

Improvement Report VJO "Sprint for the Golden Tic" Meet Date: 10/05/2024 Location: Vallejo, CA Report Date: 02/26/2025												
Athlete Name	Age	Competitive Category	Event	P/F/T	Place	Points	Time	Base Line	Improvement	New Best	Cut	Time Standard
Aiken, Elliana	9	F	10 & Under 50 Free	P	7		32.84Y	32.14Y		0.70		
Aiken, Elliana			9-10 100 IM	F	1		1:20.61Y	1:17.90Y		2.71		
Aiken, Elliana			9-10 50 Back	F	3		37.42Y	36.95Y		0.47		
Aiken, Elliana			9-10 50 Breast	F	1		42.22Y	41.47Y		0.75		
Aiken, Elliana			9-10 50 Fly	F	3		34.04Y	34.04Y		0.00		
Aiken, Elliana			9-10 50 Free	F	4		32.29Y	32.14Y		0.15		
Anderson, Reef	12	F	11-12 100 Breast	F	10		1:33.25Y	1:34.09Y		-0.84		
Anderson, Reef			11-12 100 Free	F	2		1:10.77Y	1:11.76Y		-0.99		
Anderson, Reef			11-12 50 Breast	F	4		42.30Y	42.70Y		-0.40		
Anderson, Reef			11-12 50 Fly	F	3		35.44Y	57.98Y		-22.54		
Anderson, Reef			11-12 50 Free	F	2		31.66Y	31.53Y		0.13		
Aquino, Ethan	14	M	13-14 100 Breast	F	3		1:25.89Y	1:20.87Y		5.02		
Aquino, Ethan			13-14 100 Free	F	5		1:04.56Y	1:02.07Y		2.49		
Aquino, Ethan			13-14 100 IM	F	7		1:15.09Y					
Aquino, Ethan			13-14 50 Back	F	10		36.47Y	38.91Y		-2.44		
Aquino, Ethan			13-14 50 Breast	F	4		37.25Y	39.74Y		-2.49		
Aquino, Ethan			13-14 50 Free	F	3		29.41Y	29.00Y		0.41		
Athanassious, Amelia	9	F	9-10 100 IM	F	7		1:51.26Y	1:41.13Y		10.13		
Athanassious, Amelia			9-10 25 Fly	F	8		21.84Y	28.87Y		-7.03		
Athanassious, Amelia			9-10 25 Free	F	5		17.68Y	21.13Y		-3.45		
Barylski, Reid	9	M	9-10 100 IM	F	5		1:56.71Y	1:53.91Y		2.80		
Barylski, Reid			9-10 25 Back	F	16		25.85Y	24.47Y		1.38		
Barylski, Reid			9-10 25 Breast	F	5		25.93Y	27.97Y		-2.04		
Barylski, Reid			9-10 50 Back	F	5		54.03Y	51.03Y		3.00		
Barylski, Reid			9-10 50 Breast	F	10		57.39Y	52.53Y		4.86		
Barylski, Reid			9-10 50 Free	F	14		48.49Y	47.32Y		1.17		
Boardman, Xavier	13	M	13-14 100 Back	F	5		1:16.34Y	1:13.97Y		2.37		
Boardman, Xavier			13-14 100 Free	F	7		1:07.10Y	1:05.29Y		1.81		
Boardman, Xavier			13-14 50 Breast	F	10		42.88Y	43.25Y		-0.37		
Boardman, Xavier			13-14 50 Fly	F	12		36.79Y	37.07Y		-0.28		
Chau, Lilian	14	F	13-14 100 Back	F	1		1:09.96Y	1:09.31Y		0.65		
Chau, Lilian			13-14 100 IM	F	5		1:11.27Y	1:12.33Y		-1.06		
Chau, Lilian			13-14 50 Fly	F	5		32.02Y					
Collier, Chloe	12	F	11-12 100 Free	F	16		1:25.31Y	1:20.57Y		4.74		
Collier, Chloe			11-12 100 IM	F	11		1:32.67Y	1:30.68Y		1.99		
Collier, Chloe			11-12 50 Breast	F	13		50.37Y	48.30Y		2.07		
Collier, Chloe			11-12 50 Fly	F	15		45.33Y	45.27Y		0.06		
Cummins, Nicholas	11	M	11-12 100 Fly	F	4		2:00.84Y	1:56.67Y		4.17		
Cummins, Nicholas			11-12 50 Back	F	7		45.98Y	43.07Y		2.91		
Cummins, Nicholas			11-12 50 Free	F	9		36.04Y	33.96Y		2.08		
Cummins, Nicholas			Open 100 IM	F	14		1:38.15Y	1:31.53Y		6.62		
Doherty / Tinkler, Georgia	13	F	13-14 100 Back	F	1		1:16.95Y	1:15.03Y		1.92		
Doherty / Tinkler, Georgia			13-14 100 Fly	F	8		1:23.05Y					
Doherty / Tinkler, Georgia			13-14 100 Free	F	7		1:05.83Y	1:04.03Y		1.80		
Doherty / Tinkler, Georgia			13-14 100 IM	F	11		1:17.71Y	1:17.11Y		0.60		
Doherty / Tinkler, Georgia			13-14 50 Back	F	13		36.44Y	37.69Y		-1.25		
Doherty / Tinkler, Georgia			13-14 50 Fly	F	10		34.57Y	34.45Y		0.12		
Doherty / Tinkler, Georgia			13-14 50 Free	F	10		29.91Y	28.33Y		1.58		
Doherty, Cole	12	M	11-12 100 Back	F	5		1:37.86Y	1:35.24Y		2.62		
Doherty, Cole			11-12 100 Free	F	4		1:26.90Y	1:27.06Y		-0.16		
Doherty, Cole			11-12 50 Back	F	6		45.13Y	44.29Y		0.84		
Doherty, Cole			11-12 50 Free	F	11		39.85Y	37.91Y		1.94		
Gomez, Isabella	8	F	7-8 100 IM	F	1		1:44.44Y	1:43.33Y		1.11		
Gomez, Isabella			7-8 25 Back	F	2		23.81Y	20.90Y		2.91		
Gomez, Isabella			7-8 25 Fly	F	1		19.38Y	21.77Y		-2.39		
Gomez, Isabella			7-8 25 Free	F	2		19.90Y	17.95Y		1.95		
Gomez, Isabella			7-8 50 Back	F	4		48.76Y	46.00Y		2.76		
Gomez, Isabella			7-8 50 Breast	F	5		1:08.86Y	1:08.12Y		0.74		
Gomez, Isabella			7-8 50 Fly	F	1		51.08Y	49.54Y		1.54		
Gomez, Isabella			7-8 50 Free	F	3		44.78Y	42.19Y		2.59		
Greaves, Lucas	15	M	13-14 100 Back	F	1		1:07.90Y	1:02.00Y		5.90		
Greaves, Lucas			13-14 100 Free	F	3		1:01.04Y	58.09Y		2.95		
Greaves, Lucas			13-14 50 Breast	F	3		37.05Y	43.10Y		-6.05		
Greaves, Lucas			13-14 50 Fly	F	8		32.74Y	41.49Y		-8.75		
Greaves, Mia	11	F	11-12 100 Back	F	2		1:15.69Y	1:11.36Y		4.33		
Greaves, Mia			11-12 100 Free	F	2		1:04.77Y	1:01.00Y		3.77		
Greaves, Mia			11-12 100 IM	F	2		1:15.67Y	1:13.20Y		2.47		
Greaves, Mia			11-12 50 Fly	F	8		34.84Y	34.07Y		0.77		
Hall, Marina	9	F	7-8 100 IM	F	1		1:28.73Y	1:28.05Y		0.68		
Hall, Marina			7-8 25 Back	F	2		20.20Y	20.71Y		-0.51		
Hall, Marina			7-8 25 Fly	F	2		17.75Y	16.98Y		0.77		
Hall, Marina			7-8 50 Back	F	1		41.75Y	40.91Y		0.84		
Hall, Marina			7-8 50 Fly	F	2		41.56Y	42.49Y		-0.93		
Hall, Marina			7-8 50 Free	F	3		35.15Y	35.11Y		0.04		
Hawkins, Hazel	12	F	11-12 100 Breast	F	11		1:39.28Y	1:37.14Y		2.14		
Hawkins, Hazel			11-12 100 Free	F	8		1:15.13Y	1:13.83Y		1.30		
Hawkins, Hazel			11-12 100 IM	F	7		1:28.15Y	1:29.46Y		-1.31		
Hawkins, Hazel			11-12 50 Back	F	10		40.83Y	39.08Y		1.75		
Hawkins, Hazel			11-12 50 Breast	F	12		46.89Y	44.74Y		2.15		
Hawkins, Hazel			11-12 50 Free	F	13		32.81Y	32.52Y		0.29		
Lemen, Audrey	12	F	11-12 100 Breast	F	5		1:35.14Y	1:25.70Y		9.44		
Lemen, Audrey			11-12 100 Free	F	4		1:14.27Y	1:09.45Y		4.82		
Lemen, Audrey			11-12 50 Breast	F	6		44.11Y	42.08Y		2.03		
Lemen, Audrey			11-12 50 Fly	F	4		36.33Y	33.61Y		2.72		
Lemen, Audrey			11-12 50 Free	F	4		32.64Y	31.04Y		1.60		
Lemen, Bryson	11	M	9-10 50 Breast	F	3		51.46Y	50.06Y		1.40		
Lemen, Bryson			9-10 50 Free	F	4		39.67Y	37.76Y		1.91		
Lester, Jonathan	13	M	11-12 100 Breast	F	1		1:27.08Y	1:22.78Y		4.30		
Lester, Jonathan			11-12 50 Back	F	2		38.16Y	36.08Y		2.08		
Lester, Jonathan			11-12 50 Free	F	1		29.96Y	30.45Y		-0.49		
Lester, Jonathan			Open 100 IM	F	10		1:21.26Y	1:27.15Y		-5.89		
Martinez, Riley	14	F	13-14 100 Back	F	3		1:16.94Y	1:14.72Y		2.22		
Martinez, Riley			13-14 100 Fly	F	4		1:13.78Y	1:13.29Y		0.49		
Martinez, Riley			13-14 100 Free	F	10		1:06.48Y	1:04.82Y		1.66		
Martinez, Riley			13-14 50 Fly	F	7		32.86Y	32.76Y		0.10		
Martinez, Riley			13-14 50 Free	F	7		29.26Y	28.67Y		0.59		
McAlister-Paul, Maia	11	F	11-12 100 Free	F	7		1:14.68Y	1:11.33Y		3.35		
McAlister-Paul, Maia			11-12 100 IM	F	5		1:25.31Y	1:21.53Y		3.78		
McAlister-Paul, Maia			11-12 50 Breast	F	11		46.71Y	43.62Y		3.09		
Preuss, Leah	13	F	13-14 100 Breast	F	9		1:26.91Y	1:21.08Y		5.83		
Preuss, Leah			13-14 100 Free	F	14		1:11.61Y	1:08.31Y		3.30		
Preuss, Leah			13-14 100 IM	F	9		1:16.07Y	1:17.83Y		-1.76		
Preuss, Leah			13-14 50 Back	F	12		36.42Y	34.94Y		1.48		
Preuss, Leah			13-14 50 Breast	F	5		38.46Y	36.15Y		2.31		
Preuss, Leah			13-14 50 Free	F	14		31.58Y	29.70Y		1.88		
Richardson, Marley	11	F	9-10 100 IM	F	2		1:25.78Y	1:22.40Y		3.38		
Richardson, Marley			9-10 25 Breast	F	1		21.27Y	28.02Y		-6.75		
Richardson, Marley			9-10 50 Back	F	2		37.14Y	37.61Y		-0.47		
Russell, Reagan	8	F	7-8 25 Back	F	4		26.06Y	23.08Y		2.98		
Russell, Reagan			7-8 25 Breast	F	2		29.38Y	25.74Y		3.64		
Russell, Reagan			7-8 25 Free	F	1		19.04Y	18.38Y		0.66		
Russell, Reagan			7-8 50 Back	F	1		50.82Y	46.27Y		4.55		
Russell, Reagan			7-8 50 Breast	F	4		1:03.31Y	53.91Y		9.40		
Russell, Reagan			7-8 50 Free	F	1		42.39Y	39.88Y		2.51		
Samant, Ishani	11	F	11-12 100 Fly	F	3		1:22.89Y	1:20.89Y		2.00		
Samant, Ishani			11-12 100 Free	F	3		1:07.84Y	1:02.12Y		5.72		
Samant, Ishani			11-12 100 IM	F	5		1:18.56Y	1:17.14Y		1.42		
Samant, Ishani			11-12 50 Back	F	6		36.52Y	33.97Y		2.55		
Samant, Ishani			11-12 50 Fly	F	6		33.04Y	31.72Y		1.32		
Samant, Ishani			11-12 50 Free	F	2		29.99Y	28.32Y		1.67		
Wagner, Serene	14	F	13-14 100 Fly	F	5		1:19.65Y	1:19.10Y		0.55		
Wagner, Serene			13-14 100 Free	F	6		1:05.67Y	1:05.46Y		0.21		
Wagner, Serene			13-14 100 IM	F	13		1:18.12Y	1:22.36Y		-4.24		
Wagner, Serene			13-14 50 Fly	F	12		35.48Y	35.74Y		-0.26		
Wagner, Serene			13-14 50 Free	F	13		31.20Y	29.92Y		1.28		
Whitt, Marlowe	13	F	11-12 100 Fly	F	4		1:22.94Y	1:21.58Y		1.36		
Whitt, Marlowe			11-12 100 Free	F	5	</						