

Florida Gold Coast Board of Directors Meeting May 21, 2019 @ St. Andrews Boca Raton

- I. Call to Order-** Jim McCombs called meeting to order 7:30pm
II. Roll Call/Excused Absences

Chair-	Jim McCombs-P	Guests
Vice-Chair-	Alf Aguirre-P	Tonya Hammond
Senior. Chair-	Sid Cassidy-P	Christi Wathen
Age Gr Chair-	Jennifer Gibson-P	Allan Golding
Coaches Rep (PB)(1yr)	Gordon Andrews-P	Melanie Andrews
Coaches Rep (B)(2yr)	Terrell Woods-P	
Coaches Rep (D)(2yr)	John Turnipseed-P	
Treasurer-	Richard Cavanah-P	
Secretary-	Lori Bosco-P	
Official Chair	Steve Goldman-P	
Finance Chair	Kathleen Klein-Prindle-P	
Operation Risk Chair	Eddie Wolling-P	
Safe Sport Coordinator	Mike Averett-P	
Athlete Rep Sr. Rep	Cameron Anderson-P	
Athlete Rep (D)		
Athlete Rep (B)		
Athlete Rep (PB)	Hanna Trieschmann-Ex	
At-Large-(1yr)	Christopher Anderson-P	
At-Large-(2yr)	Bruno Darzi-P	
At-Large-(1yr)	Daniel Palmiotto-P	
At-Large-(2yr)	David Hammond-P	
Chair Advisor	Allan Williams-P	

(Technical planning committee members: Vice-Chair –Alf Aguirre, Senior Chair- Sid Cassidy, Age Gr Chair Jennifer Gibson, Coaches Reps: Gordon Andrews, Terrell Woods, John Turnipseed, Official Chair Steve Goldman, Athlete Reps: Cameron Anderson and Hanna Trieschmann)

(Executive Board: General Chair-Jim McCombs, Administrative Vice-Chair-Alf Aguirre, Senior Chair-Sid Cassidy, Age Group Vice Chair-Jennifer Gibson Finance Vice Chair-Kathleen Klein-Prindle, Two Athlete Reps-Cameron Anderson and Hanna Trieschmann, and Coach Rep-Gordon Andrews)

III. Approval of minutes- January 22, 2019 meeting minutes.

Motion: *To approve January 22, 2019 meeting minutes.* Eddie Rolling **Second** Steve Goldman. **Passed.** *No Opposed.*

IV. Consent Agenda (Action Needed)-Pulled for discussion: 2020 Meet Schedule, Age Group report. Withdrawn: USA Swimming Official Deck Safety

V. Consent Agenda (Officers Reports)

A. General Chair **Jim McCombs**

1. What is a Consent Agenda (PDF): as presented by Jim McCombs:

How the Consent Agenda Works

The chair takes the lead role in utilizing a consent agenda. The chair prepares an agenda package that includes all of the items on the consent agenda. The package should be distributed to board members soon enough so that they have time to read through the documents prior to the meeting. This is a part of the overall board materials that are distributed pre-meeting. **Typical steps** for using a consent agenda include:

1. The chair decides which items will be placed on the consent agenda. The consent agenda can appear as part of the normal meeting agenda or it can be attached separately to the meeting agenda.
2. The chair distributes the consent agenda and associated documents in time for board members to read and review.
3. At the beginning of the meeting, the board chair asks members if any of the consent agenda items should be moved to the regular discussion items.
4. If a member requests that an item be moved, it must be moved. Any reason is sufficient to move an item. A member can move an item to discuss the item, to query the item, or to vote against it.
5. Once the item has been moved, the chair may decide to take up the matter immediately or move it to a discussion item.
6. When there are no items to be moved or if all requested items have been moved, the chair or secretary reads out loud the remaining consent items. The chair can move to adopt the consent agenda. Hearing no objections, he can announce that the items on the consent agenda have been adopted. It's not necessary to take a vote on consent agenda items.
7. The secretary should include the full text of the resolutions, reports, and recommendations that were adopted as part of the consent agenda.

B. Vice Chair **Alf Aguirre** (Technical Planning)

1. Meet Schedule: (PDF) as presented by Alf Aguirre

Internet April 10, 2019:

Motion: *Approve dates for Championship meets: BC Champ: February 22-23; BB Championship-February 28-March 1; Sectional-March 6-8; Junior Olympic-March 13-15; Senior Champ-March 20-22; BC Champ: June 30-July 1; Sectional- July 9-12, BB Championship-July 10-12; Junior Olympic July 16-19; Senior Champ-July 24-26.* Alf Aguirre. **Passed:** *No Opposed.*

Motion: *To have blackout dates for 2020 Calendar Feb 10-16 & June 22-29.* Chris Anderson. **Second.** Kathleen Prindle. Discussion. **Withdrawn by Chris Anderson.**

Motion: *Add winter blackout date for 2020 Calendar Feb 10-16.* Chris Anderson. **Second.** Kathleen Prindle. Discussion. **Passed 11-6.**

Motion: *Reconsider prior motion of adding winter blackout date for 2020 Calendar Feb 10-16.* Sid Cassidy. **Second.** Dick Cavanah. **Passed.** *No Opposed*

Motion: *Any meet scheduled a week before a BC Championship must have a minimum time standard of BB or higher.* Daniel Palmiotto. **Second.** John Turnipseed. **Passed.** *No Opposed*

2020 FGC Swim Meet Bid Schedule

Month	Date	Meets	Host	C	Location
January	11-12	Gulliver Sr Invite	Gulliver Swim club	LC	Gulliver HS
	18	Sunrise Sizzler	Sunrise Swimming	SC	Sunrise Aquatic Center
	24-26	Martin County Tigershark	Martin County Aquatics	SC	Martin County HS
	24-26	SOFLO TYR Invite	SOFLO	SC	Academic Village
	24-26	Scotty Invite	St. Andrews Swimming	SC	St. Andrews HS
Jan/Feb	31-2	Mile by moonlight/Dist Cha	Boca Raton Swim Team	SC	Boca Raton HS
February	1	NMST Open Invite	North Miami	SC	Miami Dade College North
	7-8	14 & Under Panther Invite	Pine Crest	SC	Pine Crest School (Ft Lauderdale)
	7-8	PST Sectional Qualifier	Plantation Swim Team	LC	Plantation Central Park
	7-9	Matt Mounts Invite	Wahoo's of Wellington	SC	Wellington Aquatic Center
	8-9	Coral Sprints Invite	Coral Springs Swim Club	SC	Coral Springs Aquatic Center
	14-16	BB+ Gulliver Winter Invite	Gulliver Swim Club	SC	Gulliver HS
	22-23	Dade County BC Champ	Metro Aquatic Club	SC	Tamiami Park
	22-23	Broward County BC Champ	Sunrise Swimming	SC	Sunrise Aquatic Center
	22-23	Palm Beach County BC Champ	North Palm Beach	SC	NPB Country Club
	Feb/March	28-1	BB Championship South	SOFLO	SC
28-1		BB Championship North	Lake Lytal Lightning	SC	Lake Lytal Aquatic Center
March	6-8	Southern Sectional	Plantation Swim Team	LC	Plantation Central Park
	13-15	Junior Olympics	Coral Springs Swim Club	SC	Coral Springs Aquatic Center
	20-22	Senior Champs	SOFLO	SC	Academic Village
April	4	Shark Development	SOFLO	SC	Academic Village
	11	Friday Night Races	Lake Lytal	SC	Lake Lytal Aquatic Center
	18	NMST Open Invite	North Miami	SC	Miami Dade College North
	18	SOFLO TYR Developmental	SOFLO	LC	Academic Village
	24	Sunrise Sizzler	Sunrise Swimming	SC	Sunrise Aquatic Center
	24-26	MAC Invite	Metro Aquatic Club	LC	Tamiami Park
	24-26	CSSC Open	Coral Springs Swim Club	LC	Coral Springs Aquatic Center
	24-26	Dragon LC Spring	Jupiter Dragons	LC	Jupiter Tony Penna
	24-26	Jon Olsen Invite	Florida Keys Swim Club	LC	Founders Park
	May	1-3	IMR/IMX Challenge	Sunrise Swimming	LC
9		Panther IMX	Pine Crest	LC	Pine Crest
15-17		WOW Spring Invite	Wahoo's of Wellington	LC	Wellington Aquatic Center
22-24		GRSC Summer Invite	Gulliver Swim Club	LC	Gulliver HS
	22	Dade Sizzler	Metro Aquatic Club	SC	Tamiami Park
	29	Friday Night Races	Lake Lytal Lightning	SC	Lake Lytal park
June	6	NMST Invite	North Miami Swim Team	SC	Miami Dade College North

	6-7	Summer Kickoff	North Palm Beach	LC	Plantation Central Park
	12	Dade County Sizzler	Metro Aquatic Club	SC	Tamiami Park
	14-16	Michael Lohberg	Coral Springs Swim Club	LC	Coral Springs Aquatic Center
	19-21	SFTL International	Swim Ft. Lauderdale	LC	Nova Southeastern
	20	Dragon SC Summer Invite	Jupiter Dragons	SC	Jupiter Tony Penna
	21	Key West Invite	Bone Island Swim Club	SC	Florida Keys Community College
	26-28	BB+ 14 & Under Boca Invite	Boca Raton Swim Team	LC	Boca Raton HS
June/July	30-1	Palm Beach County BC Champ	Wahoo's of Wellington	SC	Wellington Aquatic Center
	30-1	Broward County BC Champ	TBD	SC	TBD
	30-1	Dade County BC Champ	TBD	SC	TBD
July	10-12	BB Championships North	TBD	LC	TBD
	10-12	BB Championships South	TBD	LC	TBD
July	16-19	FGC Junior Olympics	North Palm/Martin County	LC	Sailfish Splash Park
	23-26	Senior Champ	Coral Springs Swim Club	LC	Coral Springs Aquatic Center
August	22	TYR Sizzler + Development	SOFLO	SC	Academic Village
	28	MAC Invite	Metro Aquatic Club	SC	Tamiami Park
	28	WOW Summer Meet	Wahoo's of Wellington	SC	Wellington Aquatic Center
	29-30	NPB Sprint Meet	North Palm Beach	SC	NPB Country Club
September	4-6	CSSC Open	Coral Springs Swim Club	SC	Coral Springs Aquatic Center
	5	Dragon SC Fall Invite	Jupiter Dragos	SC	Jupiter Tony Penna
	5	Key West Pentathlon	Bone Island Swim Club	SC	Florida Keys Community College
	12	NMST Open	North Miami Swim Team	SC	Miami Dade College North
	13	Neptune Challenge	St. Andrews Swimming	SC	St. Andrews HS
	18-20	PST Open	Plantation Swim Team	SC	Plantation Central Park
	18-20	Sunrise Sizzler/Open	Sunrise Swimming	SC	Sunrise Aquatic Center
	19-20	Dick Wells Memorial	Martin County Aquatics	SC	Martin County HS
October	2-4	SOFLO TYR Distance	SOFLO	SC	Academic Village
	9	Sizzler Sunrise	Sunrise Swimming	SC	Sunrise Aquatic Center
	10-11	June Wollger Invite	Sunrise Swimming	SC	Sunrise Aquatic Center
	9-11	Mike Horgan Invite	Lake Lytal	SC	Lake Lytal Aquatic Center
	18-21	Fall Invite	Gulliver Swim Club	SC	Gulliver HS
November	20-21	SOFLO Last Chance	SOFLO	SC	Academic Village
	21	Ruby Horgan Invite	Metro Aquatic Club	SC	Tamiami Park
	21-22	CSSC Invite	Coral Springs Swim Club	SC	Coral Springs Aquatic Center
	21-22	NPB Last Chance	North Palm Beach	SC	NPB Country Club
December	5	PBC Santa and Open Invite	Lake Lytal Lightning	SC	Lake Lytal Park
	6	Dade County Sprint	North Miami Swim Team	SC	Miami Dade North College
	10-13	Winter Champs	Plantation Swim Team	SC	Plantation Central Park
	18-20	Holiday Champs	Sunrise Swimming	SC	Sunrise Aquatic Center

**Any Championship Meet that did not receive a bid (TBD) will be re-open.

Motion: To approve Meet bid schedule 2020 as amended. Sid Cassidy. **Second.** Kathleen Prindle. **Passed.** No Opposed

C. **Athletes** Cameron Anderson (Sr) and Hanna Trieschmann

1. No report

D. **Coaches** Gordon Andrews (SR)/John Turnipseed (JR)/Terrell Woods

1. No report

E. **Senior** Sid Cassidy

1. No report

F. Age Group

Jennifer Gibson

1. Age Group Chair Report: As submitted by Jennifer Gibson:

1) The FL vs FGC All Star Meet 2019:

The meet went well! Both Swimmers and parents were enthusiastic and acted as true team players of FGC! Final Team Scores=FL LSC 871 points/FGC LSC 556 points
FGC Coaching Staff Members= Norman Abril, Head Coach (Gulliver)
Jennifer Gibson, Team Manager/Liaison (FGC Age Group Chair)
Lynnette Hudl, 13- 14 Girls (Gulliver) David Gelatt, 11- 12 Girls (ECAC)
Brooke Tomsula, 10 & Under Girls (St. Andrews) Danny Palmiotto, 13- 14 Boys (Pine Crest)
Marco Bellardi, 11- 12 Boys (Midtown Weston)
Christopher Morris, 10 & Under Boys (Pine Crest)
*Thank you also to Mike Averett (SFTL) for assisting with the sign- up table throughout the JO meet!

2) FGC Swimposium 2019/BOD In- Service:

The Swimposium was very well attended. We advertised it a lot at the All Star Meet! Still feel it needs advertised more. Both the Coaches Meetings (those in attendance got a full day's clinic) and Athlete Clinics were great! Mike Averett did run a Safe Sport clinic for the athletes. *Still feel we could reach more people with this clinic. Swimmer's Awards Banquet was VERY well attended this year! (Probably the best I have seen in my 7 years of attending). This part takes a lot of research and work! A HUGE thank you goes out to Lori Bosco!!!!
*Cannot say the same about the FGC BOD In- Service! It was a great experience for those who were there, just not very many of us there! **We need to set this EXTREMELY IMPORTANT time spent together MUCH further in advance!! (Retreat needed!)

3) FGC Mentoring Program (Partnering with USA Swimming's Grant Program) 2019:

Thank you to Coach Bruno Darzi for writing the FGC's proposal to receive a Grant for the purpose of FGC Coaches having the opportunity to actually travel to the club of their choice, shadow this club's staff, learn first- hand and bring this new knowledge home to their home clubs and to share their experience with the FGC Board of Directors. We set up a committee to review the applications. The committee members=Sid Cassidy, Bruno Darzi and myself. Unfortunately, Sid was out of the country (on OW business) when we decided to meet this week.
We had five (5) applicants apply for the program. (All Males) One applicant was decided to be ineligible, as he had not coached at least one (1) complete calendar year in the FGC. With just four (4) applicants, and qualified ones, we decided to award all four of these coaches the opportunity to travel, visit another club team, observe and learn while having their qualified expenses (travel, rental car/cabs/Uber/Lyft, hotel, meals) being covered by the money "granted" to this program.
With USA Swimming giving us \$4,000 and as a stipulation, the LSC MUST match at least 50% of that money, we granted each applicant up to \$1,200.00 to use towards this fantastic learning experience to further their coaching.
*As of Friday, May 17th, the applicants/candidates have not yet been notified. I will be devising a letter of congratulations which will outline their responsibilities with the Grant.

4) 2019 Southern Zone Age Group Championships:

This year's Zone Meet is being held in Cary, North Carolina. Preliminary plans have been started and completed. The plane flights (direct FLL to Raleigh/Return) have been reserved; Local bus transportation has been reserved and we have hotel rooms at the Springhill Suites, Cary reserved.

The Zone applications for both Coaches and Swimmers have been circulated and are on the FGC website. (I have already received two Coaches applications)

*As FGC Age Group Chair, I will make the trip. I will go as a Manager/Head Coach or Age Group specific Coach...wherever needed!

5) Ideas for this year's FGC election of new Board Members, Job Descriptions:

I would very much like to present some thoughts and views on this topic. Looking at both updates and changes.

Motion: To approve Age Group report. Steve Goldman. **Second.** Lori Bosco. **Passed.** *No Opposed*

G. Registration

Richard Cavanah

1. Athletes Member report (PDF) handout attached
2. Current Coaches problems report (PDF) handout attached
3. Registration report (PDF) handout attached

H. Treasurer

Richard Cavanah

1. Treasurer's report April 29 (PDF)-handout attached

I. Officials

Steve Goldman

1. Official Report: submitted by Steve Goldman

As of May 1 :

186 certified and Registered Officials

Held 5 Stroke and Turn face to face clinics

Held one online clinic.

Held 4 Starter clinics

Held 2 Referee clinics.

Recommended Five Officials for Olympic Trials:

Kathy Fish

Allan Golding

Hector Acevedo

David Katz

Adam Zeichner

Sectional Referee will be Hector Acevedo

National Evaluator: Jack Dowling

I, Steve Goldman, will be attending the USA Swimming Officials Chair Meeting in Charlotte, NC June 21-23.

2. USA Swimming Official Deck Safety (PDF): withdrawn

VI. Consent Agenda (Committee Reports): pulled reports: Safe Sport and Swimposium.

A. Safe Sport

Michael Averett

1. USA Swimming MAAPP report (PDF) attached.

a. All 18 and Over athletes must take Athlete Protection Training by June 23, 2019.

b. Handout and instructions placed on web: www.fgcswim.org

Motion: To accept Safe Sport report. Sid Cassidy. **Second.** John Turnipseed. **Passed.** *No Opposed*

B. Social Media:

Kathleen Klein-Prindle

1. No report

C. Volunteerism/Social Events

Lori Bosco

1. Swimposium 2019 report (PDF)-attached

a. Discussion of Swimposium date for 2020: April 5 or 19? To be determined after schedule of Grand Prix & Pro Series is announced.

Motion: To approve Swimposium report. Sid Cassidy. **Second.** Dick Cavanah **Passed.** *No Opposed*

D. Financial Investment:

Kathleen Klein-Prindle

1. No report

E. Open Water

Sid Cassidy

1. No report

F. Operational Risk Chair

Eddie Wolling

1. No report

G. Records/Times/NTV

David Hammond

1. No report

H. Diversity & Inclusion

Kathleen Klein-Prindle

1. D & I report and MSD report (PDF)—as submitted by Kathleen Prindle

1.) A quick update on the MSD Scholarship applicants. Nothing to report yet because the deadline to apply is May 31.

2.) Southern Zone D&I camp - basically that FGC is going and sending 2 athletes and a chaperone. I will happily do a report if you think it's necessary?

VII. Old Business-

- A. No Old Business

VIII. New Business – Action Items (Before 10pm)

- A. Need more athletes to serve on the board.
- B. Establish a Governance Committee: Appointed by Chair
1. Bruno Darzi, Kathleen Prindle, Lori Bosco, Jennifer Gibson, Gordan Andrews, Terrell Woods, Dick Cavanah, Jim McCombs, Cameron Anderson
- C. Nominating Committee:

Motion: To accept the Nominating Committee members: Allan Williams, Cameron Anderson, Steve Goldman, Chris Anderson, Daniel Palmiotto and Christi Wathen. Lori Bosco. **Second.** Jennifer Gibson. **Passed.** *No Opposed*

D. Board members to Convention in St. Louis: Kathleen Prindle, Alf Aquirre, Allan Williams, Steve Goldman, Mike Averett, Danny Palmiotto, David Hammond, Terrell Woods, Cameron Anderson, Bruno Darzi, Jennifer Gibson, Sid Cassidy, Chris Anderson, Jim McCombs, Dick Cavanah, and Christi Wathen.

1. Need to apply for At-Large member—Send a bio to Jim McCombs for anyone going to convention.

Motion: For Technical Planning Committee to recommend four (4) blackout dates at least one each season to be part of the bid package for Calendar 2021. Chris Anderson. **Second.** Steve Goldman. **Passed.** *No Opposed.*

Motion: To allow any club in good standing to request for funding to any meet who has a standard of Future level or higher (with Amendment): of the approval of Senior Chair and Treasurer. Alf Aquirre. **Second.** Sid Cassidy. **Passed.** *No Opposed*

IX. Announcement of New Teams Dick Cavanah

- A. 2 New team
1. Nova Southeastern University
2. Devilray's Swim Club

X. FGC B.O.D 2019 Meeting Schedule

Meeting Dates

1. January 22, 2019 @ St. Andrews
2. April 14, 2019 @ Swimposium
3. May 21, 2019-TBA
4. Aug 21, 2019 (if needed)
5. Nov 26, 2019 – HOD & meeting

XI. Adjournment -10:12pm

Motion: To adjourn. Steve Goldman. **Second.** Lori Bosco. **Passed.** No Opposed.

2019 PREMIUM Members - - 5/20/19

LSC: FG

Year To Date

Age Group	Total Female	Total Male	Grand Total
8 & Under	261	287	548
9 Year Olds	204	198	402
10 Year Olds	231	242	473
11 Year Olds	265	293	558
12 Year Olds	268	247	515
13 Year Olds	235	246	481
14 Year Olds	243	233	476
15 Year Olds	216	174	390
16 Year Olds	168	200	368
17 Year Olds	102	147	249
18 Year Olds	76	86	162
19 and Over	74	79	153
Totals	2343	2432	4775

2019 FLEX Members - - 5/20/19

LSC: FG

Year To Date

Age Group	Total Female	Total Male	Grand Total
8 & Under	12	11	23
9 Year Olds	2	6	8
10 Year Olds	1	4	5
11 Year Olds	1	1	2
12 Year Olds	4	4	8
13 Year Olds	2	7	9
14 Year Olds	2	5	7
15 Year Olds	1	5	6
16 Year Olds	3	1	4
17 Year Olds	2	9	11
18 Year Olds	2	1	3
19 and Over	1	0	1
Totals	33	54	87

2019 SEASONAL Members - - 5/20/19



















LSC: FG

Year To Date





Age Group	Total Female	Total Male	Grand Total
8 & Under	2	0	2
12 Year Olds	1	0	1
16 Year Olds	1	0	1
19 and Over	1	0	1
Totals	5	0	5

USA Swimming, Inc.

Current Coaches with Problems sorted by Clubs - 5/20/19

Name	Preferred	City	Club	LSC Pos	Valid To	1st To Expire	Trans.
 * Knight, Timothy M	Tim	Big Torch Key	AAST	PT Coach	2/17/2019	Safety	Renew
Number of Non-athletes: 1							
 * Hernandez, Eldys A		Homestead	AKS	PT Coach, Official	3/19/2019	Safety	Renew
 * Kling, Hannah E		Palmetto Bay	AKS	PT Coach	8/2/2016	CPR, Safety	Renew
 * Millard, Hannah E		Palmetto Bay	AKS	PT Coach	Not Valid	Registration	Renew
Number of Non-athletes: 3							
 * Casellas, Patricia Mercedes		Plantation	AZFL	PT Coach	2/8/2019	CPR	Renew
Number of Non-athletes: 1							
 * Gannon, J. Michael		West Palm Beach	BEST	PT Coach	5/15/2019	CPR	Renew
Number of Non-athletes: 1							
 * Debesa, Raul		Hialeah	BMHG	PT Coach	Not Valid	No A.P.T.	New
 * Echevarria, Ariel		Hialeah	BMHG	PT Coach	Not Valid	No A.P.T.	New
 * Valdes, Monique		Miami	BMHG	FT Coach	2/26/2019	CPR, Safety	Renew
Number of Non-athletes: 3							
 * Zientarski, Katie Ann		Jupiter	BRST	PT Coach	4/22/2019	CPR, Safety	Renew
Number of Non-athletes: 1							
 * Esayas, Nebeyou J		Montgomery Village	CANE	PT Coach	Not Valid	No A.P.T.	Renew
Number of Non-athletes: 1							
 * Valdes, Dainer		Miami	CM	PT Coach	Not Valid	No A.P.T.	New
Number of Non-athletes: 1							
 * McCarthy, Brendan		Lake Worth	ECAC	PT Coach	Not Valid	CPR	Renew
 * Siniscalchi, Janet		Boynton Beach	ECAC	PT Coach	Not Valid	Safety	Renew
Number of Non-athletes: 2							
 * Nolan, Dana M	Dana	Boca Raton	FLA	PT Coach	Not Valid	Safety	Renew
Number of Non-athletes: 1							
 * Guerra, Anagabriella	Ana	Miami	GRSC	PT Coach	Not Valid	No A.P.T.	New
Number of Non-athletes: 1							
 * Duque, Rigoberto		Miami	HSC	PT Coach	12/31/2018	A.P.T.	Renew
 * Messir, Yasser		Hialeah	HSC	PT Coach	3/13/2019	Safety	Renew
Number of Non-athletes: 2							

Current Coaches with Problems sorted by Clubs - 5/20/19



Name	Preferred	City	Club	LSC Pos	Valid To	1st To Expire	Trans.
 * Rahrig, Michael T		West Palm Beach	LLL	PT Coach	Not Valid	Safety	Renew
Number of Non-athletes: 1							
 * Murphy, Brandon		Miami	MACM	PT Coach	1/3/2017	CPR	Renew
 * Vives, Carmen Sofia	Sofia	Miami	MACM	PT Coach	2/21/2019	CPR	Renew
Number of Non-athletes: 2							
 * Landrum, Richard H	Dick	Palm City	MART	PT Coach	1/28/2019	Safety	Renew
Number of Non-athletes: 1							
 * Rivera, Richardson		North Miami Beach	MCDA	PT Coach	Not Valid	Registration	New
 * Scheingoltz, Eric Michael		Miami	MCDA	FT Coach	5/18/2019	CPR, Safety	Renew
Number of Non-athletes: 2							
 * Reback, Kemper C	Kemper	North Palm Beach	NPB	PT Coach	Not Valid	Registration	Renew
Number of Non-athletes: 1							
 * Parker, Catherine E	Katie	Boca Raton	PAQ	PT Coach	10/8/2017	Safety	Renew
 * Stephenson, Morgan L	Morgs	Fort Lauderdale	PAQ	PT Coach, Official	Not Valid	No A.P.T.	Renew
Number of Non-athletes: 2							
 * Juhar, Maria		Pompano Beach	PCS	FT Coach	Not Valid	Registration	New
 * Wolling, Edward K	Eddie	Delray Beach	PCS	FT Coach	1/21/2019	Safety	Renew
Number of Non-athletes: 2							
 * Garcia, Maximiliano	Max	Doral	RANS	PT Coach	Not Valid	Registration	Renew
Number of Non-athletes: 1							
 * Corbett, Lea M	Lea	Davie	SF	PT Coach	Not Valid	Registration	New
 * Leonard, John Arthur	John	Fort Lauderdale	SF	PT Coach	5/10/2019	CPR	Renew
Number of Non-athletes: 2							
 * Elder, Malique J		Davie	SOFL	PT Coach	Not Valid	Registration	Renew
 * Oliver, Noah H		Palmetto Bay	SOFL	PT Coach	Not Valid	No A.P.T.	Renew
Number of Non-athletes: 2							
 * Tolomeo, Tyler S		Sunrise	SUN	FT Coach	2/18/2019	CPR	Renew
 * Tolomeo, Scott		Sunrise	SUN	PT Coach	12/31/2018	A.P.T.	Renew
 * Wathen, Matthew D	Matt	Sunrise	SUN	FT Coach	4/30/2019	Safety	Renew
 * Wathen, Alec F		Sunrise	SUN	FT Coach	4/30/2019	Safety	Renew
Number of Non-athletes: 4							

USA Swimming, Inc.



Current Coaches with Problems sorted by Clubs - 5/20/19

Name	Preferred	City	Club	LSC Pos	Valid To	1st To Expire	Trans.
 * Haces, Pedro J	Pedro	Cutler Bay	SWAT	PT Coach	12/31/2018	B.G.C.	Renew

Number of Non-athletes: 1

 * Groters, Jordy A	Jordy	Fort Lauderdale	UN	PT Coach	Not Valid	No A.P.T.	New
 * Rodriguez, Diego A	Diego	Miami	UN	PT Coach	3/8/2019	CPR	Renew

Number of Non-athletes: 2

 * Mohr, Dakota J		West Palm Beach	WOW	PT Coach	Not Valid	Registration	Renew
 * Wiley, Daphne Kristen	Daphne	Royal Palm Beach	WOW	PT Coach	10/18/2018	Safety	Renew

Number of Non-athletes: 2

 * Brennan, Lee		Plantation	YSF	PT Coach	1/20/2019	Safety	Renew
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Number of Non-athletes: 1

Total Count For Report: 44



FLORIDA GOLD COAST SWIMMING

Registration Report

May 20, 2019

A. Athlete & Non-Athlete membership report

2019 – Athletes-to-date	(Annual)	4775	
	(Flex)	87	
	(Seasonal)	5	
			<u>4,867</u>

2019 – Non-Athletes			<u>454</u>
	(268 Coaches, 181 Officials & 5 Others)		

B. 2019 – Registered FGC Clubs (59) & Organizations (4): **63**

Richard Cavanah
FGC Membership Chairman



FLORIDA GOLD COAST SWIMMING

Treasurer's Report

April 29, 2019

A. Financial Statement

Bank Balance (4/29/19)	\$225,133
Wells Fargo Securities Investments (3/31/19) • Includes unrealized profit or loss	\$606,514
Savings Account – Bank of America (3/31/19)	\$ 74,447
Accounts Receivables (Registrations & Meet%)	\$ 13,206
Escrow Balances	- \$ 16,952
Due USA-Swimming – Apr. '19 Registrations	- <u>\$ 17,360</u>
Total	<u>\$884,988</u>

Richard Cavanah
FGC Membership/Treasurer



Minor Athlete Abuse Prevention Policy



THIS POLICY APPLIES TO:

- All USA Swimming non-athlete members and adult athlete members;
- Participating non-members (e.g., meet marshals, meet computer operators, timers, etc.);
- LSC and club adult staff and board members; and
- Any other adult authorized to have regular contact with or authority over minor athletes.

Collectively "Applicable Adult(s)"

GENERAL REQUIREMENT

USA Swimming member clubs and LSCs are required to implement this Minor Athlete Abuse Prevention Policy in full. The Minor Athlete Abuse Prevention Policy must be reviewed and agreed to in writing by all athletes, parents, coaches and other non-athlete members of member clubs on an annual basis with such written agreement to be retained by the club.

ONE-ON-ONE INTERACTIONS

I. Observable and Interruptible

One-on-one interactions between a minor athlete and an Applicable Adult (who is not the minor's legal guardian) must occur at an observable and interruptible distance from another adult unless meeting with a Mental Health Care Professional and/or Health Care Provider (see below) or under emergency circumstances.

II. Meetings

- a. Meetings between a minor athlete and an Applicable Adult may only occur if another adult is present and where interactions can be easily observed and at an interruptible distance from another adult, except under emergency circumstances.
- b. If a one-on-one meeting takes place, the door to the room must remain unlocked and open. If available, it must occur in a room that has windows, with the windows, blinds, and/or curtains remaining open during the meeting.
- c. Meetings must not be conducted in an Applicable Adult or athlete's hotel room or other overnight lodging location during team travel.

III. Meetings with Mental Health Care Professionals and/or Health Care Providers

If a Mental Health Care Professional and/or Health Care Provider meets with a minor athlete in conjunction with participation, including at practice or competition sites, a closed-door meeting may be permitted to protect patient privacy provided that:

- a. The door remains unlocked;
- b. Another adult is present at the facility;
- c. The other adult is advised that a closed-door meeting is occurring; and
- d. Written legal guardian consent is obtained in advance by the Mental Health Care Professional and/or Health Care Provider, with a copy provided to the club.

IV. Individual Training Sessions [Recommended]

Individual training sessions outside of the regular course of training and practice between Applicable Adults and minor athletes are permitted if the training session is observable and interruptible by another adult. Legal guardians must be allowed to observe the training session.

SOCIAL MEDIA AND ELECTRONIC COMMUNICATIONS

I. Content

All electronic communication from Applicable Adults to minor athletes must be professional in nature.

II. Open and Transparent

Absent emergency circumstances, if an Applicable Adult with authority over minor athletes needs to communicate directly with a minor athlete via electronic communications (including social media), the minor athlete's legal guardian must be copied. If a minor athlete communicates to the Applicable Adult (with authority over the minor athlete) privately first, said Applicable Adult must



copy the minor athlete's legal guardian on any electronic communication response to the minor athlete.

When an Applicable Adult with authority over minor athletes communicates electronically to the entire team, said Applicable Adult must copy another adult.

III. Requests to Discontinue

Legal guardians may request in writing that their minor athlete not be contacted through any form of electronic communication by the club, LSC or by an Applicable Adult subject to this Policy. The organization must abide by any such request that the minor athlete not be contacted via electronic communication, or included in any social media post, absent emergency circumstances.

IV. Hours

Electronic communications must only be sent between the hours of 8:00 a.m. and 8:00 p.m., unless emergency circumstances exist, or during competition travel.

V. Prohibited Electronic Communication

Applicable Adults with authority over minor athletes are not permitted to maintain private social media connections with unrelated minor athletes and such Applicable Adults are not permitted to accept new personal page requests on social media platforms from minor athletes, unless the Applicable Adult has a fan page, or the contact is deemed as celebrity contact as opposed to regular contact. Existing social media connections with minor athletes must be discontinued. Minor athletes may "friend" the club and/or LSC's official page.

Applicable Adults with authority over minor athletes must not send private, instant or direct messages to a minor athlete through social media platforms.

TRAVEL

I. Local Travel

Local travel consists of travel to training, practice and competition that occurs locally and does not include coordinated overnight stay(s).

Applicable Adults must not ride in a vehicle alone with an unrelated minor athlete, absent emergency circumstances, and must always have at least two minor athletes or another adult in the vehicle, unless otherwise agreed to in writing by the minor athlete's legal guardian.

[Recommended]

Legal guardians must pick up their minor athlete first and drop off their minor athlete last in any shared or carpool travel arrangement.

II. Team Travel

Team travel is travel to a competition or other team activity that the organization plans and supervises.

- a. During team travel, when doing room checks two-deep leadership (two Applicable Adults should be present) and observable and interruptible environments must be maintained.

When only one Applicable Adult and one minor athlete travel to a competition, the minor athlete's legal guardian must provide written permission in advance and for each competition for the minor athlete to travel alone with said Applicable Adult.

Team Managers and Chaperones who travel with the club or LSC must be USA Swimming members in good standing.

- b. Unrelated non-athlete Applicable Adults must not share a hotel room, other sleeping arrangement or overnight lodging location with an athlete.



Minor athletes should be paired to share hotel rooms or other sleeping arrangements with other minor athletes of the same gender and of similar age. When a minor athlete and an adult athlete share a hotel room or other sleeping arrangement, the minor athlete's legal guardian must provide written permission in advance and for each instance for the minor to share a hotel room or other sleeping arrangement with said adult athlete.

- c. Meetings during team travel must be conducted consistent with the One-on-One Interactions section of this Policy (i.e., any such meeting must be observable and interruptible). Meetings must not be conducted in an individual's hotel room or other overnight sleeping location.

LOCKER ROOMS AND CHANGING AREAS

I. Requirement to Use Locker Room or Changing Area

The designated locker room or changing area must be used when an athlete or Applicable Adult changes, in whole or in part, into or out of a swimsuit when wearing just one suit (e.g., deck changing is prohibited).

II. Use of Recording Devices

Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces by a minor athlete or an Applicable Adult is prohibited.

III. Undress

An unrelated Applicable Adult must not expose his or her breasts, buttocks, groin or genitals to a minor athlete under any circumstance. An unrelated Applicable Adult must not request an unrelated minor athlete to expose the minor athlete's breasts, buttocks, groin or genitals to the unrelated Applicable Adult under any circumstance.

IV. One-on-One Interactions

Except for athletes on the same team or athletes attending the same competition, at no time are unrelated Applicable Adults permitted to be alone with a minor athlete in a locker room or changing area, except under emergency circumstances. If the organization is using a facility that only has a single locker room or changing area, separate times for use by Applicable Adults must be designated.

V. Monitoring

The club must regularly and randomly monitor the use of locker rooms and changing areas to ensure compliance with this Policy. Locker rooms and changing areas may be monitored by use of the following methods:

- a. Conducting a sweep of the locker room or changing area before athletes arrive;
- b. Posting staff directly outside the locker room or changing area during periods of use;
- c. Leaving the doors open when adequate privacy is still possible; and/or
- d. Making occasional sweeps of the locker rooms or changing areas with women checking on female locker rooms and men checking on male locker rooms.

Every effort must be made to recognize when a minor athlete goes to the locker room or changing area during practice and competition, and, if the minor athlete does not return in a timely fashion, to check on the minor athlete's whereabouts.

VI. Legal Guardians in Locker Rooms or Changing Areas

Legal guardians are discouraged from entering locker rooms and changing areas. If a legal guardian does enter a locker room or changing area, it must only be a same-sex legal guardian and the legal guardian should notify a coach or administrator in advance.



MESSAGES AND RUBDOWNS/ATHLETE TRAINING MODALITIES

- I. Definition: In this section, the term “Massage” refers to any massage, rubdown, athletic training modality including physical modalities (e.g., stretching, physical manipulation, injury rehabilitation, etc.) and electronic or instrument assisted modalities (e.g., stim treatment, dry needling, cupping, etc.).

- II. General Requirement
Any Massage performed on an athlete must be conducted in an open and interruptible location and must be performed by a licensed massage therapist or other certified professional. However, even if a coach is a licensed massage therapist, the coach must not perform a rubdown or massage of an athlete under any circumstance.

- III. Additional Minor Athlete Requirements
 - a. Written consent by a legal guardian must be obtained in advance by the licensed massage therapist or other certified professional, with a copy provided to the club.
 - b. Legal guardians must be allowed to observe the Massage.
 - c. Any Massage of a minor athlete must be done with at least one other adult present and must never be done with only the minor athlete and the person performing the Massage in the room.
 - d. [Recommended] Any Massage of a minor athlete must only occur after a proper diagnosis from a treating physician and be done in the course of care according to the physician’s treatment plan.

Swimposium Report: 2019

Event Schedule: Date: April 14, 2019

Parent & Coaches Clinic:

9:00am-11:00am: Jane Grosser and Bob Staab: (Attendance: 60 parents)

12:30pm-2:20pm: Jane Grosser and Bob Staab: (Attendance: 85 parents)

Athlete Clinic: BreakOut! Swim Clinic powered by Swim Outlet

8:30am (12 & Over) Check in for Clinic (Attendance: 50 swimmers)

9:00am-12:00pm (12 & Over) Clinic with Jason Lezak and Breeja Larson

9:00am-10:30am (11 & Under) Safe Sport with Mike Averett (Attendance: 20 swimmers)

10:45am-11:45am (All groups) photos with Jason Lezak and Breeja Larson

12:45pm-2:00pm (12 & Over) Safe Sport with Mike Averett (Attendance: 23 swimmers)

1:15pm-2:30pm (11 & Under) Clinic with Jason Lezak and Breeja Larson:
(Attendance: 87 swimmers)

Coaches Clinic: 9am-2pm: Jim Richardson- (Attendance: 15 Coaches)

CLBM 201 Clinic: 12pm-4pm: Dave Thomas-(Attendance: 20 Coaches)

Coaches, Athletes & Family: FGC Awards Ceremony, Auditorium

2:45pm-4:00pm

12:30pm—Lunch: Pizza while listening to Athletes talk

Budget: USA Swimming paid for Jane Grosser, Bob Stabb, Jim Richardson, Dave Thomas, and \$3500 toward one Olympian Athlete.

Athletes:-\$7,500.00 (USA Swimming paid \$3,500.00; FGC-\$4,000-from athletes)

Awards: \$907-tiles, \$2,171.98-t-shirts, \$245.49-flyers, \$towels

Food: \$1,047.46: Pizza and supplies (plastic table covers, water, snacks)

Misc: gift certificates-\$200.00,

Overall cost to FGC \$5,572.00 (\$ 9,771.93 total expenses-income of \$700 door + \$3500 reimbursement).

Attendance: 120 parents, 15 coaches, 43 swimmers at Safe Sport, 3 (6 adults) teams to CLBM and 137 attended athlete clinic with Jason and Breeja: 50 at 12 and Over and 87 at 11 and Under

Awards: 14 and Under: 34 Record Breakers, 327 Top 5 swimmers, 44 National Top 10 Swimmers, 28 Zone Team Members, 13 Open Water Zone Swimmers

Awards given: T-shirts to Top 5 swimmers, Tiles to National Top 16 and Record Breakers, Towels to Zone Team and Open Water Zone Swimmers.

Next Swimposium 2020:

Meeting in May—choose a date April 5, 2020 or April 19, 2020 (Easter is April 12)

December—All awards set—Top 5 swimmer per category, Zone Team, Open Water Zone Team, Records for the 2018-2019 swim season.

Changes: for 2020

- 1-Food at times after autograph signing.
2. Dryland clinic—Jennifer Gibson along with Safe Sport
3. Add an Officials clinic
4. Parent clinic that is shorter to give parents time to watch their swimmers race the Olympians (especially the younger ones).
5. A place for parents to sit and watch their swimmers.
6. Award ceremony—Just read the names. All Awards posted on website no later than February, 2020.
7. T- shirts purchased and on hand beginning of March.
8. Assign Board members to work specific areas no later than previous board meeting.