### **SIENNA PREMIER AQUATICS**

SPA Weekly News | December 12, 2022



### In the news

# Meet announcement

### Mardi Gras Registration Deadline Approaching

The Mardi Gras meet registration deadline is quickly approaching. The final day to register will be 12/25. Please make sure you have committed your swimmer if you plan on attending this meet.



### All Smiles at Fall Champs!

The 12 and Under SPA swimmers had a great meet at Fall Champs this weekend. Congratulations to Madison Jones (Gold) for winning the High Point Award for the 12 year old girls! We are so proud of all our athletes.

### In the know

#### **Practice Changes Today**

Silver 2 – practice changed to 6:00-7:00 pm at Club Sienna

Bronze 1 – practice moved to Club Sienna from 4:30-5:45

# SPA Ridge Point Swimmers have a fantastic TISCA Meet

Some of our Senior swimmers traveled to Dallas with the Ridge Point Swim Team and had a fantastic meet. There were many finals swims and new best times. Congratulations to Fran Calayag (Senior) on qualifying for ProAm in the 100 BR.

# UPDATED: Holiday Practice Schedule

The schedule for <u>Christmas</u> break has been updated. Please see the updated version for the correct times and days.

### Team Practice on Monday, December 18<sup>th</sup>

Our December team practice will be held on Monday, December 18<sup>th</sup>. All SPA groups are welcome to join in this practice. Specific details will be shared later this week.

### SPA Required Practice Equipment

All SPA practice groups have a required equipment list. The list can be found on our website <a href="here">here</a>. It is important that swimmers have all the required equipment for practice, so that they can fully participate.

#### **SPA Required Dryland Apparel**

All SPA groups also participate in dryland activities at many of their practices. For safety reasons, swimmers MUST HAVE the following to participate in Dryland: Shirt, Shorts/Pants, Athletic Shoes. Crocs, slides, and other similar shoes are not appropriate. Swimmers who do not have the appropriate apparel will not be able to participate in this portion of practice.

### Mark your calendars

December	January	Upcoming in 2023
Dec 15-18: KMSC Pro-Am *Qualifiers Only Registration deadline: passed	Jan. 13-15: TAQ Mardi Gras Invite @ LSU   Baton Rouge, LA Registration deadline: 12/25	Feb. 17-19: Gulf 12 & U Champs Location TBA Registration deadline: TBA
Dec 19-Jan 4: Christmas Break Modified Schedule Posted <u>Here</u>	Jan. 20-22: SPA SC Invitational @ FBISD Training Facility Registration deadline: 1/8	Feb. 24-26: Gulf 13 & O Champs Location TBA Registration deadline: TBA
		May 20-21: SPA LC Invitational @ Don Cook N'-+-+



- View this week's practice schedule on the <a href="SPA weekly calendar">SPA weekly calendar</a>.
- OnDeck instructions to declare/commit/job sign-up for upcoming meets.

### **Related links**

Visit <u>Sienna Premier Aquatics</u> on our homepage. Have a question about your membership? Email the <u>SPA registrar</u>. Order SPA swim gear through our <u>Team Store</u>.

### **Sponsors & partners**

A big THANK YOU to our sponsors and partners for their support!











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