



Winter Break Practice Schedule

December 22, 2025 - January 3, 2026

No practice: Dec 24, Dec 25, Dec 26, Dec 27, Dec 31, and Jan 1

There will be no dryland for Silver Plus, Gold Plus, or National over the holiday schedule

Updated 10/29/2025

	Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A	Bronze Plus	4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	off	off
	Silver Plus	4:30-5:30 PM SW	4:30-5:30 PM SW	4:30-5:30 PM SW	4:30-5:30 PM SW	off	9:00-10:00 AM SW
	Gold Plus	5:00-6:30 PM SW	5:00-6:30 PM SW	5:00-6:30 PM SW	5:00-6:30 PM SW	5:00-6:30 PM SW	8:00-9:30 AM SW
	National	5:00-6:30 PM SW	5:00-6:30 PM SW	5:00-6:30 PM SW	5:00-6:30 PM SW	5:00-6:30 PM SW	8:00-10:00 AM SW