

ELKO SWIM TEAM UPDATES

December 20, 2023



If you ordered a swimsuit and have not collected it, please contact Belinda Worthy via the Remind App.

December 16th through January 28th: The Elko City Swimming Pool is closed for maintenance.

WE ARE OFFERING DRYLAND EXERCISE CLASSES, INSTRUCTED BY OUR COACHES:

January 8th through January 27th

Dryland training for all swimming groups as follows:

Mondays: 5-6 pm
Fridays: 5-6 pm
Saturdays: 9:30-10:30 am

Located at: Komainu/Yemaso Brazilian JiuJitsu/MMA Academy, 559 W. Silver Street, Suite 303
(In the business center behind PNCC - Print and Copy, in Elko)

All accounts while on dryland training will be charged the same as a pause fee, \$20/mo. for the month of January.

WE NEED MEET OFFICIALS!!!

The Elko Swim Team needs more Stroke and Turn Officials and Administrative Officials to host meets.

S&T Official: Class will be provided to teach the rules of proper stroke technique and turns of a swimmer, identifying and documenting disqualifications.

Admin Official: Instruction will be provided for making a meet run efficiently through accurate and proper record-keeping.

If you are interested in either type of Official position, or learning more about it, please contact Michelle Smith via the Remind App.

Jackpot Pot O' Gold and Elko High Altitude Home Meets, Swim Meet Committee Meeting:

If you would like to play a part in helping make our home meets run more smoothly, we hope to have a meeting to discuss future meets and planning on January 7th, 2pm, location to be determined. Please contact Lindy Walsh via the Remind App if you are interested in helping!

TRYOUTS

If you know anyone interested in joining the team, tryouts will be held **February 10th, 9am!**

UPCOMING MEETS:

January 20-21: *Winter Classic, Boise, Idaho - No coach*

January 27-28: *Cabin Fever, Caldwell, Idaho - No Coach*

February 3: *Igloo Meet, Twin Falls, Idaho – Coach in attendance*

Yes, it comes right off of the pool reopening, but this is a good “first meet” within reach of Elko.

February 16-18: *Snake River Swimming Winter Champs, Boise, Idaho – Coach in attendance*

This meet will likely require qualifying times for events.