



SPA Code of Conduct

This Code of Conduct defines expectations of behavior for all swim team members, parents, volunteers, and coaches involved with Sienna Premier Aquatics (SPA). Members of SPA must abide by the USA Swimming Code of Conduct in addition to the SPA Swim Team Code of Conduct as outlined below.

All athletes, coaches, parents, and volunteers are reminded that when competing in meets, traveling on trips, and attending swim-related functions or events, they are representing both themselves and SPA. All athlete, coach and chaperone behavior must positively reflect the high standards of SPA. It is important to note that the reputation of the team is affected by the conduct and behavior of every person representing SPA.

Violations of this Code of Conduct will be addressed according to the Team Discipline Policy by the coaching staff and SPA's Board of Directors as deemed appropriate, including but not limited to suspension and/or dismissal from SPA.

All athletes, coaches, parents, and volunteers agree to the following while participating in SPA sanctioned activities:

- Conform to all rules, regulations, and procedures of USA Swimming, Gulf Swimming LSC and SPA.
- Display proper respect and sportsmanship towards all coaches, officials, administrators, teammates, fellow competitors, and the public at all times.
- Refrain from damaging team property or the property of others (including other teams). It is the expectation that all areas will be left in a neat and clean condition after practice and meets.
- Refrain from any illegal or inappropriate conduct/behavior that would detract from a positive image of the team or be detrimental to the team.
- Refrain from possessing, use, or sale/distribution of any alcohol, tobacco, controlled or illegal substance or possession of any form of weapon is strictly forbidden.

- Refrain from speaking negatively about athletes, coaches, officials, parents, volunteers, and SPA.
- Refrain from and report any incidents of bullying and/or aggressive behavior by athletes, coaches, parents, and/or volunteers as this behavior will not be tolerated.
- Refrain from making false accusations, up to and including, items damaging the reputation of athletes, coaches, officials, parents, volunteers, and SPA.

Additionally, all athletes agree to the following:

- Dress in team uniforms during competition.
- Compete/participate in ALL events to the best of your ability.
- Put forth maximum effort at practices and set a positive example for fellow teammates.
- Promote positive high team spirit and morals.
- Offer congratulations to opponents, win or lose, and cheer on teammates.
- Act and conduct yourself with dignity and with respect for others and the property of others.
- Be humble in victory and courageous in defeat.
- Always teach and practice good sportsmanship.
- Honor the rules set by the coaching staff at meets and practices.
- Be on time for practices, meet warm-ups and other designated team functions.
- Stay with the team during meets and not bring friends, relatives, girlfriends, or boyfriends into the team area.

I understand that violating any of this Code of Conduct will be reviewed by the coaching staff and SPA's Board of Directors, as appropriate. Violations may result in immediate disciplinary action as outlined in the Team Discipline Policy, including but not limited to, suspension and/or dismissal from SPA.