

# Getting Started with FastSwims

A Guide for Swimmers and Families

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## What is FastSwims?

**FastSwims.com** is a swim meet and results management platform used by coaches, teams, and swimmers to:

- Register for swim meets
- View and track meet results
- Check time standards and best times
- Access psych sheets, heat sheets, and final results
- Manage athlete profiles and past performances

FastSwims is widely used in Sierra Nevada Swimming and other LSCs (Local Swimming Committees), replacing many older systems for meet entry and results access.

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## Why Use FastSwims?

FastSwims helps swimmers and families stay organized and informed. With one account, you can:

- Enter swim meets easily
- Track your swimmer's progress over the season
- Get real-time access to meet information (results, event order, etc.)
- View historical times and personal bests

- Compare times to time standards

It's a centralized tool for your athlete's swim journey.

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## How to Get Started on FastSwims

### Step 1: Visit the FastSwims Website

Go to: <https://fastswims.com>

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### Step 2: Create an Account

1. On the homepage, click "**Sign Up**" in the top right corner.
  2. Choose whether you're signing up as a **Parent/Guardian** or **Coach/Athlete**.
  3. Enter your name, email address, and create a secure password.
  4. Confirm your account by checking your email and clicking the verification link.
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### Step 3: Add Your Swimmer(s)

1. Once logged in, go to your **Dashboard**.
  2. Click "**Add Athlete**" to link your swimmer's profile.
    - You may need your swimmer's **full name**, **birthdate**, and possibly their **USA Swimming ID** (if applicable).
  3. Once linked, you'll be able to view their best times, past meet results, and more.
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### Step 4: Enter a Meet

1. From your dashboard or the “**Meets**” tab, browse upcoming meets open for registration.
  2. Click on the meet you wish to enter.
  3. Select your swimmer and choose the events they will compete in.
  4. Review your selections and complete payment if required.
  5. You’ll receive confirmation via email.
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### **Step 5: Track Meet Results**

- After the meet, return to the FastSwims website.
  - Navigate to “**My Meets**” or your swimmer’s **Profile** to view updated times and placements.
  - You can also download full meet results or heat sheets if made available by the host team.
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### **Tips for Using FastSwims**

- Bookmark <https://fastswims.com> for easy access.
  - Check regularly for meet postings—registration deadlines come quickly!
  - Use the platform to help set goals by tracking progress across seasons.
  - Coordinate with your swimmer’s coach before registering for meets to select appropriate events.
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### **Need Help?**

If you have trouble accessing your account or linking your swimmer, use the “**Contact Us**” form at the bottom of the FastSwims website, or speak with your team’s coach or administrator for assistance.