



Sierra Nevada Swimming

Board of Directors Meeting

May 29, 2019

Mike Shellito Indoor Pool, Roseville, California

6:40 pm Meeting called to order by Mark Brown. **Quorum present.**

Approve meeting minutes as corrected from January 29, 2019. **M/S. All in Favor. None Opposed. Motion passed. Minutes Approved.**

New Business:

SNS BOD Meeting Schedule:

Koren Motekaitis – requested to schedule future BOD meeting dates. Beginning in July 2019, the SNS BOD will meet the second Tuesday of each month at 6:30 pm. The first two months of each quarter will be a ZOOM on-line meeting. The third month of each quarter will be an in person meeting. Ten minutes prior to each ZOOM meeting, a reminder with the link to the meeting will be sent out.

Committee Reports:

Bill Rose – Requested to have SNS offer the Pat Risser Award again. Bill will work with the Athlete Reps to create qualification criteria for the award

Justin Brosseau – Long Course Championships will allow 19-22 year old swimmers to participate as exhibition. In 2020, we should consider adjusting the time standard requirements for older swimmers.

Michael Wyant – Suggested that Athlete Reps set up a Make-A-Splash event for next season. Include LSC athletes that are going to or have been to Olympic Trials and/or the Olympics.

Ray Weiser – Open Water Zone event had a short notice for sign ups in Southern California. PASA asked SNS to participate in a joint LSC open water training the day before the open water event in Folsom this fall.

Nolan Rogers – Coaches will put together a practical coaches clinic in the spring with a speaker and coverage of mental health topics.

Koren, Janet, Niffey – No reports

Mark Brown – Coach Taylor Moore has replaced John Dalton as Age Group Co-Vice Chair.

Taylor Moore – Western Age Group Zones information will be sent out soon by Alex Ongaco.

Kathleen Kinsey – Information was added to the SNS website about events that are or are not covered by insurance. This information needs to get out to the teams.

Mark Brown – Current registration numbers:

- Total SNS swimmers 4,168 (down from 5,075 in prior year)
- Seasonal teams have not signed up yet – Red Bluff and Anderson will not be signing up
- There are 1,144 Flex swimmers. In 2020, SNS will offer individual season registration vs. Season 1 and Season 2
- Registrations by club will be provided at HOD meeting in June

SNS Leadership Camps Recap:

Justin Brosseau – reported on SNS Leadership Camp held April 6-7, 2019. Coaches Justin Brosseau, Trent Richardson, and Adriana Contreras led the camp. 24 athletes attended. Hope to have more swimmers sign up next year. It was a good opportunity for swimmers who might not go to other SNS camps. UNLV Coach Ben Lorz spoke about swimming in college and the camp put together meal packs for Rise Against Hunger (food went to Vietnam).

Alex Ongaco – reported on Catch the Spirit Camp held May 5, 2019. Coaches Darin Mai, Kainoa Pistorius, Taylor Moore, and Summer Treadwell led the camp. 41 campers participated, including 14 from the fall 2018 Catch the Spirit Camp that was cancelled due to fire smoke. The athletes participated in Swim Labs and pool work. A request was made to make more spots available to 10&under swimmers and to have three camps per year (fall, winter, spring) and to include them on the event calendar.

USA Swimming Leadership Summit Recap:

Adriana Contreras – reported that she and Athlete Erin Dawson represented SNS at the 2019 USA Swimming Leadership Summit from April 25-28, 2019 at the Olympic Training Center (OTC). Topics included behavioral leadership style and cultivating leadership withing the team and the LSC. Coach Adriana stayed on at the OTC to participate in the SwimBiz Conference (how to capitalize on Olympic year membership) and the National Diversity Camp.

Minor Athlete Abuse Protection Policy (MAAPP) and Safe Sport Recognition Program (SSRP) Safe Sport:

Niffey Carmody – reported on the new MAAPP policy that goes into place June 23, 2019. This is a mandatory program that will be enforced by the LSC and Clubs. All athletes > 18 years old must take the three part Athlete Protection course by June 23, 2019 and all athletes < 18 years old must take the course before their 18th birthday. During discussion, it was encouraged to

use common sense when applying this policy. Certain related permission slips are on the Safe Sport website.

Niffey also reported on the Safe Sport Recognition Program (SSRP) and noted that club recognition for teams from Safe Sport could be beneficial to the LSC.

Other:

- Discussion to improve the SNS logo to better represent swimming and consider a marketing program to attract more swimmers to SNS. Explore a re-brand and a Marketing/Social Media Chair.
- Alex sent e-mail requiring each BOD Member to the LSC Online Leadership Course. This is required for the LSC Evaluation & Achievement Program (LEAP) Level 1 Submission.
- Each BOD Member was requested to read the SNS By-Laws and send questions and concerns to Mark.
- Effective next year, meet fees will be split 50/50 between teams and LSC.
- SNS is working on Policies and Procedures to be voted on at HOD Meeting in June.
- Reply to Alex with needs for next year's budget to be voted on at HOD Meeting in June.

Meeting adjourned at 8:27 pm

Present: Mark Brown, Alex Ongaco, Bill Rose, Brian Clark, Nolan Rogers, Ray Wieser, Niffey Carmody, Kainoa Pistorius, Justin Brosseau, Michael Wyant, Athlete; Emma Peters, Athlete; Jack Gillespie, Athlete; Chris Breitbart, Koren Motekaitis, Taylor Moore, Adriana Contreras, Kathleen Kinsey, Tricia To, Rebecca Watson, and Janet Vargas

Respectfully submitted,
Janet Vargas
SNS Secretary