



SAFE SPORT NEWSLETTER



Mandatory Reporting

Reporting can be difficult, but it is vital to providing a safe and healthy environment for our athletes. Pursuant to federal law, all adults authorized to interact with minor or amateur athletes who learn of facts that give reason to suspect that a child has suffered an incident of abuse, including sexual abuse, must make a report of the suspected abuse to law enforcement and/or your state's designated agency within 24 hours.

The SafeSport Code for the U.S. Olympic and Paralympic Movements and the USA Swimming Code of Conduct establish standards to reporting abuse. This includes where and how quickly you must report any suspected incident of abuse.

To learn more about reporting, including how to report, visit the USA Swimming Safe Sport website below.

[LEARN MORE](#)

PRIDE Month Trailblazer: Keith Frostad



"Making the Olympic team is obviously an amazing experience," 1992 Olympian Keith Frostad said. "Getting to that point, was not so easy. I had to go through a lot of external pressure that a lot of other swimmers did not have to go through.. but obviously being gay in the 90's—in Texas—was not the easiest."

Read more about Frostad's story to learn more why reporting is vital to athlete safety and creating an anti-bullying culture.

[READ MORE](#)



SSRP Feature: Victor Swim Club

"We host a 'Safe Sport Saturday' where we engage our athletes and parents in team building and team culture," head coach Michael Murray said.

Read more how Victor Swim Club in New York effectively creates a culture that includes Safe Sport.

[READ MORE](#)



SSRP LSC FEATURE

San Diego-Imperial Swimming joins the ranks by requiring SSRP approval to host swim meets in it's LSC. Read how they accomplished this below.

[READ MORE](#)

Guide to Child Physical Abuse

Whether you are a coach or volunteer, become familiar with this guide so you can



be better prepared to notice when athlete's are not themselves.

[SEE RECOURSE](#)

Reach Out to Your Zone Safe Sport Chair

Reach out to your USA Swimming Zone Safe Sport Chair to check in! Take the time to establish a relationship with your Zone Chair and see if they have any recommendations for you.

Remember, each Zone Chair can assist in the training of and dissemination of information to LSC Safe Sport Chairs/Coordinators. It is important to know who your Zone Chair is as they will help guide, support and share information with you throughout the year.

See below for our current USA Swimming Zone Safe Sport Chairs and their email addresses.

Central Zone | Paul Stauder | paul.stauder@att.net
Eastern Zone | Anne Kaufman | nesafesport@gmail.com
Southern Zone | Mike O'Shaughnessy | oshaughmdc@gmail.com
Western Zone | April Walkley | iessafesport@gmail.com



Safe Sport for Parents

The *Safe Sport for Parents* page on USA Swimming's website can be a valuable asset for swim parents. Feel free to explore the page and share to your membership.

[READ MORE](#)

2022 SSRP Trainings

Safe Sport is committed to creating a healthy environment that is free from abuse for all members. As we continue with virtual learning opportunities throughout 2022, we will be increasing security measures to keep parents, athletes and coaches safe during trainings. **All trainings will require individuals to register ahead of time.**

In addition, we have enhanced our Safe Sport Trainings' security measures and will have the following in place:

- Meetings will be locked
- Athlete attendees will only have access to chat with hosts
- Multiple USA Swimming Safe Sport staff will be on all trainings and will monitor participant video share
- Frequent check-ins with attendees
- Screen share and annotation capabilities will be disabled
- Meetings will require registration and athlete training registrations will be cross-checked with USA Swimming member records
- USA Swimming has enabled the At-Risk Meeting Notifier tool from Zoom. This tool searches the public internet for Zoom meeting information and checks the meeting's security settings. Zoom notifies USA Swimming if a meeting appears to be at high risk for being disrupted. This tool is enabled for all USA Swimming hosted Zoom meetings.

Safe Sport trainings are held monthly, please view upcoming training dates below:

Parent Training:

- Wednesday, July 13 at 3 p.m. ET ([REGISTER HERE](#))
- Wednesday, August 3 at 3 p.m. ET ([REGISTER HERE](#))
- Wednesday, September 7 at 8 p.m. ET ([REGISTER HERE](#))

Athlete Training (ages 12-18):

- Thursday, July 14 at 3 p.m. ET ([REGISTER HERE](#))
- Thursday, August 4 at 3 p.m. ET ([REGISTER HERE](#))
- Thursday, September 8 at 8 p.m. ET ([REGISTER HERE](#))

Coach Training:

- Friday, July 15 at 3 p.m. ET ([REGISTER HERE](#))
- Friday, August 5 at 3 p.m. ET ([REGISTER HERE](#))
- Friday, September 9 at 3 p.m. ET ([REGISTER HERE](#))

If you cannot attend these trainings, athletes and parents can independently complete trainings using the USA Swimming LEARN platform. Click the link below for more info on Safe Sport trainings.

[TRAINING](#)

Free Resources & Reminders

Safe Sport Club Recognition Tips Sheet

Has your club achieved Safe Sport Club Recognition? Use our [Tips Sheet](#) to help spread the word.

Coaching Boys Into Men and Athletes As Leaders Cards

These free, digital cards are available for clubs on [USA Swimming's Safe Sport Team Talk](#) page.

Parent Resource Guide

Although these were sent to every USA Swimming member household, save the digital copy for future reference!

Safe Sport Activity Books

You can either [purchase](#) books on Match-Up or download PDF versions for [5-11 year olds](#) and [12-18 year olds](#).