



How to Sign Up for USA Swimming: Parent Guide

Welcome to competitive swimming!

To participate in USA Swimming–sanctioned meets and be part of a registered team, your swimmer must be a current member of **USA Swimming**. Below is a step-by-step guide to help you through the process.

STEP 1: Receive the Team Registration Link

Steel City Aquatics will provide you with a **team-specific link** to register your swimmer. This ensures your athlete is correctly affiliated with Steel City Aquatics.

Check your email or team portal for this link. If you haven't received it, contact your coach or registrar.

STEP 2: Create or Log In to Your USA Swimming Account

1. Go to the registration link.
 2. Log in with your **USA Swimming parent account** or create a new one.
 - You must register **as the parent/guardian**, not the swimmer.
 3. Once logged in, follow prompts to **add your swimmer** or link an existing athlete if they are renewing.
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STEP 3: Choose the Membership Type

USA Swimming offers a few options, based on your swimmer's level and time of year:

- **Premium Membership** (Full access to meets, year-round)
- **Flex Membership** (Limited meets, for newer swimmers – not eligible for championship meets)

Steel City Aquatics requires all competitive team divisions to register as a Premium athlete.



STEP 4: Pay Membership Fee

Pay online directly through the USA Swimming portal.

Note: Fees vary by membership type and include both national and local (LSC) fees.

STEP 5: Confirmation and Team Roster

After payment, your swimmer will appear on your team's official USA Swimming roster.

You will receive an email confirmation with your swimmer's **USA Swimming ID** and membership status.

Need Help?

- Visit www.usaswimming.org
 - Contact your **team registrar or coach**
 - Reach out to **your Local Swimming Committee (LSC)** if there are issues
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What You'll Need

- Swimmer's **full legal name and date of birth**
 - Parent's **email address** and login
 - Credit/debit card for payment
 - Team registration link
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If you're registering multiple swimmers, repeat the process for each child under the same parent account.