

SIENNA PREMIER AQUATICS

SPA Weekly News | December 19, 2022



In the news

Meet announcement

Mardi Gras Registration Deadline Approaching

The Mardi Gras meet registration deadline is quickly approaching. The final day to register will be 12/25. Please make sure you have committed your swimmer if you plan on attending this meet.



Fast Swims at KMSC ProAM Meet!

SPA was represented by 11 swimmers this weekend at the KMSC ProAM meet in Lewisville, Texas. We had finalists all 3 nights. Based on daily performance, 2 swimmers were chosen as the Swimmers of the Day by their coaches and peers. Congrats to the following:

Friday: Emma Friedman and TyAmber Amadi

Saturday: Kaden Jones and Braxton McKinney

Sunday: Emma Friedman and Ethan Partin

In the know

Great Team Practice!

Our December team practice was held today! We had a great turn out for the fun “Reindeer Games” and team picnic. Thank you to all the volunteers who helped pass out Chickfila after practice!

SPA Hosted Meet – January 20-22, 2023

Our SPA January Invite is next month. All SPA Competitive group families will be expected to volunteer. Volunteer sign up will be sent out in a few weeks. If you have any questions regarding this meet, please reach out to your swimmer's coach, one of the board members, or the registrar.

UPDATED: Holiday Practice Schedule

The schedule for [Christmas](#) break has been updated. Please see the updated version for the correct times and days.

No Practice on the Following Days:

Christmas Day – 12/25
New Year's Eve – 12/31
New Year's Day – 1/1

We hope everyone enjoys their holidays!

SPA Required Practice Equipment

All SPA practice groups have a required equipment list. The list can be found on our website [here](#). It is important that swimmers have all the required equipment for practice, so that they can fully participate.

SPA Required Dryland Apparel

All SPA groups also participate in dryland activities at many of their practices. For safety reasons, swimmers **MUST HAVE** the following to participate in Dryland: **Shirt, Shorts/Pants, Athletic Shoes**. Crocs, slides, and other similar shoes are not appropriate. Swimmers who do not have the appropriate apparel will not be able to participate in this portion of practice.

Mark your calendars

December

Dec 19-Jan 4: Christmas Break
Modified Schedule Posted [Here](#)

January

Jan. 13-15: TAQ Mardi Gras Invite
@ LSU | Baton Rouge, LA
Registration deadline: 12/25

Jan. 20-22: SPA SC Invitational
@ FBISD Training Facility
Registration deadline: 1/8

Upcoming in 2023

Feb. 17-19: Gulf 12 & U Champs
Location TBA
Registration deadline: TBA

Feb. 24-26: Gulf 13 & O Champs
Location TBA
Registration deadline: TBA

May 20-21: SPA LC Invitational
@ Don Cook Natatorium



- View this week's practice schedule on the [SPA weekly calendar](#).
- OnDeck instructions to [declare/commit/job sign-up for upcoming meets](#).

Related links

Visit [Sienna Premier Aquatics](#) on our homepage.

Have a question about your membership? Email the [SPA registrar](#).

Order SPA swim gear through our [Team Store](#).

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