### **SIENNA PREMIER AQUATICS**

SPA Weekly News | November 14, 2022



#### In the news

# Meet announcement

#### **Next Up: CHAMPS MEETS**

Our next meets on the schedule are the Champs Meets. First up are Gulf Age Group Champs and Gulf Senior Champs on December 2-4. The following weekend will be the Gulf Fall Champs. The final weekend of racing for 2022 will be the KMSC Pro-Am on December 15-18.



3 Swimmers Earn Pro-Am Cuts at the NOCH Turkey Classic: Charlie Quick, Ella Canetti and Adam Sobczak Congratulations to Charlie (Senior), Ella (Senior) and Adam (Senior Prep) for qualifying for the KMSC Pro-Am meet in Dallas in December. Keep up the great work!

#### In the know

# November Team Practice – 11/18

Our November Team Practice will be held on Friday, November 18<sup>th</sup> at Club Sienna. We will have 2 swimming sessions with a fun team social in-between from 5:15-5:45. The weather is looking to be cold, so please make sure your swimmers come prepared with warm clothes to wear during the team social.

Session 1: 4:30-5:45 Senior, Bronze and Red Session 2: 5:15-6:45 Senior Prep, HS Con, Silver, Gold, White and Swim Con

#### **Holiday Practice Schedules**

The schedules for the <u>Thanksgiving</u> and <u>Christmas</u> breaks are now posted online.

#### SPA Team Shirt Pick Up

SPA team shirts were passed out at practices last week. If your swimmer has not yet received theirs, they can get it from their lead coach this week. Shirt size exchanges can be made, as well. Bring back the unworn shirts and let your lead coach know the new size.

# Champs Meet Registration Deadline Passed

The preliminary entries for the Champs meets will be emailed out this week. Please check that your swimmer is entered in the correct days and sessions. This will be the LAST CHANCE to make any changes. Please email your lead coach with any questions as soon as possible.

#### SPA Equipment and Arena Apparel

The SwimOutlet Team Store is has been updated with SPA team suits in all sizes. All personalized items must be ordered by 11/24 for guaranteed delivery by 12/24. You can find the link to the SwimOutlet store on the home page of our website or here

# LAST CALL: SPA Thanksgiving Food Drive

Our SPA Food Drive to benefit the East Fort Bend Human Needs Ministry will be ending this week. The practice group that collects the most items will earn a fun group practice! Donations will be collected at the Club Sienna pool through Friday, November 18th. Please bring donations in a bag that is clearly marked with your swimmer's name. The list of most needed items can be found below. Please reach out to Valerie Thomas (valeriethomas320@gmail.com) with any questions.

#### SPA Offers Year-Round Swim Lessons

Did you know that SPA offers year-round swim lessons for children and adults through the SPA SwimAmerica program? For more information, visit spaswimamerica.org or email Coach Betsy at spacoachbetsy @gmail.com

# Mark your calendars

November	December	2023
Nov 18: November Team Practice *All SPA Groups (developmental and competitive) are included	Dec 2-4: Gulf Age Group Champs *Qualifiers Only Registration deadline: 11/13	Jan. 13-15: TAQ Mardi Gras Invite @ LSU   Baton Rouge, LA
Nov 21-27: Thanksgiving Break	Dec 2-4: Gulf Senior Champs	Jan. 20-22: SPA SC Invitational
Modified Schedule Posted Here	*All 13 and Overs	@ Don Cook Natatorium
	Registration deadline: 11/13	
	Dec 9-11: Gulf Fall Champs	May 20-21: SPA LC Invitational
	*All 12 and Unders	@ Don Cook Natatorium
	Registration deadline: 11/13	
	Dec 15-18: KMSC Pro-Am	
	*Qualifiers Only	
	Registration deadline: 11/20	
	Dec 19-Jan 4: Christmas Break	
	Modified Schedule Posted <u>Here</u>	

- View this week's practice schedule on the <u>SPA weekly calendar</u>.
- OnDeck instructions to <u>declare/commit/job sign-up for upcoming meets</u>.

#### **Related links**

Visit <u>Sienna Premier Aquatics</u> on our homepage. Have a question about your membership? Email the <u>SPA registrar</u>. Order SPA swim gear through our <u>Team Store</u>.

#### **Sponsors & partners**

A big THANK YOU to our sponsors and partners for their support!









#### Find us on social media









#### Food Drive - Most Needed Items

EAST FORT BEND





**Canned Yams** 

Mashed Potatoes (greater than 5 servings)

**Condensed/Sweetened Milk** 

Pie Crust MIX (not graham cracker or refrigerated)

Canned Vegetables (peas/carrots/beets)

**Stuffing** 

**Canned Beans** (pinto/refried/kidney)

Tuna

**Canned Pumpkin** 

**Cranberry Sauce/Jellied** 

Canned Meat (Spam/Chicken/Chili)

**Jelly** 

**Canned Soup** 

\*\*\*also need plastic and brown bags and egg cartons\*\*\*

The above items are our current greatest need during this time of crisis.

We gladly accept and appreciate ALL food donations!!

