SIENNA PREMIER AQUATICS

SPA Weekly News | February 6, 2023



In the news

Meet announcement

Champs Meets This Month

The Gulf Champs meets are coming up at the end of the month. All entries have been sent and we will get location placements soon.



High Point Winners at SPA January Invite

SPA swimmers, Kloe Brock (10 & Under), Emma Friedman (15 & Over) and Kaden Jones (15 & Over) earned High Point honors in their age groups! Congratulations, Kloe, Emma and Kaden!

In the know

Great Swims at UIL Region Meet

Congratulations to the RPHS swimmers who competed in the Regional meet this weekend. We had so many great swims!

NOW HIRING: Masters Coach

SPA is looking for a part time Masters coach to lead our dedicated early morning Masters group! Please see the job posting here and email spacoachali@gmail.com with any questions.

Coming Soon: SHARKS

The Sharks swim team is SPA's summer recreational league. Sharks practices and meets are held in Sienna in the months of May and June. This program is for all 5-12 year old swimmers who are looking to learn stroke technique and get experience racing! Sharks is open to 12 and under SPA swimmers in Silver groups, Bronze groups, Red, White or Swim Con. Look for an email later this month with registration information.

SPA Required Practice Equipment

All SPA practice groups have a required equipment list. The list can be found on our website here. It is important that swimmers have all the required equipment for practice, so that they can fully participate.

SPA Required Dryland Apparel

All SPA groups also participate in dryland activities at many of their practices. For safety reasons, swimmers MUST HAVE the following to participate in Dryland: Shirt, Shorts/Pants, Athletic Shoes. Crocs, slides, and other similar shoes are not appropriate. Swimmers who do not have the appropriate apparel will not be able to participate in this portion of practice.

Mark your calendars

February	March	Upcoming in 2023
Feb. 17-19: Gulf 12 & U Champs	March 11-19: Spring Break	April 21-23: AGS Invite
Location TBA	No SPA practices, Masters	@ TAMU Natatorium
Registration deadline: passed	practices or SwimAmerica lessons	Registration deadline: TBA
Feb. 24-26: Gulf 13 & O Champs		May 20-21: SPA LC Invite
Location TBA		@ Don Cook Natatorium
Registration deadline: passed		Registration Deadline: TBA



- View this week's practice schedule on the SPA weekly calendar.
- OnDeck instructions to declare/commit/job sign-up for upcoming meets.

Related links

Visit <u>Sienna Premier Aquatics</u> on our homepage. Have a question about your membership? Email the <u>SPA registrar</u>. Order SPA swim gear through our <u>Team Store</u>.

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