

SIENNA PREMIER AQUATICS

SPA Weekly News | March 6, 2023



In the news

Meet announcement

Coming Up Next: Gulf Open Water Qualifier and AGS Invite

We will have 2 swim meet opportunities in April. The Gulf Open Water Qualifier will be April 16th and the AGS Invite will be April 21st-23rd. More information will be sent out soon.



Sharks Registration is Open!

Sharks registration is open and spots are filling! Swimmers ages 5 through 12 (as of May 1) who can swim the length of the pool are eligible to participate in the Sharks summer program. Current SPA swimmers in Bronze, Silver, Red, White or Swimming Conditioning can participate in Sharks. Sharks Meets Only is a great option for those wanting to remain in the SPA practice group, but still attend Sharks meets. Meets Only swimmers are welcome to practice with their assigned team on Fridays before the meets.

In the know

More Policies Updated

We have updated the following policies: [Code of Conduct](#) and [Bullying Policy and Action Plan](#)

These have been uploaded to the team website and can be found under the "About" tab. If you have any questions about the policies, please contact the Head Coach or any Board Member.

Send Us Your Swimming Photos!

We are collecting photos for the team's banquet and social media. If you would like to contribute your photos, please send them to SPASwimPhotos@gmail.com

SPRING BREAK!

SPA Competitive and Developmental groups will take Spring Break from 3/9-3/19. We will have a modified practice schedule this week. Please see the Weekly Calendar and your group emails for the modified schedule.

Masters will take Spring Break from 3/12-3/19.

SPA Required Practice Equipment

All SPA practice groups have a required equipment list. The list can be found on our website [here](#). It is important that swimmers have all the required equipment for practice, so that they can fully participate.

SPA Required Dryland Apparel

All SPA groups also participate in dryland activities at many of their practices. For safety reasons, swimmers **MUST HAVE** the following to participate in Dryland: **Shirt, Shorts/Pants, Athletic Shoes**. Crocs, slides, and other similar shoes are not appropriate. Swimmers who do not have the appropriate apparel will not be able to participate in this portion of practice.

Mark your calendars

March

March 9-19: Spring Break
No SPA practices, Masters
practices (11-19) or
SwimAmerica lessons (11-19)

April

April 16: Gulf Open Water
Qualifier @ Lake Longhorn
Registration deadline: TBA

April 21-23: AGS Invite
@ TAMU Natatorium
Registration deadline: TBA

Upcoming in 2023

May 20-21: SPA LC Invite
@ Don Cook Natatorium
Registration Deadline: TBA

May 20-21: SPA LC Invite
@ Don Cook Natatorium
Registration Deadline: TBA



- View this week's practice schedule on the [SPA weekly calendar](#).
- OnDeck instructions to [declare/commit/job sign-up for upcoming meets](#).

Related links

Visit [Sienna Premier Aquatics](#) on our homepage.
Have a question about your membership? Email the [SPA registrar](#).
Order SPA swim gear through our [Team Store](#).

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