



OFFICIAL'S NAME/LSC	
MEET(s)/SESSION(s)/DATE(s)	
STARTER CERTIFICATION	
DEFINITIONS	
Certification: Starter able to officiate at all LSC meets	
Satisfactory Performance: Able to demonstrate Performance Requirements. Deficiencies must be provided by LSC OC or designee in writing to the affected official with an Action Plan to success.	
Sessions: At USA Swimming sanctioned or approved meets, recorded in OTS	
Trainer: Designated by the Referee at a meet as the Starter Mentor	
Training Sessions: Meet sessions that include strokes and/or relays. Time Trials and Freestyle Only sessions do not count toward training session requirements. Sessions shall be recorded in OTS.	
USA Swimming Member: Completed all USAS member associated requirements before on deck apprenticeship (apprentice or non athlete membership).	
Apprenticeship Requirements	
	USA Swimming Member
	Be certified as a Stroke & Turn (ST) for 3 months minimum. Worked at least 4 sessions over 2 different meets since ST Certification as a ST
	Attend a Starter Training clinic
	Apprentice as a Starter for at least 4 training sessions, at a minimum of 2 meets, with at least 2 trainers
	ALT REQ - Coach/Athlete members with 5+ years of USA Swimming experience shall apprentice as a starter for at least 2 training sessions with a trainer.
	Pass the USA Swimming SR Certification test with an 80% or higher
Certification Performance Requirements for Certification	
May be evaluated during last apprentice session and use MR sign-off for each session. Y-Yes, N-No, ND - Not Demonstrated	
	Arrives on time, prepared with necessary personal equipment, in proper and professional uniform
	Knows the rules for starting
	Demonstrate ability to start swimmers across a wide range of age and proficiency
	Understands basic starting protocols and procedures (distance counting, OOF, etc.)
	Understands how to start swimmers with disabilities
	Demonstrates the start for a hearing impaired swimmer
	Demonstrates both forward and backstroke starts
	Understands how the starting system operates
	Establishes a comfortable starting position on deck for both forward and back starts
	Demonstrates ability to communicate and interact with the DR (positioning, inserting swimmers, etc.)
	Prepared and in position prior to each heat; comfortable holding microphone and securing cord
	Delivers TYM calmly and with necessary volume
	Shows PATIENCE before delivering TYM and starting signal
	Understands the use of Other Commands
	Understands and practices the False Start Protocol
	Always gives the benefit of the doubt to the swimmer
	Understands performance criteria as outlined in Starter Professional Document
	Understands USA Swimming Safe Sport and MAAPP rules
Comments (if needed)	
Signature of MR (session 1)	
Signature of MR (session 2)	
Signature of MR (session 3)	
Signature of MR (session 4)	
	Recommend Certification as Starter
CERTIFIER'S NAME/LSC	
<i>Certification must be completed within one year of the SR clinic.</i>	
<i>Understands need to return completed checklist to AND receive Certification Notification from: FGC Officials Chair - officials@fgcswim.org</i>	



OFFICIAL'S NAME/LSC
MEET(s)/SESSION(s)/DATE(s)
STARTER RECERTIFICATION EVERY 3 YEARS

DEFINITIONS	
	Certification: Starter able to officiate at all LSC meets
	Satisfactory Performance: Able to demonstrate Performance Requirements. Deficiencies must be provided by LSC OC or designee in writing to the affected official with an Action Plan to success.
	Sessions: At USA Swimming sanctioned or approved meets, recorded in OTS
	USA Swimming Member: Completed all USAS member associated requirements before being on deck
Recertification Requirements	
	Be a current non-athlete member of USA Swimming in good standing
	Work at least 8 sessions, within a 3 year period, at a minimum of 2 different meets, as a Starter
	Attend clinic (recommended Starter Clinic) every 3 years
	Pass USA Swimming recertification test with 80% or higher, every 3 years, for the highest certification held
	Satisfactory Performance

CERTIFIER'S NAME/LSC
<i>Understands need to notify AND receive Recertification Notification from: FGC Officials Chair - officials@fgcswim.org</i>