SIENNA PREMIER AQUATICS

SPA Weekly News | November 7, 2022



In the news

Meet announcement

Next Up: NOCH Turkey Classic

Our next meet on the schedule is the NOCH
Turkey Classic on November 12th and 13th. The
meet will be held at the Galena Park ISD
Natatorium. Entries have been sent in, so we are
not unable to take late entries. We will have more
information about warm up and timing
assignments later this week. This will be our last
meet before our Champs season begins.



Drennan Watson Earns Age Group Champs Cut

Drennan Watson (Gold) earned his first Age Group Champs cut at the ShAC 14 and Under meet. He will get the opportunity to swim at the Age Group Champs meet in College Station in December! Congrats, Drennan!

In the know

New Practice Schedule Begins **TODAY**

Our new practice schedule will begin TODAY (November 7th). The schedule is posted on our website and can be found here. Please contact your lead coach or Coach Ali with any questions regarding the new schedule.

November Team Practice -11/18

Our November Team Practice will be held on Friday, November 18th at Club Sienna. More details will be sent out soon.

Holiday Practice Schedules

The schedules for the Thanksgiving and Christmas breaks are now posted online.

SPA Team Shirt Pick Up

SPA team shirts were passed out at practices last week. If your swimmer has not yet received theirs, they can get it from their lead coach this week. Shirt size exchanges can be made this week, as well. Bring back the unworn shirts and let your lead coach know the new size.

Champs Meet Registration Deadline Approaching

The registration for all Champs Meets is November 13th. Please see below for a quick guide on which meet your swimmer qualifies for. If you are unsure, please contact your coach.

Gulf Senior Champs - All Senior, 13+ year old Senior Prep. Gold and Silver swimmers

Gulf Fall Champs – 12 and Under Senior Prep, Gold and Silver, All Bronze Groups

SPA Equipment and Arena Apparel

The SwimOutlet Team Store is being updated with new Arena Apparel for the winter. It is NOT required to have this apparel at meets or practices. These items make great holiday gifts and SwimOutlet usually has a good Black Friday/Cyber Monday sale. All personalized items must be ordered by 11/24 for guaranteed delivery by 12/24. You can find the link to the SwimOutlet store on the home page of our website or here

SPA Thanksgiving Food Drive

SPA will be hosting a Food Drive to benefit the East Fort Bend Human Needs Ministry during the Thanksgiving holiday. The practice group that collects the most items will earn a fun group practice! Donations will be collected at the Club Sienna pool from November 7-18. Please bring donations in a bag that is clearly marked with your swimmer's name. The list of most needed items can be found below. Please reach out to Valerie Thomas (valeriethomas320@gmail.com)

with any questions.

SPA Offers Year-Round Swim Lessons

Did you know that SPA offers vear-round swim lessons for children and adults through the SPA SwimAmerica program? For more information, visit spaswimamerica.org or email Coach Betsy at spacoachbetsy@gmail.com

Mark your calendars

November	December	2023
Nov. 12-13: NOCH Turkey Classic Registration deadline: passed	Dec 2-4: Gulf Age Group Champs *Qualifiers Only Registration deadline: 11/13	Jan. 13-15: TAQ Mardi Gras Invite @ LSU Baton Rouge, LA
Nov 18: November Team Practice *All SPA Groups (developmental and competitive) are included	Dec 2-4: Gulf Senior Champs *All 13 and Overs Registration deadline: 11/13	Jan. 20-22: SPA SC Invitational @ Don Cook Natatorium
Nov 21-27: Thanksgiving Break Modified Schedule Posted <u>Here</u>	Dec 9-11: Gulf Fall Champs *All 12 and Unders Registration deadline: 11/13	May 20-21: SPA LC Invitational @ Don Cook Natatorium
	Dec 15-18: KMSC Pro-Am *Qualifiers Only Registration deadline: 11/20	
	Dec 19-Jan 4: Christmas Break Modified Schedule Posted <u>Here</u>	

- View this week's practice schedule on the SPA weekly calendar.
- OnDeck instructions to <u>declare/commit/job sign-up for upcoming meets</u>.

Related links

Visit <u>Sienna Premier Aquatics</u> on our homepage. Have a question about your membership? Email the <u>SPA registrar</u>. Order SPA swim gear through our <u>Team Store</u>.

Sponsors & partners

A big THANK YOU to our sponsors and partners for their support!









Find us on social media









Food Drive - Most Needed Items

EAST FORT BEND



MINISTRY, INC.

GENERAL NEEDS & HOLIDAY BASKET LIST

Canned Yams

Mashed Potatoes (greater than 5 servings)

Condensed/Sweetened Milk

Pie Crust MIX (not graham cracker or refrigerated)

Canned Vegetables (peas/carrots/beets)

Stuffing

Canned Beans (pinto/refried/kidney)

Tuna

Canned Pumpkin

Cranberry Sauce/Jellied

Canned Meat (Spam/Chicken/Chili)

Jelly

Canned Soup

also need plastic and brown bags and egg cartons

The above items are our current greatest need during this time of crisis.

We gladly accept and appreciate ALL food donations!!

