



SAFE SPORT NEWSLETTER



10 Years of Safe Sport



"Even though we have completed 10 years of work inside USA Swimming Safe Sport, we are **still pushing ourselves each day to be better.**"

An article about how USA Swimming Safe Sport has grown throughout the last 10 years...coming soon!

Safe Sport Team Feature

Each month, the USA Swimming Safe Sport staff will be highlighting a recent SSRP approved club. We are excited to shed light on the amazing clubs who are going above and beyond requirements to maintain a healthy and positive environment free from abuse!

Do you want to be featured by USA Swimming? Make sure to become a [Safe Sport Recognized](#) club!



American Energy Swim Club

"If a club is trying to get Safe Sport recognized, keep up with the requirements on a regular basis so it **becomes part of the team** and not just something you are trying to achieve for recognition"

Learn more about [American Energy Swim Club](#) (Oklahoma City, OK) in this month's feature article below.

[Read Article Here](#)

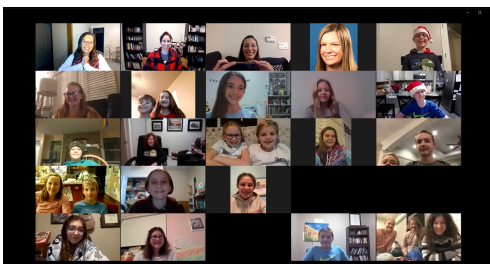
SSRP Incentive

USA Swimming Safe Sport is proud to continue the Keeping Athletes First incentive throughout December 2021! Congratulations to all teams who were randomly drawn to win a virtual visit with a National Team athlete in 2020. The staff is excited to keep the positive momentum going throughout 2021 with 12 more recognized clubs.

Find out more on how to become a Safe Sport Recognized club [here](#).

Check out our updated list of winners and the athlete who visited them [here](#).

[Read More on the SSRP Incentive](#)



November 2020 Winner

On Thursday, December 17, Utah Valley Aquatics had a virtual meeting with [Ally McHugh](#)!

[Nov Winner Team Page](#)

December 2020 Winner

On Wednesday, December 16, Greenwich YWCA Dolphins Swim Team had a virtual meeting with [Katie Drabot](#)!

[Dec Winner Team Page](#)



SSRP Renewals

Safe Sport Club Recognition status expires after two years. To remain recognized, clubs will have to submit a new application. This will include a complete upload of all required documents. If you are coming up on your expiration, please start gathering your information.

For more information about what new policies and resources are available to maintain your SSRP status, please email ssrp@usaswimming.org.

[More Info](#)



SSRP Tip Sheet

Did your team complete Safe Sport Club Recognition by December 2020? Spread the word at the local level! For clubs who have achieved SSRP, utilize USA Swimming's Safe Sport Tip Sheet. It has communication tips and examples on emailing your members, social media posts and press releases!

[Access Tip Sheet](#)



SSRP Feedback

USA Swimming Safe Sport wants to hear from you! If you haven't started the process to become a USA Swimming Safe Sport Recognized Club, why not? Let us know in this [30-second survey!](#)

[Learn More About SSRP](#)

2021 SSRP Trainings

Safe Sport is committed to creating a healthy environment that is free from abuse for all members. As we continue with virtual learning opportunities throughout 2021, we will be increasing security measures to keep parents, athletes and coaches safe during trainings. Starting in January, **all trainings will require individuals to register ahead of time.**

In addition, we have enhanced our Safe Sport Trainings' security measures and will have the following in place:

- Meetings will be locked
- Athlete attendees will only have access to chat with hosts
- Multiple USA Swimming Safe Sport staff will be on all trainings and will monitor participant video share
- Frequent check-ins with attendees
- Screen share and annotation capabilities will be disabled
- Meetings will require registration and athlete training registrations will be cross-checked with USA Swimming member records
- USA Swimming has enabled the At-Risk Meeting Notifier tool from Zoom. This tool searches the public internet for Zoom meeting information and checks the meeting's security settings. Zoom notifies USA Swimming if a meeting appears to be at high risk for being disrupted. This tool is enabled for all USA Swimming hosted Zoom meetings.

Safe Sport trainings are held monthly, please view trainings dates through March 2021 below:

Parent Training:

- Tuesday, January 19, 2021 at 8 p.m. EST ([REGISTER HERE](#))
- Wednesday, February 17, 2021 at 8 p.m. EST ([REGISTER HERE](#))
- Wednesday, March 17, 2021 at 8 p.m. EST ([REGISTER HERE](#))

Athlete Training (ages 12-18):

- Thursday, January 21, 2021 at 8 p.m. EST ([REGISTER HERE](#))

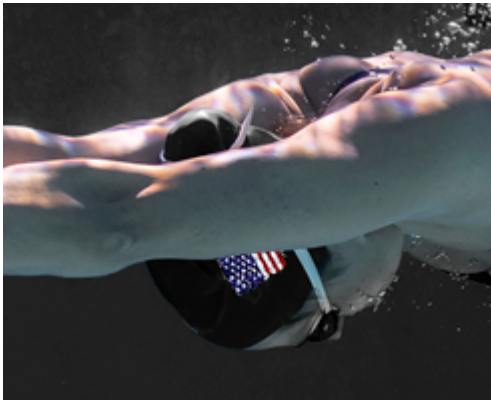
- Thursday, February 18, 2021 at 8 p.m. EST ([REGISTER HERE](#))
- Thursday, March 18, 2021 at 8 p.m. EST ([REGISTER HERE](#))

Coach Training:

- Friday, January 22, 2021 at 3 p.m. EST ([REGISTER HERE](#))
- Friday, February 19, 2021 at 3 p.m. EST ([REGISTER HERE](#))
- Friday, March 19, 2021 at 3 p.m. EST ([REGISTER HERE](#))

If you cannot attend these trainings, athletes and parents can independently complete trainings using the USA Swimming LEARN platform. Click the link below for more info on Safe Sport trainings!

[TRAININGS](#)



APT Training Renewals

Athlete Protection Training requirements must be renewed each year. The training must be completed no later than the date of expiration on your LEARN dashboard. To renew, follow these easy steps:

1. Login to LEARN [here](#)
2. Enter your information and click "SEARCH"
3. Click on your name
4. Take the Refresher Course as early as 90 days prior and up to your expiration date
5. Your membership record will update automatically within 24 hours!

For further assistance, please contact learn@usaswimming.org.

[Login Here](#)

Athlete Protection Training (APT) Exemptions

USA Swimming recognizes the required training course may not be appropriate for some adult athlete members with cognitive disabilities. For any such adult athlete member, please reference [this document](#) for exemptions and accommodations.

Additionally, completing this training may be triggering or re-traumatizing for victims/survivors. Exemptions for this requirement may be made on a case-by-case basis. Requests may be made to USA Swimming at learn@usaswimming.org.

CBIM/AAL Bi-Weekly Emails

Bi-weekly emails are sent to our Safe Sport Chairs/Coordinators with brief descriptions on the lesson plans.

Implementing is as easy as 1,2,3!

1. Download the cards on the [Safe Sport Team Talk page](#)
2. Get familiar with the topic of the week...no formal or additional training necessary
3. Follow the directions and review with your athletes

Please make sure to forward this information to clubs in your LSC to help them take advantage of these two great programs. These programs can be completed virtually or in person.



Coaching Boys Into Men

Overview

- **12** learning sessions
- **Aims to teach** male athletes ages 12 and older respect for themselves and others



Athletes as Leaders

Overview

- **10** learning sessions
- **Aims to empower** women athletes ages 12 and older

- **Helps build** healthy relationships and stops violence before it starts
- **Themes** include personal responsibility, respectful behavior and relationship abuse

- **Promotes** healthy relationships and ending sexual violence
- **Encourages** leadership
- **Challenges** gender stereotypes

[Access CBIM Cards](#)

[Access AAL Cards](#)



Minor Athlete Abuse Prevention Policy

Don't forget! **USA Swimming member clubs and LSCs are required to implement the Minor Athlete Abuse Prevention Policy (MAAPP) in full.** All requirements for adult and minor interactions are specified in MAAPP, including interactions at practice and meets.

Since MAAPP must be reviewed and agreed upon by all athletes, parents, coaches and other non-athlete members every year, make sure to review this policy before getting back in the water.

To view and customize your Minor Athlete Abuse Prevention Policy, please click [here](#).

Free Resources

USA Swimming Safe Sport Club Tool Kit Page

[This page](#) has numerous FREE resources for your clubs to use! Some examples of what is available are model policies, best practice guidelines and art templates.

Club Portal Access

Look at [these easy-to-follow steps](#) to give an additional user club portal access to complete the Safe Sport Club Recognition application!

Safe Sport Club Recognized FAQ

We have updated our Safe Sport Club Recognition FAQ sheet! To view the updated PDF, please click [here](#).

Safe Sport Activity Books

The Activity Books are still available! To purchase books, please visit our purchasing page [here](#). PDF versions for [5-11 year olds](#) and [12-18 year olds](#) are also available to download.

Meet 360

This [informational resource guide](#) will help assist administrators in creating a healthy and positive environment free from abuse for athletes during swim meets.

Friendly Reminders for You

Keep Us in the Loop

- We want to know what your LSC & teams are doing – send us a picture at safesport@usaswimming.org with a brief description to be featured online or in our next newsletter!

USA Swimming Insider

- Don't forget to follow [@USASwimInsider](#) on Twitter to follow along with training and other resources from USA Swimming.



News Tips Page

Interested in telling your team's story or accomplishments? Make sure to let USA Swimming know by submitting a "news tip" on the newly added News Page for a chance to be featured!

[News Tip Page](#)

Question of the Month

What USA Swimming Safe Sport policy or resource would you like to implement in your LSC or club this year?

- Create a Model Code of Conduct for either coaches, parents or athletes
- Use Activity Books to teach athletes about Safe Sport
- Create a Model Grievance Procedure
- Use the Coaching Boys Into Men and Athletes As Leaders resources
- Create Safe Sport Best Practices
- Nominate a Club Safe Sport Coordinator
- Get additional training for either coaches, parents or athletes
- Use Meet 360 at swim meets
- Other

Click the button below to submit your response!

Monthly Question