

Florida Gold Coast Board of Directors Meeting March 1, 2022 via Video Conferencing

I. Call to Order- Jennifer Gibson called meeting to order at 7:30pm

II. Roll Call/Excused Absences

Chair-	Jennifer Gibson-P
Vice-Chair-	Bruno Darzi-P
Senior. Vice-Chair-	Chris Anderson-P
Age Gr Vice-Chair-	Liz Kershaw-P
Coaches Rep	Christi Wathen-P
Treasurer/Registration Chair-	Richard Cavanah-P
Secretary-	Lori Bosco-P
Officials Rep	Steven Goldman-P
Finance Vice-Chair	Kathleen Prindle-P
D.E.I Chair	
Op Risk/Safe Sport Chair	Michael Averett-P
Athlete Sr. Rep	Angelo Martinez-P
Athlete Jr. Rep	Camille Schechter-P
Athlete Rep	Rebecca Montero-A
Athlete Rep	Isabella Chambers-A
Athlete Rep	Kate Kaplan-P
Athlete Rep	Ariadne Villar-P
At-Large-(1yr)	Jesse Vassallo-P
At-Large-(1yr)	Gordon Andrews-P
At-Large-(1yr)	Allan Golding-P
Chair Advisor	Jim McCombs-A

(Technical planning committee members: Vice-Chair –Bruno Darzi, Senior Chair- Chris Anderson, Age Gr Chair-Liz Kershaw, Coaches Rep.-Christi Wathen, Officials Rep-Steven Goldman, and Two Athlete Reps).

(Executive Board: General Chair-Jennifer Gibson, Administrative Vice-Chair-Bruno Darzi, Senior Chair-Chris Anderson, Age Group Vice Chair-Liz Kershaw, Finance Vice Chair-Kathleen Prindle, Coaches Rep-Christi Wathen and Two Athlete Reps)

III. Approval of FGC Board Meeting minutes from

Motion: *To approve meeting minutes from January 25, 2022.* Steven Goldman.

Second. Christi Wathen. **Passed.** *No Opposed.*

IV. Consent Agenda=Discussion Items to Pull or “See attached” with document

A. General Chair-Jennifer Gibson

1. **FGC Mission Statement:** Florida Gold Coast Swimming promotes the growth and development of a diverse swimming community through education, innovation, and by supporting a safe environment and a commitment to excellence.

Vision Statement: To create an environment which develops excellence and life fitness through competitive swimming in the Florida Gold Coast.

2. Introduce Guests-Coach Terry Jones (assigned to Florida Gold Coast) and Coach Dana Skelton (assigned to Florida Swimming)- USA Swimming NEW Southern Zone Advisors. They spoke about their backgrounds and are here to help as needed.

B. Vice Chair-Bruno Darzi

1. See attached report. (2022 Admin Vice Chair report)-1. Senior Committee-under old business and Meet Sanctioning Committee under Age Group Chair.

C. Senior: Chris Anderson

1. No Report Submitted

D. Age Group: Liz Kershaw

1. See Attached report-discussion about future All Star events with FL Swimming.

E. Coaches: Christi Wathen:

1. See Attached report

F. Treasurer/Registration/Club Liaison: Dick Cavanah

1. See attached report

G. Secretary/Swimposium: Lori Bosco

1. See attached report-Looking for a place to host. Tentative schedule. Will add Safe sport for athletes at 10am-11am. Maybe doing something for Senior Athletes-will work with the athletes on the board for suggestions.

H. Officials: Steven Goldman

1. See attached report

I. Finance/Investments: Kathleen Prindle

1. See attached report

Motion: *The FGC LSC Board will officially conclude the 2020 Relief Grant Fulfillment process. The 2 outstanding teams that are not in good standing will not be allowed to register until the requirements are compete or the money is returned.* Kathleen Prindle. **Second.** Lori Bosco. **Passed.** *No Opposed.*

J. DEI:

1. No Report

K. Safe Sport/Safety Chair: Mike Averett

1. Safe Sport Report -see attached

L. Athletes: AJ Martinez

1. See attached: Ideas for social media. Discussion of creation of a checklist to ensure proper posting of content.

**VI. Committee Reports-
Ongoing Committees**

1. Athletes In Action=
2. Governance Committee=*Dick Cavanah, *Kathy Fish, *Dave Gibson, Chris Anderson, Jesse Vassallo*
3. Coach Support Network=*Gordon Andrews, Jennifer Gibson, Chris Anderson, Christi Wathen, and Mike Averett*
4. FGC Coach Mentoring Program 2022 Grant=*Bruno Darzi, Jennifer Gibson, Chris Anderson and Liz Kershaw*
5. FGC Meet Committee=*Liz Kershaw, Allan Golding, Bruno Darzi, Christi Wathen*
6. MSD Scholarship 2022 Committee=
7. Relief Grant Committee=*Kathleen Prindle, Dick Cavanah, Liz Kershaw, Bruno Darzi, Steven Goldman, Kathy Fish**.
8. Technical Planning Committee= *Bruno Drazi, Chris Anderson, Liz Kershaw, Allan Golding, Steven Goldman*
9. Swimposium=*Lori Bosco, Jennifer Gibson, Mike Averett, Athletes*
10. Website Upgrade/Upkeep=*Dick Cavanah, *Terrell Wood*
11. FGC Board Protection Measures=*Liz Kershaw, Bruno Darzi, Steven Goldman, Dick Cavanah*
12. Budget Committee=*Kathleen Prindle, Dick Cavanah (to develop)*
13. Senior Committee=*Chris Anderson, Bruno Darzi, and at least 3 board members (to develop)*
14. Meet Sanctioning Committee=*Christi Wathen, Allan Golding, Mike Averett*

*=Denotes Non-Board Members

A. COVID committee: Gordon/Bruno/Liz/Kathleen

1. No Report Submitted.

B. FGC Swim Meets/Sanctioning/Updates Allan G/Bruno/Liz/Christi

1. See attached Report (Sanction Report).

VII. Old Business

- A. Past Due Audit with USA-S-**(Dick Cavanah) gave update and working with USA Swimming.

B. FGC Grant Committee Update-Kathleen Prindle-see above.

C. 2022 FGC Coaches Mentorship Program-(Bruno Darzi) working to possibly bring in someone to our FGC to provide development.

D. USA Swimming Workshop-Schedule attached.

E. FGC LEAP Program-(Jennifer Gibson)-update. Deadline-July 31, 2022

F. FGC Committee Updates-(Jennifer Gibson) creation of Budget and Senior Committee.

G. General Chair-visit tour-(Jennifer Gibson)- working on plan/goals

VIII. New Business-Action items (introduced no later than 9:30pm)

A. Champ Meet review-prior to May meeting/report in May

B. LSC Athlete programming focus for 2022-2024-May meeting.

C. FGC Open Water Zone Qualifier-1 mile Proposal-(Jesse Vassallo)-ideas presented. Jesse and Sid Cassidy to work together on open water and an Open Water committee.

D. Opportunity: PanAm Aquatics Swimming on June 2-5, 2022 in Trinidad-maybe FGC to put a team together to attend the meet. Ages 11-12, 13-14, 15-17. 6 females and 6 males in permitted in each age group. Parents allowed to attend. Time finals meet. Discussion. This year swimmers can go on their own.

IX. FGC B.O.D 2022 Meeting Schedule

A. Meeting Dates 2022 (Subject to change)

1. Thurs., April 21-Sunday April 24: USA Swimming Workshop-Denver, CO—to attend: Jennifer, Bruno, Chris, Liz, Christi, Dick, Kathleen and Athletes
2. Tues., May 24: @7:30pm-FGC Board Meeting via ZOOM
3. Tues., June 21: @12:00pm-FGC Board Meeting via ZOOM
4. No July Board Meeting
5. Tues., August 23: @12:00pm-FGC Board Meeting via ZOOM
6. Wed., Sept 7-Sat., Sept 10-ASCA World Clinic, Las Vegas, NV
7. Tues., Sept 20: @7:30pm-FGC Board Meeting via ZOOM
8. ?Thurs., Sept 22-Sat., Sept 24-USA-S Annual Business Meeting-(virtual)
9. Sat., Oct 22-FGC Swimposium/HOD/Board Meeting
10. November FGC Board Retreat
11. No December Board meeting

X. Adjournment – 10:30pm

Motion: To adjourn. Bruno Darzi. **Second.** Dick Cavanah. **Passed.** No Opposed.

2022 Admin Vice Chair Report – 02/25/22

- I suggest the creation of a Senior Committee to look into long-term FGC Senior Development, Senior Championships format and time standards. The committee should consist of: Senior Chair, Technical Planning Chair and at least 3 Board Members.
- I suggest that the meet sanctioning committee should be formed of one official member and 2 at large members.



Age Group Chair Report 3/2022

Last Meeting Follow-up

- 3/27 All Starts in Fort Pierce - FL did break up into 2 separate teams.
 - Currently have 4 coaches applications (applications close 2/25)
 - Have asked FL Swimming to meet in May 2022 to review current format
 - Athletes committee designed the shirts for the meet - THANK YOU
- 5/13-15 OW Zones - FL is host and meet info has been posted
 - Working on a qualification meet for the event - Pompano's Power Challenge has been canceled
 - Cathy Silveira has reached out to FL swimming to see if they have another OW meet that FGC could use as a qualifier. Working with Cathy for alternatives.

New Business

- Would like the FGC board to consider if the All-Star meet is serving our athletes in the best possible manner. - Request a very brief discussion at the BOD meeting.

Action Items

-

Christi Wathen <coachrep@fgcswim.org>

Mon, Feb 21, 2022 at 2:28 PM

Here is the Coaches' Rep update:

- Sent out email to all coaches re: Championship meets, All-Stars, need for officials
- Working with Dick on updating the emails for coaches and teams
- Plan to send out another email to all coaches in March re: Rules & Regs, Policies & Procedures, new meet fees worksheet (plus any other 'governance-type' issues to relay)

If there's anything you'd like me to send to coaches, please let me know!

See you on deck,

Christi



FLORIDA GOLD COAST SWIMMING

Treasurer's Report

February 23, 2022

A. Financial Statement

Bank Balance (02-23-22)	\$224,113
Wells Fargo Securities Investments (01-31-22) • Includes unrealized profit or loss	\$724,874
Savings Account – Bank of America (01-23-22)	\$ 74,554
Accounts Receivables (Registrations)	\$ 10,043
Escrow Balances	- \$ 13,682
Due USA-Swimming – Jan. 2022 Registrations	- <u>\$ 19,608</u>
Total	<u>\$1,000,294</u>

Richard Cavanah
FGC Membership/Treasurer



FLORIDA GOLD COAST SWIMMING

Registration Report

February 23, 2022

A. 2021 – Athletes	(Annual)	4,435	
	(Flex)	<u>538</u>	<u>4,973</u>
2022 – Athletes (to date)	(Annual)	4,131	
	(Flex)	<u>403</u>	<u>4,534</u>
B. 2022 – Non-Athletes	Coaches	237	
	Officials Non-Coaches (31 coach/official)	155	
	Others	29	
			<u>421</u>
C. 2022 – FGC Clubs	Clubs	53	
	Organizations	<u>2</u>	<u>55</u>

Richard Cavanah
Membership Chairman

Florida Gold Coast Swimposium-2022

Date: October 22, 2022

USA Swimming grant to aid funding for presenters.

Place: TBD-**Looking for a place with space to hold:

1. auditorium for awards and guest speaker/HOD/board meeting
2. space for breakout sessions to include-parent talk, official talk and coaches talk

Schedule: 9am-10am: Guest speaker to talk to everyone

10am-11am: breakout sessions of parents, officials

11am-12pm-Award ceremony

Break for lunch-lunch provided to presenters and board members.

1pm-4pm-HOD and Board meeting

Awards to current year-September 1, 2021-August 30, 2022

1. Zone Team participants
2. Zone Team Open Water participants
3. Record Breakers
4. Top 5 IMX in the following age groups: 9, 10, 11,12, 13,14 in both long course and short course.
5. National Top 10

All names are published on the FGC website for recognition.

Officials Report March 2022

1/1/2022- Present two Stroke and Turn Clinics, Two Starter Clinics, two Referee Clinics
186 registered officials

We currently have or implementing three types of Stroke and Turn Clinics

1. In person
2. Zoom
3. Annual Symposium
4. Self paced

We need the coaches to help recruit volunteers.

We will be getting communication out to coaches.

We are asking coaches to encourage the officials tied to their team to travel and work at other pools.



FLORIDA GOLD COAST SWIMMING

March 1, 2022 Finance Chair Update

1.) FGC tax review (project in conjunction with Treasurer/Coach Cavanah) in the works.

2.) FGC COVID Relief Grant update:

a. Final Deadline was Dec 31, 2021 (extended 2x - from 12/2020 to 4/2021, to 12/21)

- 10 teams were non-compliant heading into the deadline! 3 teams got it done just under the wire
- 7 teams were not in good standing as we began 2022.
- 4/7 completed the requirements ...with a LOT of prodding
- 1/7 complete; submitted & still under review by SS expected to be compliant in the next week/s
- 2/7 are not in good standing (aka not planning to re-register their teams at this time)

b. Safe Sport Recognition is non-negotiable for Grant recipient Teams

c. **Motion:** The FGC LSC Board will officially conclude the 2020 Relief Grant Fulfillment process. The 2 outstanding teams that are not in good standing will not be allowed to register until the requirements are complete or the \$ is returned.

UPDATED 2.22.2022						
ALL LISTED are OUTSTANDING TEAMS after Dec 31, 2021 DEADLINE						
HEAD COACH	CLUB NAME	DOCS: Crisis Plan & Receipts	SAFE SPORT RECOGNITION	LSC VOLUNTEERISM	RESULT	FINAL NOTES
GRANT SETTLED (late/after 3rd/FINAL deadline)						
Zahariev, Kiril	Jupiter Dragons Swim Team	recvd payroll recs 11/7. CMP 12/27	Y	Y	KEPT \$	done-1/7/2022
De Angulo, Andes	Miami Swimming	Y -RECEIPTS + CMP 12/31	Y- 2/11/22	Official clinic 2.12.22	KEPT \$	done Feb 22, 2022
Larissa Perez	Miami Swimming Academy/BRAVO	Y - 10.20.21	Y - 2/11/22	Y - open event	KEPT \$	done - Feb 22, 2022
Alison Templin	East Coast Aquatic Club	Y - incomplete, 2nd time ok			PAYBACK \$ Dec '21	DID NOT COMPLETE SS OR LSC REQUIREMENTS
GRANT ALMOST SETTLED (awaiting review by SS for their SSR)						
Olsen, Jon	Florida Keys Swim Club	recvd CMP 1/29/22, RECTS 2/1/22	Submitted to SSR /45pts so far	zoom for MAAP parent transport	KEPT \$	submitted to SS
GRANT UN-SETTLED: MAY NOT REGISTER CLUB for 2022 OR BEYOND						
(did not meet funding requirements, but did not opt to payback \$. These are NOT in 'good standing' with the LSC)						
Fabio Amorim	Black Marlin SC WPB (BMSC)	Y - cmp 10/17. Need receipts?!	logged in/47 pts		KEPT \$ BD talked to Fabio multiple times	Say he WILL NOT REGISTER SWIMMERS in 2022
Sivory Sanchez/Paula Luhan CEO	Miami Beach Seahawks	Receipt rec'vd 11/10. CMP 12/20	in touch with mike/ no active swimmers?		KEPT \$ KKP contacted multiple, sent samples CM plan & SSR info	cannot do SSR until he has members again.

3.) I will be scheduling our second annual **mid-year FGC Budget Review** early May 2022. This will be open to all Board & FGC members. This will be virtual to encourage more participation! Bring your brains



Respectfully Submitted, Kathleen Prindle

FGC SSCR PROGRESS REPORT

(Points - Based on January 2022 Report from USA Swimming)

CLUB NAME:	CURRENT STATUS:	POINTS / EXPIRATION:
1. Alper J Swim Club	Safe Sport Recognized	October 2022
2. Azura	Safe Sport Recognized	February 2024
3. Boca Raton Swim Team	Safe Sport Recognized	April 2022
4. Bravo Swimming	Safe Sport Recognized	February 2024
5. Coral Springs Swim Club	Safe Sport Recognized	June 2023
6. Eagle Aquatics	Safe Sport Recognized	January 2023
7. East Coast Aquatic Club	Started	54 pts
8. Flood Aquatics Swim Team	Safe Sport Recognized	August 2023
9. Florida Keys Swim Club	Started	45 pts
10. Gulliver Swim Club	Safe Sport Recognized	June 2022
11. Heritage Aquatic Team	Started	7 pts
12. Hurricane Aquatics	Safe Sport Recognized	May 2022
13. Jupiter Dragons	Safe Sport Recognized	January 2024
14. Lake Lytal Lightning	Safe Sport Recognized	April 2022
15. Metro Aquatic Club of Miami	Safe Sport Recognized	December 2023
16. Miami Country Day Aquatics	Started	31 pts
17. Miami Swimming	Safe Sport Recognized	February 2024
18. Midtown Weston Aquatics	Safe Sport Recognized	October 2022
19. North Palm Beach Swim Club	Safe Sport Recognized	June 2023
20. Performance Aquatics	Started	62 pts
21. Pine Crest Swimming	Started	48 pts
22. Plantation Swim Team	Started	10 pts
23. Pompano Beach Piranhas	Safe Sport Recognized	April 2023
24. Ransom Everglades Aquatic Club	Started	48 pts
25. Saint Andrew's Aquatics	Safe Sport Recognized	May 2023
26. South Florida Aquatic Club	Safe Sport Recognized	January 2023
27. Sunrise Swimming	Safe Sport Recognized	May 2022
28. Swim Fort Lauderdale	Safe Sport Recognized	March 2023
29. Swim Gym Swim Team	Safe Sport Recognized	November 2022
30. TS Aquatics	Safe Sport Recognized	December 2022
31. Wahoo's of Wellington	Safe Sport Recognized	March 2023

Total FGC Clubs: 53

- Completed SSCR: 23 Clubs
- Started SSCR: 8 Clubs
- Not Started SSCR: 22 Clubs

Ideas for Proposal for Social Media

Being a part of this committee includes frequent meetings over a short period of time. You will definitely learn about governance and the board members while serving on this committee. You will also learn about MAAPP. Creating a proposal is tedious but once you learn how one is made serving on other committees becomes a lot easier. This will also teach you how to propose things to the board and what it takes to be prepared for that proposal.

How are we going to accomplish this

- Instagram page for the swimmers
 - Safe Sport
 - Swimposium
 - Marketing and Merch
 - Cloths that are in style this season or nice designs
 - We need to see the new FGC logo
 - Swimmer of the month
 - Team of the month
 - Maybe for the greatest amount of safe sports recognition
 - Splash magazine little interviews with younger swimmers
 - Highlight open water and swim meets going on in our FGC
 - Highlight certain awareness going on that month
 - Ex. breast cancer, black history month, Pride month, talk about famous people and how it affects them and swimmers, etc
 - Repost pictures from swimmers that tag us from swim meet and other big meets
 - Interview swimmers that placed first in their race
 - Repost swim teams posts at certain swim meets such as the Olympic trials, big meets worldwide
 - People that committed to certain colleges and stuff
 - Social media takeovers
 - Go with a team at their practices
 - Start with us swimmers
 - Try and get people from the majority of teams in FGC

2022 FG SCY BB Championships North - 2/25/2022 to 2/27/2022**Sanction #: FG172205605017****Team Summary**

Team Name	Female Athletes	Male Athlete	Total Athletes	Female Entries	Male Entries	Individual Entries	Relay Entries	Total Entries	TT Only Athletes	Relay Only	No Entry Athletes
Boca Raton Swim Team (BR-FG)	3	5	8	18	16	34	0	34	0	0	0
Coral Springs Swim Club (CSCC-FG)	36	23	59	153	94	247	0	247	0	0	0
Eagles Swim Club (ESC-FG)	0	1	1	0	2	2	0	2	0	0	0
East Coast Aquatic Club (ECAC-FG)	3	2	5	4	6	10	0	10	0	0	0
Flood Aquatics Swim Team (FAST-FG)	4	8	12	12	29	41	0	41	0	0	0
Hammerhead Aquatics (HAFL-FG)	2	2	4	8	3	11	0	11	0	0	0
Heritage Aquatic Team (HAT-FG)	5	6	11	16	23	39	0	39	0	0	0
Jupiter Dragons Swim Team (JDST-FG)	24	20	44	88	70	158	0	158	0	0	0
Lake Lytal Lightning (LLL-FG)	25	14	39	110	64	174	0	174	0	0	0
Martin County Swimming (MART-FG)	11	4	15	42	13	55	0	55	0	0	0
North Palm Beach Swim Club (NPB-FG)	11	10	21	47	38	85	0	85	0	0	0
Performance Aquatics (PAQ-FG)	1	2	3	3	6	9	0	9	0	0	0
Pine Crest Swimming (PCS-FG)	17	14	31	65	48	113	0	113	0	0	0
Plantation Swim Team (PST-FG)	9	13	22	33	54	87	0	87	0	0	0
Pompano Beach Piranhas (POMP-FG)	10	8	18	51	33	84	0	84	0	0	0
Saint Andrew's Aquatics (SAS-FG)	26	20	46	106	76	182	0	182	1	0	0
Sunrise Swimming (SUN-FG)	13	8	21	68	33	101	0	101	0	0	0
Swim Fort Lauderdale (SFTL-FG)	8	6	14	35	20	55	0	55	0	0	0
Ts Aquatics (TSA-FG)	12	13	25	37	36	73	0	73	0	0	0
Tsunamis Swim Team (TSU-FG)	7	7	14	23	24	47	0	47	0	0	0
Unattached (UNAT)	0	0	0	0	0	0	0	0	0	0	0
Unattached Br (UN-14-FG)	0	1	1	0	2	2	0	2	0	0	0
Unattached Lll (UN-01-FG)	1	0	1	3	0	3	0	3	0	0	0
Unattached Pcs (UN-11-FG)	1	0	1	5	0	5	0	5	0	0	0
Unattached Pst (UN-10-FG)	0	1	1	0	3	3	0	3	0	0	0
Unattached Pst (UN-02-FG)	0	1	1	0	6	6	0	6	0	0	0
Unattached Pst (UN-03-FG)	1	0	1	6	0	6	0	6	0	0	0
Unattached Pst (UN-04-FG)	1	0	1	3	0	3	0	3	0	0	0
Unattached Pst (UN-05-FG)	1	0	1	3	0	3	0	3	0	0	0
Unattached Pst (UN-06-FG)	0	1	1	0	3	3	0	3	0	0	0
Unattached Pst (UN-07-FG)	0	1	1	0	2	2	0	2	0	0	0
Unattached Pst (UN-09-FG)	1	0	1	5	0	5	0	5	0	0	0
Unattached Pst (UN-08-FG)	1	0	1	6	0	6	0	6	0	0	0
Unattached Sas (UN-19-FG)	0	1	1	0	1	1	0	1	0	0	0
Unattached Sftl (UN-15-FG)	0	1	1	0	6	6	0	6	0	0	0
Wahoo's Of Wellington (WOW-FG)	13	17	30	55	61	116	0	116	0	0	0
36 Team(s)	247	210	457	1005	772	1777	0	1777	1	0	0

2022 FG SCY BB Championships South
Feb 25-27, 2022 Pembroke Pines, FL
Team Summary

Team Name	Female Athletes	Male Athlete	Total Athletes	Female Entries	Male Entries	Individual Entries	Relay Entries	Total Entries	TT Only Athletes	Relay Only	No Entry Athletes
Azura Florida Aquatics (AZFL-FG)	0	3	3	0	6	6	0	6	0	0	0
Blue Marlins Of Hialeah Garden (BMHG-FG)	7	9	16	27	32	59	0	59	0	0	0
Bravo Swimming (BRVO-FG)	2	6	8	15	26	41	0	41	0	0	0
City Of Hialeah Storm Swim Tea (HSC-FG)	4	4	8	11	13	24	0	24	0	0	0
City Of Miami Swim Team (CM-FG)	0	1	1	0	3	3	0	3	0	0	0
Cooper City Cyclones Swim Team (CCPR-FG)	6	7	13	20	23	43	0	43	0	0	0
Eagle Aquatics (EA-FG)	9	8	17	33	29	62	0	62	0	0	0
Florida Keys Swim Club (FKSC-FG)	0	0	0	0	0	0	0	0	0	0	0
Gulliver Swim Club (GRSC-FG)	9	11	20	37	37	74	0	74	0	0	0
Homestead Wahoos Swim Club (SWAT-FG)	1	0	1	4	0	4	0	4	0	0	0
Hurricane Aquatics (CANE-FG)	8	12	20	34	42	76	0	76	0	0	0
Marjcc Swim Team (MJST-FG)	2	1	3	9	2	11	0	11	0	0	0
Metro Aquatic Club Of Miami (MACM-FG)	15	13	28	54	36	90	0	90	0	0	0
Miami Country Day Aquatics (MCDA-FG)	8	6	14	28	20	48	0	48	0	0	0
Miami Swimming (MS-FG)	7	2	9	32	9	41	0	41	0	0	0
Midtown Weston Aquatics (MWA-FG)	11	8	19	43	33	76	0	76	0	0	0
North Miami Swim Team (NMST-FG)	2	8	10	8	25	33	0	33	0	0	0
Ransom Everglades Aquatic Club (RANS-FG)	14	15	29	72	68	140	0	140	0	0	0
Shelton Doral Swim Team (SDST-FG)	3	5	8	9	22	31	0	31	0	0	0
South Florida Aquatic Club (SOFL-FG)	36	41	77	170	166	336	0	336	0	0	0
Swim Gym Swim Team (SGST-FG)	1	2	3	5	6	11	0	11	0	0	0
Swimfast (SF-FG)	8	4	12	26	12	38	0	38	0	0	0
Unattached (UNAT)	0	0	0	0	0	0	0	0	0	0	0
Unattached Azfl (UN-18-FG)	1	0	1	4	0	4	0	4	0	0	0
Unattached Azfl (UN-17-FG)	1	0	1	2	0	2	0	2	0	0	0
Unattached Azfl (UN-16-FG)	1	0	1	3	0	3	0	3	0	0	0
Unattached Fksc (UN-22-FG)	1	0	1	4	0	4	0	4	0	0	0
Unattached Fksc (UN-23-FG)	0	1	1	0	5	5	0	5	0	0	0
Unattached Grsc (UN-27-FG)	0	1	1	0	4	4	0	4	0	0	0
Unattached Grsc (UN-26-FG)	1	0	1	3	0	3	0	3	0	0	0
Unattached Hsc (UN-13-FG)	0	1	1	0	1	1	0	1	0	0	0
Unattached Hsc (UN-12-FG)	0	1	1	0	3	3	0	3	0	0	0
Unattached Macm (UN-20-FG)	1	0	1	2	0	2	0	2	0	0	0
Unattached Mwa (UN-21-FG)	0	1	1	0	4	4	0	4	0	0	0
Unattached Sofl (UN-24-FG)	0	1	1	0	5	5	0	5	0	0	0
Unattached Sofl (UN-25-FG)	1	0	1	5	0	5	0	5	0	0	0
36 Team(s)	160	172	332	660	632	1292	0	1292	0	0	0



2022 USA Swimming Workshop presented by LiveBarn

Thursday, April 21- Sunday, April 24, 2022

[Denver Marriott Tech Center](#)

4900 S. Syracuse Street

Denver, CO, 80237

(303) 779-1100

Deadline for Meeting registration and lodging: April 7, 2022

[USA Swimming Webpage Link](#)

[Meeting Registration Link](#)

[Lodging Link](#) or contact the hotel directly (303-779-1100), ask for “USA Swimming” room block

Room Rate: \$119 + taxes/night

Day 1: Thursday, April 21, 2022		
Arrivals, Keynote, Reception		
TBD	Board of Directors Strategic Session <i>(Board only)</i>	
4:00 - 5:30 p.m.	Registration	
5:30 - 7:00 p.m.	Welcome/Keynote Jon Mann, Aurora Public Schools Interim Director of Strategy & Innovation	
7:00 - 9:00 p.m.	Workshop Social Heavy Hors D’oeuvres & Drinks	
9:00 - 10:30 p.m.	Athlete Meet & Greet Dessert Bar in the Atrium	

Day 2: Friday, April 22, 2022		
Targeted Learning, Cross Learning		
6:00 - 7:00 a.m.	Yoga Session at Hotel: Athletes and Non-Athletes	
7:00 a.m. - 1:30 p.m.	Foundation Garage Sale	
7:00 a.m. - 5:00 p.m.	Registration	
9:00 a.m. - 4:00 p.m.	Board of Directors Meeting	
7:30 - 8:30 a.m.	Breakfast Buffet	

8:30 - 10:00 a.m.	TARGETED LEARNING SESSIONS	
	<p>“Why” SWIMS 3.0 and Online Member Registration Demo: This session includes a summary on why upgrades are needed for SWIMS, the database, and registration. This session will include the full registration process from the LSC Registrar point of view to the parent POV and club POV. The last 20-30 minutes will be reserved for “Learning by Doing.” Attendees will be able to create SWIMS accounts and register members. <i>Presenters:</i> Patrick Murphy, Denise Thomas, Pam Lowenthal, Eric Stimson, and Mary Turner <i>Audience:</i> LSC Registrars, Times Officers, Office Staff, etc.</p>	
	<p>Coach Certification (+ USADA Education): Preview of the Coach Certification program, including an overview and demonstration of the platform. USADA education will also occur in this timeframe. <i>Presenters:</i> MJ Truex, Maggie Vail, Stacy Michael-Miller, Jennifer Thomas <i>Audience:</i> Coaches</p>	
	<p>DEI 101: The Who, What, How - Helping boards and communities understand Diversity, Equity, and Inclusion (DEI). <i>Presenter:</i> Leland Brown, III <i>Audience:</i> DEI Chairs, Athlete Reps, others</p>	
	<p>LSC Leaders: Facilitate for Board of Directors (BOD) Effectiveness. <i>Presenters:</i> Jon Mann, and others</p>	
10:00 - 10:30 a.m.	Break	
10:30 a.m. - 12:00 p.m.	<p>SWIMS 3.0 & Online Club Registration/Management: This session will demo the new Online Club Application. Attendees will see the new approval process from both the LSC Registrar and USA Swimming HQ POV. <i>Presenters:</i> Patrick Murphy, Denise Thomas, Pam Lowenthal, Eric Stimson, Mary Turner <i>Audience:</i> LSC Registrars/Times Officers/Office Staff, others</p>	
	<p>Coach Certification: Facilitated session of the Quality Coaching Framework, which is the guiding framework of the program. <i>Presenters:</i> MJ Truex and Maggie Vail <i>Audience:</i> Coaches</p>	
	<p>DEI/LSC Leadership: Individual Equity Building: The benefits and challenges of building inclusive, equitable relationships between board members <i>Presenter:</i> Leland Brown, III <i>Audience:</i> DEI Chairs, LSC Leaders, others</p>	
	<p>AEC Committee-Athlete Representation Introduction + USADA Education: <i>(Athletes only)</i> <i>Presenters:</i> Stacy Michael-Miller, Jennifer Thomas <i>Audience:</i> Athletes</p>	
12:00 - 1:30 p.m.	Boxed Lunch Available	

1:30 - 3:00 p.m.	<p>Session A (45 minutes): Understanding SWIMS 3.0: High-level overview of the wholesale improvements to SWIMS and the ways it will improve value to members. <i>Presenters:</i> Jake Grosser, Denise Thomas, Pam Lowenthal, Eric Stimson, and Mary Turner <i>Audience:</i> General Chairs, Administrators, Program Operations, Staff, others</p> <p>Session B (45 minutes): Coach Certification: Overview of the Coach Certification rules, features, and program rules. <i>Presenters:</i> MJ Truex & Maggie Vail <i>Audience:</i> Support staff and Registrars</p>	
	<p>SWIMS 3.0 Meets, Times, Data: This session will explore improvements to the Times database, including uploading simplified meet results and drastically improved Times matching logic <i>Presenters:</i> Patrick Murphy, Corey Manley, Lisa Olack <i>Audience:</i> LSC Registrars, Times Officers, Office Staff, others</p>	
	<p>DEI/Coach Reps/Athlete Reps: Organizational Equity Building: Challenging Policy, Practice, and Preparing for Organizational Change and New Needs <i>Presenter:</i> Leland Brown, III <i>Audience:</i> DEI Chairs, Athlete Reps, Coach Reps, others</p>	
3:00 - 3:30 p.m.	<p>Break: Non-Athletes only</p>	
	<p>Impactful Athlete Governance: Athlete Session <i>Presenters:</i> AEC Committee <i>Audience:</i> Athletes</p>	
3:30 - 4:30 p.m.	<p>Impactful Athlete Governance: Athlete & Non-Athlete Session <i>Presenters:</i> AEC Committee <i>Audience:</i> Athletes and Non-Athletes</p>	
<p><i>Dinner on your own with your LSC (perhaps include a neighboring LSC)</i> <u>Nearby Dining Guide</u></p>		

Day 3: Saturday, April 23, 2022		
Legislative Review and Comment Session, Open In-person Committee Meetings		
5:30 a.m.	Transportation to Pool	
6:00 - 7:00 a.m.	Athlete/Non-Athlete Swim Workout	
7:30 a.m.	Transportation to Hotel	
7:00 a.m. - 1:30 p.m.	Foundation Garage Sale	
7:00 a.m. - 5:00 p.m.	Registration	
7:30 - 8:30 a.m.	Breakfast Buffet	

8:30 - 9:00 a.m.	LiveBarn Presentation	
9:00 - 10:00 a.m.	Legislative Review Session <i>Presenters: Ryan Gibbons, Zone Directors' Council (ZDC) & Derek Paul, Rules and Regulations Chair</i>	
10:00 - 10:30 a.m.	Break	
10:30 - 11:30 a.m.	Legislative Review Session , continued	
11:30 a.m. - 12:00 p.m.	Governance Changes House of Delegates (HOD), Nominating Committee, etc.	
12:00 p.m. - 1:30 p.m.	USA Swimming Awards Luncheon	
1:30 - 3:00 p.m.	National Committee Meetings* <ul style="list-style-type: none"> • Registration/Membership • Athletes Executive Council (AEC) • LSC Development • Age Group Development <i>*Other committee meetings will be held virtually April 10-20, 2022</i>	
3:00 - 3:30 p.m.	Break	
3:30 - 5:00 p.m.	National Committee Meetings* <ul style="list-style-type: none"> • Diversity, Equity, and Inclusion (DEI) • Zone Directors' Council (ZDC) <i>*Other committee meetings will be held virtually April 10-20, 2022</i>	
5:30 - 7:00 p.m.	Team Trivia USA Swimming style (<i>light snacks & non-alcoholic beverages provided</i>)	
7:00 - 10:00 p.m.	Athlete Social (<i>light snacks provided</i>)	
<i>Dinner on your own (perhaps network with other LSC positions)</i> <u>Nearby Dining Guide</u>		

Day 4: Sunday, April 24, 2022		
Zone Directors' Council Programming, Workshop Wrap up		
6:00 - 7:00 a.m.	Dryland/Strength Session at hotel: Athletes and Non-Athletes	
7:30 - 8:30 a.m.	Breakfast Buffet	
8:30 - 10:00 a.m.	Zone Directors' Council Individual Zone Meetings <ul style="list-style-type: none"> • Eastern • Southern • Central • Western 	

10:00 - 10:30 a.m.	Break	
10:30 a.m. - 12:00 p.m.	ZDC Combined Meeting + USA Swimming Workshop Wrap Up Townhall, presentation on projects, closing statements	
12:00 p.m.	Boxed Lunches Available	