

Dear EST Families,

Thank you to everyone who attended our Fall 2025 Parent Meeting on September 17th at Flag View Elementary. For those who could not join, below is a summary of the key updates and expectations for the 2025–2026 season:

Board & Coaches

- **Board Members:** Heather Dahlman (President), Belinda Worthy (Vice President/Registrar), Melissa Thompson (Treasurer), Steve Thayer (Secretary), Melissa Jones (Member at Large), Sarah Parker (Member at Large & Safe Sport Ambassador), Austin Dullum (Member at Large).
 - **Coaches:** Head Coach Erin Ferris, Assistant Coaches Rachel Randall, Nicole Fields, Teddy Dullum, Harrison Trent, and Michelle Smith.
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Team Goals & Expectations

- **Swimmers:** Attend practice regularly, bring a positive attitude, attend at least two meets per year, complete SafeSport if age 13+, and return signed Code of Conduct.
 - **Parents:** Timely pick-up (new **\$15 late fee** if swimmer not picked up within 10 minutes of end of practice time), support good sportsmanship, complete volunteer and fundraising commitments, return signed Code of Conduct.
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Registration & Fees

- \$90 family registration fee; monthly dues vary by group (Gold \$95, Silver \$85, Bronze \$75, Copper \$70).
- \$80 USA Swimming fee required per swimmer.
- Pool passes must be purchased separately through Elko Parks & Rec or the pool front desk. Deadline for full quarter pass is **September 23**.
- Accounts paused incur a \$20/month hold fee.
- Families resigning mid-season must submit a resignation form; dues continue until form is received.
- A 3% bank fee applies to all charges.

Volunteer Commitments

- Each family must complete **10 volunteer hours** per season.
- \$10/hour fee charged for unfulfilled hours.
- Opportunities: home meets, timing, fundraising events, team activities.
- One hour credit given for each parent who completes SafeSport.
- Call for volunteers to assist with **Bylaws Update Committee** (message board member on Remind up by Sept. 30 to participate).

Fundraising

- Goal: **\$12,500** this season (two-year goal to purchase timing board).
- Each swimmer has a **\$200 fundraising commitment**; unmet commitments are billed at year-end or upon resignation.
- Opportunities:
 - Heat sheet sales, athlete highlights, and business advertisements.
 - Corporate matching donations & sponsorships – individual contribution counts towards fundraising goal.

Company Match Programs

Many employers offer **matching gift programs** that double your contributions to nonprofit organizations like EST. Families can:

- Direct company match donations to EST to **help meet their \$200 fundraising commitment**.
- Arrange for monthly contributions through company match that can be **credited toward monthly swim dues**.
- Work with the Board to set up a donation schedule that aligns with your company's giving requirements.

If you are aware of a company match program or sponsorship opportunity, please reach out — these programs make a big difference for our team.

Practice & Meet Schedule

- Athletes must be picked up promptly after practice (late fee applies).
 - Swimmers must attend at least **two meets per year**.
 - Coaches will attend major meets (King of the Hill, State, Winter Champs, Pot O' Gold, Spring Fling, High Altitude, Summer Champs) and others if 10+ swimmers participate.
 - Time trials will be offered to establish baseline times.
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Team Spirit & SafeSport

- **Team Shirts:** Sponsored by NGM — swimmers encouraged to submit designs by **Sept. 30** (must include EST Anacondas logo).
 - **SafeSport:** Required for all swimmers 13+ and strongly encouraged for parents. Visit www.usaswimming.org for details.
 - **Communication:** Families must join their group's **Remind class** (codes provided).
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Team Gear

- Gear available through SwimOutlet.com.
 - Team items may also be personalized at Smirks Screen Printing & Embroidery (Elko).
 - Purchases support team supplies.
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Reminders & Closing

- Return signed Code of Conduct.
- Register for SafeSport.
- Join Remind for updates.

We are excited for a great 2025–2026 swim season and appreciate your support in helping our athletes succeed in and out of the pool.

Go Anacondas!

Elko Swim Team Board & Coaches

2025-2026 Meet Schedule

Date	Day	Event	Location	Comment
10/11 - 10/12	Sat-Sun	Koudelka Meet	Howard RC, Nampa, ID	No Coach Budgeted
10/17 - 10/19	Fri - Sun	King of the Hill	Reno, Nv	Coach Budgeted
10/25/2025	Sat	Spook Splash	Wes Deist AC, Idaho Falls, ID	No Coach Budgeted
11/8-11/11	Sat - Tues	Nevada State Meet	Henderson, Nv	Coach Budgeted
11/21 - 11/23	Fri - Sun	BY TYR Thanksgiving Invitational	West Y, Boise, Id	Coach Budgeted
12/6 - 12/7	Sat - Sun	Reindeer Games	Howard RC, Nampa, ID	No Coach Budgeted
12/13/2025	Sat	Voltage Holiday Classic	Wes Deist AC, Idaho Falls, ID	No Coach Budgeted
12/13 - 12/14	Sat - Sun	BY Candy Cane Invitational	West Y, Boise, Id	Coach Budgeted
1/10 - 1/11	Sat - Sun	Nampa Qualifier	Howard RC, Nampa, ID	No Coach Budgeted
1/16 - 1/18	Fri - Sun	Sawtooth Winter Invitational	ICAC, Boise, ID	No Coach Budgeted
1/24 - 1/25	Sat - Sun	BY Winter Invitational	West Y, Boise, Id	No Coach Budgeted
1/31 - 2/1	Sat - Sun	Caldwell Cabin Fever	C of Idaho	No Coach Budgeted
2/13 - 2/15	Fri - Sun	SRS Winter Champs	West Y, Boise, Id	Coach Budgeted
3/7/2025	Saturday	Lucky Duck	ISU, Pocatello, ID	No Coach Budgeted
3/14/2025	Saturday	Shamrock Invite	West Y, Boise, Id	No Coach Budgeted
3/21/2025	Sat	Pot O Gold	NGM Rec Center, Elko, Nv	Coach Budgeted
4/4 - 4/5	Sat - Sun	April Pools	Howard RC, Nampa, ID	No Coach Budgeted
4/25 - 4/26	Sat - Sun	Voltage IM Xtreme Challenge	Wes Deist AC, Idaho Falls, ID	No Coach Budgeted
4/25/2025	Saturday	Spring Fever Pentathlon	C of Idaho	No Coach Budgeted
5/15 - 5/17	Sat - Sun	Spring Fling LC Invitational	West Y, Boise, Id	Coach Budgeted
5/30 - 6/1	Sat - Sun	Sawtooth Summer Invitational	ICAC, Boise, ID	No Coach Budgeted
6/13 - 6/14	Sat - Sun	Summer Classic LC	TF City Pool, Twin Falls, Id	Coach Budgeted
6/20 - 6/21	Sat - Sun	High Altitude Invitational	NGM Rec Center, Elko, Nv	Coach Budgeted
6/26 - 6/28	Sat - Sun	BY Open Invitational	West Y, Boise, Id	No Coach Budgeted
7/11/2025	Saturday	Mashed Potato Dash	Wes Deist AC, Idaho Falls, ID	No Coach Budgeted
7/11 - 7/12	Sat - Sun	Treasure Valley Last Chance Invite	West Y, Boise, Id	No Coach Budgeted
7/24 - 7/26	Fri - Sun	SRS Summer Champs	ICAC, Boise, ID	Coach Budgeted