

# SIENNA PREMIER AQUATICS



## SPA January Invite Meet RECAP – Jan 20-22, 2023

### SPA Shout Out!

Congratulations to the following High Point winners from the meet!

*Kloe Brock – 10 & Under Girls*  
*Emma Friedman - 15 & Over Girls*  
*Kaden Jones – 15 & Over Boys*

Congrats to *Adam Sobczak* for making a Gulf Age Group Champs cut in the 1650 Free!

### WOW! NEW TIME STANDARDS MET

A SPA SHOUT OUT to the following swimmers who reached new motivational time standard at the meet!

| Swimmer                | Standard | Event      |
|------------------------|----------|------------|
| Akinjaiyeju,Fiayoshola | BBMin    | 200 Free   |
|                        | Bmin     | 500 Free   |
| Brock,Kate             | BBMin    | 1650 Free  |
| Brock,Kloe             | BBMin    | 200 Free   |
| Coleman,London         | BBMin    | 100 Back   |
|                        |          | 100 Free   |
| Davenport,Alanna       | BBMin    | 200 IM     |
| Davis,Mason            | BBMin    | 200 Free   |
|                        | Bmin     | 500 Free   |
| Do,Julianne            | Amin     | 400 IM     |
| Do,Vivianne            | BBMin    | 100 Fly    |
| Ewers,Adley            | Bmin     | 100 Back   |
|                        |          | 100 Free   |
|                        |          | 200 Free   |
| Friedman,Emma          | Amin     | 400 IM     |
|                        | BBMin    | 100 Back   |
|                        |          | 200 Back   |
|                        | Bmin     | 100 Breast |
|                        |          | 200 Breast |

| Swimmer         | Standard | Event      |
|-----------------|----------|------------|
| Gibbons,Thomas  | Bmin     | 50 Free    |
| Gipson,Claire   | Bmin     | 50 Free    |
| Jones,Madison   | BBMin    | 400 IM     |
| Jones,Kaden     | AAMin    | 100 Free   |
| Moore,James     | Bmin     | 400 IM     |
| Napoleoni,Ellie | BBMin    | 200 IM     |
|                 |          | 400 IM     |
|                 | Bmin     | 100 Breast |
|                 | Amin     | 100 Free   |
|                 | BBMin    | 200 IM     |
| Quick,Charles   | Bmin     | 100 Breast |
|                 |          |            |
| Roberts,Ashton  | Bmin     | 50 Free    |
| Sobczak,Adam    | AAMin    | 1650 Free  |
| Verano,Ryan     | BBMin    | 50 Free    |
|                 | Bmin     | 400 IM     |
| Willis,Camille  | Bmin     | 100 Fly    |
| Yanez,Aubrey    | Bmin     | 100 Back   |
|                 |          | 100 Free   |

Every 4 years, USA Swimming (USAS) establishes time standards for swimmers of every age group that range from B to AAAA to give swimmers benchmarks for goal setting and to track improvement. These time standards are intended to motivate swimmers in each age group to work their way up from a B standard to a BB standard and then to an A standard, an AA standard, an AAA standard and finally to an AAAA standard.

## TOP 16 FINISHES

Lots of fast swimming from SPA Swimmers!

| Swimmer                | Event      | Place |
|------------------------|------------|-------|
| Akinjaiyeju,Fiayoshola | 100 Back   | 6     |
|                        | 100 Breast | 10    |
|                        | 100 Free   | 6     |
|                        | 200 Free   | 7     |
|                        | 50 Breast  | 6     |
|                        | 50 Free    | 8     |
|                        | 500 Free   | 5     |
| Brock,Kate             | 100 Back   | 7     |
|                        | 200 Free   | 8     |
|                        | 50 Free    | 9     |
|                        | 500 Free   | 6     |
|                        | 200 Back   | 6     |
|                        | 200 Breast | 14    |
|                        | 1650 Free  | 6     |
| Brock,Kloe             | 500 Free   | 12    |
| Coleman,London         | 100 Back   | 12    |
|                        | 100 Breast | 12    |
|                        | 100 Free   | 10    |
|                        | 200 Free   | 16    |
|                        | 50 Breast  | 8     |
|                        | 50 Free    | 13    |
|                        | 500 Free   | 8     |
| Davenport,Alanna       | 400 IM     | 8     |
|                        | 100 Back   | 11    |
|                        | 100 Free   | 16    |
|                        | 200 Free   | 8     |
|                        | 200 IM     | 6     |
|                        | 50 Free    | 15    |
|                        | 500 Free   | 4     |
| Davis,Mason            | 400 IM     | 6     |
|                        | 1650 Free  | 13    |
|                        | 100 Back   | 8     |
|                        | 200 Free   | 8     |
|                        | 200 IM     | 11    |
|                        | 50 Free    | 5     |
|                        | 500 Free   | 5     |
| Do,Julianne            | 400 IM     | 9     |
|                        | 1650 Free  | 14    |
|                        | 100 Back   | 13    |
|                        | 100 Fly    | 11    |
|                        | 100 Free   | 3     |
|                        | 200 Free   | 4     |
|                        | 50 Free    | 6     |
| Do,Vivianne            | 500 Free   | 3     |
|                        | 400 IM     | 5     |
|                        | 100 Back   | 15    |
|                        | 100 Fly    | 10    |
|                        | 200 Free   | 12    |
|                        | 200 IM     | 4     |
|                        | 200 Back   | 10    |

| Swimmer          | Event      | Place |
|------------------|------------|-------|
| Gipson,Claire    | 100 Breast | 9     |
| Godfrey,Benjamin | 50 Fly     | 15    |
|                  | 50 Free    | 14    |
|                  | 500 Free   | 10    |
| Joiner,Isabella  | 500 Free   | 13    |
| Jones,Madison    | 100 Back   | 10    |
|                  | 100 Free   | 2     |
|                  | 200 Free   | 5     |
|                  | 50 Back    | 9     |
|                  | 50 Free    | 4     |
|                  | 500 Free   | 2     |
|                  | 400 IM     | 3     |
| Jones,Kaden      | 1650 Free  | 10    |
|                  | 100 Back   | 1     |
|                  | 100 Breast | 1     |
|                  | 100 Fly    | 1     |
|                  | 100 Free   | 2     |
|                  | 50 Free    | 3     |
|                  | 200 Back   | 3     |
| McKinney,Braxton | 1650 Free  | 2     |
|                  | 100 Free   | 7     |
|                  | 200 Breast | 3     |
|                  | 200 Free   | 5     |
|                  | 50 Free    | 6     |
|                  | 200 Breast | 3     |
|                  | 400 IM     | 5     |
| Moore,James      | 200 Breast | 6     |
|                  | 400 IM     | 12    |
| Partin,Ethan     | 100 Back   | 5     |
|                  | 100 Fly    | 6     |
|                  | 200 Free   | 3     |
|                  | 200 IM     | 6     |
|                  | 50 Free    | 10    |
|                  | 200 Breast | 4     |
|                  | 400 IM     | 6     |
| Sobczak,Adam     | 1650 Free  | 6     |
|                  | 100 Fly    | 11    |
|                  | 200 Free   | 6     |
|                  | 200 IM     | 10    |
|                  | 500 Free   | 5     |
|                  | 400 IM     | 7     |
|                  | 1650 Free  | 5     |
| Sobczak,Collin   | 50 Back    | 15    |
|                  | 50 Free    | 15    |
| Walker,Luke      | 200 Free   | 14    |
|                  | 200 Back   | 8     |
|                  | 400 IM     | 14    |
| Watson,Drennan   | 100 Back   | 16    |
|                  | 500 Free   | 11    |
|                  | 200 Back   | 16    |
|                  | 1650 Free  | 11    |
| Willis,Camille   | 100 Fly    | 12    |
|                  | 100 Free   | 7     |
|                  | 200 Free   | 9     |

|             |            |    |
|-------------|------------|----|
|             | 400 IM     | 8  |
| Ewers,Adley | 100 Breast | 13 |
|             | 200 Free   | 14 |
|             | 50 Breast  | 14 |
|             | 500 Free   | 7  |

|  |           |    |
|--|-----------|----|
|  | 200 IM    | 9  |
|  | 50 Free   | 5  |
|  | 500 Free  | 6  |
|  | 400 IM    | 9  |
|  | 1650 Free | 15 |

## NEW EVENT SUCCESS

Congratulations to the following swimmers who competed in a new event for the first time! Keep up the hard work!

| Swimmer          | Event      |
|------------------|------------|
| Calligure,Andrew | 50 Fly     |
| Canetti,Ella     | 100 Fly    |
|                  | 100 Free   |
|                  | 200 Free   |
|                  | 200 IM     |
|                  | 50 Free    |
|                  | 400 IM     |
| Coleman,London   | 400 IM     |
| Davenport,Alanna | 400 IM     |
|                  | 1650 Free  |
| Davis,Mason      | 200 IM     |
|                  | 400 IM     |
|                  | 1650 Free  |
| Gowens,Quinn     | 100 Back   |
| Hamilton,Howard  | 100 Fly    |
| Harrison,Luke    | 200 Back   |
|                  | 200 Free   |
| Hornsby,Samuel   | 200 Back   |
| Jones,Kaden      | 1650 Free  |
| Jurica,Zachary   | 100 Back   |
| Kendall,Amanda   | 100 Free   |
| Lebita,Ethan     | 50 Fly     |
| LeBlanc,Haley    | 500 Free   |
| Lewis,Zoey       | 200 IM     |
| MacLean,Conor    | 100 Free   |
| McKinney,Braxton | 400 IM     |
| McMain,Sarah     | 200 Back   |
| Mumpy,Leila      | 50 Fly     |
| Napoleoni,Ellie  | 200 Breast |
| Quick,Charles    | 400 IM     |

| Swimmer           | Event      |
|-------------------|------------|
| Raghavan,Vikruthi | 100 Breast |
|                   | 200 Free   |
|                   | 50 Fly     |
| Raghavan,Vrishan  | 50 Fly     |
| Roberts,Aryana    | 50 Back    |
|                   | 50 Free    |
| Roberts,Ashton    | 100 Breast |
|                   | 50 Back    |
|                   | 50 Fly     |
| Schindler,Cormac  | 200 IM     |
| Schindler,Daphne  | 500 Free   |
|                   | 400 IM     |
| Smith,Violet      | 100 Back   |
|                   | 100 Free   |
| Sobczak,Collin    | 100 Fly    |
| Speck,Myrriam     | 100 Breast |
| Thomas,Mason      | 400 IM     |
|                   | 1650 Free  |
| Warner,Abigail    | 100 Back   |
|                   | 100 Free   |
|                   | 50 Back    |
|                   | 50 Breast  |
|                   | 50 Free    |
| Watson,Drennan    | 400 IM     |
|                   | 1650 Free  |
| Willis,Camille    | 400 IM     |
|                   | 1650 Free  |
| Yanez,Abigail     | 400 IM     |
|                   | 1650 Free  |

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