

| Name(s) | Team | | Meet | Event | Time | Swim Date | Age Group |
|---|----------------------------|---|---|---------------|---------|-----------|-----------|
| Aly Bozzuto | Flood Aquatics Swim Team | F | 2023 FG Southern Zone South Sectional Championships | 50 BR LCM | 33.15 | 7/1/2023 | 15-16 |
| Dylan Smiley | Miami Country Day Aquatics | M | 2023 FG SCY Senior Championships | 100 IM SCY | 49.19 | 3/19/2023 | 17-18 |
| Dylan Smiley | Miami Country Day Aquatics | M | 2023 FG SCY Senior Championships | 100 IM SCY | 49.19 | 3/19/2023 | Open |
| Elena Dinehart, Olivia Dinehart, Ana Villamil, Natalie Gembicki | South Florida Aquatic Club | F | 2023 FG SCY Senior Championships | 200 MED-R SCY | 1:44.76 | 3/16/2023 | 17-18 |
| Erika Pelaez | Eagle Aquatics | F | 2023 FG LCM Senior Championships | 50 FR LCM | 25.68 | 7/23/2023 | 17-18 |
| Julia Podkoscielny | Pine Crest Swimming | F | 2023 FG SCY Senior Championships | 100 BK SCY | 53.68 | 3/18/2023 | 17-18 |
| Julia Podkoscielny | Pine Crest Swimming | F | 2023 FG SCY Senior Championships | 200 BK SCY | 1:55.97 | 3/19/2023 | 17-18 |
| Kaii Winkler | Eagle Aquatics | M | 2023 FG SCY Senior Championships | 50 FR SCY | 19.44 | 3/18/2023 | 15-16 |
| Kaii Winkler | Eagle Aquatics | M | 2023 FG SCY Senior Championships | 100 FR SCY | 41.96 | 3/19/2023 | 15-16 |
| Kaii Winkler | Eagle Aquatics | M | 2023 FG SCY Senior Championships | 100 FR SCY | 41.96 | 3/19/2023 | Open |
| Kaii Winkler | Eagle Aquatics | M | 2023 FG SCY Senior Championships | 200 FR SCY | 1:33.28 | 3/17/2023 | 15-16 |
| Kaii Winkler | Eagle Aquatics | M | 2023 FG SCY Senior Championships | 200 FR SCY | 1:33.28 | 3/17/2023 | Open |
| Kaii Winkler | Eagle Aquatics | M | 2023 FG SCY Senior Championships | 500 FR SCY | 4:23.85 | 3/18/2023 | 15-16 |
| Kaii Winkler | Eagle Aquatics | M | 2023 FG SCY Senior Championships | 100 BK SCY | 47.92 | 3/18/2023 | 15-16 |
| Kaii Winkler | Eagle Aquatics | M | 2023 FG SCY Senior Championships | 100 FL SCY | 46.94 | 3/17/2023 | 15-16 |
| Kaii Winkler | Eagle Aquatics | M | 2023 FG SCY Senior Championships | 100 FL SCY | 46.94 | 3/17/2023 | Open |
| Marco Lopez-Casula, Finn Winkler, Peyton Selts, Kaii Winkler | Eagle Aquatics | M | 2023 FG SCY Senior Championships | 400 FR-R SCY | 3:00.01 | 3/18/2023 | Open |
| Penelope Lopez-Casula | Eagle Aquatics | F | 2023 FG LCM Age Group Championships | 50 FR LCM | 26.54 | 7/14/2023 | 11-12 |
| Trace Colton | North Palm Beach Swim Club | M | 2023 FG LCM Age Group Championships | 50 FR LCM | 26.04 | 7/14/2023 | 11-12 |
| Trace Colton | North Palm Beach Swim Club | M | 2023 FG Swim Fort Lauderdale Speedo Summer Classic | 200 FR LCM | 2:05.32 | 6/23/2023 | 11-12 |
| Trace Colton | North Palm Beach Swim Club | M | 2023 FG Swim Fort Lauderdale Speedo Summer Classic | 400 FR LCM | 4:26.64 | 6/24/2023 | 11-12 |
| Trace Colton | North Palm Beach Swim Club | M | 2023 FG LCM Age Group Championships | 100 FL LCM | 1:02.32 | 7/16/2023 | 11-12 |
| Yeziel Morales, Kito Campbell, Davidson Vincent, Jayhan Odium-Smith | Azura Florida Aquatics | M | 2023 FG SCY Senior Championships | 200 MED-R SCY | 1:29.68 | 3/16/2023 | Open |
| Duy Vuong, Trey Chesney, Bud Howard, Finn May | Jupiter Dragons Swim Team | M | 2023 FG LCM Age Group Championships | 400 MED-R LCM | 4:08.34 | 7/15/2023 | 13-14 |

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| Individual Record Breakers in 2023 | 7 |
| Relay Members on Record Relays | 15 |

FGC Records Broken in 2023

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|---|---|
| Individual Record Breakers - 16 & Under | 5 |
| Relay Members - 16 & Under | 4 |

FGC Records Broken by 16 & Under Swimmers