

SPA Families,

Here are the details for the meet this weekend:

The meet is being held at the CISD Natatorium, 19133 David Memorial Drive, Shenandoah, TX 77385

Meet Notes:

- Swimmers should bring extra towels, two caps, and two pairs of goggles, snacks, water, and something to have on their feet while on the pool deck.
- Two pools will be used for Thursday Timed finals and ALL prelims sessions.
 - Thursday Timed Finals: Women in East Pool, Men in West Pool
 - Friday Prelims: Men in East Pool, Women in West Pool
 - Saturday Prelims: Women in East Pool, Men in West Pool
 - Sunday Prelims: Men in East Pool, Women in West Pool
- All finals sessions will be conducted in the East Pool.
- **Prelims / Finals:** This is a prelims / finals meet with A, B, C, and D finals. There will be a bonus (E) final for 50-100-200 events. The Bonus (E) final is reserved for swimmers who are 18 years and under. Relays, 1000 Free and 1650 Free will be swum as timed finals events.
- At Prelims, all events will be swum with heats in the order of fastest to slowest, with the first 3 heats circle seeded. At Finals, events will be swum with heats in the order of slowest to fastest.
- **Prelims / Finals:** This is a prelims / finals meet with A, B, C, D and Bonus (E) finals. Any swimmer who qualifies in the top 40 after prelims is expected to swim in finals. If a swimmer is unable to swim in finals, they must talk to their coach before scratching.
- Any finalist who fails to compete in finals or consolation finals, or any other bonus final heat, for which he has qualified and failed to scratch with the Clerk of Course prior to the scratch deadline, shall be banned from further competition in the meet in accordance with the *USA Swimming Rules and Regulations* and will be assessed a fine of \$50.00.
- In a Prelim/Final meet, the finalists and alternates for finals shall be announced and shall have thirty (30) minutes after the announcement to scratch from finals. Any qualified swimmer in the event (a swimmer is qualified for finals or consolation finals if he has successfully completed the event in Prelims) may be moved into finals due to scratches, therefore all swimmers who will not be present at finals must scratch to avoid a possible suspension from the meet and a fine of \$50.00. Thirty (30) minutes after the announcement, no further scratches shall be accepted, the existing scratches will be tabulated and the finalists and two (2) alternates for the event shall be set. Only the finalists set at this point may be subject to the above fines and banishment from competition, even though any qualified swimmer may be moved into finals. The alternates, after the existing scratches are tabulated, will not be penalized if they are unavailable to compete in finals.
- **Relays:** All relays will be timed finals. For the 800 Freestyle Relay, 400 Freestyle Relay and 400 Medley Relay, the fastest 16 women's relays and the fastest 16 men's relays will swim during finals. All other heats will be swum during prelims. ***As of now, all SPA relays will swim during prelims.***
- **Relay swimmers** who are late for warm up aren't guaranteed their spot on a relay and swimmers who miss warm up will be replaced on relays.

Session 1 Thursday December 4 PM Timed Finals. No SPA swimmers entered in this session. We will do our meet warm-up at Club during our normal practice time.

Session 2 Friday December 5 AM Prelims. BLACK SHIRT Warm-up is 7:30-8:45 am. Swimmers need to be at the pool at 7:15 am. This will be an open warm-up. The meet starts at 9:00 am and will end around 11:20 am for the boys and 10:50 am for the girls.

Session 3 Friday December 5 PM Finals. BLACK SHIRT Warm-up is at 4:30 pm. Swimmers need to be at the pool at 4:15 pm. This will be an open warm-up. The meet starts at 5:30 pm and will end around 7:45 pm.

Session 4 Saturday December 6 AM Prelims. RED SHIRT Warm-up is 7:30-8:45 am. Swimmers need to be at the pool at 7:15 am. This will be an open warm-up. The meet starts at 9:00 am and will end around 11:10 am for the girls and 11:30 am for the boys.

Session 5 Saturday December 6 PM Finals. RED SHIRT Warm-up is at 4:30 pm. Swimmers need to be at the pool at 4:15 pm. This will be an open warm-up. The meet starts at 5:30 pm and will end around 7:20 pm.

Session 6 Sunday December 7 PM Prelims. BLACK SHIRT Warm-up is 7:30-8:45 am. Swimmers need to be at the pool at 7:15 am. This will be an open warm-up. The meet starts at 9:00 am and will end around 12:00 pm for the boys and 11:40 am for the girls.

Session 7 Sunday December 7 PM Finals. BLACK SHIRT Warm-up is at 3:30 pm. Swimmers need to be at the pool at 3:15 pm. This will be an open warm-up. The meet starts at 4:30 pm and will end around 6:30 pm.

Timing Assignments:

- Thursday PM (Timed Finals): N/A
- Friday AM: N/A
- Friday PM: N/A
- Saturday AM: N/A
- Saturday PM: N/A
- Sunday AM: N/A
- Sunday PM: N/A