



# Sierra Nevada Swimming

Board of Directors Meeting

November 21, 2019

ZOOM Meeting Format

7:02 pm Meeting called to order by Mark Brown. **Quorum present.**

Alex Ongaco read the Mission and Vision of Sierra Nevada Swimming.

Approve meeting minutes with corrections from October 24, 2019. **Minutes Approved by meeting and e-mails dated 12/23/2019 through 12/28/2019 .**

## **Reports of Officers, Committees and Coordinators:**

*Treasurer Update:* Allison Turner reported that SNS has pulled their investments out of the stock market and is currently all cash. She will discuss next moves soon. The deadline for the SNS tax return is 1/15/2020. She will send it to the board for review and comments.

*Officials Chair Update:* Bill Rose reported that 268 people have attended officials training so far this season. 55 of the 268 are new trainees. Nine are Admin Officials, 107 need to complete concussion training, 87 need to complete Athlete Protection Training by 12/31/2019, and 12 still need to pay.

*Senior Vice Chair Update:* Chris Breitbart reported that CCA will host Summer Sectionals in July 2020. A high school senior level swimming trip is being considered for fall 2020 to visit some colleges in the greater Sacramento and Bay Area and possibly do some workouts in college facilities. Looking into potential NCAA conflicts and how to avoid those conflicts.

*Program Development Vice Chair Update:* Adric Jope reported that he will discuss Catch the Spirit Camp later in the meeting.

*Athlete Representatives Update:* No update

*Coaches Representatives Update:* Adriana Contreras reported that an e-mail was sent to coaches for a clinic February 29 – March 1, 2020. She will reach out with ideas for the clinic.

*Operational Risk Update:* Kathleen Kinsey reported that a box of medals was given back to SNS. There was an article in Swim Swam about air quality standards. She would like SNS to consider new guidelines and standards for air quality and the impacts on practices and meets within the LSC. Further discussion will be held at a future meeting. She discussed clubs doing safety check on tarp pulling.

*At-Large Update:* Koren Motekaitis reported that she is working on a grant proposal. Brian Clark reported that he and Coach Adriana Contreras attended a conference in Colorado Springs, CO. The topics were networking and psychological, a workshop on decision making, and general ideas on changes at the LSC level and formats for championship meets.

*General Chair Update:* Mark Brown reported on a reminder to coaches that the new requirements Education on Anti-doping must be completed by year end. Concussion training is going well for coaches and officials. Since 2016, SNS has added approximately 7,000 swimmers, but hasn't grown. Can LSC help clubs retain swimmers? There is currently 65%-75% overall retention. At age 13, the retention jumps up to 85%. 12-under age groups have the highest turnover. National average is approximately 70%. There was hope that the flex program would help with retention, but hasn't proven to be the case.

*Executive Director Update:* Alex Ongaco reported that future scholar athletes will be getting something practical in lieu of a pin. They will continue getting a certificate. The new item might be a USB flash drive with SNS logo. Alex would like to discuss board meeting times and locations / Zoom format at a future meeting.

## **New Business:**

*Consideration for Relays in SNS Club Achievement Program:* Kathleen Kinsey requested the consideration of a new category in the club achievement program for relays. **M/S. No second.**

*Support for Coaches in our LSC (Medical stipends, 401K for Coach Collaboration in LSC, etc.):* Kathleen Kinsey led a discussion on medical stipends and 401Ks for coaches in the LSC. No plans or motion was brought forward.

*Partnerships and collaborations with Recreational Swimming & Pacific LSC:* Kathleen Kinsey led a discussion on broadening participation with recreational swim programs and other LSCs. No plans and no motion was brought forward.

*Sierra Nevada Social Media & Internet Platforms:* Adriana Contreras led a discussion on the purpose of SNS social media and internet platforms. She will create a policy and bring it back to the board.

*SNS Catch the Spirit Camp 11/17/2019 Recap:* Adric Jope reported on the 11/17/2019 Catch the Spirit Camp held at Arden Hills. There were 49 swimmers with the goal of showing swimmers that they can have fun in USA Swimming while learning. Jeff Float, 1984 Olympic Gold Medalist and Congressional Medalist was the guest speaker.

Next BOD Meeting scheduled for Thursday, December 19, 2019 in Davis, CA.

Meeting adjourned at 8:21 pm

*Present: Mark Brown, Dana Covington, Allison Turner, Chris Breitbart, Kainoa Pistorius, Adric Jope, Adriana Contreras, Kathleen Kinsey, Bill Rose, Koren Motekaitis, Brian Clark, Alex Ongaco, Scott Hastings, Guest, and Janet Vargas*

Respectfully submitted,  
Janet Vargas  
SNS Secretary