

SIENNA PREMIER AQUATICS

SPA Weekly News | April 3, 2023



In the news

Meet announcement

LC Season Meets

Because the season is so short, we do not have many swim meet opportunities in Long Course. It is important to try to attend as many meets as possible. All of the meets have been added to the calendar section below. If you have any questions, please let your lead coach know.



SPA SwimAmerica is looking for swim lesson instructors!

Who? Anyone with a passion for teaching young children lifesaving skills

When? Training can begin right away. Lesson hours are flexible

If you or someone you know may be interested, please contact Ali at spacoachali@gmail.com.

In the know

SPA Parent Meeting: April 4

The Long Course SPA Parent Meeting will be held on Tuesday, April 4th. More information will be sent via email.

Brandani's Spirit Day: April 12

Dine in or Carry Out at Brandani's Burgers, Tacos & Brews all day on April 12th and SPA will earn 20%* of the ticketed sales!

Must place receipt in spirit night box or mention when ordering carry out to receive credit

SPA Hosted Meet: May 20-21

Mark your calendars! SPA is hosting our annual SPA Long Course Invite on May 20-21. All competitive group families will be required to volunteer.

RPHS Swim Team Tryouts

Coach Miles is hosting RPHS Swim Team tryouts on May 9 and 11 from 6-8 pm at Don Cook Natatorium. This is for all incoming RPHS freshman. For more information, please contact Coach Adam Miles at Adam.Miles@fortbendisd.com.

Sign up for [SportsYou](#) to stay in the know. Access code: K39TRQ4A

Easter Weekend Practice Changes

We will have practices in the morning on Friday, April 7th and will not have practices on Saturday, April 8th. We will return to afternoon schedule on Monday. **Tuesday begins practices at Don Cook Natatorium.**

SPA Banquet: May 5th

The annual SPA Banquet will be held on May 5th at 6 pm. This is a fun family event celebrating our swimmer's accomplishments in the Long Course 2022 and Short Course 2022-23 seasons. Mark your calendars! Registration will open soon.

Send Us Your Swimming Photos!

We are collecting photos for the team's banquet and social media. If you would like to contribute your photos, please send them to SPASwimPhotos@gmail.com

SPA Required Practice Equipment

All SPA practice groups have a required equipment list. The list can be found on our website [here](#). It is important that swimmers have all the required equipment for practice, so that they can fully participate.

SPA Required Dryland Apparel

All SPA groups participate in dryland activities at many of their practices. For safety reasons, swimmers **MUST HAVE** the following to participate in Dryland: **Shirt, Shorts/Pants, Athletic Shoes**. Crocs, slides, and other similar shoes are not appropriate. Swimmers who do not have the appropriate apparel will not be able to participate in this portion of practice.

Mark your calendars

April

April 4: LC Parent Meeting
Time: 7:00 PM
Location: Club Sienna

April 16: Gulf Open Water Qualifier
@ Lake Longhorn
Registration deadline: PASSED

April 21-23: AGS Invite
@ TAMU Natatorium
Registration deadline: PASSED

May/June

May 5: SPA Banquet
Time: 6:00 PM
Location: QVCC

May 20-21: SPA LC Invite
@ Don Cook Natatorium
Registration Deadline: TBA

June 2-4: TWST LC Meet
@ Cisd Natatorium
Registration Deadline: TBA

July

July 8-9: Gulf 12 and Under Champs
B & Under Swimmers
Location: TBA

July 14-16: Gulf Age Group Champs
Swimmers w/ 1 Gulf AGC Time
Location: TBA

July 14-16: Gulf Senior Champs
Swimmers w/ 1 Souther Senior Time
Location: TBA

July 21-23: Gulf 12 & Under Champs
Swimmers w/ 1 BB Time
Location: TBA

July 21-23: Gulf 13 & Over Champs
Swimmers w/ no Southern Senior
times
Location: TBA

- View this week's practice schedule on the [SPA weekly calendar](#).
- OnDeck instructions to [declare/commit/job sign-up for upcoming meets](#).

Related links

Visit [Sienna Premier Aquatics](#) on our homepage.

Have a question about your membership? Email the [SPA registrar](#).

Order SPA swim gear through our [Team Store](#).

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