# Florida Gold Coast Swimming 2018 House of Delegates

Volunteer Park, Plantation FL November 27, 2018 8:00 pm

Chairman McCombs called the meeting to order at 8:25pm

- I. Roll Call
  - Roll Call was handled during the check-in procedure from 7:30 8:00pm.
- II. Review & Approval of Minutes
  - A. Minutes of House of Delegates 2017.

Motion: To approve minutes from House of Delegates 2017. Sid Cassidy. Second Kathleen Klein-Prindle. Passed. No Opposed

- III. Unfinished
  - 1. None
- IV. New Business
  - 1. None
- V. Resolutions and Orders
  - 1. None
- VI. Election of Officers-
  - A. Results from Election.
    - 1. Coaches Representative-(Broward)-Terrell Woods
    - 2. Coaches Representative-(Dade)-John Turnipseed

Motion: To close nominations. Richard Cavanah. Second. Sid Cassidy. Passed. No Opposed

3. Registration/Treasurer Chair-Richard Cavanah

Motion: To close nominations. Sid Cassidy. Second. Kathleen Klein-Prindle. Passed. No Opposed

4. Secretary-Lori Bosco

Motion: To close nominations. Richard Cavanah. Second. Sid Cassidy. Passed. No Opposed

#### 5. Officials Vice Chair-Steve Goldman

Motion: To close nominations. Sid Cassidy. Second. Lori Bosco. Passed. No Opposed

#### 6. Finance Vice Chair-Kathleen Klein-Prindle

Motion: To close nominations. Sid Cassidy. Second. Hanna Trieschmann. Passed. No Opposed

## Results of At-Large Members-

Bruno Darzi- 2 year term David Hammond- 2 year term Danny Palmiotto- 1 year term 1<sup>st</sup> Alternate: Liz Kershaw 2<sup>nd</sup> Alternate: Hanna Molden

Motion: To close nominations. Dick Cavanah Second. Sid Cassidy Passed. No Opposed.

Motion: To destroy the ballots. Dick Cavanah Second. Lori Bosco Passed.

## VII. Officers Reports

#### A. General Chair - Jim McCombs

1. From all years on boards, one of the best things I witnessed at convention was when a board member (Gianluca Alberani) for the first time went to convection, he came back a new person as he found out that. "Your words, what you have for ideas do matter, they come from us and they go up to the board at USA swimming. Everyone has a voice". Welcome to the new members of the board. For others, if you are willing to help, contact us.

# B. Administrative Vice Chair- Alf Aguirre

1. Job is Technical planning-biggest task is the schedule. In 2018-89 meets sanctioned. 2019 calendar is on web with 79 meets. Meet host are doing a better job at running and controlling the size of the meets.

#### C. Senior Chair - Sid Cassidy

1. May 3-5, 2019: Open Water National Championships (Olympic Trials for Open Water for the 10K as well as 5K National Championships. To be held in conjunction with Swim Miami. (Looking for volunteers and swimmers who qualify)

## D. Age Group Chair - Jennifer Gibson

- 1. New legislation went through at US Convention to restrict tech suits for 12 and Under. To go into effect, Fall 2020.
- 2. Looking at improving way sanction meets
- Camp program and putting together a Camp committee
- 4. All Star Meet and Zone Meet- on Web in January for coaches interested in helping.

## E. Officials - Steve Goldman

- 1. Spring Championships referees all assigned. 187 certified officials, 20 clinics, 112 officials trained-12 more than last year. Coaches-reach out to people in your county if you want a clinic. Working on an on-line clinic.
- F. Coaches Rep Bruno Darzi/Gordan Andrew/John Turnipseed
  - 1. LSC Coach Mentoring Grant Program -handout
    - a. Committee to work on: All Coaches Representatives Senior Chair, and Age Group Chair)
  - 2. Use your County Reps to help give you a voice on the Board especially with ideas/concerns.
- G. Athletes: Cameron Anderson/Hanna
  - No Report.

## H. Registration / Treasurer - Richard Cavanah

- Explanation of budget and changes:
  - a. All-Star programs are now all together on one line item-(All-Stars, Zones, Zone Open Water and State Open Water).
  - b. Credit Card-any transaction will be charge an additional 2.5%
  - c. Deadlines for reimbursements for National Championships will be the 20<sup>th</sup> of December of that year. (as stated on the form)

#### H. Finance Chair- David Hammond

1. No report

## I Safe Sport: Mike Averett

1. New program-Safe Sport Recognize Club Program- a great way to get LSC /club involved-get a badge to put on website (safe sport certified club) There is requirements based on your policy and procedures, locker room policies, bullying actions, team travel policies, etc. Can do training

education for your club and parents. There is a checklist on USA swimming. A great way to get involved in Safe sport. (Handout outlining program and how get started)

## J. At- Large Member-Kathleen Klein-Prindle

- 1. Approved \$1,000 scholarship to honor the victims of Marjory Stoneman Douglas shooting. The first year will be awarded to the family of Nick Dworet which will be presented in April in addition to the new scholar recipient. The Committee is working on criteria for awarding and a name.
- 2. Diversity and Inclusion-FGC and FL swimming is the first LSC to work together instead of independently
- 3. Inclusive for gender diverse athletes. A task force met and 5 legislation pieces which all passed at House of Delegates which means for FGC- in the rule book now all athletes will be referred to as Competition Category. An athlete may elect to change their competition category. At the early stages of competition—be who you want and swim want you want. As soon as qualifying times, the focus will be about fairness for all.
- 4. Realigning some of the Futures locations.
- 5. The TYR Pro Series meets-new format in place to host-USA Swimming, opening series up to bids.

#### K. At-Large Member-Chris Anderson-

- 1. Focus is Sectional Committee-Made great progress in developing meet information, time standards and locations.
- L. At-Large Member-Terrell Woods
  - 1. FGC webmaster

Motion: To approve budget as presented. Chris Anderson. Second. Jim McCombs. Passed. No Opposed.

Motion: To adjourn. Lori Bosco. Second. John Turnipseed. Passed. No. Opposed.

Meeting adjourned 9:45pm.



# **LSC Coach Mentoring Grant Program**

Purpose: Create a coach mentoring program for club coaches in the LSCs.

Many successful coaches talk about how they were mentored earlier in their career. This program is intended to create a practical and affordable means to connect younger inexperienced coaches with a veteran coach to aid in the development and education of the coach.

Funding: \$32,000 for the program in 2019

This program is to be jointly funded between USA Swimming and an LSC. The LSC can apply for a grant of up to \$4,000. The LSC must support the program with a matching amount equal to a minimum of 50% of the money requested from USA Swimming. (Example: if requesting \$4,000 from USA Swimming the LSC must match with a minimum amount of \$2,000). Preference will be given to LSCs that support the program with an even matching amount. Depending on the number of LSCs that apply, USA Swimming may attempt to spread the funding available to more LSCs.

Preference is given to disbursing the grant from USA Swimming to the LSC in one payment at the end of the year upon timely submittal of the appropriate paperwork. However, an LSC may request 50% of the grant money be disbursed to the LSC at the beginning of the program. LSCs will be required to submit an accounting of any expenses that they paid out to coaches/clubs prior to receiving the final payment from USA Swimming.

#### Time Line:

January 2, 2019 Grant proposals from LSC are due to the USA Swimming office (<a href="mailto:mweinberg@usaswimming.org">mweinberg@usaswimming.org</a>)

January 9, 2019 Announcement of LSC's selected

December 9, 2019 Report due to USA Swimming office on the program (what

worked and what didn't)

December 16, 2019 Final reimbursement request due to USA Swimming

accounting department

Each LSC shall come up with their own criteria of how the program is to be administered.

Some suggestions for an LSC to consider in administration of the program:

1. A minimum visit of ½ day with a maximum of 3 days (2 nights)

2. An LSC may want to partner with an adjoining LSC to run the program

- Each LSC is to come up with their own list of mentor coaches. Possible suggestions might be finding coaches who are good at:
  - a. Working with novice, entry-level athletes
  - b. Good dryland program
  - c. Running a learn-to-swim program
  - d. Writing workouts for senior level athletes
  - e. Season planning
  - f. Managing a satellite program
  - g. Coaching advanced age group athletes
  - h. Recruiting new swimmers
  - i. Running the business side of the club
  - j. Moving athletes from Sectionals to Junior Nationals
  - k. Technical skills (teaching specific swimming skills)
  - I. How to become a good head age group coach
  - m. Developing a progressive age group program
  - n. How to make age group practices exciting and fun
  - o. How to help a swimmer with college recruiting
- 4. Reimbursement to the mentored coach will include actual expenses incurred such as mileage (LSC to determine rate) or transportation, hotel, food or per diem. Mentored coach is to submit the original receipts for reimbursement to the LSC. A meal(s) for the mentor coach could also be submitted if the mentor coach and mentored coach dined together. The LSC may want to impose a limit to how much could be submitted for a meal.
- 5. Upon completion of the visit, the mentored coach is to submit a report to the LSC outlining what they learned from the visit.
- The mentor coach is also to complete a short survey.
- 7. The LSC may establish a small honorarium for the mentor coach. Suggestions might be an actual honorarium or a gift card/restaurant card.
- 8. To activate the program a coach would fill out a visit request form within the LSC and submit to the appropriate person (could be the coach's rep, permanent office, senior chair, etc...).
- 9. Upon approval the mentoree would then make the arrangements with the mentor coach for the visit.
- 10. Coaches that are eligible for USA Swimming's National Junior Team visit program would be ineligible to participate as a mentoree.

Additional items for an LSC to consider when designing the program:

- Set up or describe what is required of the mentor coaches
- Frequently asked questions
- Some type of follow up documentation
- How the goals of the program are communicated?
- Encourage ongoing communication between mentor and mentoree
- Is there some type of contribution from the mentored coach's club?
- Does there need to be some type of sign-off from the mentoring and mentored club?

Please submit your detailed grant proposal by **Wednesday**, **January 2**<sup>nd</sup> to Morgan Weinberg @ mweinberg@usaswimming.org.

Include two copies of your proposal:

- The full proposal
- A second copy with any reference(s) to the LSC removed (to be used by the review committee)
- Make sure that your full proposal includes all contact information

# SAFE SPORT RECOGNIZED CLUB PROGRAM

# HTTP://WWW.USASWIMMING.ORG/SSRP

Become a Safe Sport Recognized Club and demonstrate your team's commitment to safeguarding your athletes and all participants!

The Safe Sport Recognized Club program allows clubs to demonstrate their commitment to creating a safe, healthy, and positive environment for all of their members through the development and implementation of Athlete Protection Policies, Safe Sport Best Practices, and Safe Sport education.

Safe Sport Recognized Clubs earn a badge to display on their website, and these clubs will be designated as Safe Sport Recognized in USA Swimming's Find-a-Club online tool.

# WHAT'S INVOLVED IN THE SAFE SPORT RECOGNITION PROGRAM?

- Policies, procedures, and best practices: clubs will share their Athlete Protection Policies and the other ways they've set up their clubs to safeguard members.
- Personnel: a big part of successfully implementing Safe Sport is getting the right people involved. Clubs will demonstrate the screening and selection procedures for staff and volunteers.
- **Training and Education:** clubs will be awarded points for having athletes and parents complete the Safe Sport online courses, as well as hosting in-person Safe Sport-related training.
- Reporting: clubs will demonstrate how they communicate to their members about reporting to USA Swimming Safe Sport and the Center for Safe Sport.

# HOW DO I GET STARTED?

Similar to Club Recognition, club administrators log into the Club Portal (below) to begin the process. Safe Sport Recognition can be renewed every 2 years.

# QUESTIONS?

Contact Safe Sport staff at ssrp@usaswimming.org

Safe Sport Recognition FAQ



\*\*\*Club and LSC Portal Search\*\*\*



# TO ACCESS YOUR CLUB & LSC PORTAL CLICK HERE

# **CLUB & LSC PORTAL INSTRUCTIONS**

- At the search window enter your club code, club name or use the drop-down box to find your Local Swim Committee (LSC) and click SEARCH
- 2. After the SEARCH has been executed click on the **CLUB PORTAL** to go the Club Portal area or LSC PORTAL to go to the LSC Portal.
- 3. Note the blue tabs labeled Announcements, Practice Schedule, Upcoming Meets, Meet Results and Facilities. All of the contents of these tabs are viewable to the public. The Report tab (on the far right) is only viewable if logged in as the Club Administrator.
- 4. To log in as the Club or LSC Administrator, get the Club Portal password. The Club Portal password was sent to the Head Coach. Then scroll to the bottom and click on Club Administrator Login (you must be logged into the USA Swimming website to see this login).
- 5. Fill in the club password and click on Edit Club Portal. If you do not know your club portal password you may contact USA Swimming.
- 6. Once logged in the default view is the Reports tab
- 7. To access the Club Recognition Program, click on the *Home* tab then *Go To Club Recognition*

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# SAFE SPORT RECOGNITION ENTRY BY LEVEL

Safe Sport Recognized

CURRENT SCO Recognition Requirements	
*Note: All changes to this for and will be immediately refle	m are immediately saved cled in the score above.
Back to Club Portal	
Request Level Reco	gollion

BUSINESS / ORGANIZATION SUCCESS PLAI	NING TOTAL	CATEGORY PO Minimum Points N
Required (18pts)  Mission and Vision Statement (1)  Club Website (5)  Reporting Information (2)  Conduct Pre-Employment Screening (2)  USA Swimming Code of Conduct Communicated to Club Members (2)  Travel Policies (2)  Electronic Communication Policy (2)  Action Plan to Address Bullying (2)	Additional  Safe Sport Best Practices (2)  Communication of Policies (0-1)  Communication Audience (1-3)  Grievance Procedure (3)  Locker Room Monitoring Policy (2)  Photography Policy (2):	13
Required points earned: 0	Additional points earned: 0	
SWIM PARENT / VOLUNTEER DEVELOPMEN	T TOTAL	CATEGORY PO
Required (5pts) Safe Sport Club Coordinator (5) Online Safe Sport Education for Parents (1-5)	Additional:    Parent Code of Conduct (2)   Education Event for Parents (2)   Meet Marshals (1)   Volunteer Coordinator Membership (1)	6
Required points earned: 0	Additional points earned: 0	
COACH DEVELOPMENT / EDUCATION	TOTAL	CATEGORY PO
Required (Opts).  Reference Checks (0-2)	Additional  Coach Code of Conduct (2)  Education Evant for Coaches (2)	4
Required points earned: 0	Additional points earned: 0	
ATHLETE DEVELOPMENT / PERFORMANCE	TOTAL	CATEGORY PO
Required (1pts)  Online Safe Sport Education for Althletes (1-5)	Additional  Athlete Code of Conduct (2)  Education Event for Athletes (2)	4
Required points earned: 0	Additional points earned: 0	

35 total

(62 pt. Grand Tota)

Back to Club Portal

Request Level Recognition

**CURRENT SCORE: 0 POINTS** 

Recognition Requirements: 70% = 43.40 points

- What is the process for receiving Safe Sport Recognition?
  - The club admin will log into the club portal and complete the criteria for Safe Sport Recognition, including all the required measures, as well as a selection of elective measures to fulfill point requirements.
  - o After the club admin submits the form online, it will be reviewed by Safe Sport staff. This can take up to a week.
  - Staff will either approve the Recognition or send it back with notes for improvement.
  - Once the Recognition is approved, the club will receive notification and a logo to display on their website. Within 24 hours, the Find-a-Club tool will begin showing the club as Safe Sport Recognized.
- Is there a performance component to the Safe Sport Recognition Program?
  - o No, times and IMX scores are not a factor for the Safe Sport Recognition Program. Clubs serving all levels of athletes are eligible to pursue this recognition.
- How is the training component measured?
  - This is an automatic process based on how many individuals completed the "Safe Sport for Athletes" and "Safe Sport for Parents" courses on LEARN. Clubs can earn more point for having a larger proportion of their club complete these courses. The proportion is based on the number of registered households within a club, and at least 10% participation is required to receive points.
- Do I have to do it all at once?
  - o No. it's possible to start Safe Sport Recognition and come back to it at any time via the club portal.
- Does becoming a Safe Sport Recognized Club mean that we will never have instances of misconduct?
  - O Unfortunately, no. However, becoming a Safe Sport Recognized Club ensures that you're as prepared as possible to mitigate risk and respond to any inappropriate behavior or misconduct. By creating a structure through policies, guidelines, and procedures—and training the coaches, athletes, and parent/volunteers on Safe Sport—you've created a shared commitment to do everything you can to create a safe, healthy, and positive environment for all participants.
- Does becoming a Safe Sport Recognized Club mean that I don't need to talk about Safe Sport or do other Safe Sport education anymore?
  - o No! Becoming a Safe Sport Recognized Club means that you've taken proactive steps to create a culture of Safe Sport within the club-keep talking about it! Regularly engage the club's athletes in Safe Sport Mondays discussion, review your team travel policy before team trips, and refer often to your policies and procedures when issues come up.
- What happens if misconduct occurs at a Safe Sport Recognized club?
  - Clubs will rely on their team policies to manage minor misconduct and team policy violations. If a more serious report of misconduct occurs, clubs will be offered a post incident analysis implemented by USA Swimming Safe Sport to restore safety.

# 2017-2018 FGC - BUDGETS and ACTUAL EXPENDITURES 2019 - Proposed Budget

	2017	2017	2018	2018	2019
INCOME	Budget	Actual	Budget	Y-T-D	Proposed
All-Star Programs	net w/ exp	net w/ exp	net w/ exp	net w/ exp	net w/ ex
Annual Registrations	\$80,000	\$120,005	\$80,000	\$45,000	\$85,00
Awards Programs	net w/ exp	net wi exp	net w/ exp	net w/ exp	net w/ ex
Club Dues (Net)	w/ ath reg	w/ ath reg	w/ ath reg	w/ ath reg	w/ ath re
Fines	\$0	so,	\$0	\$0	\$
Interest - Savings	\$0	\$25	\$30	\$22	\$
investments	\$28,000	\$33,117	\$30,070	- \$0	\$30,00
Meet Percentage	\$100,000	\$127,039	\$100,000	\$102,698	\$115,00
Non-Athlete Memb (Net)	w/ ath reg	w/ ath reg	w/ ath reg	w/ ath reg	w/ ath re
Sanctions Income	\$6,500	\$10,488	\$6,500	\$1,625	\$6,50
Transfer from Reserve	so.	\$0			\$
Uncategorized/Misc.	\$0	\$2,500			\$
Zone Championships	net w/ exp	net w/ exp	net w/ exp	net w/ exp	net w/ ex
TOTAL	\$214,500	\$293,174	\$216,600	\$149,345	\$236,50
	]				
EXPENSES	Budget	Actual	Budget	Y-T-D	Proposed
All-Star Programs - FGC	35,000	42,327	42,000	57,567	50,00
Audits & Reviews	4,000	4,000	1,000	1,000	1,00
Awards Programs/Swimposium	10,000	8,863	10,000	7,139	10,00
Bank Charges	olt	-7	Ö	o	
Board of Directors	3,000	1,966	3,000	679	3,00
Champ. Meet Security	10,000	11,315	10,000	12,780	12,00
Credit Card Fee	12,000	16,062	12,000		7,00
Disability	1,000	0	1,000	0	1,00
Diversity	2,000	700	2,000	0	1,00
Donations & Scholarships	0	2,000	0	o	1,00
Hall of Fame Ceremony	0	2,000	2,000	2,000	2,50
Hospitality	oll	0	0	<u> </u>	<u> </u>
House of Delegates	0	956	1,500		1,50
LSC Camps	1,000		1,000		1,50
Nat'l Champ. Relmb.	65,000	72,932	65,000		67,00
Office Administration	17,000	17,000	19,000		21,00
Officials	10,000	11,768	10,000		10,00
Print, Postage, Supplies	2,000	2,510	2,000		2,00
Seminars & Education	2,000	5,872	5,000		5,00
Special Events	0	ō	0	0	50
Tax Preparation	2,000	1,800	2,000	1,840	2,00
Contingency	2,333	- 1,0,0	- 0	0	13,50
Jncategorized/Misc.		0	0	0	
USAS Convention	24,000	21,781	22,000	20,586	20,00
Web Site	3,000	3,180	3,200		4,00
Zone Championships (OW & Pool)	<b>╽</b> ┠──────╂┣	included in All Star	included in Ali Star	Included in All Star	included in All Star Prog.
Total Statistical and Association	,		213,700		236,50

See other side for explanations and notes

# **Explanations and Notes on Various Budget Line Items**

- 1 FLA/FGC All-Star Meet @\$90 each & OW All-Stars @\$90 each
- 2 Net income for Athletes', Non-Athletes' & Clubs' memberships
- 3 Net income for Clubs' memberships (included in Athletes')
- 4 FGC Delegates' Expenses at annual USAS Convention
- 5 Based on 20% of entry fees on all sanctioned events held in FGC
- 6 Based on historic amounts (\$25-Sizzlers & \$75/meet).
- 7 Net income for Non-Athletes' memberships (included in Athletes')
- 9 Includes four All Star Meets = Expenses less Revenues
- 10 Security at JO's, Sr. & Area Championships
- 11 Reimburse BOD Members for Mileage & Meals at Bd. Meetings
- 13 Independent Audit (@4th year) and Review other 3 years
- 15 Annual House of Delegates Meeting Expenses
- 16 Includes monthly cable and expense for Webmaster.
- 17 Amount determined to balance budget.
- 18 Breakdown of various National Level Meet reimbursements
- 20 Registrar/Treasurer's salary.
- 21 Officials' expenses, BG checks, reimb. to Nat'l meets & Workshops
- 22 Amount for 2 or 3 yearly clinics
- 23 AG Zone & OW Zone meet in All Star Programs
- 24 Includes Corp. Filing Fee, Postage, Supplies and Coaches Cards

# NATIONAL CHAMPIONSHIPS REIMBURSEMENT - 2018-19

Meets	2018	2019	@
Long Course Nationals	\$10,000 (\$1,000)	\$9,000	\$1,000
U.S. Open	\$7,000 (\$900)	\$0	
Short Course Nationals	\$3,000 (\$600)	\$3,500	\$700
USA-S Jr. Nationals - LC	\$12,000 (\$800)	\$12,000	\$800
USA-S Jr. Nationals - SC	\$8,000 (\$500)	\$9,600	\$600
Pro Series Meets	\$3,000 (\$600)	\$12,000	400/600
US Paralympic Nationals	\$1,000 (\$500)	\$1,000	\$500
Open Water Nationals	\$1,500 (\$300)	\$500	\$100
National Select Camps	\$1,000 (\$300)	\$1,000	\$300
National Meets - Club Reim.	\$11,000	\$11,000	A District
Nat'l Development Fund	\$15,000 (\$300)	\$15,000	\$300

(Sr. Zones) (NCSA Jrs.) (Futures) \$72,500 \$74,600

- Res. Factor of approx. 90% (\$7,500) \$7,600 \$65,000 \$67,000