



NORTHWEST AGE GROUP REGIONALS
MARCH 21-24, 2024
TIME STANDARDS
WEYERHAEUSER KING COUNTY AQUATIC CENTER
QUALIFYING TIME PERIOD 2/1/2023

| 15-18 | 14 | 13 | 12 | 11 | 10 | SCY | 10 | 11 | 12 | 13 | 14 | 15-18 |
|----------|----------|----------|----------|---------|---------|------------|---------|----------|---------|----------|----------|----------|
| 25.59 | 25.89 | 26.59 | 27.79 | 29.39 | 31.39 | 50 Free | 31.69 | 29.49 | 26.79 | 24.89 | 23.79 | 22.89 |
| 55.19 | 56.29 | 57.99 | 1:00.19 | 1:04.89 | 1:10.39 | 100 Free | 1:11.29 | 1:05.29 | 58.99 | 54.09 | 51.79 | 49.79 |
| 2:00.19 | 2:02.79 | 2:06.79 | 2:14.39 | 2:24.69 | 2:36.19 | 200 Free | 2:38.39 | 2:27.69 | 2:10.19 | 1:59.09 | 1:54.39 | 1:49.19 |
| 5:28.19 | 5:29.89 | 5:43.29 | 5:57.29 | 6:26.79 | | 500 Free | 6:37.69 | | 5:52.69 | 5:20.29 | 5:52.69 | 5:02.69 |
| 19:34.39 | 19:34.39 | 20:08.19 | 21:20.39 | | | 1650 Free | | 21:20.39 | | 19:32.89 | 17:46.59 | 18:25.99 |
| | | | 32.39 | 34.69 | 37.09 | 50 Back | 37.69 | 34.99 | 31.69 | | | |
| 1:02.19 | 1:03.29 | 1:06.19 | 1:09.79 | 1:14.59 | 1:20.49 | 100 Back | 1:21.99 | 1:16.29 | 1:08.49 | 1:02.89 | 59.09 | 56.79 |
| 2:15.59 | 2:19.09 | 2:23.89 | 2:34.09 | | | 200 Back | | 2:33.89 | | 2:17.19 | 2:10.89 | 2:06.09 |
| | | | 37.09 | 39.09 | 42.09 | 50 Breast | 43.49 | 40.29 | 35.59 | | | |
| 1:12.19 | 1:13.19 | 1:16.69 | 1:20.89 | 1:25.39 | 1:32.79 | 100 Breast | 1:35.59 | 1:28.39 | 1:17.69 | 1:11.29 | 1:06.59 | 1:04.29 |
| 2:35.59 | 2:41.19 | 2:45.69 | 2:56.79 | | | 200 Breast | | 2:54.49 | | 2:36.39 | 2:27.49 | 2:23.59 |
| | | | 30.69 | 32.79 | 35.89 | 50 Fly | 37.19 | 33.89 | 30.09 | | | |
| 1:02.19 | 1:03.29 | 1:06.29 | 1:10.69 | 1:17.79 | 1:26.19 | 100 Fly | 1:28.89 | 1:21.49 | 1:09.39 | 1:01.19 | 57.79 | 55.19 |
| 2:21.69 | 2:27.29 | 2:38.39 | 3:11.19 | | | 200 Fly | | 3:08.09 | | 2:24.89 | 2:14.49 | 2:10.19 |
| | | | 1:10.39 | 1:15.59 | 1:21.09 | 100 IM | 1:22.29 | 1:16.39 | 1:09.19 | | | |
| 2:23.79 | 2:19.79 | 2:24.79 | 2:31.99 | 2:41.89 | 2:55.49 | 200 IM | 3:00.69 | 2:46.39 | 2:28.19 | 2:15.59 | 2:07.99 | 2:04.19 |
| 4:58.29 | 5:01.69 | 5:09.69 | 5:32.49 | | | 400 IM | | 5:25.99 | | 4:52.69 | 4:38.29 | 4:35.59 |
| 1:49.99 | 1:44.79 | | 1:54.99 | | 2:09.99 | 200 FRR | 2:09.99 | 1:50.29 | | 1:36.99 | | 1:37.69 |
| 4:00.59 | 3:49.99 | | 4:09.99 | | | 400 FRR | | 4:04.29 | | 3:36.09 | | 3:35.79 |
| 2:02.29 | 1:57.29 | | 2:09.19 | | 2:26.09 | 200 MR | 2:26.09 | 2:05.99 | | 1:48.99 | | 1:49.99 |
| 4:21.99 | 4:20.29 | | 4:45.39 | | | 400 MR | | 4:36.99 | | 3:58.89 | | 3:58.89 |
| 15-18 | 14 | 13 | 12 | 11 | 10U | LCM | 10U | 11 | 12 | 13 | 14 | 15-18 |
| 29.29 | 29.29 | 29.89 | 30.69 | 32.49 | 34.69 | 50 Free | 34.69 | 32.59 | 29.89 | 28.29 | 26.89 | 26.49 |
| 1:03.19 | 1:03.39 | 1:05.19 | 1:07.29 | 1:12.09 | 1:17.19 | 100 Free | 1:17.39 | 1:12.19 | 1:05.39 | 1:01.59 | 58.49 | 57.59 |
| 2:18.29 | 2:17.99 | 2:21.99 | 2:27.89 | 2:37.79 | 2:49.99 | 200 Free | 2:50.49 | 2:37.99 | 2:23.89 | 2:15.39 | 2:08.99 | 2:06.69 |
| 4:57.19 | 4:56.19 | 5:04.09 | 5:15.29 | 5:35.79 | | 400 Free | 5:41.69 | | 5:08.29 | 4:51.09 | 4:38.89 | 4:35.39 |
| 19:58.39 | 19:58.39 | 20:20.49 | 22:04.99 | | | 1500Free | | 21:37.29 | | 19:41.29 | 18:44.19 | 18:44.19 |
| | | | 35.79 | 38.19 | 40.69 | 50 Back | 41.09 | 38.39 | 35.29 | | | |
| 1:13.09 | 1:11.39 | 1:13.89 | 1:17.19 | 1:22.59 | 1:28.59 | 100 Back | 1:29.59 | 1:22.69 | 1:15.69 | 1:11.39 | 1:07.19 | 1:07.29 |
| 2:37.99 | 2:34.59 | 2:39.89 | 2:47.39 | | | 200 Back | | 2:45.29 | | 2:34.49 | 2:26.19 | 2:30.09 |
| | | | 40.69 | 43.09 | 46.19 | 50 Breast | 47.39 | 44.19 | 39.39 | | | |
| 1:25.29 | 1:22.59 | 1:25.09 | 1:28.69 | 1:34.49 | 1:40.99 | 100 Breast | 1:43.89 | 1:36.49 | 1:26.59 | 1:19.99 | 1:15.99 | 1:17.79 |
| 3:04.59 | 2:58.19 | 3:04.39 | 3:10.89 | | | 200 Breast | | 3:10.09 | | 2:55.09 | 2:47.39 | 2:50.89 |
| | | | 33.79 | 36.39 | 38.89 | 50 Fly | 39.89 | 36.99 | 33.09 | | | |
| 1:11.19 | 1:10.39 | 1:13.19 | 1:17.39 | 1:24.59 | 1:33.09 | 100 Fly | 1:35.39 | 1:26.29 | 1:12.29 | 1:09.09 | 1:04.99 | 1:03.39 |
| 2:39.29 | 2:42.69 | 2:51.59 | 3:06.89 | | | 200 Fly | | 2:58.79 | | 2:42.19 | 2:30.59 | 2:32.29 |
| 2:38.29 | 2:35.89 | 2:41.39 | 2:47.19 | 2:59.39 | 3:11.29 | 200 IM | 3:14.79 | 3:01.09 | 2:43.19 | 2:32.79 | 2:25.29 | 2:24.69 |
| 5:44.59 | 5:38.29 | 5:45.99 | 6:11.29 | | | 400 IM | | 5:56.69 | | 5:28.79 | 5:14.59 | 5:19.89 |
| 2:05.29 | 1:57.79 | | 2:04.69 | | 2:22.29 | 200 FRR | 2:24.29 | 2:02.59 | | 1:49.89 | | 1:52.29 |
| 4:30.19 | 4:17.29 | | 4:34.89 | | | 400 FRR | | 4:34.69 | | 4:02.29 | | 4:06.39 |
| 2:20.09 | 2:10.29 | | 2:18.69 | | 2:40.19 | 200 MR | 2:42.79 | 2:16.89 | | 2:01.69 | | 2:05.69 |
| 5:02.89 | 4:44.29 | | 5:07.59 | | | 400 MR | | 5:08.99 | | 4:25.69 | | 4:36.59 |
| 15-18 | 14 | 13 | 12 | 11 | 10U | SCM | 10U | 11 | 12 | 13 | 14 | 15-18 |
| 28.49 | 28.49 | 29.09 | 29.89 | 31.69 | 33.89 | 50 Free | 33.89 | 31.79 | 29.09 | 27.49 | 26.09 | 25.69 |
| 1:01.69 | 1:01.79 | 1:03.59 | 1:05.69 | 1:10.49 | 1:15.59 | 100 Free | 1:15.89 | 1:10.49 | 1:03.79 | 59.99 | 56.89 | 55.99 |
| 2:14.99 | 2:14.79 | 2:18.79 | 2:24.69 | 2:34.59 | 2:46.79 | 200 Free | 2:47.29 | 2:35.09 | 2:20.69 | 2:12.19 | 2:05.79 | 2:03.49 |
| 4:50.79 | 4:49.79 | 4:57.69 | 5:08.89 | 5:29.29 | | 500 Free | 5:35.29 | | 5:01.89 | 4:44.69 | 4:32.49 | 4:28.99 |
| 19:34.39 | 19:34.39 | 19:56.49 | 21:40.99 | | | 1650 Free | | 21:13.29 | | 19:17.29 | 18:20.19 | 18:20.19 |
| | | | 35.19 | 37.59 | 40.09 | 50 Back | 40.49 | 37.79 | 34.69 | | | |
| 1:12.09 | 1:10.19 | 1:12.69 | 1:15.99 | 1:21.39 | 1:27.39 | 100 Back | 1:28.29 | 1:21.39 | 1:14.49 | 1:10.19 | 1:05.99 | 1:05.99 |
| 2:35.09 | 2:32.19 | 2:37.49 | 2:44.99 | | | 200 Back | | 2:42.89 | | 2:32.09 | 2:23.79 | 2:27.69 |
| | | | 39.69 | 42.09 | 45.19 | 50 Breast | 46.39 | 43.19 | 38.39 | | | |
| 1:23.29 | 1:20.59 | 1:23.09 | 1:26.69 | 1:32.09 | 1:38.99 | 100 Breast | 1:41.89 | 1:34.49 | 1:24.59 | 1:17.99 | 1:13.89 | 1:15.79 |
| 3:00.59 | 2:54.19 | 3:00.39 | 3:06.89 | | | 200 Breast | | 3:06.09 | | 2:51.09 | 2:43.39 | 2:46.89 |
| | | | 33.09 | 35.69 | 38.19 | 50 Fly | 39.19 | 36.29 | 32.39 | | | |
| 1:09.79 | 1:08.99 | 1:11.79 | 1:15.99 | 1:23.19 | 1:31.69 | 100 Fly | 1:33.99 | 1:24.89 | 1:10.89 | 1:07.69 | 1:03.59 | 1:01.99 |
| 2:36.49 | 2:39.89 | 2:48.79 | 3:04.09 | | | 200 Fly | | 2:58.29 | | 2:40.39 | 2:29.99 | 2:29.49 |
| | | | 1:14.69 | 1:19.89 | 1:25.09 | 100 IM | 1:26.69 | 1:21.39 | 1:13.69 | | | |
| 2:35.09 | 2:32.69 | 2:38.19 | 2:43.99 | 2:56.19 | 3:08.09 | 200 IM | 3:11.59 | 2:57.89 | 2:39.99 | 2:29.59 | 2:22.09 | 2:21.49 |
| 5:38.19 | 5:31.89 | 5:39.59 | 6:04.89 | | | 400 IM | | 5:50.29 | | 5:22.39 | 5:08.19 | 5:13.49 |
| 2:02.79 | 1:53.79 | | 2:00.69 | | 2:18.29 | 200 FRR | 2:20.29 | 1:58.59 | | 1:45.89 | | 1:48.99 |
| 4:24.79 | 4:09.29 | | 4:26.89 | | | 400 FRR | | 4:26.69 | | 3:54.29 | | 3:58.19 |
| 2:17.59 | 2:06.29 | | 2:14.69 | | 2:36.19 | 200 MR | 2:38.79 | 2:12.89 | | 1:57.69 | | 2:01.29 |
| 4:59.19 | 4:36.29 | | 4:59.59 | | | 400 MR | | 5:00.99 | | 4:17.69 | | 4:28.59 |