

Groups:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior 1 Coach Grace	6:30-9:00am 9:00-10:00am (Dryland)	6:30-9:00am 9:00-10:00am (Dryland)	6:30-9:00am 9:00-10:00am (Dryland)	6:30-9:00am 9:00-10:00am (Dryland)	6:30-9:00am 4:30-6:30pm with Coach Clinton	7:00-9:30am
Senior 2 Coach Grace	6:30-9:00am 9:00-10:00am (Dryland)	6:30-9:00am 9:00-10:00am (Dryland)	6:30-9:00am 9:00-10:00am (Dryland)	6:30-9:00am 9:00-10:00am (Dryland)	6:30-9:00am 4:30-6:30pm with Coach Clinton	7:00-9:30am
Senior Prep Coach Rachel	7:00-9:00am 9:00-10:00am (Dryland)	7:00-9:00am 9:00-10:00am (Dryland)	7:00-9:00am 9:00-10:00am (Dryland)	7:00-9:00am 9:00-10:00am (Dryland)	7:00-9:00am	7:00-9:30am
Age Group 1 Coach Clinton	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm	5:00-6:30pm	7:00-9:30am
Discovery 1 Coach Tiare	9:00-10:30am	9:00-10:30am	5:00-6:30pm	5:00-6:30pm		
Age Group 2 Coach Emma	7:45-9:00am	7:45-9:00am	7:45-9:00am	7:45-9:00am	7:45-9:00am	
Discovery 2 Coach Tiare	9:00-10:30am	9:00-10:30am	5:00-6:30pm	5:00-6:30pm		

Age Group 3	9:00-9:45a m	9:00-9:45a m	9:00-9:45a m	9:00-9:45a m		
Coach Grace						
Discovery 3	9:00-9:45a m	9:00-9:45a m	9:00-9:45a m	9:00-9:45a m		
Coach Grace						
Intro to Swim	5:00-5:30p m	5:00-5:30p m	5:00-5:30p m	5:00-5:30p m		
Coach Jayden						