

Sierra Nevada Swimming

Board of Directors Meeting
September 19, 2019
Embassy Suites Sacramento Waterfront, Sacramento, California

6:40 pm Meeting called to order by Mark Brown. **Quorum present.**

Alex Ongaco read the Mission and Vision of Sierra Nevada Swimming.

Approve meeting minutes with corrections from August 22, 2019. M/S. All in Favor. None Opposed. Motion passed. Minutes Approved.

Reports of Officers, Committees and Coordinators: Thank yous for sending officers and athletes to convention, reviewed convention topics, including:

- Use athlete reps for teaching and education of Safe Sport
- Obtain some Sierra Nevada swag for athletes and visitors
- Work towards making teams Safe Sport Recognition status
- Consider having yearly concussion training
- Club dues change not approved by HOD
- Limiting Flex Membership to first year only or change allowable meets from two to one
- Swim Smarter overlays to show differences on Team Unify. Goal is to work with clubs to get Swim Smarter turned on.
- Motivational Standards have changed for 2020-2024. Will go over time standards for SC & LC Championships.

Financial Update: Per Alison, investment portfolio has increased approximately \$60,000 over six months to approximately \$612,000. Investments are very diversified. Consider moving investments to a more conservative level. Working on wrapping up prior year financials and preparing tax return. Preliminary findings for Sierra Nevada show a net loss of approximately \$50,000 for the prior fiscal year.

Operational Risk Update: Coaches and teams need to stress 3-point entry. Swimmers that are observed being warmed-up or being started by anyone other than a registered Coach will be removed from all events for the day.

Open Water Swim Update: An open water swim will take place on September 28, 2019 at Beals Point, Folsom.

Age Group Update: Butterfly revolution was created by more camps resulting in more top butterfliers. Suggest looking at distance swimming and other strokes to improve swimmers at

top level.

Officials Chair Update: Melissa Szpik Serrao will be transitioning into the Officials Chair.

Western Zone Meets Update: Clovis initially declined to host Senior Zones in 2020 and 2021. However, after an amendment was made to increase fees, Clovis agreed to host. Western Zone Age Group Meet will see increased fees for the host team. Elk Grove was awarded the meet in 2021.

SWAGR Update: No changes for meet in Clovis. Approximately 800 swimmers. Time standards will stay the same.

New Business:

Age Group Vice Chair positions: Recommendation to change the two Sierra Nevada Age Group Vice Chair positions to Age Group Vice Chair with three year term and Age Group Committee Chair with a one year term then a consistent three year term. Both positions would have voting rights. **M/S. All in Favor. None Opposed. Motion passed.**

Suit Coverage: Per Koren Motekaitis, this rule targets young females. Cut of suit does not fit every child. We must be careful with mental health of young females. This rule must be be put back on USA Swimming and manufacturers. We need to educate officials that we are not suit monitors.

SNS Camp Schedule: Per Kainoa Pistorius, SNS will hold a Distance Camp, Catch the Spirit Camp (October 26 for recreational swimmers), Age Group Camp for 11/12 and 13/14 Zone level swimmers. Goal is to get more recreational swimmers to USA Swimming. Need coaches to help with camps.

Officials Reimbursement Program: Dana Covington presented a slide show from Convention about officials in USA Swimming (number of certified officials and the need at high level meets) and LSC requirements for LEAP. She presented other LSC reimbursement programs. A proposal for SNS was four tiers from \$200 to \$1200 as follows:

Reimbursement Scale

Tier 1: Sectional/Futures or Zone Meet: \$200

Tier 2: Pro Series Meet: \$400 Tier 3: National/JNAT Meet: \$600

Tier 4: Olympic Trials: \$1,200 or amount equal to coach stipend

Officials may only apply for reimbursement for one meet in each tier per year. Maximum of \$1,200 per non-Olympic year and \$2,400 in Olympic year.

M/S. Motion carries with yes.

M/S to add \$12,000 to budget effective 9/1/2019. Motion carries with yes.

2020 Olympic Trials Stipend Policy: Mark Brown presented changes to policy with each SN swimmer going to Olympic Trials getting \$1,500 and up to \$3,000 if swimmer is in top 16. **M/S. Motion passed.**

Employee Evaluations: Per Dana Covington, evaluations will be completed for employees Mark Brown, Alex Ongaco, and TJ Kay. Anyone on the board can provide input.

Other: T-shirts from Mr. Jim Contratto with Rocklin Swim Team Adaptive Program were provided to board members as a thank you for sponsoring the program.

Next BOD Meeting scheduled for Thursday, October 24, 2019 from 7:00pm to 8:00pm via Zoom Format.

Meeting adjourned at 8:51 pm

Present: Mark Brown, Dana Covington, Alison Turner, Kainoa Pistorius, Niffey Carmody, Adriana Contreras, Kathleen Kinsey, Bill Rose, Koren Motekaitis, Brian Clark, Darin Mai, Ray Weiser, Melissa Szpik Serrao, Alex Ongaco, Mr. Jim Contratto from Rocklin Swim Team, and Janet Vargas

Respectfully submitted, Janet Vargas SNS Secretary