



2024 FLORIDA GOLD COAST OPEN WATER ZONE TEAM SELECTION PROCESS

- **TIER ONE: Automatic Selection - Open Water Junior/Senior National Swimmers who entered and raced OW Nationals on 4/21/2023 to 4/23/2023 in Sarasota, FL.**
 - ****Swimmers must submit their declaration of intent to compete online by 4/12/24 at 5pm.**
 - **Swimmers must compete and apply based on age as of May 31, 2024 or apply as an Open age group.**
- **TIER TWO: The Top X (0-4/6 spaces not taken by Tier 1 applicants) applicants by age/gender as determined by finish at the FGC OW Championships to be held 4/13/2024 @ Tiger Tail Lake in Dania Beach, FL.**
 - **Swimmers must compete and apply based on age on May 31, 2024, pending the final decision of the Southern Zone meet criteria.**
 - **Swimmers must compete in the corresponding Zone event/distance:**
 - 11/12 - 2k**
 - 13/14 - 5k**
 - 15/16 - 5k**
 - Senior/Open - 5k**
 - *****Swimmers must submit their declaration of intent to compete by 4/15/2024 at 5pm.**
- **TIER THREE: 1650/1500 pool times will be considered to fill any remaining open positions using the higher PowerPoints (yds/meters).**
 - **Times must be achieved between 3/15/22 and 4/10/2024.**
 - *****Swimmers must submit their declaration of intent to compete by 4/15/2024 at 5pm.**

FGC will fill the following number of OW Zone spots per age group:

- 11-12 year-olds: 4 boys and 4 girls
- 13-14 year-olds: 6 boys and 6 girls
- 15-16 year-olds: 6 boys and 6 girls
- Open age group: 4 boys and 4 girls

More information can be found on FGCswim.org. Applications will be available soon.

OW Zones will be held May 31 through June 2, 2024

**Location: Barren River Lake State Park, Sunset Cove Beach
1149 State Park Road, Lucas, KY 42156**

Travel: This will be a team travel trip. Additional information will be available upon team selection.