Florida Gold Coast Board of Directors Meeting April 20, 2021 via Video Conferencing

- **I.** Call to Order- Jennifer Gibson called meeting to order at 7:37pm
- **II. Roll Call/**Excused Absences

Jennifer Gibson-P Chair-Vice-Chair-Alf Aguirre-P Chris Anderson-P Senior. Vice-Chair-Liz Kershaw-P Age Gr Vice-Chair-Coaches Rep Gordon Andrews-P Treasurer/Registration Chair-Richard Cavanah-P Lori Bosco-P Secretary-Officials Rep Steven Goldman-P Finance Vice-Chair Kathleen Prindle-P D.E.I Chair Rosemarie Knoll-Ex Op Risk/Safe Sport Chair Michael Averett-P Athlete Sr. Rep Kyle Kasztner-A Athlete Jr. Rep Chloe Hernandez-Athlete Rep Benji Carey-A Madelene Finks-A Athlete Rep Bruno Darzi-P At-Large-(1yr) At-Large-(1yr) Christi Wathen-P At-Large-(1yr) Allan Golding-P Jim McCombs-P Chair Advisor

(**Technical planning committee members**: Vice-Chair –Alf Aguirre, Senior Chair-Chris Anderson, Age Gr Chair-Liz Kershaw, Coaches Rep.-Gordon Andrews, Officials Rep-Steven Goldman, Athlete Reps: Kyle Kasztner, and Chloe Hernandez)

(**Executive Board:** General Chair-Jennifer Gibson, Administrative Vice-Chair-Alf Aguirre, Senior Chair-Chris Anderson, Age Group Vice Chair-Liz Kershaw, Finance Vice Chair-Kathleen Prindle, Coaches Rep-Gordon Andrews and Two Athlete Reps-Kyle Kasztner and Chloe Hernandez)

III. Approval of FGC Board Meeting minutes from March 2, 2021

Motion: To approve meeting minutes March 2, 2021. Dick Cavanah. **Second**. Bruno Darzi. **Passed.** *No Opposed*.

- IV. Consent Agenda=Discussion Items to Pull or "See attached" with document
 - A. General Chair-Jennifer Gibson

- 1. **FGC Mission Statement:** To promote growth and development of a diverse swimming community through education, innovation, and a commitment to excellence. **Vision Statement:** To create a healthy community in South Florida which cultivates safety, fitness and competitive excellence though swimming.
- 2. **Special Guest:** Introduced new CEO for ASCA-Jennifer LaMont- spoke about having a member driven organization and finding out the wants and needs of coaches to get their voice shared to enhance the sport of swimming.
- 3. **Senior Development Committee meeting**: recap from meeting: (to send out notes from meeting) --highlights:
- a. the protocol for trials and testing using.
- b. Spring Champs and Pro Cup.
- c. Futures-and this year no time ceiling; (C and D finals for 18 and Under) with Actual cap (500-per site) full 4 day meet in four locations with 2020 Futures Time Standards.
- d. Sectionals-Trying to cap the size of sectionals to 800.
- e. Plan for summer Juniors-an east and west location.
- f. If you have trial tickets-reach out to USA swimming as the venue is 50% capacity.
- g. DEI opportunities-move employees around to ensure a DEI experience in every department within USA-Swimming. (new program director: Leland Brown III)
- h. Change: Instead of "convention"-the new term is Annual Meeting. Will have a virtual Annual Meeting September 23-25, 2021. (No USAT convention in 2021)

5. Updates from USA Swimming:

- a. LSC Leaders Monthly Meeting Recap-March/April 2021
- b. Lisa Olack-USA USA-S misc. updates-see attached.
- c. Southern Zone Director- see attached
- d. Sr. Zone meet bid for summer 2021-a new bid in North Texas-Lakeside Aquatic Club. Will send out information.
- e. Virtual Zone Workshop-April 30-May 1, 2021
- f. USA-S Governance Update-What this means for you/Us (Kathleen)--membership for USA swimming voted into a new governance structure. Some things we can do ourselves-ie: reviewing policy manual. Items that cannot work out is mandated by USOPC (which USA-Swimming is required to comply with). When we went to this new structure: required to have 33 and 1/3% athletes on board which must comprise of OP goal 10+athletes-those that have been part of a USA swimming delegation. Talked about proposals regarding governance with USA-Swimming.

Action item: To task our Governance committee to take a review of these topics and share thoughts of support/non-support and document how feeling about this for June 30, 2021 HOD meeting.

B. Vice Chair-Alf Aguirre

1. No Report Given

- C. Senior: Chris Anderson
 - 1. No Report Given
- **D.** Age Group: Liz Kershaw-Attached report.
 - 1. Age Group Report-attached report: Age group report & time standards
 - 2. Live Stream-for all FGC meets-

Motion: For meet hosts to disclose to coaches/official/volunteers where live mics and those with cameras and audio capabilities are on deck. This can be done in a coaches meeting, via email, or some other form of communication before the meet starts. Liz Kershaw. Second. Kathleen Prindle. With friendly amendment from Chris Anderson to add: Live mics and cameras with audio capabilities cannot be anywhere near Official's table or able to listen to any Official's talk. Passed. No Opposed.

3. Open Water Qualifier-

Motion: To award the host of the Open Water qualifier a multi-year commitment to host the event. Allan Golding. Second Chris Anderson. Withdrawn.

Motion: FGC supports the 2021 OW qualifier at \$1,500. To cover the cost of renting a timing system for the event as a safety measure for this year only. Dick Cavanah Second. Allan Golding. Passed. No Opposed.

Motion: FGC Financial proposal after 2021 is for the open water host to pay the same sanction fee as a pool meet to host and pay 20% of entries to FGC. The FGC includes awards for OW when purchasing for other championship meets and FGC covers the cost of awards and timing system for future years. Allan Golding. Second. Dick Cavanah. Withdrawn.

Motion: To split warm-up for Long Course 2021 Age Group Champ meets only (BB and JO's). The split is up to the host but must be equitable for both. To have a designated 15- minute start session with most of the dive lanes open for one-way dives for all teams just before the start of the meet. Allan Golding. Second. Dick Cavanah. Passed. 1 Opposed

Motion: To tighten JO times standards for LC 2021 to 48th place from 2019 LC entries for 11–14-year-olds. No change to 10 and U time standards. For BB Champs-use the 2021-2024 BB time standard for LC 2021 only. Allan Golding. Second. Dick Cavanah. Passed. No Opposed.

Motion: For Zone meet 2021: to be parent travel instead of team travel and parents may submit for reimbursement in the amount of \$400.00 for Pool Zones and \$300.00 for Open Water Zones. Coaches are paid by FGC as done in the past. Liz Kershaw. Second. Dick Cavanah. Passed. No Opposed.

E. Coaches: Gordon Andrews:

1. No Report

F. Treasurer/Registration/Club Liaison: Dick Cavanah

1. No Report Given

G. Secretary/Swimposium: Lori Bosco

1. No Report Given

H. Officials: Steven Goldman

1. FGC Officials Report-see attached: FGC Officials Report, Official report FGC vs FL All-Star Meet and FGC Building the Pool of Officials.

I. Finance/Investments: Kathleen Prindle

- 1. Finance Report-see attached-April 2021 Report
 - a. discussion of teams not in compliance of the FGC COVID Relief further discussion at next board meeting.

Motion: The FGC LSC will reinstate our COVID suspended 20% LSC surcharge. Kathleen Prindle. Second. Chris Anderson. Withdrawn.

Motion: To untie FGC LSC charges to the current emergency state orders. Kathleen Prindle. Second. Alf Aguirre. Passed. No opposed.

Motion: To make August 31, 2021 the date to reinstate FGC fees for any meet occurring after August 31, 2021. Alf Aguirre. Second. Kathleen Prindle. Passed. No Opposed

J. DEI: Rosemarie Knoll

1. No Report

K. Safe Sport/Safety Chair: Mike Averett

1. Safe Sport Report -see attached reports-FGC SSCR report, Club Statistics-started/completed and Safe Sport Club Recognition.

L. Athletes: Sr. Kyle Kasztner/Jr. Chloe Hernandez At large: Benji Carey/Maddie Finks

1. No Report

M. Open Water: Cathy Silveria

1. Open Water Zone flier-see attached.

VI. Committee Reports-

Ongoing Committees

- 1. Athletes In Action=Kathleen, Kyle, Chloe, Benji, Maddie
- 2. Governance Committee=Dick, Gordon, Kathy Fish*, Dave Gibson*, Chloe
- 3. Coach Support Network=Gordon, Jennifer, Chris, Christi, Mike, *Derek
- 4. FGC Coach Mentoring Program 2020 Grant=Bruno, Gordon, Jennifer
- 5. FGC Meet Committee=Liz, Allan, Bruno, Christi, Alf
- 6. MSD Scholarship 2021 Committee=
- 7. Relief Grant Committee=Kathleen, Dick, Liz, Bruno, Steven, Chloe, Kyle, *Kathy F.
- **8.** <u>Technical Planning Committee</u>=Alf, Chris, Liz, Allan, Gordon, Steven, Bruno, Kyle, Chloe
- **9.** <u>Swimposium</u>=Lori, Jennifer, Mike, Rosemarie, Athletes
- 10. Website Upgrade/Upkeep=Dick, *Terrell Wood
- 11. FGC Board Protection Measures=Liz, Bruno, Steven, Dick
 - *=Denotes Non-Board Members

A. COVID committee: Gordon/Bruno/Liz/Kathleen

1. No Report given

B. FGC Swim Meets/Sanctioning/Updates Allan G/Bruno/Liz/Christi

1. Sanctions Report-see attached report.

VII. Old Business

A. Posting of FGC Meet Schedule -full schedule/user friendly-need to make it easy to get information. Make sure to send meet information to Terrell.

B. FGC Championship Meet Series-SC/LC 2021-

- 1. Thank you Bruno & CSSC for an excellent 14 & Under Champs.
- 2. Thank you Chris & SOFLO for an excellent Sr. Champs.
- 3. Thank you to Liz & All-Star Coaching Staff for an excellent All-Stars.
- 4. Host of LC Champs Meets-Broward-Chris (SOFLO), Palm Beach-Alf, Dade-no host. Still Open on spread sheet: BB Champs south and Dade BC still open for hosts.

VIII. New Business-Action items

- 1. Nominating Committee for FGC Fall BOD elections @Annual Meeting?
- 2 ASCA new CEO=Jennifer LaMont-beginning of meeting
- 3. Rise mental Health-Caroline Burkle & Rebecca Soni-see attached flyer
- 4. USA Swimming Open Committee Meetings-Monday, April 19-Wednesday April 28, 2021
- 5. USA Swimming Zone Workshop Friday, April 30-Saturday, May 1, 2021.
- 6. USA Swimming Governance Meeting for USA-S Membership (June 30-TBA)
- 7. New LEAP Program-due 2022.
- 8. Chris Anderson -Moving of Championship meets. Discussion. To collect data from all hosts about the possibility of moving the date of the meet and to ensure officials are available. To revisit by April 27, 2021.

IX. FGC B.O.D 2021 Meeting Schedule

A. Meeting Dates

- 1. Tuesday, June 22nd @ 12:30pm-ZOOM
- 2. No July Meeting
- 3. Tuesday, August 31st @ Either in person or ZOOM
- Week of September 20-25th Convention
 Tuesday, October 12th or 19th @ 7:30pm-ZOOM
- 6. Saturday & Sunday, October 23-24th FGC Swimposium & HOD
- 7. No November meeting
- 8. Tuesday, December 7th 7:30 via ZOOM

X. **Adjournment** – at 10:49pm

Motion: To adjourn. Dick Cavanah. Second. Lori Bosco. Passed. No Opposed.

Times Update - 04/15/21

Lisa Olack Apr 16, 2021, 4:49 PM

To LSC General Chairs, Offices, and Membership Happy Spring!

I understand that this email has some redundant information for some of you but please review as there are some new announcements.

Times Not Loaded

We continue to see times not loaded due to non-compliance to the APT requirement for adult athletes increase monthly. At the end of March, over 2,000 times were invalidated affecting over 500 swimmers and over 80 relays for the 2020-2021 year. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership, as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing. It is highly recommended that an athlete who turns 18 not wait to complete the APT. Likewise, an athlete who must retake the APT (done yearly), should not wait until the last minute. Just like a coach with an expired APT, background check, CPR, etc. would not be allowed on deck until the requirements are satisfied, the same holds true for an adult athlete. When running the recon, report any issues to the Meet Director, Meet Referee, and any club whose athlete appears on the recon.

Scholastic All American

The procedures for applying for Scholastic All American for the 2020-2021 year have been posted on the SAA web page (https://www.usaswimming.org/times/popular-resources/scholastic-all-america). Attached is a document outlining the process as well. Please let all your athletes in the LSC know the information is available and that applications may be accessed beginning June 1, 2021, and must be submitted by September 6, 2021. The document may be used to pass along the information.

Mixed Relays

We are seeing many relays classified as mixed but are truly one gender or not a valid mixed relay. Please remember that a mixed relay is two males and two females. Remind your team hosts and officials running meet management software to classify those relays correctly before submitting them to be uploaded. If the relay is not one gender or a qualified mixed relay, the times should not be reported.

LSC Times Dashboard Analytics

Patrick Murphy has put together analytics by LSC. You may check them out here:

https://app.powerbi.com/view?r=eyJIjoiNTBhNDVkMmEtNjFkYS00ZTcyLTkwM2UtNTE1NjgxYzkxMTYyIiwidCl6ImUyNmYxNDk4LTAyYzItNGQzMC04NjY1LTViOTMzNDI2ZThkZCIsImMiOjZ9&pageName=ReportSection

If you should have any questions at any time, please do not hesitate to contact me. Lisa Olack

Chair, Times & Recognition Committee

Zone Workshop Inbox

Dave Smith Tue, Apr 13

to BD, CA, FG, FL, GU, KY, LA, MS, NT, SC, SE, WT, WT, WV, BD, FG, FL, GA, KY, LA, MS, NC, NT, SC, SE, ST, WT, WT, WV, BD, me, FL, FL, FL, GA, GA, GU, GU, KY, KY, LA, LA, MS, MS, NC, NT, NT, SC, SC, SC, SE, SE, SE, SE, ST, ST, ST, ST, SZ, SZ, WT, WT, WV, SZ, SZ, SZ, SZ, SZ, SZ, SZ, SZAG, SZAG, SZOW, SZSR, ZD, ZD

Welcome to All. Jim and I want to encourage all members of the Southern Zone to register for the upcoming Zone Workshops, and that includes your LSC Athlete Reps. When you register, you will be able to select those virtual meetings that you would like to attend. We know that most of you have very busy schedules, but we also encourage you to register for more meetings than you think you can attend, rather than just a few. But, we will single out the three most important meetings from our vantage point - the USOPC meeting on Friday, 30 April and the Zone meetings starting at 5 ET through 7 ET on the 1st.

The first hour of the Zone meetings, 5-6 ET will be a joint session with the second hour devoted just to the SZ. All of the virtual meetings will be Webinars, so for our SZ portion, we will actually set up a separate Zoom meeting to allow for a more open exchange of discussion. The link to that SZ meeting will be sent out to you in the next week.

The proposals being developed now will be released by this weekend and we certainly encourage everyone to read through them. We hope to see several Q&As scheduled to address these proposals prior to the 30 June USA Swimming meeting where you will be asked to vote on them.

Swimming is opening back up and we look forward to the increase in competition, but please stay SAFE.

Dave Smith SZ Non-Coach Director

Age Group Chair Report 4/2021

12 March 2021 / 7:30 PM

NOTES

Last Meeting Follow-up

- Cybersecurity update
 - Tech Soup/Google for NP Website domain verified and in the process of activating the Google for NP account (setting up billing, business info, new emails, etc.
- Pool All-Stars went well. Online registration made things easier, the staff was fantastic, swimmers had a great time. Need to change billing to after acceptance - a few parents paid twice.
- Open Water Qualifier is sanctioned, going to use online registration. Zones info flyer attached. See the proposal attached regarding supporting the meet.

New Business - LC Champs meets - There are three proposals below that need to be voted on

Covid Restrictions - same for all FGC Champs meets summer 2021

- FGC will not require a specific COVID waiver to be signed.
 - Hosts are reminded/encouraged to have the COVID statement in the meet letter, have it read at coaches/officials meetings and/or any pre-meet meetings for athletes. Post it with heat sheets or reference it as a public address announcement.
 - Hosts may need one to satisfy facility requirements. Is a Google Doc an option?
- Mask requirements will vary by facility and host
- Hosts are encouraged to get some extra volunteers to enforce mask policies
 - Hosts are encouraged to make public address announcements and have a PA system set up to accommodate the announcements.
- WU space restrictions Age Group meets only see a proposal that news voted on.
- How and if deck space is allocated by the team is left up to the meet host.

JO specific information for summer 2021 only

- See proposed time standards changes. Time standards for long-term planning will be evaluated heading into fall 2021.
- Not swim the 50's of stroke for 13-14 or the 200's of stroke for 11-12 for LC 2021. A long-term philosophical plan will be discussed heading into fall 2021.
- A relays only no relay only swimmers.
- Finals will be top 8 and include 10U.
- Suggested parade from WU/WD pool so the walk is shorter and gathering athletes is easier. It will remain separate from the spectators' area.
- No time trials at JO's 2021.
 BB specific information for 2021 only
- Use the 2021-24 BB time standard
- Not swim the 50's of stroke for 13-14 or the 200's of stroke for 11-12 for LC 2021. A
 long-term philosophical plan will be discussed heading into fall 2021.
- Otherwise, follow the spring 2021 meet changes.

Live stream

- FGC will assist with streaming services, platforms, etc. Bruno and Allan are looking into this further.
- Live mics on the deck have greeted a growing pain that needs to be addressed. See proposal attached.

Spectators

 Hosts are encouraged to have a designated viewing area for spectators (if spectators are allowed by the facility) and a separate area for coaches/athletes and officials on the deck.

Coaches

- Required to register in OME for all champs meets.
- A list of coaches is then given to security/volunteers for entry to the facility. If coaches are not current with certs they need to become current before the start of the meet.
- Charging for deck passes for coaches was discussed at the meet committee meeting no recommendations were made - the topic needs more research.
 - Concerns national level meets are charging for deck passes. These meets can have a significant number of teams greater than an LSC Championship.
 Comparing hospitality fees for a national level meet is much different than an LSC level meet.
 - What are other LSC's doing for this?

ACTION ITEMS

See proposals that need a vote attached to this report.

SC 2021 as of 4/6/2021

	10 & UNDER								
	GIRLS		EVENT	BOYS					
LCM	SCM	SCY	EVEINI	LCM	SCM	SCY			
36.59	35.69	32.39	50 FR	36.49	35.19	31.99			
1:20.59	1:17.89	1:10.49	100 FR	1:21.89	1:18.99	1:11.69			
2:56.29	2:51.99	2:35.59	200 FR	2:54.79	2:48.99	2:33.39			
6:05.39	5:54.29	6:44.89	400/500 FR	6:07.59	5:55.79	6:45.39			
43.89	41.59	37.69	50 BA	44.99	42.99	39.09			
1:34.69	1:29.69	1:21.29	100 BA	1:35.49	1:31.49	1:23.19			
48.49	47.19	42.79	50 BR	48.99	47.29	42.99			
1:48.29	1:43.49	1:33.89	100 BR	1:48.19	1:43.59	1:34.19			
41.99	40.99	37.19	50 FL	42.19	41.09	37.39			
1:37.99	1:34.99	1:26.09	100 FL	1:38.99	1:36.29	1:27.29			
	1:29.19	1:22.79	100 IM		1:29.89	1:23.39			
3:17.09	3:10.79	2:52.69	200 IM	3:19.39	3:12.89	2:54.99			

			11 & 12				
	GIRLS		EVENTS	BOYS			
LCM	SCM	SCY	EVEINIS	LCM	SCM	SCY	
32.79	31.99	28.89	50 FR	32.09	30.89	27.89	
1:10.99	1:08.29	1:01.59	100 FR	1:09.89	1:07.29	1:00.89	
2:34.09	2:29.49	2:15.29	200 FR	2:32.49	2:27.49	2:13.49	
5:22.29	5:15.19	6:00.19	400/500 FR	5:21.89	5:12.99	5:57.69	
11:17.19	10:52.39	12:25.39	800/1000 FR	11:18.59	10:54.59	12:27.89	
21:37.39	20:46.59	20:53.89	1500/1650 FR	21:37.39	20:45.69	20:52.99	
38.99	37.29	33.89	50 BA	39.49	37.69	34.29	
1:22.69	1:21.49	1:13.39	100 BA	1:25.49	1:20.59	1:13.29	
42.99	41.79	37.89	50 BR	43.59	41.99	38.19	
1:35.39	1:30.89	1:22.39	100 BR	1:34.39	1:30.59	1:22.39	
36.19	35.49	31.89	50 FL	36.59	35.89	32.29	
1:22.79	1:20.99	1:13.49	100 FL	1:22.59	1:20.89	1:13.59	
	1:18.29	1:10.79	100 IM		1:16.39	1:09.09	
2:53.09	2:47.59	2:31.69	200 IM	2:53.89	2:46.69	2:30.89	
6:09.09	5:56.29	5:22.49	400 IM	6:08.69	5:53.39	5:19.79	

13 & 14								
	GIRLS		EVENTS		BOYS			
LCM	SCM	SCY	EVEINIS	LCM	SCM	SCY		
30.69	29.59	26.79	50 FR	28.29	27.29	24.69		
1:06.69	1:04.29	58.19	100 FR	1:01.99	59.59	53.89		
2:23.89	2:18.99	2:05.79	200 FR	2:14.79	2:09.79	1:57.49		
5:01.59	4:54.29	5:36.29	400/500 FR	4:46.69	4:37.89	5:17.59		
10:20.99	10:05.29	11:31.59	800/1000 FR	9:56.29	9:35.99	10:58.09		
19:48.09	19:06.19	19:12.89	1500/1650 FR	18:58.89	18:13.39	18:19.79		
1:17.09	1:13.09	1:06.19	100 BA	1:12.29	1:08.19	1:01.79		
2:45.59	2:38.49	2:23.39	200 BA	2:36.59	2:28.79	2:14.69		
1:27.69	1:23.99	1:15.99	100 BR	1:21.29	1:17.09	1:09.79		
3:09.79	3:01.89	2:44.59	200 BR	2:56.79	2:48.89	2:32.89		
1:14.79	1:12.89	1:05.99	100 FL	1:09.69	1:07.69	1:01.29		
2:45.69	2:41.09	2:25.79	200 FL	2:36.19	2:29.99	2:15.69		
	1:15.89	1:08.29	100 IM		1:09.89	1:03.29		
2:42.19	2:35.59	2:20.89	200 IM	2:38.79	2:31.59	2:17.19		
5:42.89	5:31.99	5:00.49	400 IM	5:22.59	5:10.29	4:40.79		

PROPOSED FGC JO - TIMES 2020

- * Change for SC to LC
- ** 48th place was slower than this cut, but it was changed SC, did not slow the cut back dow
- # The conversion from SC to LC was incorrect. The SC time was used March 21, The LC time was change

Proposted LC 2021 as of 4/6/2021

	10 & UNDER							
	GIRLS		EVENT	BOYS				
LCM	SCM	SCY	LVLINI	LCM	SCM	SCY		
36.59	35.69	32.39	50 FR	36.49	35.19	31.99		
1:20.59	1:17.89	1:10.49	100 FR	1:21.89	1:18.99	1:11.69		
2:56.29	2:51.99	2:35.59	200 FR	2:54.79	2:48.99	2:33.39		
6:05.39	5:54.29	6:44.89	400/500 FR	6:07.59	5:55.79	6:45.39		
43.89	41.59	37.69	50 BA	44.99	42.99	39.09		
1:34.69	1:29.69	1:21.29	100 BA	1:35.49	1:31.49	1:23.19		
48.49	47.19	42.79	50 BR	48.99	47.29	42.99		
1:48.29	1:43.49	1:33.89	100 BR	1:48.19	1:43.59	1:34.19		
41.99	40.99	37.19	50 FL	42.19	41.09	37.39		
1:37.99	1:34.99	1:26.09	100 FL	1:38.99	1:36.29	1:27.29		
	1:29.19	1:22.79	100 IM		1:29.89	1:23.39		
3:17.09	3:10.79	2:52.69	200 IM	3:19.39	3:12.89	2:54.99		

						11 & 12						
		GIRLS				EVENTS	BOYS					
LCM		SCM		SCY		EVENTS	LCM		SCM		SCY	
32.59	*	31.79	*	28.69	*	50 FR	32.09		30.89		27.89	
1:10.99		1:08.29		1:01.59		100 FR	1:09.89		1:07.29		1:00.89	
2:34.09		2:29.49		2:15.29		200 FR	2:32.49		2:27.49		2:13.49	
5:22.29		5:15.19		6:00.19		400/500 FR	5:21.89		5:12.99		5:57.69	
11:17.19		10:52.39		12:25.39		800/1000 FF	11:18.59		10:54.59		12:27.89	
21:37.39		20:46.59		20:53.89		1500/1650 F	21:37.39		20:45.69		20:52.99	
38.99		37.29		33.89		50 BA	39.49		37.69		34.29	
1:22.69	**	1:21.49		1:13.39		100 BA	1:22.59	#	1:20.59		1:13.29	
42.99		41.79		37.89		50 BR	43.59		41.99		38.19	
1:35.39		1:30.89		1:22.39		100 BR	1:34.39		1:30.59		1:22.39	
35.89	*	35.19	*	31.79	*	50 FL	36.09	*	35.39	*	31.89	*
1:22.79		1:20.99		1:13.49		100 FL	1:22.59		1:20.89		1:13.59	
		1:18.29		1:10.79		100 IM			1:16.39		1:09.09	
2:53.09		2:47.59		2:31.69		200 IM	2:53.89		2:46.69		2:30.89	
6:09.09	·	5:56.29	·	5:22.49		400 IM	6:08.69	·	5:53.39		5:19.79	

				13 & 14	14				
		GIRLS		EVENTS		BOYS			
LCM		SCM	SCY	EVENTS	LCM	SCM	SCY		
30.59 *	•	29.59	26.79	50 FR	28.29	27.29	24.69		
1:06.19 *	•	1:04.29	58.19	100 FR	1:01.99	59.59	53.89		
2:23.89		2:18.99	2:05.79	200 FR	2:14.79	2:09.79	1:57.49		
5:01.59		4:54.29	5:36.29	400/500 FR	4:46.69	4:37.89	5:17.59		
10:20.99		10:05.29	11:31.59	800/1000 FF	9:56.29	9:35.99	10:58.09		
19:48.09		19:06.19	19:12.89	1500/1650 F	18:58.89	18:13.39	18:19.79		
1:17.09		1:13.09	1:06.19	100 BA	1:12.29	1:08.19	1:01.79		
2:45.59		2:38.49	2:23.39	200 BA	2:36.59	2:28.79	2:14.69		
1:27.69		1:23.99	1:15.99	100 BR	1:21.29	1:17.09	1:09.79		
3:09.79		3:01.89	2:44.59	200 BR	2:56.79	2:48.89	2:32.89		
1:14.79		1:12.89	1:05.99	100 FL	1:09.69	1:07.69	1:01.29		
2:45.69		2:41.09	2:25.79	200 FL	2:36.19	2:29.99	2:15.69		
		1:15.89	1:08.29	100 IM		1:09.89	1:03.29		
2:42.19		2:35.59	2:20.89	200 IM	2:26.79 *	2:23.59 *	2:09.36 *		
5:42.89		5:31.99	5:00.49	400 IM	5:22.59	5:10.29	4:40.79		

'n

to match the SC time. This is faster than 48th.

Steven Goldman Wed, Apr 7, 2:11 PM to me

Jennifer,

Officials Report.

Summary of LSC Championships went to the Age Group committee as well as You and Dick. The LSC Championships went well.

Hector Acevedo held a first Zoom Meeting for Open Water officiating in preparation for LSC Open Water Championship.

I have mentored three officials through a self paced Stroke and Turn Clinic. The three are currently apprenticing. I encourage any coach who has parents who want to start officiating to contact me. Gold438@gmail.com

Starting September 1, officials uniform will be White Shirts, Navy Bottoms and mostly white or mostly black shoes.

Steven Goldman
Florida Gold Coast Swimming Officials Chai

From: Felix Gonzalez R <felixgr.yv@gmail.com> Date: March 29, 2021 at 9:15:09 AM EDT

To: Steven Goldman <gold438@gmail.com>, Kathy Fish <albanyfish@yahoo.com>

Cc: Felix A Gonzalez R <felixgr.yv@gmail.com>

Subject: Notes about the All-Stars - FG Official's Team

Hello Steve, Kathy, hope you are doing well,

It was a great weekend with four successful sessions and over 247 Swimmers from FL and FG.

The timeline was executed with a little compression, They decided to run Fly over so we were almost 5 to 10 min ahead in all sessions.

We run all sessions with the setup of 3+3 officials on deck pool (Start End and Turn End), two teams for DR/SR and CJ to handle radio protocol+ DQ Slips. As much as possible FL and FG official work in synergy into specific jurisdiction areas, sharing experience and way of working. We implemented a mix of practices from both LSCs as it was approved by MR (David Nesper).

There were no more than 5 DQs per session including several stroke infractions and around 4 false starts in total. Coaches were satisfied with the level of officiate (I had a conversation with Coach Liz and the head coach from FL at the end, receiving positive feedback).

In overall we had 13 official per sessions and from FGC the meet was attended by:
Connors Sara - WOW
Perez, Santiago - MWA,
Herrera, Kelly - JDST
Rosenthal, Elizabeth (Liz) - GRSC
Tejada, Oliver - SOFL
Gonzalez Felix - SOFL

FG Officials attended the entire 4 sessions -100% dedicated to the meet, covering DR, SR, ST, CJ and TL positions for the competition.

Thanks so much for the opportunity and for sure the technique and level of quality and hard work learned on FG, were demonstrated by the team.

Best Regards

Felix Gonzalez USA-SW Official

I would like this to be part of my report at the next meeting.

Steven Goldman Mon, Mar 15, 4:45 PM

Jennifer,

I would like to request that each meet host that does not have enough officials to properly cover their deck start thinking about developing their future by doing the following:

- 1.At time of sanctioning, contact their officials committee's county representative and arrange a Zoom Clinic for Stroke and Turn. The intent is to have apprentices on deck at your meet.
- 2. Requirements for a Stroke and Turn Official: Education & Training Formal clinic training. Must take USA Swimming Stroke & Turn Judge test. On-the-deck apprenticeship with at least two (2) mentors (who have a minimum of one (1) year certification as Stroke & Turn Judge) for a minimum of four (4) sessions. (cannot make a disqualification during those sessions). Evaluation & Certification Evaluation by evaluator/mentor and/or Referee to be reported to LSC Officials Chair or their designee. Must complete certification within one year from date of clinic. Must be a member of USA Swimming, pass the Level 2 Background Check, complete the online Athlete Protection Training, and complete Concussion Protocol Training before officiating as a Stroke and Turn Judge.
- 3. Have your Meet Referee encourage your Stroke and Turn officials to become a Starter. Must attend a clinic. Must take the USA Swimming Starters test and be a current member of USA Swimming, pass the Level 2 Background Check, complete the online Athlete Protection Training, and complete Concussion Protocol Training. Must serve a minimum of five (5) sessions on the deck at two (2) different meets with at least two (2) different mentors approved by the LSC Officials Chair or their designee. Must have worked as certified Stroke & Turn Judge for a minimum of five (5) sessions. Evaluation & Certification based on recommendation of the mentor(s) and/or Referee(s).
- 4. An experienced Starter and Referee can give a Clinic during the meet and start the apprenticeship.
- 5. The same for moving a Starter to Referee. Must attend referee's clinic and apprentice on-the-deck for a minimum of six (6) sessions at three (3) sanctioned meets with at least two (2) different referees. Previous certification as a Stroke & Turn Judge or Starter for a minimum of one (1) year. Recommend being familiar with the positions of Announcer, Clerk of Course, Starter, Stroke & Turn Judge, Chief Judge, Timer, Timing Judge and Meet Marshall. Strongly suggest AO certification before becoming a Referee. Must pass USA Swimming Officials tests (Stroke & Turn/Timer, Timing Judge, Clerk of Course, Administrative, and Referee) with a grade of at least 80% within the past 24 months and be a current member of USA Swimming as well as pass the Level 2 Background Check, complete the online Athlete Protection Training, and complete Concussion Protocol Training. Evaluation & Certification based on recommendation of the mentor(s) and/or Referee(s).

The goal here is to increase our official numbers and move those entry level officials to higher levels of officiating.

The officials committee are committed to training and advancement the teams and coaches need to make that happen.

--Steven Goldman Florida Gold Coast Swimming Officials Chair



FLORIDA GOLD COAST SWIMMING

Finance Chair Update – Kathleen Prindle April 11, 2021

- FGC annual tax review (project in conjunction with Treasurer/Coach Cavanah) in the works
- 2. FGC COVID Relief Grant
 - a. Deadline April 17th for all documentation!
 - b. Reminders sent to teams in March & again on 4/13 (ensure all 26 teams meet the paperwork requirements)
 - Request Safe Sport status requirement update for Grant recipient Teams
- 3. Per Board request: I will be scheduling a (virtual) mid-year **FGC Budget Review** Mid-May. This will be open to all Board & FGC members
- 4. **Motion:** The FGC LSC will reinstate our COVID-suspended 20% LSC surcharge. (Depending on if it passes or fails, we will entertain a second Motion as to when this will take effect).
 - a. Rationale: We have had a spring LSC Championship season and have a schedule of spring/summer meets approaching normal. If the LSC wants to continue to demonstrate financial solvency and enjoy the freedom that comes with that, we need to begin to put some funds back into our operating budget. If another emergency occurs, we wish to have the means in place to further support our teams.
 - b. **2020 Budget expenditure Overview**: No meets were held from mid-March through early August 2020. Despite the awarding of the \$85,000 Grant funding, we are still on track: The FGC was able to save expenditures allocated for the USAS Convention (\$20,000 savings), National meet reimbursement (\$70,000 savings), and 2020 All-Star or Swimposium events (\$40K to \$50K savings). We are good.
 - c. Things to Consider:
 - i. If Motion passes...<u>When</u> to reinstate the 20% surcharge?!
 - ii. Philosophical discussion around LSC funding for awards and security vis a vis increased Champs entry fees + no LSC surcharge. Did this properly cover losses (gate, etc.) for meet hosts?

FGC SSCR REPORT – APRIL 2021

CLUB NAME:	CURRENT STATUS:	POINTS:
1. Alper J Swim Club	Safe Sport Recognized	Х
2. Azura Florida Aquatics	Safe Sport Recognized	X
3. Black Marlin Swim & Triathlon Club	Started	46
4. Boca Raton Swim Team	Safe Sport Recognized	X
5. Hurricane Aquatics	Safe Sport Recognized	X
6. Coral Springs Swim Club	Safe Sport Recognized	X
7. Eagle Aquatics	Safe Sport Recognized	X
8. East Coast Aquatic Club	Started	54
9. Flood Aquatics Swim Team	Safe Sport Recognized	X
10. Gulliver Swim Club	Safe Sport Recognized	X
11. Heritage Aquatic Team	Started	7
12. Lake Lytal Lightning	Safe Sport Recognized	X
13. Martin County Swimming	Safe Sport Recognized	X
14. Miami Country Day Aquatics	Started	31
15. Miami Swimming	Started	53
16. Midtown Weston Aquatics	Safe Sport Recognized	X
17. North Palm Beach Swim Club	Started	50
18. Performance Aquatics	Safe Sport Recognized	X
19. Pine Crest Swimming	Safe Sport Recognized	X
20. Pompano Beach Piranhas	Safe Sport Recognized	X
21. Ransom Everglades Aquatic Club	Started	48
22. Saint Andrew's Aquatics	Started	47
23. Swim Fort Lauderdale	Safe Sport Recognized	X
24. Swim Gym Swim Team	Safe Sport Recognized	X
25. South Florida Aquatic Club	Safe Sport Recognized	X
26. Sunrise Swimming	Safe Sport Recognized	X
27. TS Aquatics	Safe Sport Recognized	X
28. Wahoo's of Wellington	Safe Sport Recognized	X

Teams That Received Grant Funding:	CURRENT STATUS:	POINTS:
1. Florida Keys Swim Club	Not Started	0
2. Jupiter Dragon's Swim Team	Not Started	0
3. MAC	Not Started	0
4. Miami Beach Seahawks	Not Started	0
5. Miami Swimming Academy	Not Started	0

Total FGC Clubs: 54

Completed SSCR: 20 ClubsStarted SSCR: 8 Clubs

• Not Started SSCR: 26 Clubs

FGC - SSCR COMPLETED: 37%FGC - SSCR STARTED: 15%

• FGC - SSCR COMPLETED/STARTED: 52%

• FGC - SSCR NOT STARTED: 48%

Safe Sport Recognition – Clubs Statistics Started and Completed Counts by Zone

	Eastern	Southern	Central	Western	Total
Started Safe Sport Recognition	212	176	241	254	883
Safe Sport Recognized	176	188	141	179	684
Total Combined (Started + completed)	388	364	382	433	1567

Top 10 LSCs (Ranked by count of clubs Safe Sport Recognized)

Rank	# Clubs Safe Sport Recognized	LSC(s)
1	49	FL
2	45	PC
3	34	NC
4	33	NE
5	32	MD
6	25	IL
7	23	GA PV
8	22	IN MN SN
9	20	ST
10	19	FG OR

Top 10 LSCs (Ranked by % clubs Safe Sport Recognized)

Rank	% Clubs Safe Sport Recognized	LSC(s)
1	75.00	MD
2	60.00	PV
3	53.68	FL
4	53.66	SN
5	50.56	PC
6	50.00	SR
7	48.28	IA
8	48.00	NC
9	45.45	ST
10	45.00	VA

Sale S	port	Recognition – Ci	ubs Started and	Compi	# Clubs	% Clubs	# Clubs	% Clubs
		Started		# Clubs	# Clubs Started	% Clubs Started	# Clubs Complete	% Clubs Complete
LSC Name	LSC		Safe Sport Recognized		Apl.	Otarted	Min SS	Min SS
ADIRONDACK SWIMMING	AD	11	3	21	9	42.9%	3	14.3%
ALASKA SWIMMING	AK	15	1	23	7	30.4%	1	4.3%
ALLEGHENY MOUNTAIN	AM	24	4	38	, 16	42.1%	4	4.5% 10.5%
				36 45				
ARIZONA SWIMMING	AZ	16	9		21	46.7%	9	20.0%
ARKANSAS SWIMMING	AR	6	4	15	7	46.7%	4	26.7%
BORDER SWIMMING	BD	4	3	8	5	62.5%	3	37.5%
CENTRAL CALIFORNIA	CC	5	1	11	4	36.4%	1	9.1%
COLORADO SWIMMING	CO	19	16	60	30	50.0%	16	26.7%
CONNECTICUT SWIMMING	CT	16	12	60	23	38.3%	12	20.0%
FLORIDA GOLD COAST	FG	12	19	54	28	51.9%	19	35.2%
FLORIDA SWIMMING	FL	25	51	95	69	72.6%	51	53.7%
GEORGIA SWIMMING	GA	10	23	73	31	42.5%	23	31.5%
GULF SWIMMING	GU	26	5	52	22	42.3%	5	9.6%
HAWAIIAN SWIMMING	HI 	18	4	26	21	80.8%	4	15.4%
ILLINOIS SWIMMING	IL.	45	26	103	53	51.5%	26	25.2%
INDIANA SWIMMING	IN	34	22	108	41	38.0%	22	20.4%
INLAND EMPIRE SWIMMING	IE	9	4	14	11	78.6%	4	28.6%
IOWA SWIMMING	IA	8	14	29	20	69.0%	14	48.3%
KENTUCKY SWIMMING	KY	10	4	26	12	46.2%	4	15.4%
LAKE ERIE SWIMMING	LE	18	2	37	14	37.8%	2	5.4%
LOUISIANA SWIMMING	LA	10	5	25	11	44.0%	5	20.0%
MAINE SWIMMING	ME	9	6	15	11	73.3%	6	40.0%
MARYLAND SWIMMING	MD	5	33	44	38	86.4%	33	75.0%
METROPOLITAN SWIMMING	MR	28	7	67	21	31.3%	7	10.4%
MICHIGAN SWIMMING	MI	21	3	71	15	21.1%	3	4.2%
MIDDLE ATLANTIC SWIMMING	MA	38	14	116	31	26.7%	14	12.1%
MIDWESTERN SWIMMING	MW	8	4	30	9	30.0%	4	13.3%
MINNESOTA SWIMMING	MN	20	22	60	33	55.0%	22	36.7%
MISSISSIPPI SWIMMING	MS	6	1	11	5	45.5%	1	9.1%
MISSOURI VALLEY SWIMMING	MV	11	16	40	24	60.0%	16	40.0%
MONTANA SWIMMING	MT	6	5	15	10	66.7%	5	33.3%
NEW ENGLAND SWIMMING	NE	20	33	83	43	51.8%	33	39.8%
NEW JERSEY SWIMMING	NJ	18	7	52	19	36.5%	7	13.5%
NEW MEXICO SWIMMING	NM	10	0	21	6	28.6%	0	0.0%
NIAGARA SWIMMING	NI	21	15	39	28	71.8%	15	38.5%
NORTH CAROLINA SWIMMING	NC	15	36	75	46	61.3%	36	48.0%
NORTH DAKOTA SWIMMING	ND	5	3	14	6	42.9%	3	21.4%
NORTH TEXAS SWIMMING	NT	10	6	25	14	56.0%	6	24.0%
OHIO SWIMMING	ОН	23	8	56	25	44.6%	8	14.3%
OKLAHOMA SWIMMING	OK	5	5	17	8	47.1%	5	29.4%
OREGON SWIMMING	OR	21	20	51	35	68.6%	20	39.2%
OZARK SWIMMING	OZ	10	3	19	10	52.6%	3	15.8%
PACIFIC NORTHWEST	PN	16	13	40	27	67.5%	13	32.5%
PACIFIC SWIMMING	PC	25	45	89	60	67.4%	45	50.6%
POTOMAC VALLEY SWIMMING	PV	10	24	40	32	80.0%	24	60.0%
SAN DIEGO-IMPERIAL	SI	12	7	27	16	59.3%	7	25.9%
SIERRA NEVADA SWIMMING	SN	8	22	41	27	65.9%	22	53.7%
SNAKE RIVER SWIMMING	SR	4	5	10	9	90.0%	5	50.0%
SOUTH CAROLINA SWIMMING	SC	3	12	27	15	55.6%	12	44.4%
SOUTH DAKOTA SWIMMING	SD	7	0	17	5	29.4%	0	0.0%
SOUTH TEXAS SWIMMING	ST	10	20	44	26	59.1%	20	45.5%
SOUTHEASTERN SWIMMING	SE	28	1	67	12	17.9%	1	1.5%
SOUTHERN CALIFORNIA	CA	52	14	128	44	34.4%	14	10.9%
UTAH SWIMMING	UT	12	13	29	23	79.3%	13	44.8%
VIRGINIA SWIMMING	VA	12	18	40	28	70.0%	18	45.0%
WEST TEXAS SWIMMING	WT	4	1	7	5	71.4%	1	14.3%
WEST VIRGINIA SWIMMING	WV	3	1	10	4	40.0%	1	10.0%

Page 2 of 2	Safe Sport	fe Sport Recognition – Clubs Started and Completed Counts										
	Started #						# Clubs Complete	% Clubs Complete				
LSC Name	LSC	Safe Sport Recognized	Safe Sport Recognized	in LSC	Started Apl.	Started	Min SS	Min SS				
WISCONSIN SWIMMING	WI	20	9	58	19	32.8%	9	15.5%				
WYOMING SWIMMING	WY	6	0	21	4	19.0%	0	0.0%				
	Total	883	684	2539	1248	49.2%	684	26.9%				



USA Swimming Safe Sport - Keeping Athletes First Incentive

USA Swimming members,

USA Swimming is excited to inform you of new incentives approved by the Keeping Athletes First Working Group as a part of the Keeping Athletes First Action Plan.

USA Swimming encourages Local Swimming Committees (LSCs) to take a leadership position in assisting and encouraging member clubs to achieve Safe Sport Club Recognition. Effective immediately, LSCs with the following percentages* of member clubs within its geographic territory achieving Safe Sport Club Recognition within the stated timeframes will receive the financial incentive and Match-Up Promotions coupon codes detailed below:

- 25% of member clubs in the geographic territory achieve recognition by May 1, 2021: \$1,500 and \$200 Match-Up coupon code.
- 50% of member clubs in the geographic territory achieve recognition by June 15, 2021: \$2,000 and \$300 Match-Up coupon code.
- 75% of member clubs in the geographic territory achieve recognition by July 15, 2021: \$2,500 and \$400 Match-Up coupon code.
- 100% of member clubs in the geographic territory achieve recognition by September 1, 2021: \$3,000 and \$500 Match-Up coupon code.

This is an exciting opportunity for LSCs to help clubs cross the finish line in achieving Safe Sport Club Recognition.

LSCs are strongly encouraged to use incentive money for programs directly benefitting athletes such as the athlete travel fund or for athlete summits, camps and/or grant programs. LSCs are also strongly encouraged to utilize the Match-Up coupon code for Safe Sport-branded items for distribution at LSC events.

All member clubs that achieve Safe Sport Club Recognition will continue to be automatically entered into a monthly drawing for the chance to win a virtual visit from a National Team member or alum through December 31, 2021.

Additionally, upon achieving and renewing Safe Sport Club Recognition, USA Swimming will send member clubs a USA Swimming Safe Sport branded pop-up changing tent.

Thank you in advance for demonstrating your commitment to USA Swimming's Safe Sport efforts to create a healthy and positive environment free from abuse for all its members. If you have any questions regarding these incentives, please email ssrp@usaswimming.org.

*All clubs that have already achieved Safe Sport Club Recognition will be included in LSC total percentages.

Talk to us today **719 866 4578**

1 Olympic Plaza, Colorado Springs, CO 80909-5780

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FLORIDA GOLD COAST OPEN WATER ZONE TEAM



Selection Process:

The top 4 finishers in each age group at the FGC OW Championship event (April 24, 2021 @ Pompano Pier) will be considered for the FGC Zone Team. FGC swimmers competing in the Junior/Senior Nationals in Ft. Myers will also be considered.

Swimmers wishing to be considered MUST compete in the 3k.

Applications must be completed electronically by Monday, April 26th at 12:00 p.m.

The age of the swimmer for the Southern Zone Open Water Championships will be based on FINA rules. The age of a swimmer will be their age on <u>December 31</u>, <u>2021</u>. Please make sure to apply for consideration based on that age.

Zone Championship Information:

Location: Chattanooga Tennessee

Date: June 4-6, 2021

Travel: Due to Covid restrictions, this will be a parent travel meet. The LSC will provide caps, shirts, coaching on site, and will cover the entry fees. Parents will be responsible for travel, hotel, food, and direct supervision off site.

Additional information will be available upon team selection. Please contact Coach Cathy Silveira (FGCOpenWater@gmail.com / 305.467.0894) if you have

any questions.



FGC Sanctions, Approvals, Observations, and Times Report (1/1/2021 - 6/30/2021)

	G: - G	- T	C		C	GAON 3	Aul-1	Post :	No	D.C.	D 3:	In	Not	Reg	Valid		
Meet Name 2021 New Year's Resolution Races	Start Class 1/9/2021 S	ISO	SCY	FAST	Sessions 1	SAO Number FG1S2100921001.1	Athletes 24	109	Snows 11	DQs 2	97	SWIMS ✓	Loaded	3	Times 92	Officials 6	Per Sess
	, ,	DU	SCY	PST	3	FG152100921001.1 FG26210220E009	173	1186	53	15	1129			3	1025	3	2
PST/SAS Dual Meet SOFLO New Year's Invitational	1/22/2021 S	INV	SCY	SOFL		FG232102212005.1	324	1474	49	36	1470	√ √	3	1	1397	12	6.8
	1/22/2021 S	ISO	SCY	AZFL	4	FG2S2102212003.1 FG2S2102320003	46	277	21	12	256	√	3 7	1	237	4	3
Azura Winter Intrasquad Meet NMST & BMHG Dual Meet	1/23/2021 S 1/23/2021 S	DU	SCY	NMST	2 4	FG362102314012	55	344	13	10	329	√	/		319	7	5
Sunrise Swimming Intrasquad Races	1/23/2021 S	ISQ	SCY	SUN	1	FG2S210230D010	36	144	16	4	128	√			124	6	6
MWA Closed Meet #4		-	SCY	MWA	2	FG2S2102901015	71	278	44	0	234	√			234	5	2
	1/29/2021 S	ISQ	SCY	POMP		FG2S2102911013 FG2S2102909013	38	48	2	1							5
Piranhas Intra-Squad Long Distances	1/29/2021 S	ISQ			1						46 397	√	4	10	45	6	
Ransom Everglades swim meet	1/30/2021 S	ISQ	SCY	RANS	1	FG3S210301D016	103	470	73	37	397	✓	4	19	319	6	6
TSA Intrasquad #6	1/30/2021 S	ISQ	SCY	TSA	3	FG2S210300A018	4.0			_		,				4	4
Piranhas Intra-Squad Mid Distances	2/5/2021 S	ISQ	SCY	POMP	1	FG2S2103609014	40	63	3	5	1060	√		2.4	55	6	5
2021 Senior Long Course Qualifier	2/5/2021 S	SR	LCM	PST	3	FG28210360E002	369	1402	0	15	1262	√	_	24	1226	17	12.3
Coral Springs Invitational	2/6/2021 S	INV	SCY	CSSC	4	FG23210370B008	238	1219	77	15	1142	✓	4		1123	6	4
Southern Zone South Sectional	2/11/2021 S	SEC	LCM	CSSC	12	FG29210420B011	214	915	15	7	1277	✓			1270	48	21.4
Matt Mounts Memorial Invite	2/12/2021 S	INV	SCY	WOW	9	FG132104304007.1	613	3118	225	115	3118	✓		9	2568	14	6.8
NMST & BMHG Closed Invite	2/13/2021 S	INV	SCY	NMST	4	FG332104414026	115	727	22	25	727	✓		7	671	9	7
BCAA/PBC Swimming & Diving	2/16/2021 0	OBS	SCY	BCAA	1	FG202104723028	309	355	15	4	338	✓		37	134	9	9
BC Weekend	2/20/2021 S	DEV	SCY	CANE	2	FG322105118022.1	147	1370	51	70	839	✓			769	13	9
Eagles BC Weekend	2/20/2021 S	DEV	SCY	EA	2	FG322105117027.1	34	175	1	5	174	✓			169	7	6.5
Palm Beach County BC Meet	2/20/2021 S	DEV	SCY	NPB	6	FG122105102019.1	309	1692	146	52	1546	✓		22	1472	7	6.8
SOFLO BC Developmental Challenge	2/20/2021 S	DEV	SCY	SOFL	4	FG222105112025.1	210	1136	90	86	1042	✓			956	17	7
BC Races	2/20/2021 S	DEV	SCY	SUN	2	FG22210510D023	34	153	9	5	144	✓			139	6	6
BB Championships North	2/26/2021 S	DVC	SCY	LLL	8	FG172105705020.1	407	1650	81	8	2032	✓			2024	15	7.8
BB Championships South	2/26/2021 S	DVC	SCY	SOFL	8	FG272105712021.1	405	1596	73	24	1923	✓			1899	31	13.2
Piranhas Senior Invite	3/4/2021 S	SR	LCM	PST	7	FG28210630E006	254	1214	32	24	1812	✓		9	1767	28	16.7
FGC Junior Olympic Short Course	3/11/2021 S	LAG	SCY	CSSC	10	FG2L210700B029	441	2111	31	21	2717	✓		1	2695	38	17.4
FGC Senior Championships	3/18/2021 S	LSR	SCY	SOFL	12	FG2R2107712024.1	398	1844	41	11	2289	✓			2278	35	18.8
Lightning Friday Night @ The Races	4/8/2021 S	DEV	SCY	LLL	2	Withdrawn											
NMST & BMHG Closed Invite	4/16/2021 S	INV	SCY	NMST	5	FG332110614037											
SOFLO 10 & Under Spring Invitational	4/17/2021 S	DEV	SCY	SOFL	1	FG222110712030.1											
Dragons Long Course Spring	4/23/2021 S	INV	LCM	JDST	9	FG132111303041											
Azura Spring Intrasquad Meet	4/24/2021 S	ISQ	SCY	AZFL	1	FG2S2111420040											
2021 Coral Springs Open Invitational	4/24/2021 S	TT	LCM	CSSC	4	FG2T211140B032											
FGC Open Water Championships	4/24/2021 S	OW	OW	POMP	1	FG2W2111409035											
r	, ,				_												

Sectional Championship (SEC)

FGC Sanctions, Approvals, Observations, and Times Report (1/1/2021 - 6/30/2021)

Mact Name	Showt Class	a Tuma	Course	Host	Cossions	CAO Normalism	Athlotos	N(Dogulto	In	Not	Reg	Valid Times	Total	Officials Per Sess		
Meet Name			Course		Sessions		Aunetes	Entries Sho	ws DQs	Results	SWIMS	Loaded	Errors	rines	Unicials	rei sess		
SUN IMR/IMX	4/30/2021 S	ISQ	LCM	SUN	3	FG2S211200D038												
Wellington Long Course Spring Invite	5/14/2021 S	INV	LCM	WOW	7	FG132113404039												
PST/SUN/MWA Tri - Meet	5/21/2021 S	INV	SCY	PST	3	FG23211410E034												
2021 SOFLO Last Chance Olympic	5/28/2021 S	INV	LCM	SOFL	6	FG232114812036												
2021 End of School Year Celebration	5/29/2021 S	ISQ	SCY	FAST	1	FG1S2114921033												
Search Terms					Query Re	sults Summary					Med	et Types	Found					
Search date range: 1/1/2021 to 6/3	30/2021				39 Meets	found					Intr	asquad ((ISQ)			11		
Do not include cancelled meets					18 Unique	e Hosts					Dua	Dual (DU)						
Do not include postponed meets					5407 Athl	letes						Developmental (DEV)						
Do not include only SAO request received meets					25070 Entries						Invitational (INV)							
Include only meets with an SAO number					609 Disqualifications							Senior (SR) 2						
Do not include only Championship meets					26468 Results						Developmental Championship (DVC)							
Include sanctioned meets					18 Times not loaded into SWIMS due to athlete missing							LSC Age Group Championship (LAG) 1						
Include approved meets					132 SWIMS registration errors						LSC Senior Championship (LSR) 1							

25007 Valid times loaded into SWIMS

Include observed meets

PAVETHE WAY

IN MINDSET DEVELOPMENT FOR YOUR LSC ATHLETES

WHY RISE?

RISE is a team of world-class athletes on a mission to create lasting, foundational change through our results-proven Mindset Development Program.

We recruit the best athletes in the world - Olympic, Professional, & Elite, and train them in the tenets of sport & positive psychology. We then pair them with teen athletes in what has been deemed the most important relationship during developmental years - MENTORSHIP.

EXCLUSIVE OFFERINGS FOR YOUR LSC

VIRTUAL LSC PARENT TALKS

4 PER YEAR*

Topics Can Inlude:

- Positive self talk for your athlete
- Overcoming performance anxiety
- Visualization
- How to talk with your athlete

DISCOUNTS

20% Team Talks
Regularly \$1000, you pay \$800

First 2 Months of
Individual Mentoring
Regularly \$399/month, you pay
\$299/month (for the first 2 months)

MONTHLY NEWSLETTER

Monthly Newsletter Covering:

- a Mental Health/Mindset
 Development Topic
- Team & individual exercises
- Other relevant news

This can be sent to teams, coaches,
parents, or anyone whom the LSC finds to
be the appropriate audience.





2020-2021 SCHOLASTIC ALL AMERICAN APPLICATION PROCEDURES

The application for the 2020-2021 year will be available online at the USA Swimming website from June 1, 2021, to September 6, 2021.

- This is the ONLY method for application.
- Applicants will be required to have a USA Swimming account.
- Qualifying pool times for the applicant will be validated in SWIMS. Times <u>MUST</u> be in SWIMS and have been achieved between September 1, 2020, through August 31, 2021 (dates inclusive).
- Applicant will be required to have a transcript for the complete 2020-2021 academic year available for uploading to the application.
- Applicant must have been a member of USA Swimming at the time of the swim and a current member when applying for the 2020-2021 SAA team.
- Applicant must have all application documents completed by September 6, 2021. Late applications will NOT be
 accepted or considered.
- Any issues must be communicated immediately to:
 - o For Eastern and Southern Zone Anissa Kanzari, kanzari.anissa@gmail.com
 - For Central and Western Zone Betty Kooy, <u>blkooy@gmail.com</u>

Requirements

- Applicant must have completed 9th, 10th, 11th, or 12th grade in order to apply.
- Applicant must have a minimum 3.5 GPA for the current academic year.
 - A=4, B=3, C=2. If numerical grades are used, the following scale will be used unless the school's letter grade conversion is given on the transcript: A=90-100; B=80-89; C=70-79. In calculating GPA, no rounding will be used and grades will be to one decimal place only.
 - Honors, Advanced Placement, International Baccalaureate, PLTW courses, and dual credit college level academic courses will earn one half (.5) extra Grade Point. –
 - ONLY grades for <u>academic</u> subjects will be used to calculate GPA history/social studies, English, mathematics, sciences, foreign languages, computer sciences, visual and performing arts if indicated as academic.
 - A grade lower than a C in an academic subject will mean automatic rejection of the application. Grades for non-academic courses will NOT be included in the GPA calculation – art, band, orchestra, choir, home economics, health, driver education, physical education, shop, etc. and any other class marked as nonacademic (unless transcript indicates 'academic' or AP or IB).
 - There will be no special status designation for a 4.0 GPA other than for a national champion who also has achieved a 4.0 GPA.

Pool Requirements

Applicants must have swum an individual pool time equal to or faster than the 2019 Winter Junior National
qualifying time in any individual event during the SAA qualifying period (Sep 1, 2020-Aug 31, 2021, dates
inclusive) with the qualifying times in SWIMS. Only ONE time is necessary and only ONE application is
necessary.

Open Water

- Applicants must have swum an individual pool time equal to or faster than the 2019 Winter Junior National qualifying time in the 800, 1000, 1500, or 1650 freestyle during the SAA qualifying period (Sep 1, 2020-Aug 31, 2021, dates inclusive) with the qualifying times in SWIMS <u>AND</u> participate in the Open Water National Championships held on April 16-18, 2021. Only ONE time is necessary and only ONE application is necessary.
- Para

Applicants must have swum an individual pool time equal to or faster than the 2020-2021 Para Scholastic All American Standards (posted on the SAA page) in any individual event noted within their self-reported P1, P2, or P3 grouping during the SAA qualifying period (Sep 1, 2020-Aug 31, 2021, dates inclusive) with the qualifying times in SWIMS. Only ONE time is necessary and only ONE application is necessary. A cap of 56 athletes will be named with 2/event/gender.

To apply for the SAA team for 2020-2021

- Go to the USA Swimming Home Page or any page on the site.
- In the upper right corner, click on Login/Register.
 - o If no account is setup, click *Register* and follow the instructions.
 - o If an account has been established, log in with user name and password.
 - Make sure the account signed in to is linked to the athlete's USA Membership account.
 - If unsure of the link, go to My Account, Membership Information, to link with Click Here or Unlink to check the linked membership record and relink. To access the SAA application, the applicant MUST be logged in and linked to an ATHLETE'S Membership account.
- Once the proper link has been established to the athlete registration, navigate to the SAA Application page.
 - o Hover over Times, under Popular Resources, click Scholastic All-America.
 - o Complete and SUBMIT the application (scroll down to end of page).
 - If the application cannot be completed, SAVE the application to return to it and resume to complete it.
 - o Once the application is submitted, a confirmation email will be sent to the athlete's Deck Pass log-in email.
 - If a confirmation is not received upon submission please contact the appropriate administrator
 IMMEDIATELY so that the status of the application may be checked.
 - For Eastern and Southern Zone Anissa Kanzari, kanzari.anissa@gmail.com
 - For Central and Western Zone Betty Kooy, blkooy@gmail.com
 - Please copy a parent or guardian and include the parent or guardian's email in ALL communication with the SAA committee. Failure to do so will delay any response.
- The applicant's high school transcript for the 2020-2021 academic year will need to be uploaded with the application in order to be complete. The applicant must have completed the 9th, 10th, 11th or 12th grade in order to apply.
 - Note that school transcripts are the only documentation accepted for the Scholastic All America application (PDF or JPG files). Word documents, grade cards, and report cards will <u>NOT</u> be accepted. Only grades for the 2020-21 school year will be used to determine GPA.
 - Once a tabulator has completed the evaluation of the application and related documents, a notification of either acceptance (automated from USA Swimming to Deck Pass Log-in email) or rejection via email will be
- Note: Applications are only accepted from ATHLETES! The athlete must complete the application.

Questions - Contact the following

- For Eastern and Southern Zone Anissa Kanzari, kanzari.anissa@gmail.com
- For Central and Western Zone Betty Kooy, blkooy@gmail.com

NOTE: 10.2.2 of the Times Policy Manual states a special award will be given to a senior who has been named to the SAA team three times. Beginning with 2020-2021, this will be changed to four as freshman were introduced to the program in 2017. For the 2020-2021 SAA team, this award will be given to each senior named to the SAA team three out of the last four years.