant or the person becomes incapacitated, if not made by the person, shall be within the discretion of the Board of Directors. In the event of a vacancy or permanent incapacity, the General Chair, with the advice and consent of the Board of Directors and the respective division chair, shall appoint a successor to serve until the conclusion of the incumbent's term. A temporary incapacity may be left unfilled at the discretion of the General Chair or an appointment may be made for the duration of the temporary incapacity.
- 7.18 DELEGATION - With the consent of the Board of Directors or the respective division chair, a committee chair or a

coordinator may delegate a portion of their powers or duties to another officer of SNS, or to another committee, subcommittee, or coordinator, or with the consent of the Board of Directors and the Personnel Committee, to the paid staff of SNS. Notwithstanding any delegation, the ultimate responsibility for the delegated duties and obligations shall remain with the delegator.

- 7.19 APPLICATION TO COMMITTEES AND ADMINISTRATIVE REVIEW BOARD - Sections 7.5 through 7.18 shall apply to all committees, unless otherwise provided in these Bylaws, in the resolution creating the committee or in the SNS Policies and Procedures. These provisions shall also apply to Administrative Review Board meetings but shall not apply to its hearings or deliberations.

ARTICLE 8 ANNUAL AUDIT, REPORTS AND REMITTANCES

SNS shall submit any reports and remittances required by the USA Swimming Corporate Bylaws, by the USA Swimming Board of Directors, the President/CEO of USA Swimming or by any agreement between SNS and USA Swimming. Reports required to be submitted to USA Swimming by SNS include annual financial and federal tax reports and the annual audit or review.

ARTICLE 9 ORGANIZATION, AMENDMENT OF BYLAWS AND DISSOLUTION

- 9.1 NONPROFIT AND CHARITABLE PURPOSES - SNS is organized exclusively for charitable and educational purposes and for the purpose of fostering national or international amateur sports competition within the meaning of section 501(c)(3) of the IRS Code. Notwithstanding any other provision of these Bylaws, SNS shall not, except to an insubstantial degree, (1) engage in any activities or exercise any powers that are not in furtherance of the purposes and objectives of SNS or (2) engage in any activities not permitted to be carried on by: (A) a corporation exempt from federal income tax under such section 501(c)(3) of the IRS Code or (B) a corporation to which contributions, gifts and bequests are deductible under sections 170(c)(2), 2055(a)(2) and 2522(a)(2) of the IRS Code.
- 9.2 DEDICATION OF ASSETS, ETC. The revenues, properties and assets of SNS are irrevocably dedicated to the purposes set forth in Sections 1.2 and 9.1 of these Bylaws. No part of the net earnings, properties or assets of SNS shall inure to the benefit of any private person or any member, officer or director of SNS.
- 9.3 AMENDMENTS Any provision of these Bylaws not mandated by USA Swimming may be amended at any meeting of the SNS House of Delegates by a two-thirds (2/3) vote of the members present and voting. Amendments so approved shall not take effect until reviewed and approved by the USA Swimming Rules and Regulations Committee. Changes to Required LSC Bylaws shall be effective on the date established in the amending USA Swimming legislation.
- 9.4 DISSOLUTION SNS may be dissolved only upon a two-thirds (2/3) vote of all the voting members of the House of Delegates. Upon dissolution, the net assets of SNS shall not inure to the benefit of any private individual, unincorporated organization or corporation, including any member, officer or director of SNS, but shall be distributed to USA Swimming, to be used exclusively for educational or charitable purposes. If USA Swimming, is not then in existence, or is not then a corporation which is exempt under section 501(c)(3) of the IRS Code and to which contributions, bequests and gifts are deductible under sections 170(c)(2), 2055(a)(2) and 2522(a)(2) of the IRS Code, the net assets of SNS shall be distributed to a corporation or other organization meeting those criteria and designated by the House of Delegates at the time of dissolution, to be used exclusively for educational or charitable purposes.

ARTICLE 10 INDEMNIFICATION

- 10.1 INDEMNITY - SNS shall indemnify, protect and defend, in the manner and to the full extent permitted by law, any Indemnified Person in respect of any threatened, pending or completed action, suit or proceeding, whether or not by or in the right of SNS, and whether civil, criminal, administrative, investigative or otherwise, by reason of the fact that the Indemnified Person bears or bore one or more of the relationships to SNS specified in Section 10.3 and was acting or failing to act in one or more of those capacities or reasonably believed that to be the case. Where specifically required by law, this indemnification shall be made only as authorized in the specific case upon a determination, in the manner provided by law, that indemnification of the Indemnified Person is proper in the circumstances. SNS may, to the full extent permitted by law, purchase additional insurance to that provided by USA Swimming, and maintain insurance on behalf of any Indemnified Person against any liability that could be asserted against the Indemnified Per-

son.

- 10.2 **EXCLUSION** - The indemnification provided by this Article 10, shall not apply to any Indemnified Party whose otherwise indemnified conduct is finally determined to have been in bad faith, self-dealing, gross negligence, wanton and willful disregard of applicable laws, rules and regulations, of the USA Swimming Rules and Regulations, of the USA Swimming Code of Conduct or these Bylaws or who is convicted of a crime (including felony, misdemeanor and lesser crimes) involving sexual misconduct, child abuse, violation of a law specifically designed to protect minors or similar offenses, or who is found by the Zone Board of Review, the National Board of Review, or the U.S. Center for SafeSport to have committed actions which would be the basis for such a conviction and, in each case, the otherwise indemnifiable conduct (or failure to act) was, or was directly related to, the predicate acts of the conviction or finding.
- 10.3 **INDEMNIFIED PERSONS** - As used in this Article 10, "Indemnified Person" shall mean any person who is or was a Board Member, Administrative Review Board member, Group Member Representative, officer, official, coach, committee chair or member, coordinator, volunteer, employee or agent of SNS, or is or was serving at the direct request of SNS as a director, officer, Group Member Representative, meet director, official, coach, committee chair or member, coordinator, volunteer, employee or agent of another person or entity involved with the sport of swimming.
- 10.4 **EXTENT OF INDEMNITY** - To the full extent permitted by law, the indemnification provided in this Article shall include expenses (including attorneys' fees, disbursements and expenses), judgments, fines, penalties and amounts paid in settlement, and, except as limited by applicable laws, these expenses shall be paid by SNS in advance of the final disposition of such action, suit or proceeding. If doubt exists as to the applicability of an exclusion to SNS's obligation to indemnify, SNS may require an undertaking from the Indemnified Person obliging him to repay such sums if it is subsequently determined that an exclusion is applicable. In the case of any person engaged in the sport of swimming for compensation or other gain, if SNS determines that there is reasonable doubt as to such person's ability to make any repayment, SNS shall not be obligated to make any payments in advance of the final determination. This indemnification shall not be deemed to limit the right of SNS to indemnify any other person for any such expenses to the full extent permitted by law, nor shall it be deemed exclusive of any other rights to which any Indemnified Person may be entitled under any agreement, vote of members or disinterested directors or otherwise, both as to action in an official capacity and as to action in another capacity while holding such office.
- 10.5 **SUCCESSORS, ETC.** - The indemnification provided by this Article shall continue as to an Indemnified Person who has died or been determined to be legally incompetent and shall apply for the benefit of the successors, guardians, conservators, heirs, executors, administrators and trustees of the Indemnified Person.

ARTICLE 11 PARLIAMENTARY AUTHORITY

ROBERT'S RULES Robert's Rules of Order Newly Revised shall govern SNS and any of its constituent or component parts, committees, etc., in the conduct of meetings in all cases to which they apply and in which they are not inconsistent with these Bylaws and any special rules of order SNS, the House of Delegates, the Board of Directors or its divisions, committees, etc., may adopt.

ARTICLE 12 MISCELLANEOUS

- 12.1 **EFFECT OF STATE LAW CHANGES (SEVERABILITY)** - If any portion of these Bylaws shall be determined by a final judicial decision to be, or as a result of a change in the law of the State of California become, illegal, invalid or unenforceable, the remainder of these Bylaws shall continue in full force and effect.
- 12.2 **FISCAL YEAR** The fiscal year of SNS shall end on the last day of August.
- 12.3 **TAX STATUS; INTERPRETATION OF BYLAWS** It is intended that SNS shall have and continue to have the status of an organization which is exempt from federal income taxation under section 501(c)(3) of the IRS Code and to which contributions, bequests and gifts are deductible for federal income, estate and gift tax purposes under sections 170(c)(2), 2055(a)(2) and 2522(a)(2) of the IRS Code, respectively. Similarly, it is intended that SNS shall have that or similar status under the applicable state and local laws as will exempt it from taxation to the maximum extent possible to the extent not contrary to applicable federal requirements. These Bylaws shall be interpreted accordingly.

ARTICLE 13
ADMINISTRATIVE REVIEW BOARD

13.1 INTRODUCTION - USA Swimming was organized as the National Governing Body for the sport of swimming under the Amateur Sports Act of 1978, as amended by the Ted Stevens Olympic and Amateur Sports Act of 1998, both federal laws. These laws require USA Swimming to establish and maintain provisions for the swift and equitable resolution of all disputes involving any of its members. This Article, together with Section 602.2 and Part Four of the USA Swimming Rules and Regulations, are intended to provide a mechanism for resolving in an orderly and fair way all manner and kinds of disputes that may arise among its members in connection with the sport of swimming. Accordingly, SNS has established the Administrative Review Board to hear complaints and appeals regarding administrative matters within SNS which do not rise to the level of Code of Conduct violations and are not appeals of sanction decisions. The Administrative Review Board shall have no jurisdiction to hear complaints regarding conduct that may violate the USA Swimming Code of Conduct or otherwise violate the policies, procedures, rules and regulations adopted by USA Swimming, or conduct that may bring USA Swimming, SNS or the sport of swimming into disrepute. This Article, together with Part Four of the USA Swimming Rules and Regulations, is intended to provide a fair hearing before a group of independent and impartial people. This Article and Part Four of the Rules shall be construed accordingly. *(The function of the Administrative Review Board is to handle matters internally that do not rise to the level of a Code of Conduct Violation.)*

13.2 ADMINISTRATIVE REVIEW BOARD ORGANIZATION

- .1 Establishment - The Administrative Review Board of SNS shall be independent and impartial.
- .2 Members - The Administrative Review Board shall have at least three (3) regular members and two (2) alternate members, with a sufficient number of athlete members to constitute at least 20% of the voting membership. At least three members of the Administrative Review Board shall hear each case, with a sufficient number of athlete members to constitute at least twenty percent (20%) of its membership. No hearing shall proceed without the required athlete representation. The House of Delegates may increase the number of regular or alternate members by resolution but subsequent to the adoption of these Bylaws may only decrease the number of regular or alternate members upon the expiration of the term of office of any incumbent members.
- .3 Election; Term of Office; Eligibility -
 - A. Election - The House of Delegates shall biennially elect regular and alternate members of the Administrative Review Board.
 - B. Term of Office - The term of office shall be two (2) years. Each member and alternate member shall assume office upon election and shall serve until a successor takes office.
 - C. Eligibility - Each regular and alternate member of the Administrative Review Board shall be an Individual Member of SNS and USA Swimming. **In no case shall members of the Board of Directors serve on the Administrative Review Board.**
- .4 Chair Elected by Board; Other Officers - The Chair of the Administrative Review Board (the "Chair") who must be a regular member, shall be elected biennially by a majority vote of the regular members of the Administrative Review Board. The Chair shall biennially appoint a Vice-Chair and a Secretary of the Administrative Review Board, each of whom must be regular members.
- .5 Meetings - The Administrative Review Board shall meet for administrative purposes as necessary, to elect the Chair, to adopt rules and procedures and to conduct other business as may be helpful or necessary to achieve the purposes of the Administrative Review Board and efficiently exercise its duties and powers. Other meetings may be called by the Chair or any two regular members. When meeting for administrative purposes, Section 7.19 shall apply to the Administrative Review Board.
- .6 Participation Through Communications Equipment Members of the Administrative Review Board may participate in a meeting or hearing of the Administrative Review Board, and any hearing may be conducted, in whole or in part, through conference telephone or similar equipment by means of which all persons participating in the meeting can hear each other at the same time. Participation by these means shall constitute presence in person at such a meeting or hearing.

- .7 Quorum - A quorum for any administrative meeting of the Administrative Review Board shall be fifty percent (50%) of its regular members.
- .8 Resignations - Any regular or alternate member of the Administrative Review Board may resign by submitting a written resignation to the Chair, the General Chair or the Board of Directors specifying an effective date of the resignation. In the absence of a specified effective date, any such resignation shall take effect upon the appointment or election of a successor.
- .9 Determination of Vacancy or Incapacity - The determination of when an office becomes vacant or an officer becomes incapacitated shall be in accordance with 6.9.
- .10 Substitutions for Member - In the event that a regular member of the Administrative Review Board is unable or unwilling to promptly act for any reason, recuses herself or himself or is disqualified in any particular circumstance, the Chair (or, if the person so unable or unwilling to act or recused or disqualified is the Chair, the Vice-Chair; or failing that, the General Chair) shall appoint an alternate member to act in the regular member's place in respect of that circumstance.

13.3 GENERAL

- .1 Administrative Powers - The Administrative Review Board shall have the powers and the duty to:
 - A. administer and conduct the affairs and achieve the purposes of the Administrative Review Board,
 - B. establish policies, procedures and guidelines,
 - C. elect the Chair,
 - D. call regular or special meetings of the Administrative Review Board,
 - E. retain attorneys, agents and independent contractors and employ those persons which the Administrative Review Board may determine are appropriate, necessary or helpful in the administration and conduct of its affairs, and
 - F. take such action as may otherwise be appropriate, necessary or helpful in the administration and conduct of its affairs, the achievement of its purposes and the efficient exercise of its duties and powers.
- .2 Rule Making Powers - The Administrative Review Board shall have the power and the duty to promulgate reasonable rules and procedures consistent with the corporation laws of SNS with respect to any matter within its jurisdiction or appropriate, necessary or helpful in the administration and conduct of its affairs. Such rules and procedures shall have the same force and effect as if they had been adopted as part of these Bylaws.
- .3 Exercise of Powers and Decisions - Except for authority and power granted to the Chair, the exercise of the authority and powers of the Administrative Review Board and the decision of matters which are the subject of a hearing shall be decided by a majority vote of the Administrative Review Board. The views of any dissenters shall be included in the record of the proceeding if requested by the dissenters. The exercise of the Administrative Review Board's authority and power shall be solely in its discretion and the interests of justice and the sport of swimming.
- .4 Timeliness of Petition - The Administrative Review Board need not exercise its jurisdiction with respect to a complaint the subject matter of which occurred, or concerns or is founded on events which occurred, more than ninety (90) days prior to the date the complaint is received. A determination not to exercise its jurisdiction as a result of the untimeliness of a complaint may be made by the Chair alone and may be the subject of a request for rehearing and, thereafter, appeal to the Zone Board of Review pursuant to Part Four of the USA Swimming Rules and Regulations.

ARTICLE 14 CONVENTIONS AND DEFINITIONS

14.1 CONVENTIONS -

- .1 TERMS GENERALLY - Whenever the context may require, any pronoun or official title shall include the corresponding masculine, feminine and neuter forms. The words "include", "includes" and "including" shall be deemed to be followed by the phrase "without limitation". The singular shall include the plural and the plural shall include the singular as the context may require. Where the context permits, the term "or" shall be

interpreted as though it were “and/or”. Captions have been used for convenience only and shall not be used in interpreting the Bylaws.

- .2 CAPITALIZED TITLES - Capitalized titles, such as Secretary or Treasurer, when appearing alone shall refer to SNS positions and not to USA Swimming or another organization.
- .3 NOTICE DEEMED GIVEN; LAST KNOWN ADDRESS -
 - A. Notice by Mail - Notice given and other writings delivered by first class mail, postage prepaid, and addressed to the last known address shall be deemed given or delivered upon the postmark date for all purposes under these Bylaws.
 - B. Notice by Email - Notice given and writings delivered by electronic mail to the last known email address shall be deemed given or delivered for all purposes under these Bylaws.
 - C. Last Known Mail or Email Address - For all purposes under these Bylaws, the last known mail or email address of a member of SNS shall be the mail or email address on file with SNS or in SWIMS.
- .4 TIME PERIOD CONVENTION - In computing time periods established by these Bylaws, the initial time period (days or hours) shall not be included but the last period shall be included.
- .5 WAIVER OF NOTICE CONVENTION - Untimely or insufficient notice for any meeting held under the authority of these Bylaws shall be considered to have been waived if a member attends or participates in the meeting to which such notice referred or to which notice was lacking without, at the earliest opportunity, raising an objection of untimely or insufficient notice having been given for such meeting. If the member is a Group Member Representative, then the relevant Group Member shall be treated as having waived the untimely or insufficient notice to the same extent.

14.2 DEFINITIONS - When used in these Bylaws, the following terms shall have the meanings indicated in this Section, and the definitions of such terms are equally applicable both to the singular and plural forms.

- .1 ARTICLE - a principal subdivision of these Bylaws.
- .2 ARTICLES OF INCORPORATION - the document filed with Secretary of State in the State of California pursuant to which SNS was formed.
- .3 ATHLETE REPRESENTATIVE - an Athlete Member elected to represent athletes in the House of Delegates and on the Board of Directors.
- .4 BOARD MEMBER - a member of the Board of Directors, including the At-Large Board Members.
- .5 BOARD OF DIRECTORS - the Board of Directors of SNS.
- .6 BYLAWS - these bylaws as adopted and amended from time to time by, and in effect for, SNS.
- .7 COACH REPRESENTATIVE - a Coach Member elected to represent the coaches in the House of Delegates and on the Board of Directors.
- .8 FINA - the Federation Internationale de Natation, the international governing body for the sport of swimming.
- .9 GROUP MEMBER REPRESENTATIVE - an individual appointed to represent a Group Member in the House of Delegates.
- .10 HOUSE OF DELEGATES - the House of Delegates of SNS as established by Article 4 of these Bylaws.
- .11 IMMEDIATE PAST GENERAL CHAIR - the individual who is the immediate past General Chair of SNS.
- .12 IRS CODE - the current United States Internal Revenue Code.
- .13 LOCAL SWIMMING COMMITTEE / LSC - SNS as defined by the USA Swimming Corporate Bylaws.
- .14 MEMBER - a Group Member or an Individual Member.
- .15 NATIONAL BOARD OF REVIEW - the National Board of Review of USA Swimming established pursuant to Part Four of the USA Swimming Rules and Regulations. Where the context requires, a reference to the National Board of Review shall include a reference to the USA Swimming Board of Directors when that body is acting upon an appeal from the National Board of Review.

- .16 **POLICIES AND PROCEDURES** - the principles, rules, and guidelines of SNS, as amended and adopted by the Board of Directors or the House of Delegates.
- .17 **SECTION** - a subdivision of the Articles of these Bylaws.
- .18 **SNS** – the California not-for-profit corporation to which these Bylaws pertain.
- .19 **TERRITORY** - the geographic territory over which SNS has jurisdiction as a Local Swimming Committee.
- .20 **USA SWIMMING** - USA Swimming, Inc., a Colorado nonprofit corporation which is the national governing body for the United States for the sport of swimming.
- .21 **SNS** – the California not-for-profit corporation to which these Bylaws pertain.
- .22 **ZONE BOARD OF REVIEW** - the Board of Review of the Zone in which SNS is located, which Zone Board of Review is established pursuant to Part Four of the USA Swimming Rules and Regulations. Where the context requires, a reference to the Zone Board of Review shall include a reference to the National Board of Review when that body is acting upon an appeal from the Zone Board of Review.

Final draft. 4

To complete the Mandatory Athlete Protection Training Certification, please follow the directions below:

Sign in to your usaswimming account under your athlete name. <https://www.usaswimming.org/sign-in>

Select Safe Sport tab

Scroll down to " Take a Safe Sport Class", choose middle link called Athlete Protection Training and follow word document for steps.

1. Enter your first name, last name, and birthday. Make sure to use your legal name. Click the **Search** button.
2. When the system finds you, click on "CONTINUE" to access the LEARN site.
3. You must take **three** courses to complete the requirement:
 1. "Sexual Misconduct Awareness Education"
 2. "Mandatory Reporting"
 3. "Emotional and Physical Misconduct"
4. Once you have completed your courses, your membership record will update within 24 hours with a new APT expiration date.
5. Your APT will expire 12 months after you complete all three courses.

Members must always enter LEARN via www.usaswimming.org/learn or www.usaswimming.org/apt. If you create a non-member account, you will not receive credit for the courses that you take.

If you get a "No Results Found" message, one of three things has happened:

1. You may have made a typo on your name and birthday. Double check and resubmit.
2. If everything is correct and you are or have ever been a member of USA Swimming, it is possible that there is a typo in your membership information in the USA Swimming database. Contact your LSC registrar.
3. You have never been registered with USA Swimming. You must join through your LSC. New members will be required to have your application form and payment processed by your LSC registrar before you can sign in to complete the course.

See attached picture tutorial for steps.

I have also been asked what are the step to get to club portal. Here is a short tutorial.

Instructions for Accessing Your Team's Club Portal for SSRP and to check APT for 18 yo athletes....

Several reports have been created for each club via their club portal on the USA Swimming website. To access these reports:

- Log on to the USA Swimming website with your personal log in.
- Under the Member Resources tab, chose Club Portal Search

- Enter your team's name or club code, then click Search
- Scroll to the bottom of the page and click on Club Administrator Log In
- Scroll to the bottom and enter the Club Portal Password
- Click on Edit Club Portal

Notice the tabs of the different options that are available. There are several reports that are very helpful for the team.

- The Club Non-Athlete Roster will give a list of all of the non-athletes registered with the club, their ID number, position (coach, official, other) and earliest certification expiration date. For coaches it will also show if they have completed the Foundations of Education or need to prior to registering for the next year.
- The athlete report also gives the ID number, age, and date of registration expiration. This list only shows the athletes who are attached and registered to the team at that time. If a swimmer is not on the list, he is either not currently registered or is not currently attached to the team.
- All data is updated nightly so it is current information.

If you do not have your Club Portal Password or you have forgotten it, contact LSC Admin Chair or Registration Chair

I am also getting feedback that the athletes think is extremely long and annoying. You could share this...

I hear your feedback for sure. Sometimes I feel this way about trainings that I have to take, but that is part of being an adult.

I acknowledge where you are coming from and want to let you know that many people have to do things that they don't like, and everyone has to do it.

This is just something that you are going to have to get comfortable and it is to protect you the athlete.

Thank you for all you do to make our sport safer!

(5)

TAKE A SAFE SPORT COURSE



1

2

PARAMETERS

Last Name

First Name

Birthdate

3

URI

[Cancel/Return](#)

4

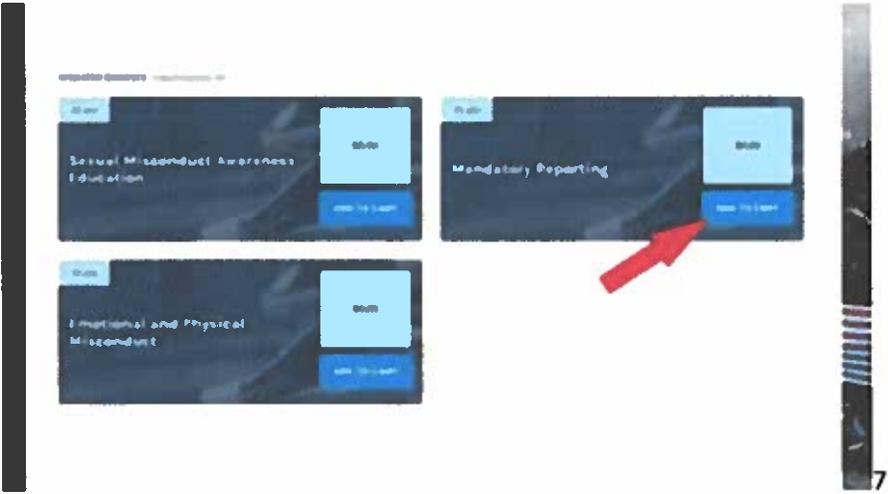
ATHLETE PROTECTION TRAINING

BGC Expiration Date
APT Expiration Date

5



6



Sexual Misconduct Awareness Education	\$0
Mandatory Reporting	\$0
Emotional and Physical Misconduct	\$0
TOTAL \$0	

[VIEW CART](#)
[CHECKOUT](#)

Shopping Cart (3 courses)

[CONTINUE SHOPPING](#)

First Name	Last Name	Organization Name
<input type="text"/>	<input type="text"/>	<input type="text"/>
Alt Name	Phone	Phone
<input type="text"/>	<input type="text"/>	<input type="text"/>
Street Address	Street / Province	Postal
<input type="text"/>	<input type="text"/>	<input type="text"/>
Street Address 2	City / Postal Code	
<input type="text"/>	<input type="text"/>	

8 9

THANK YOU!

\$ 0.00

Your payment has been processed & receipt will be on
[My Dashboard](#). Get started on your course!

DASHBOARD

10,11

12

