



## AGE GROUP MEMBERSHIP REGISTRATION

Swimmer information. Please print clearly.

First Name	MI	Last Name	
Street Address			
City	State	Zip	Phone (if any)
Date of Birth (mm/dd/yyyy)	Age	Gender Male                      Female	
Group	Coach		Today's Date (join date)

Parent/Account holder information.

Mother/Guardian Name	Phone (home/cell)	Work Phone
Father/Guardian Name	Phone (home/cell)	Work Phone
E-mail address (to use for website account login)	Secondary email (to also receive team emails)	

**Emergency Contact (other than parent):** Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Medical Consent Waiver**

I certify that I am the parent or legal guardian for my child(ren). I hereby give my permission for any supervisor, coach or other team administrator associated with the Vacaville Swim Team to seek and give appropriate medical attention for our child(ren) in the event of accident, injury, illness. I will be responsible for any and all costs associated with any necessary medical attention and/or treatment.

I hereby waive, release and forever discharge Vacaville Swim Team and associated supervisor, coach or other team administrator from all rights and claims for damages, injury, loss to person or property which may be sustained or occur during participation in Vacaville Swim Team activities, whether or not damages or loss is due to negligence. I hereby acknowledge that my children is(are) physically fit and capable of participation in all Swim Team activities.

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Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_

Physician: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

## Liability Waiver

By registering my child(ren) with the Vacaville Swim Team, I agree to participate (or allow my child(ren) and family members to participate) in the Vacaville Swim Team, and hereby release Vacaville Swim Team, its directors, officers, agents, coaches, and employees from liability for any injury that might occur to myself (or to my child(ren) and family members) while participating in the Vacaville Swim Team program, including travel to and from training sessions, swim meets or other scheduled team activities.

I agree to indemnify and hold harmless the above mentioned organizations and/or individuals, their agents and/or employees, against any and all liability for personal injury, including injuries resulting in death to me, my child(ren) and/or other family members, or damage to my property, the property to my child(ren) and/or other family members, or both, while I (or my child(ren) or family members) participating in the Vacaville Swim Team program.

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Parent/Guardian Signature

Date

## Photo/Video Release

Vacaville Swim Club can take photographs (individual and in groups) of swimmers under the age of 18 that may include your child during their membership in the club. All photos will be taken and published in line with club policy. The club requires parental consent to take and use photographs.

The photos will or can be used on the secure team website, team Facebook page, newspaper articles, club notice boards at the Walter V. Graham Aquatic Center and video training purposes.

Parents have a right to refuse agreement to their child being photographed.

Signed: \_\_\_\_\_

## Photo/Video Release - Declination

I do not wish my child to be photographed

Signed: \_\_\_\_\_

## **Additional Team Information**

Please initial next to each item indicating you have received information about each of the following:

### **\_\_\_\_\_ *Volunteer Hours***

The year-round swim team, the Vacaville Waves, depends heavily on volunteers to run the team successfully. A swim team simply cannot function without the support of our swim parents! We expect that each family will make every effort to support our team with their time, talents, and energy. As such, Waves families are required to meet the following commitments:

1. Minimum of 30 Volunteer Hours from August-July of each year. Adds up to 2.75 hours each month.
2. Work at a minimum of 1 of the 2 home meets
3. Timing at away meets your child is signed up for. These hours are included in the Minimum Volunteer Hours.
4. Families not completed their required annual volunteer hours will be charged at a rate of \$10 per hour for each hour outstanding.

### **\_\_\_\_\_ *Team Handbook and Bylaws for the Vacaville Swim Club***

You will find the Team Handbook and Bylaws on the team site, [www.vacaswim.com](http://www.vacaswim.com) under the Family Handbook Tab.

### **\_\_\_\_\_ *USA Swimming Registration Information***

**All Waves swimmers MUST** be registered with USA swimming. Use these step-by-step directions on registering and renewing swimmers for USA swimming. Registration is good for one calendar year, from January through December. Swimmers not registered with USA Swimming will not be allowed to participate in meets and potentially not practice with their group.

Please sign up on [www.swim-smarter.com](http://www.swim-smarter.com) and pay for the Premium Registration.

### **\_\_\_\_\_ *Swim Connection Registration Information***

Swim Connection is the website through which you will register your swimmer for meets. You must be a member of USA Swimming before creating an account. Please go to [Swimconnection.com](http://Swimconnection.com) and create this account.

### **\_\_\_\_\_ *Late fee Policy***

Payments are delinquent after the 15th day of each month. Fees paid after the 15th day of the month will result in a \$20 late fee assessment, which should be included with payment. At 60 days, the swimmer(s) will no longer be permitted to practice or attend meets. Any unpaid balances beyond 90 days could result in action by a collection agency. Please e-mail Coach Matt/Coach Grace if you feel you have circumstances that need special consideration.

### ***Cancellation Policy***

If you decide to leave the program, for any reason, the team needs to be notified **and given a notice in writing before the 20th** of your last month with the team.

Upon joining the team, if you are entering mid-month, your dues will be pro-rated for that first billing cycle. If a swimmer leaves the team anytime during month, and swam with the team during that month, a refund of charges for the month will not be prorated or refunded.

### ***Acknowledgement policy***

I acknowledge that I have received, read and understood the Minor Athlete Abuse Prevention Policy and/or that the Policy has been explained to me or my family. I further acknowledge and understand that agreeing to comply with the contents of this Policy is a condition of my membership with Vacaville Swim Club.

### ***Safe Sport***

HELP OUR TEAM MAINTAIN OUR SAFE SPORT RECOGNITION!

For every **10% of Parents** on a Member Club that completes the **[USA Swimming Safe Sport Online Course for Parents](#)**, a Member Club earns **1 Point** (maximum of **5 Points**) towards the Total Points needed by their Team in becoming Safe Sport Recognized by USA Swimming.

For every **10% of Minor Athletes (Ages 12-17 y/o)** on a Member Club that completes the **[USA Swimming Safe Sport Online Course for Minor Athletes](#)**, a Member Club earns **1 Point** (maximum of **5 Points**) towards the Total Points needed by their Team in becoming Safe Sport Recognized by USA Swimming.

These informative tests can be taken on [www.usaswimming.com](http://www.usaswimming.com).

## **VACAVILLE SWIM TEAM CODE OF CONDUCT: PARENTS**

The purpose of a code of conduct for parents is to establish consistent expectations for behavior by parents. As a parent/guardian, I understand the important growth and developmental support that my child's participation fosters. I also understand that it is essential to provide the coaching staff with respect and the authority to coach the team. I agree with the following statements:

- I will set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy at all times to the team members, coaches, competitors, officials, parents, and all facilities.
- I will get involved by volunteering, observing practices, cheering at meets, and talking with my child and their coach about their progress.
- I will refrain from coaching my child from the stands during practices or meets.
- I understand that criticizing, name-calling, use of abusive language or gestures directed toward coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.
- I will respect the integrity of the officials.
- I will direct my concerns to first to my swimmer's coach; then, if not satisfied, to the appropriate parent board.

I understand the above expectations and that my failure to adhere to them may result in disciplinary action.

\_\_\_\_\_  
Parent's Signature

\_\_\_\_\_  
Date

## **VACAVILLE SWIM CLUB CODE OF CONDUCT: ATHLETES**

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior. By signing this code of conduct, I agree to the following statements:

- I will respect and show courtesy to my teammates and coaches at all times.
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my younger teammates.
- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will attend all team meetings and training sessions, unless I am excused by my coach.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
  
- I will obey all of USA Swimming's rules and codes of conduct.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's board of directors.

\_\_\_\_\_  
Swimmer's signature

\_\_\_\_\_  
Date

**Lockers are available in pool bathrooms but are unsupervised**

The Vacaville Swim Club is not responsible for any items that are lost, damaged and/or stolen. The Club recommends that your athlete bring a lock to keep their belongings safe.

**Bathroom Policy**

**VSC Best Practice Locker Room Policy**

- No VSC athlete may leave practice without permission from a coach.
- No VSC athlete should be in the locker room alone at any time unless absolutely necessary.
- VSC athletes should read and adhere to Vacaville Swim Club Locker Room policies.
- VSC athletes must be aware of the other patrons utilizing the locker room and report to the coach or VSC staff member any concerning or inappropriate behavior.
- VSC athletes should shower and dress quickly avoiding time spent without cover in front of mirrors or in front of others.
- Parents should not enter the locker room unless absolutely necessary and then with conditions.

Character First -- VSC athletes understand personal accountability and the expectation of being a Vacaville Swim Club member is always about maintaining a high level of personal character. The use of poor language, inappropriate discussions and general rough housing in the locker room is unacceptable. Please notify a coach to report any violations.

General Policy Considerations Coaches make every effort to recognize when an athlete goes to the locker room or changing area during practice and, if they do not return in a timely fashion, we will check on the athlete's whereabouts. A swimmer leaving the water for the locker room or changing area must ask the coach first. It is impossible to record these instances, but this request allows for a better awareness.

**Cell Phone and Other Mobile Devices (Parent)**

**Cell Phone and Other Mobile Devices (Athlete)**

Vacaville Swimming prohibits the use of mobile devices with recording capability in locker rooms. Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras increase the risk for different forms of misconduct in locker rooms and changing areas. The USA Swimming Athlete Protection Policies prohibits the use of such devices in the locker room or other changing area: Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms.

This absolutely applies to cell phones even if the person is not using the photo, video or other recording device. Please understand that the actual use of a photo, video or other recording device can violate state law as well as Vacaville Swim Team policies and lead to serious consequences. Your child should be specifically advised that cell phones are not things that they require at practice although reality suggests this is impossible to enforce. Please insure that all swimmers are aware NOT to use any function on any mobile or recording device whatsoever while in a locker room and should remain in a bag or clothing pocket.