### Florida Gold Coast Board of Directors Meeting May 23, 2023, via Video Conferencing

- **I.** Call to Order- Jennifer Gibson at 7:30pm
- II. Roll Call/Excused Absences

Jennifer Gibson-P Chair-Vice-Chair-Bruno Darzi-P Senior. Vice-Chair-Chris Anderson-P Age Group Vice-Chair-Liz Kershaw-P Christi Wathen-P Coaches Rep Treasurer/Registration Chair-Richard Cavanah-P Lori Bosco-P Secretary-Officials Rep Steven Goldman-P Finance Vice-Chair Dave Gibson-P D.E.I Chair Jack Davies-P Op Risk/Safe Sport Chair Michael Averett-P Athlete Sr. Rep Camille Schechter-P Ariadne Villar-P Athlete Jr. Rep Athlete Jr. Rep Jonas Santos-P Athlete Rep Gabby Bolivar-P Kaitlyn Jorgensen-P Athlete Rep Athlete Rep Reese Rosenthal-P Lucas Young-P Athlete Rep Roman Clement-P Athlete Rep Athlete Rep Chloe Schechter-P Raphael Lima-P At-Large-(1vr) At-Large-(1yr) Rodrigo Mendes-P At-Large-(1yr) Allan Golding-P Chair Advisor Jim McCombs-A

(**Technical planning committee members**: Vice-Chair –Bruno Darzi, Senior Chair-Chris Anderson, Age Group Chair-Liz Kershaw, Coaches Rep.-Christi Wathen, Officials Rep-Steven Goldman, and Two Athlete Reps).

(Executive Board: General Chair-Jennifer Gibson, Administrative Vice-Chair-Bruno Darzi, Senior Chair-Chris Anderson, Age Group Vice Chair-Liz Kershaw, Finance Vice Chair-Dave Gibson, Coaches Rep-Christi Wathen and Two Athlete Reps)

#### III. Approval of FGC Board Meeting minutes-

Motion: To approve meeting minutes from March 28, 2023, with two corrections. Dick Cavanah. Second Bruno Darzi. Passed. No Opposed.

#### IV. Consent of Agenda format.

#### A. General Chair-Jennifer Gibson

1. **FGC Mission Statement:** Florida Gold Coast Swimming promotes the growth and development of a diverse swimming community through education, innovation, and by supporting a safe environment and a commitment to excellence. **Vision Statement:** To create an environment which develops excellence and life fitness through competitive swimming in the Florida Gold Coast.

#### 2. Announcements/Updates

- a. Recap of USA-S updates.
  - 1. Recommend Steven Goldman to serve on official advisory team.
- 2. Women in Governance-wrapped up year one-had FGC coach take part in that, Ashley Wilson. Looking at doing another class the coming year.
  - 3. Olympic Trials-ticket sales update.
- 4. Anyone that needs to do Club Leadership & Business Management school-(those having a new club)-has been postponed.
- 5. LSC HOD submission for FGC 4 voting candidates (3 coach non-athlete and 1 non-coach/non athlete). Submitted a slate-Jennifer Gibson, Gen Chari, Bruno Darzi-Vice Chair, Dick Cavanah-Treasurer and Steven Goldman-representing Officials. Will have additional votes with others on the bord having other roles: Liz Kershaw-National Committee chairs and Kathleen Prindle-part of Board of Directors—Will need to vote on this due July 15
- 6. Coaching Advisory Council-talked about official situation amongst the LSC's-How officials are being trained, run meets, how long it takes to get certified and move up through the ranks. Want to make sure Official committee involved with this as well.

The big task is getting coaches to vote. Coaches really fought to keep our voice, however only 30% of coaches that were eligible to vote-voted. Need to raise that to 75%. Working on a flier to be sent out to all LSC's and let coaches know responsibility coming this fall.

- b. Governance Committee Activate (Kathleen Prindle, Chair)
  - 1. See Attached report.

Motion: To approve the appointees to the Governance Committee: Need 6 non-athletes and 4 athletes) Non-athletes: Kathleen Prindle, Dick Cavanah, Chris Anderson, Kathy Fish, Alec Wathen and Ashley Wilson. Athletes: Reese Rosenthal-GSC, Andres El-Khaouli PAC, Reese Balkcom, CSSC, Jonas Santos, STL. Kathleen Prindle. Second. Lori Bosco. Passed. No Opposed.

2. Board proposal on attached report to be presented at HOD.

c. Professionalism- As the board, remember we are the face of the LSC. Remember to be professional even with changes on teams. Make sure we pause and think of the athlete first and support each other, be careful what share and what say.

#### B. Vice Chair-Bruno Darzi

- 1. By Laws/Policies & Procedures (Dick Cavanah reported)
  - a. Page 17-(housekeeping) to remove NSCA from Policy and Procedure.

Motion: To accept 1.8 Registration and Membership fees. (See attached). Dick Cavanah. Second. Steve Goldman. Passed. No Opposed.

2. Meet Committee-Champ Meet Review/Recommendations (4/17/23) See Attached report.

Motion: To move SFTL from North BB to South BB Champs. Liz Kershaw. Second. Allan Golding. Passed. No Opposed.

Motion: B Times for 10 and Under at BB Champs. Bruno Darzi. Tabled.

Motion: To change the age group for BB champs from ages 15-18 to 15 and Over events. Bruno Darzi. Second. Liz Kershaw. Passed. No Opposed.

Motion: If a swimmer misses a final event at any of the Championship meets, the swimmer will be barred from the next individual swim in the finals event, or the next prelim swim the next day. If that event is the last individual event, the team will be assessed a \$25 fine. Payable to FGC. Allan Golding. Second. Bruno Darzi. Passed. One Opposed.

Motion: Effective this summer, Time Trials should be open to everyone not only to those entered in the meet. Bruno Darzi. Second. Allan Golding. Passed. No Opposed.

Motion: Allow swimmers outside of the LSC and foreign athletes to participate in Senior Champs with a cap of 150 for spring and 100 for summer and not allow teams to score. (Effective Summer 2023). Bruno Darzi. Second. Chris Anderson. Passed. No Opposed.

Motion: Change the name of the OW qualifier to FGC OW Championships. Bruno Darzi. Second. Lori Bosco Passed. No Opposed.

Motion: Change of Fees for FGC Open Water Championships 2024: Event 1-2: 5 K \$75; Event 3-4: 2 K \$60; Event 5: 500 \$40; Event 6: Sprint relay 5-800 max \$40. Bruno Darzi. Second. Dick Cavanah. Passed. No Opposed.

- 3. Opinion on creation of a new membership for Jr. Official—please send email to Bruno with feedback.
  - 4. FGC Coach Mentoring Program for Fall 2023. Reached out to some coaches-looking a schedule.

#### C. Senior-Chris Anderson

1. No report.

#### D. Age Group-Liz Kershaw

1. See Attached reports.

Motion: To charge \$800 per athlete-(\$700 for trip plus \$100 for food) for the Pool Zone Qualifier. Liz Kershaw. Second. Dick Cavanah. Passed. No Opposed.

#### E. Coaches-Christi Wathen

1. No report.

#### F. Treasurer/Registration/Club Liaison-Dick Cavanah

1. See attached reports.

#### G. Secretary/Swimposium-Lori Bosco

1. In touch with Josh Davis about an athlete for Swimposium.

#### H. Officials: Steven Goldman

- 1. See attached report
- 2. Status of Officials/Training/National Certification (Jennifer)

#### I. Finance/Investments-Dave Gibson

1. No report.

#### J. DEI Chair-Jack Davies

1. No report.

#### K. Safe Sport/Safety Chair-Mike Averett

1. See attached report.

#### L. Athletes: Camille Schechter

- 1. Report at beginning of meeting
- 2. Active-Sr. Rep-Camille Schechter/Jr. Reps-Ariadne Villar & Jonas

#### Santos

3. Update on Club Athlete Reps---Ari Villar reported: list of what athletes have been doing: been keeping in touch with athletes around the county and coordinating things with FL athletes; Gave Reese control of Instagram and planning to meet with Brittany about a better posting schedule; Posted a call to join the FGC athletes board on Instagram to get more active engagement and creating future task

committees; and Setting up a zone meeting to get more people involved. With Camille graduating, will be doing a vote for Sr. and Jr athlete reps and At-Large reps.

Want to get an athlete only email under FGC domain? Bruno reported could do that.

#### V. Committee Reports-

- A. FGC Swim Meets/Sanctioning/Updates:-Allan G./Mike /Liz/Christi 1. No report.
- VI. Old Business-
  - A. FGC Board Chairs & Athletes-Job Descriptions & 2023 Goals
  - B. Review of USA-S Workshop in April, 2023
  - C. 2023 FGC Coaches mentoring Program Dates?
- D. 2023 revamp of FGC Swimposium to include All ages-Age Group to Seniors.

#### VII. New Business-(introduced no later than 9:30pm)

- A. FGC Board Chairs & Athletes-2023 Goals
- B. Look at purchasing timing equipment for open water events.

#### VIII. FGC B.O.D 2022-2023 Meeting Schedule

- A. **Meeting Dates** 2023 (Subject to change)
  - 1. Tuesday June 21, 2023-FGC Board Meeting@12pm via ZOOM
  - 2. No July Meeting
  - 3. Tuesday August 22, 2023-FGC Board Meeting@12pm via ZOOM
  - 4. Wednesday, September 6-Saturday, September 9, 2023-ASCA Coaches Clinic, Dallas TX (2024-Orlando, FL)
  - 5. \*\*TBA-FGC Coaches mentoring Speaker (Bruce Gemmell)/Program-Date and Details TBA\*\*
  - 6. Monday, September 18, 2023-FGC Board Meeting@7:30pm via ZOOM
  - 7. Thursday, September 21-Saturday, September 23, 2023-USA Swimming Annual Business Meeting, Colorado Springs, CO Live and ZOOM (HOD-Saturday, Sept 23)
  - 8. Tuesday, October 17, 2023-FGC Board Meeting@7:30pm via ZOOM
  - 9. Saturday, October 21, 2023-FGC Swimposium & HOD-Details TBA
  - 10. Sunday, November 12, 2023-FGC Board Retreat-Details TBA
  - 11. No December Meeting

#### IX. Adjournment – 10:40pm

*Motion: To adjourn.* Steven Goldman. **Second** Dick Cavanah. **Passed.** *No Opposed.* 



#### **FGC GOVERNANCE UPDATE**

Presented To: FGC Board of Directors May 23, 2023 Presented By: Kathleen Prindle, Governance

#### **GENERAL UPDATE:**

- DOCUMENTS. First, I am in process of generally reviewing recent FGC Bylaws, Rules & Regs, and our FGC Policy & Procedures Manual to flag any areas needing compliance or future improvement.
  - Please alert me via email if you discover something that needs updated from your own area of responsibility!
  - Please keep me posted if/when <u>something needs to change</u> on these documents based on Board votes or decisions (I am not always in FGC board meetings)
- ELECTIONS. Jennifer has formally appointed her 2023 Governance Committee, and I'll be convening this committee in June to discuss outgoing board members ("offboarding? Is that a word?) and upcoming slate preparation.
  - Committee: 6 Nonathletes=Kathleen Prindle, FGC Coach, Richard Cavanah, FGC Board Member & FGC Coach, Chris Anderson, FGC Board Member & FGC Coach, Kathy Fish, FGC Officials Committee & FGC Official, Alec Wathen, FGC Coach, Ashley Wilson, FGC Coach + 3-4 Required FGC Athlete Reps=Reese Balkcom, Andres El-Khaouli, Reese Rosenthal, Jonas Santos, FGC Co-Jr Athlete Rep.
- OTHER PROJECTS. I have discovered that it is part of the Governance Chair responsibilities to assist with Board Job definitions well as onboarding future Board members. More on this later. I will be providing this Board with a best practices template from another LSC, and from that template will be asking each current Board member to create a job description for their position.

**BOARD PROPOSAL:** (Need Board Approval)

Propose to shorten the Board Term to 1 year, FOR 1 year, for:

Senior Chair

Coaches' Rep

Effective immediately.

Rationale explained below, but in general the idea is to avoid changeover in both AG and SR chairs since those roles complement each other so much. In addition, having the Coaches Rep remain (if elected) to maintain good communication and continuity would help avoid any 'black holes' or information/experience gaps from one Vice-Chair to the next.

#### **RATIONALE**:

In determining OUR best avenue for growth and success, we realize that a healthy Board turns over often and that new people are given an opportunity while the experienced members stay involved to teach and train. Due to recent Bylaws revamp, we discovered a board rollout problem in the case of the upcoming 2023 election year: Many of the 'larger' Board roles are due for re-election making 2023 HUGE and by default, making 2024 'small'. We would like to ensure that there is a reasonable flow of board responsibilities distributed among all the roles in order to preserve good governance and best practices.

In addition, we have a unique situation in that many of our more experienced Board members who were extremely active during the pandemic closures/aftermath are seeking relief from their "extreme volunteerism" responsibilities. This opens the door for new leadership to evolve! But, as we do so, we want to preserve the great progress that the LSC has made and to accomplish this we will need some sort of succession planning that makes sense. This year, Board turnover will be extensive, and we are potentially risking exposure to governance errors and potential lack of board experience. After consulting with the National Office and our National Rules and Regs Chair (Derek) on how best to address this, we have decided to attempt to stagger some of the larger Board position openings in an effort to keep this (natural & healthy) board turnover seamless and efficient.

Here is a visual of the skewed rollout of board elections if we do NOT implement this proposal. You can see how the odd years "outweigh" the even years, in terms of number of 'major' spots electable:

#### **OPEN FOR ELECTION SPOTS 2023:**

#### **OPEN FOR ELECTION SPOTS 2024:**

Major Positions, 2-year terms: GENERAL CHAIR -ADMIN VICE CHAIR -SENIOR VICE CHAIR -AGE GROUP VICE CHAIR -SAFE SPORT CHAIR -COACHES REP - Major Positions, 2-year terms: FINANCE VICE CHAIR DEI CHAIR

Other Positions elected <u>annually</u>. No term limits: 6 ATHLETE REPS -

Sr Rep -Jr Rep at -large at-large at-large -

at-large -

Other Positions elected <u>annually</u>. No term limits: 6 ATHLETE REPS:

Sr Rep 
Jr Rep 
at -large 
at-large -

3 "At-Large" Non-Athletes elected annually:

At-Large
At-Large
At-Large
Registration Chair
Officials Rep
Secretary
Scholarship Chair

3 "At-Large" Non-Athletes elected annually:

at-large at-large at-large -Registration Chair -Officials Rep -Secretary -Scholarship Chair -

at-large -

at-large -

Other Positions, SELECTED annually by Gen Chair:

Governance Chair -Camp Coordinator – Other Positions, <u>SELECTED</u> annually by Gen Chair:

Governance Chair - Camp Coordinator -

Respectfully Submitted, Kathleen Prindle 😊



#### Age Group Chair Report 5/2023

#### Last Meeting Follow-up

- 4/8 Open Water Qualifier had 150 total registered athletes and 43 swimmers applied for the Zone team. 27 swimmers made the team along with 3 coaches and 1 chaperone.
- Pool Zone coaches and swimmers applications are open. Coach Rodrigo made a Google form for families to apply. Trying to see if this is easier than paper versions. Thanks Ro.

#### **New Business**

- Suggested Zone Budget Calculator has been submitted for consideration. Requesting that either the Finance committee and/or BOD predetermine each year, the financial split to support the Zone meets. This will assist the AG Chair in setting financial obligations and help determine the budget for the following year.
- Consider re-formatting the OW Zone Qualifier into something more viable for the host.
- Thanks to the 2 FGC At Large Coaches for promoting the Zone coaches and athletes applications.

#### **Action Items**

- Due Zone Staff Selection
- Due Zone Team Selection



# FLORIDA GOLD COAST SWIMMING

## **Registration Report**

May 16, 2023

A. 2023 – Athletes (to date	(Annual) (Flex)	4,336 41 <u>3</u>		4,749
B. 2023 – Non-Athletes	Coaches Jr. Coaches Officials Clb. Administr Others	rators	255 14 174 10 45	498
C. 2023 – FGC Clubs	Clubs	55		58

Richard Cavanah Membership Chairman

# REGISTRATION REPORT - 5/16/23

Athletes	2017	2018	2019	2020	2021	2022	2023
12U	3812	3350	3339	2819	2974	3512	2943
13+	2003	1865	1928	1680	1986	2036	1806
12U	65.55 %	64.24 %	63.39 %	62.66 %	59.96 %	63.3 %	61.97 %
13+	34.45 %	35.76 %	36.61 %	37.34 %	40.04 %	36.7 %	38.03 %
Overall	5815	5215	5267	4499	4960	5548	4749
Increase	N/A	-10.32 %	1 %	-14.58 %	10.25 %	11.85 %	-14.4 %
Retention (Percentage)	2017	2018	2019	2020	2021	2022	2023
12U	N/A	53.86 %	58.33 %	54.54 %	55.84 %	58.2 %	47.21 %
13+	N/A	80.73 %	86.27 %	77.65 %	99.17 %	83.79 %	73.08 %
Male	N/A	61.65 %	68.2 %	63.43 %	72.66 %	69.01 %	56.9 %
Female	N/A	64.6 %	68.45 %	62.54 %	71.29 %	67.8 %	56.48 %
Overall	N/A	63.11 %	68.32 %	63 %	72.02 %	68.45 %	56.71 %
Athletes	2017	2018	2019	2020	2021	2022	2023
Male	2931	2616	2715	2385	2656	3009	2589
Female	2884	2599	2552	2114	2304	2539	2160
4011	1843	1659	1706	1505	1584	1849	1576
12U	1969	1691	1633	1314	1390	1663	1367
40.	1088	957	1009	880	1072	1160	1013
13+	915	908	919	800	914	876	793
Female	49.99 %	50.26 %	48.34 %	47.3 %	46.63 %	45.16 %	44.83 %
Male	50.01 %	49.74 %	51.66 %	52.7 %	53.37 %	54.84 %	55.17 %
12U Female	52.91 %	50.35 %	49.26 %	47.85 %	46.38 %	45.96 %	46.48 %
12U Male	47.09 %	49.65 %	50.74 %	52.15 %	53.62 %	54.04 %	53.52 %
13+ Female	47.73 %	50.18 %	47.65 %	46.92 %	46.79 %	44.58 %	43.64 %
13+ Male	52.27 %	49.82 %	52.35 %	53.08 %	53.21 %	55.42 %	56.36 %
Single Age #	2017	2018	2019	2020	2021	2022	2023
10	647	546	529	419	469	590	452
11	640	613	602	470	531	612	514
12	571	553	562	486	518	541	538
13	588	526	524	503	511	566	466
14	538	479	503	408	511	514	463
15	424	440	422	399	407	473	409
16	382	328	388	326	374	337	337
17	268	262	267	263	293	296	229
18	197	153	152	166	195	185	163
19 & Over	194	199	190	115	205	230	196

# REGISTRATION REPORT - 5/16/23

9 & Under	1366	1116	1128	944	946	1204	982
Single Age %	2017	<u>2018</u>	2019	2020	2021	2022	2023
9 and Under	23.49 %	21.4 %	21.42 %	20.98 %	19.07 %	21.7 %	20.68 %
10	11.13 %	10.47 %	10.04 %	9.31 %	9.46 %	10.63 %	9.52 %
11	11.01 %	11.75 %	11.43 %	10.45 %	10.71 %	11.03 %	10.82 %
12	9.82 %	10.6 %	10.67 %	10.8 %	10.44 %	9.75 %	11.33 %
13	10.11 %	10.09 %	9.95 %	11.18 %	10.3 %	10.2 %	9.81 %
14	9.25 %	9.19 %	9.55 %	9.07 %	10.3 %	9.26 %	9.75 %
15	7.29 %	8.44 %	8.01 %	8.87 %	8.21 %	8.53 %	8.61 %
16	6.57 %	6.29 %	7.37 %	7.25 %	7.54 %	6.07 %	7.1 %
17	4.61 %	5.02 %	5.07 %	5.85 %	5.91 %	5.34 %	4.82 %
18	3.39 %	2.93 %	2.89 %	3.69 %	3.93 %	3.33 %	3.43 %
19 and Over	3.34 %	3.82 %	3.61 %	2.56 %	4.13 %	4.15 %	4.13 %
Single Age Female #	2017	2018	2019	2020	2021	2022	2023
10	331	275	252	203	212	288	202
11	342	308	296	219	261	274	257
12	310	279	286	236	231	239	240
13	319	286	249	222	245	267	199
14	265	260	254	191	234	218	209
15	192	225	219	200	181	194	176
16	176	138	176	169	186	148	141
17	112	124	102	127	139	140	99
18	80	65	75	60	87	90	78
19 & Over	90	92	90	53	86	86	85
9 & Under	667	547	553	434	442	595	474
Single Age Male #	2017	<u>2018</u>	2019	2020	2021	2022	2023
10	316	271	277	216	257	302	250
11	298	305	306	251	270	338	257
12	261	274	276	250	287	302	298
13	269	240	275	281	266	299	267
14	273	219	249	217	277	296	254
15	232	215	203	199	226	279	233
16	206	190	212	157	188	189	196
17	156	138	165	136	154	156	130
18	117	88	77	106	108	95	85
19 & Over	104	107	100	62	119	144	111
9 & Under	699	569	575	510	504	609	508

FGC Open	Water Qualifier	Expense Repo	ort		
Income:	Entries fees			Total:	\$7,130.00
				Total Income	\$7,130.00
expenses:	Expenses cover	ed by FGC??			
	NMPD			\$0.00	
	Victory Time ma	inagement		\$2,318.40	
	Awards Hasty	Medals/Ribbons		\$460.10	
				Total	\$2,778.50
	Other not covere	ed by FGC expens	ses		
	FGC fees 20%			\$0.00	
	Permits, caps, h	ospitality, homede	pot, etc.	\$2,840.55	
	Rent, lifeguards etc			\$5,832.06	
	jet ski rental for	the day		\$1,000.00	
				Total	\$9,672.61
				Total Expenses	\$12,451.11
		Profit/Loss witho	ut FGC support		-\$5,321.11
		P/F with FGC su	pport		-\$2,542.61



# Financial Statement May 16, 2023

	12/31/2019	12/31/2020	12/31/2021	12/31/2022	5/16/2023
Assets					
Checking Account Balance	\$283,491	\$243,884	\$243,445	\$229,418	\$331,790
Savings Account Balance	\$74,472	\$74,517	\$74,552	\$74,582	\$74,591
Wells Fargo Investments	\$656,868	\$654,581	\$720,410	\$697,189	\$693,479
USA Swimming - Current Month Reg - Due				\$17,887	\$2,559
FGC Teams' Escrow Credit Balances - Due FGC	\$28,911	\$25,917	\$18,130	\$1,360	\$180
Total Assets	\$1,043,742	\$998,899	\$1,056,537	\$1,020,436	\$1,102,599
Liabilities					
FGC Teams' Escrow Debit Balances - Held by FGC	-\$21,914	-\$11,339	-\$9,716	-\$3.988	-\$92
Credit Card Balance					-\$19.769
Outstanding Checks					-\$201
USA Swimming - December Registrations	-\$53,322	-\$37,262	-\$56,514	\$0	\$0
Total Liabilities	-\$75,236	-\$48,601	-\$66,230	-\$3,988	-\$20,062
EQUITY (Assets minus Liabilities)	\$968,506	<u>\$950,298</u>	\$990,307	\$1,016,448	\$1,082,537

#### **BB Champs**

- Move SFTL to South BB to even out numbers Yes. Committee recommends that SFTL moves to the South meet.
- B times for 10 and under instead of BB times at BB Champs Yes. Committee recommends that we adjust the times standards for 10 and under swimmers ONLY to B times in order to widen the base and increase participation among 10 and under athletes without significantly increasing the number of athletes in each meet.
- Age limit 18 and under Committee recommends we lift the age restrictions for the BB meet making 15-18 events Open events.

#### Championships - PENALTIES/ FINES

 Missed finals penalty – Committee recommends we assess a \$25 fine to all FGC Championship meets but allow swimmer(s) to swim the next individual or relay event after fine has been paid.

#### **Age Group Champs**

Alternates swimming at finals - Steve Goldman/Allan Golding are working on a meet referee's manual to address it.

Time trials entry deadline. Move up to the previous day after finals? Along with the scratch deadline? This will address admin work that needs to be done. It will prevent it from being done during the meet. Time trials eligibility.

Open to everyone, including swimmers not in the meet? – Time trials should be open to anyone, even swimmers not in the meet.

Score B finals at AGC? Maybe score top 4 (LCM) top 5 (SCY) at B finals? – See attached scoring results.

#### Senior Champs -

Senior Champs - Athlete participation? Should we open the meet to out of the area teams besides FL swimming teams? If so, what is the athlete cap?

Scratch procedure (online vs scratch table) – No recommended at this point

#### **OW qualifier (suggested to change name to FGC OW Championships)**

#### Recommended events and age groups offered

Events 1 Men 5 K / "Five-Kilometer"

Events 2 Women 5 K / "Five-Kilometer"

Events 3 Men 2 K / "Two-Kilometer"

Events 4 Women 2K / "Two-Kilometer"

Event 5 Open water 500

Event 6 Team Pursuit Relay

• Offer a "sprint" race (100-200 Y) depending on venue

Age Groups Categories: All Age Group Categories include Male and Female.

- Race 1-2: Five KM 12 & Under, 13-14, 15-16, 17 & Over
- Race 3-4: Two KM 12 & Under, 13-14, 15-16, 17 & Over
- Race 5: Open water sprint will be 12 & Under, 13-14, 15-16, 17 & Over
- Race 6: Relay must be made up of 3-6 swimmers from the same team. (Offer mixed relays)
- Ages will be 12 & Under or 14 & Over

#### Suggested Entry Fees

- Event 1-2: 5 K \$65 (2023) Proposed 2024 (\$75)
- Event 3-4: 2 K \$45 (2023) Proposed 2024 (\$60)
- Event 5: 500 \$35 (2023) Proposed 2024 (\$40)
- Event 6: Sprint relay 5-800 max \$35 (2023) Proposed 2024 (\$40)

Zones and All-St	ars Budget	Form	
Instructions: Fill in the numbers/amounts in column Cautopopulated for you. Do not change the numbers in	as needed. Put 0		Columns D & E will
Percentage Split for FGC/Athlete		FGC Athlete	30% 70%
TRAVEL			
Air travel or bus travel to meet per person	\$411.00		
Total number of swimmers	32		
Bus travel during the meet:	\$10,000.00		
Car if needed:	\$800.00		
Tips estimate	\$300.00		
Per swimmer cost		\$346.88	
		Total:	\$757.88
LODGING			
Hotel total per room/per night including taxes	\$159.00		
Number of swimmers in the room	3		
Cost per athlete per night		\$53.00	
x # of nights at hotel	5	Total:	\$265.00
FOOD			
Breakfast at hotel? yes =\$0	\$0.00		
Lunch and Dinner			
x # Days	5		
Per Diem estimate per day based on	\$65.00	Total:	\$325.00
city Snacks provided by team (water, fruit, simple	300	TOtal.	φ323.00
Shacks provided by team (water, fruit, simple		Total	9.38
	Per swimmer	Total:	9.30
OTHER			
Entries - include surcharges and IEs estimate	\$0.00		
Back pack - Pool Zones only	\$0.00		
1 shirt per day	\$4.00		
x # of days	6		
Pull over	\$20.00		
	T		

Total cost per athlete	\$1,401.25
Cost based on % split	\$980.88

\$44.00

Total:

#### **FGC SSRP PROGRESS REPORT**

(Points - Based on May 2023 Report from USA Swimming)

CLUB NAME:	CURRENT STATUS:	POINTS / EXPIRATION:
1. Alper J Swim Club	Started	41 pts
2. Atlantis Swimming Club	Started	16 pts
3. Azura	Safe Sport Recognized	February 2024
4. Boca Raton Swim Team	Safe Sport Recognized	April 2024
5. Bravo Swimming	Safe Sport Recognized	February 2024
6. Coral Springs Swim Club	Safe Sport Recognized	June 2023
7. Flood Aquatics Swim Team	Safe Sport Recognized	August 2023
8. Florida Keys Swim Club	Started	43 pts
9. Gulliver Swim Club	Started	58 pts
10. Homestead Wahoos Swim Club	Started	39 pts
11. Hurricane Aquatics	Safe Sport Recognized	May 2024
12. Jupiter Dragons	Safe Sport Recognized	January 2024
13. Metro Aquatic Club of Miami	Safe Sport Recognized	December 2023
14. Miami Swimming	Safe Sport Recognized	February 2024
15. Midtown Weston Aquatics	Started	62 pts
16. North Palm Beach Swim Club	Safe Sport Recognized	June 2023
17. Performance Aquatics	Safe Sport Recognized	March 2024
18. Pompano Beach Piranhas	Started	8 pts
19. Ransom Everglades Aquatic Club	Started	29 pts
20. Saint Andrew's Aquatics	Safe Sport Recognized	May 2023
21. South Florida Aquatic Club	Started	61 pts
22. Sunrise Swimming	Safe Sport Recognized	June 2024
23. Swim Fort Lauderdale	Safe Sport Recognized	May 2025
24. Swim Gym Swim Team	Safe Sport Recognized	April 2025
25. TS Aquatics	Safe Sport Recognized	28 pts
26. Tsunamis Swim Team	Started	5 pts

• Completed SSCR: 16 Clubs

• Started SSCR: 10 Clubs

Note for Officials from Steven Goldman-

#### Official Registration and Apprentice Registration

Please note that all officials, apprentices or otherwise, need to be registered. USA Swimming has a class of registration for apprentice officials with a \$0 fee that each LSC may offer. This permits the apprentice not to pay fees for 60 days. If an apprentice official is not registered, he/she will not be able to be pulled into meets in OTS or have sessions recorded.

If an official's registration date falls after a meet, he/she will not be listed in the officials that can be added to a meet. The official is technically not in good standing until registered, and this would be indicated on the membership card.

Please add apprentice officials must contact Steven Goldman gold438@gmail.com as soon as they register. Failure to do so might mean 60-day \$0 fee might disappear. We must know they exist.

#### **National Certification Sessions**

Only sanctioned meet sessions count towards national certifications Approved meets (NCAA, YMCA, Other) and observed meets (HS, USMS, Para, Other) sessions do not count. Please have your officials review the certification and professional documents.

#### May 2023 FGC Officials Report

Allan Golding May 2023 recipient of Officials Excellence award. I will give him the award at Sectionals in Plantation.

We are still having trouble identifying apprentice officials when registering in SWIM 3.0.

Same problem exists in signing officials up in SWIM 3.0. It seems that there is a conflict with their parent account (I think)

Finally we had an official transfer membership from Connecticut but I have no idea who he is. Somehow we should be told.

All these issues are being addressed through the National Officials committee.

Work continues on an officials championship manual. We need time when committee members are not so busy.

Steven Goldman Florida Gold Coast Swimming Officials Chair Sent from my iPhone

This came out related to SWIMS 3.0:

#### Official Registration and Apprentice Registration

Please note that all officials, apprentice or otherwise, need to be registered. USA Swimming has a class of registration for apprentice officials with a \$0 fee that each LSC may offer. This permits the apprentice to not pay fees for 60 days. If an apprentice official is not registered he/she will not be able to be pulled into meets in OTS or have sessions recorded.

If an official's registration date falls after a meet he/she will not be listed in the officials that can be added to a meet. The official is technically not in good standing until registered, and this would be indicated on the membership card.

Here is my question for all of you. For 2024 registration it will be easier for the officials chair to keep track of the apprentice officials if they only register with the LSC as opposed to signing up with each club. When they become full members they can attach to the club. My issue is unless someone from the club tells me they had an apprentice register I have no idea and their 60 days can be gone before I'm aware of them. (if they register unattached is there a way I could find out when someone registered? If not then let's keep it the way it is.)

There is a second problem that I don't know what to do with and that is the official who goes and transfers from an LSC to FGC. In the past I was told and was able to contact the LSC and get a recommendation. Now I have no idea and the referees cannot locate them because I have not given them certification. This happened recently when an official from Connecticut worked a meet and got credit but they transferred and the referee could not locate them. I would have any idea unless the referee contacted me and said what do I do?

Letting all of you know my issues, Steven

- 1.8 **Registration and Membership:** All memberships must be processed online using your Swim Club's *Registration Link*. This link is provided by the swim club's *Administrator*, through an email. Florida Gold Coast Swimming requires the following individuals to become members of USA Swimming.
  - 1. Athlete Annual, Flex Outreach or Open Water single event.
    - a. NOTE: Any athlete who is a member of a Foreign Federation must complete the "Notification of Membership in USA Swimming" form. The form can be found on the FGC Website.

#### 2. Non-Athlete

- a. Coaches & Ass't Coaches required regardless of full time or part time status.
- b. Officials
- c. Club Administrators, Registrars and Managers.
- d. Club Board of Directors.
- e. Club Chaperones or anyone serving in that capacity.
- F. Any person with an ownership interest in a member club.

#### 1.9 Membership Fees: The membership fees for 2023 are:

#### 1. Athlete

a.	Premium (Annual)	\$90
b.	Flex (max 2 meets) - 12 & Under	\$30
c.	Outreach (requirements needed)	\$7
d.	Open Water single event	\$15

#### 2. Non-Athlete

a.	Coaches	\$100
b.	Unattached Coaches (contact fgcoffice@fgcs	swim.org) \$200
c.	Officials	\$75
d.	Apprentice Officials (60 days)	\$0
e.	Club Adm., Regist. & Managers	\$30
f.	Chaperones	\$68
g.	Ownership	\$30

#### 3. Club or Organization

a.	Swim Team/Club – Renewing	\$250
b.	Swim Team/Club – <b>NEW</b>	\$500
c.	Organization (no coach or swimmer)	\$250

#### 1.10 Membership - New Club

**Application** – Individuals or Organizations that wish to form and register a new club should contact the FGC Swimming office at <a href="mailto:fgcoffice@fgcswim.org">fgcoffice@fgcswim.org</a>. The Florida Gold Coast Registration Chair will provide an introduction to the LSC website which provides links to the "Club Application Form" (FGC Website under "Forms & Document").

Prospective new clubs or organizations are also directed to the USA Swimming website by a <u>link</u> (FGC website under Teams – Team Resources). Look for the link on the USA Swimming Website – "Starting a Club". The LSC along with USA Swimming, stands to assist the new club through the application process.