

SIENNA PREMIER AQUATICS

SPA Weekly News | October 31, 2022



In the news

Meet announcement

Next Up: NOCH Turkey Classic

Our next meet on the schedule is the NOCH Turkey Classic on November 12th and 13th. The meet will be held at the Galena Park ISD Natatorium. Entries have been sent in and we will have more meet information next week. Swimmers will continue to work hard as we go into our last meet before Champs Season!



SPA Swimmers Heat Up the Pool at ShAC 14 and Under Meet

The weather was cold, but the swimmers didn't let that stop them! Congratulations to all our swimmers who competed this weekend. Keep an eye out later in the week for the full Meet Recap!

In the know

New Practice Schedule Begins November 7th

Our new practice schedule will begin on **November 7th**. The schedule is posted on our website and can be found [here](#). Please contact your lead coach or Coach Ali with any questions regarding the new schedule.

November Team Practice – 11/18

Our November Team Practice will be held on Friday, November 18th at Club Sienna. More details will be sent out soon.

Holiday Practice Schedules

The schedules for the [Thanksgiving](#) and [Christmas](#) breaks are now posted online.

Lost and Found

There are lost and found boxes at both pools. We will set them out once a month and anything left over will be donated. If your swimmer is missing anything from their swim bag, please have them check the lost and found boxes. We also recommend that swimmer's names are put on each piece of equipment, so we can return lost items.

Champs Meet Registration Deadline Approaching

The registration for all Champs Meets is November 13th. Please see below for a quick guide on which meet your swimmer qualifies for. If you are unsure, please contact your coach.

Gulf Senior Champs – All Senior, 13+ year old Senior Prep, Gold and Silver swimmers

Gulf Fall Champs – 12 and Under Senior Prep, Gold and Silver, All Bronze Groups

SPA Equipment and Arena Apparel

The SwimOutlet Team Store is being updated with new Arena Apparel for the winter. It is NOT required to have this apparel at meets or practices. These items make great holiday gifts and SwimOutlet usually has a good Black Friday/Cyber Monday sale. You can find the link to the SwimOutlet store on the home page of our website or [here](#).

SPA Thanksgiving Food Drive

SPA will be hosting a Food Drive to benefit a local charity during the Thanksgiving holiday. The practice group that collects the most nonperishable foods and toiletry items will earn a fun group practice! Specific details will be emailed out soon.

Dryland Required Clothing

This is a reminder that swimmers will need to be properly dressed to participate in dryland activities. They will need a shirt, shorts, and athletic shoes (no crocs, slides, etc). As the weather gets cooler, jackets and pants are encouraged. All competitive groups will be doing dryland at several practices throughout the week. It is good to get in the habit of bringing the proper dryland clothing to every practice.

SPA Offers Year-Round Swim Lessons

Did you know that SPA offers year-round swim lessons for children and adults through the SPA SwimAmerica program? For more information, visit spaswimamerica.org or email Coach Betsy at spacoachbetsy@gmail.com

Mark your calendars

November

Nov. 12-13: NOCH Turkey Classic
Registration deadline: passed

Nov 18: November Team Practice
*All SPA Groups (developmental and competitive) are included

Nov 21-27: Thanksgiving Break
Modified Schedule Posted [Here](#)

December

Dec 2-4: Gulf Age Group Champs
*Qualifiers Only
Registration deadline: 11/13

Dec 2-4: Gulf Senior Champs
*All 13 and Overs
Registration deadline: 11/13

Dec 9-11: Gulf Fall Champs
*All 12 and Unders
Registration deadline: 11/13

Dec 15-18: KMSC Pro-Am
*Qualifiers Only
Registration deadline: 11/20

Dec 19-Jan 4: Christmas Break
Modified Schedule Posted [Here](#)

2023

Jan. 13-15: TAQ Mardi Gras Invite
@ LSU | Baton Rouge, LA

Jan. 20-22: SPA SC Invitational
@ Don Cook Natatorium

May 20-21: SPA LC Invitational
@ Don Cook Natatorium



- View this week's practice schedule on the [SPA weekly calendar](#). Changes are made often. We do not recommend taking screenshots. Check back often.
- OnDeck instructions to [declare/commit/job sign-up for upcoming meets](#).

Related links

Visit [Sienna Premier Aquatics](#) on our homepage.

Have a question about your membership? Email the [SPA registrar](#).

Order SPA swim gear through our [Team Store](#).



FAN GEAR!

To order, email
robinstrickland79@gmail.com

Pick your shirt color & design!

Bella Canvas Tees

Unisex or Women's Relaxed S-XL	\$20
Unisex or Women's Relaxed 2X-3X	\$22

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