## SSCD Meet Participation Policy – Updated 8-30-14

In order to improve meet participation for SSCD swimmers, monitor individual progress effectively, and improve our competitiveness as a PNS team, we are implementing the following meet participation policy:

SSCD swimmers in the SR, Gold, Silver, and Bronze groups are expected to attend all meets on the published schedule unless cleared with your coach prior to the entry deadline (and there should be a good reason).

The most important meets on the fall-winter schedule are Sectionals, Age Group Regionals, PNS Champs (or Spring Divisionals, for those that have not yet achieved AG Regional times). All SSCD swimmers who are qualified are expected to attend these meets unless there are extenuating circumstances of which your coach has been made aware.

We understand that many SSCD swimmers are involved in multiple activities and there will be occasional conflicts when a swimmer cannot attend a meet. We are OK with this so long is it is communicated to your coach. As a courtesy to the coaching staff we ask that you notify your group coach as far in advance as possible when unable to attend a meet on the schedule.