

Improvements Report											
NVST Swimming Into Fall-Finals											
Meet Date: 11/02/2024											
Location: Napa, CA											
Report Date: 02/26/2025											
Athlete Name	Age	Competitive Category	Event	P/F/T	Place	Points	Time	Base Line	Improvement	New Best	Cut Time Standard
Aquino, Ethan	14	M	13-14 100 Breast	F	5	14.00	1:25.30Y	1:20.87Y	4.43		
Aquino, Ethan			13-14 100 Fly	F	10	7.00	1:22.35Y				
Aquino, Ethan			13-14 200 Free	F	4	15.00	2:18.07Y	2:16.49Y	1.58		
Aquino, Ethan			Open 50 Free	F	32		30.84Y	29.00Y	1.84		
Babcock, Mark	10	M	9-10 100 Free	F	14	3.00	1:35.23Y	1:30.49Y	4.74		
Becerra, Jose	16	M	15-16 100 Back	F	2	17.00	1:06.66Y	1:06.65Y	0.01		
Becerra, Jose			15-16 100 Breast	F	1	20.00	1:15.32Y	1:12.15Y	3.17		
Becerra, Jose			15-16 100 Fly	F	1	20.00	1:00.30Y	1:00.14Y	0.16		
Becerra, Jose			15-16 100 Free	F	4	15.00	57.33Y	55.06Y	2.27		
Becerra, Jose			Open 50 Free	F	7	12.00	25.99Y	24.95Y	1.04		
Boardman, Xavier	13	M	13-14 100 Back	F	5	14.00	1:16.88Y	1:13.97Y	2.91		
Boardman, Xavier			13-14 100 Breast	F	11	6.00	1:33.32Y	1:30.65Y	2.67		
Boardman, Xavier			13-14 100 Free	F	13	4.00	1:08.45Y	1:05.29Y	3.16		
Boardman, Xavier			13-14 200 Back	F	3	16.00	2:40.35Y	2:36.22Y	4.13		
Boardman, Xavier			13-14 200 Free	F	6	13.00	2:22.58Y	2:17.12Y	5.46		
Boardman, Xavier			13-14 200 IM	F	9	9.00	2:47.12Y	2:47.21Y	-0.09		
Boardman, Xavier			13-14 500 Free	F	3	16.00	6:17.85Y	6:04.73Y	13.12		
Boardman, Xavier			Open 50 Free	F	36		31.35Y	29.44Y	1.91		
Bouse, Alex	15	M	15-16 100 Fly	F	1	20.00	58.47Y	58.59Y	-0.12		
Bouse, Alex			15-16 100 Free	F	2	17.00	55.01Y	54.37Y	0.64		
Bouse, Alex			15-16 200 Free	F	1	20.00	1:57.10Y	1:58.92Y	-1.82		
Bouse, Alex			15-16 200 IM	F	1	20.00	2:16.76Y	2:13.22Y	3.54		
Bouse, Alex			15-16 400 IM	F	1	20.00	4:45.70Y	4:41.37Y	4.33		
Bouse, Alex			15-16 500 Free	F	1	20.00	5:18.06Y	6:25.80Y	-1:07.74		
Bouse, Alex			Open 50 Free	F	3	16.00	24.60Y	24.02Y	0.58		
Bouse, Nadia	11	F	9-10 100 Breast	F	3	16.00	1:40.15Y				
Bouse, Nadia			9-10 100 IM	F	3	16.00	1:29.01Y	1:50.02Y	-21.01		
Bouse, Nadia			9-10 200 Free	F	5	14.00	2:53.55Y	2:43.00Y	10.55		
Bouse, Nadia			Open 50 Free	F	80		36.33Y	33.96Y	2.37		
Collier, Chloe	12	F	11-12 100 Back	F	17		1:37.69Y	1:30.35Y	7.34		
Collier, Chloe			11-12 100 Free	F	30		1:23.02Y	1:20.57Y	2.45		
Collier, Chloe			11-12 50 Breast	F	21		49.51Y	48.30Y	1.21		
Collier, Chloe			11-12 50 Fly	F	19		47.68Y	45.27Y	2.41		
Cummins, Nicholas	11	M	11-12 100 IM	F	11	6.00	1:38.39Y	1:31.53Y	6.86		
Cummins, Nicholas			11-12 200 Free	F	7	12.00	2:55.70Y	2:37.70Y	18.00		
Cummins, Nicholas			11-12 50 Back	F	17		46.80Y	43.07Y	3.73		
Cummins, Nicholas			Open 50 Free	F	56		36.04Y	33.96Y	2.08		
Doherty / Tinkler, Georgia	13	F	13-14 100 Back	F	16	1.00	1:20.25Y	1:15.03Y	5.22		
Doherty / Tinkler, Georgia			13-14 100 Breast	F	12	5.00	1:30.94Y				
Doherty / Tinkler, Georgia			13-14 100 Free	F	18		1:09.35Y	1:04.03Y	5.32		
Doherty / Tinkler, Georgia			13-14 200 Back	F	6	13.00	2:47.13Y	2:42.26Y	4.87		
Doherty / Tinkler, Georgia			13-14 200 Free	F	11	6.00	2:30.75Y	2:24.70Y	6.05		
Doherty / Tinkler, Georgia			13-14 200 IM	F	13	4.00	2:55.30Y	2:44.93Y	10.37		
Doherty / Tinkler, Georgia			13-14 500 Free	F	4	15.00	6:40.31Y	6:27.67Y	12.64		
Doherty / Tinkler, Georgia			Open 50 Free	F	13	4.00	28.96Y	28.33Y	0.63		
Doherty, Cole	12	M	11-12 100 Back	F	7	12.00	1:40.46Y	1:35.24Y	5.22		
Doherty, Cole			11-12 100 Breast	F	14	3.00	2:13.01Y				
Doherty, Cole			11-12 100 Free	F	18		1:28.23Y	1:26.90Y	1.33		
Doherty, Cole			11-12 100 IM	F	13	4.00	1:47.79Y				
Doherty, Cole			11-12 50 Back	F	20		48.92Y	44.29Y	4.63		
Doherty, Cole			11-12 50 Breast	F	16	1.00	1:05.85Y	1:07.43Y	-1.58		
Doherty, Cole			Open 50 Free	F	69		41.08Y	37.91Y	3.17		
Gannon, Joseph	14	M	13-14 200 Back	F	4	15.00	2:40.41Y	2:35.25Y	5.16		
Gannon, Joseph			13-14 200 Free	F	2	17.00	2:16.27Y	2:06.61Y	9.66		
Gannon, Joseph			Open 50 Free	F	20		29.00Y	27.19Y	1.81		
Gomez, Isabella	8	F	8 & Under 100 Free	F	9	9.00	1:48.49Y	1:33.38Y	15.11		
Gomez, Isabella			8 & Under 100 IM	F	5	14.00	1:55.10Y	1:43.33Y	11.77		
Gomez, Isabella			8 & Under 25 Back	F	2	17.00	23.32Y	20.90Y	2.42		
Gomez, Isabella			8 & Under 25 Fly	F	1	20.00	21.98Y	19.38Y	2.60		
Gomez, Isabella			8 & Under 50 Back	F	2	17.00	53.62Y	46.00Y	7.62		
Gomez, Isabella			8 & Under 50 Fly	F	2	17.00	56.30Y	49.54Y	6.76		
Gomez, Isabella			Open 50 Free	F	115		44.21Y	42.19Y	2.02		
Grellner, Oona	7	F	8 & Under 25 Free	F	18		27.02Y	30.75Y	-3.73		
Grellner, Oona			8 & Under 50 Breast	F	12	5.00	1:34.94Y				
Hall, Marina	9	F	9-10 100 Back	F	3	16.00	1:31.20Y	1:28.16Y	3.04		
Hall, Marina			9-10 100 Free	F	10						