

SIENNA PREMIER AQUATICS

SPA Weekly News | November 21, 2022



In the news

**Meet
announcement**

Next Up: CHAMPS MEETS

Our next meets on the schedule are the Champs Meets. First up are Gulf Age Group Champs and Gulf Senior Champs on December 2-4. The following weekend will be the Gulf Fall Champs. The final weekend of racing for 2022 will be the KMSC Pro-Am on December 15-18.



SPA's Thanksgiving Food Drive Was a Huge Success!

We collected 481 food items for families in need. Thank you to everyone who participated. The winning group that has earned a fun practice is... SENIOR!

SENIOR: 139 items
SENIOR PREP: 90 items
GOLD: 103 items
SILVER 1: 31 items
SILVER 2: 80 items
BRONZE 1: 33 items
BRONZE 2: 5 items

In the know

SPA Required Practice Equipment

All SPA practice groups have a required equipment list. The list can be found on our website [here](#). It is important that swimmers have all the required equipment for practice, so that they can fully participate.

Holiday Practice Schedules

The schedules for the [Thanksgiving](#) and [Christmas](#) breaks are posted online.

SPA Offers Year-Round Swim Lessons

Did you know that SPA offers year-round swim lessons for children and adults through the SPA SwimAmerica program? For more information, visit spaswimamerica.com or email Coach Betsy at spacoachbetsy@gmail.com

SPA Required Dryland Apparel

All SPA groups also participate in dryland activities at many of their practices. For safety reasons, swimmers **MUST HAVE** the following to participate in Dryland: **Shirt, Shorts/Pants, Athletic Shoes**. Crocs, slides, and other similar shoes are not appropriate. Swimmers who do not have the appropriate apparel will not be able to participate in this portion of practice.

SPA Arena Apparel

The SwimOutlet Team Store has been updated with SPA team suits in all sizes. **All personalized items must be ordered by 11/24 for guaranteed delivery by 12/24.** You can find the link to the SwimOutlet store on the home page of our website or [here](#)

A Note from the SPA Coaches

It is the season of gratitude, and the thing we are most thankful for is our SPA family! Thank you for your continuous support and hard work. Our swimmers, parents and families are what makes SPA so great. We could not do what we do each day without you! We hope that everyone has a safe and happy Thanksgiving holiday.

-Ali, Adam, Besty,
Gaby, and Katie

Mark your calendars

November

Nov 21-27: Thanksgiving Break
Modified Schedule Posted [Here](#)

December

Dec 2-4: Gulf Age Group Champs
*Qualifiers Only
Registration deadline: 11/13

Dec 2-4: Gulf Senior Champs
*All 13 and Overs
Registration deadline: 11/13

Dec 9-11: Gulf Fall Champs
*All 12 and Unders
Registration deadline: 11/13

Dec 15-18: KMSC Pro-Am
*Qualifiers Only
Registration deadline: 11/20

Dec 19-Jan 4: Christmas Break
Modified Schedule Posted [Here](#)

2023

Jan. 13-15: TAQ Mardi Gras Invite
@ LSU | Baton Rouge, LA

Jan. 20-22: SPA SC Invitational
@ FBISD Training Facility

May 20-21: SPA LC Invitational
@ Don Cook Natatorium



- View this week's practice schedule on the [SPA weekly calendar](#).
- OnDeck instructions to [declare/commit/job sign-up for upcoming meets](#).

Related links

Visit [Sienna Premier Aquatics](#) on our homepage.

Have a question about your membership? Email the [SPA registrar](#).

Order SPA swim gear through our [Team Store](#).

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