



Stroke and Turn Judge Apprentice Guide

Name: _____

Prior to training on deck:

- Completed *Foundations of Officiating* and *Stroke and Turn Certification* courses.
- Registered USA Swimming Apprentice / Official Membership.
- Completed steps for on-deck credentials: (only if Official Membership.)
 - USA Swimming Non-Athlete Official Membership
 - Concussion Training Protocol
 - Athlete Protection Training
 - Background Check

Training on deck:

At a minimum, you must apprentice for four (4) training sessions total over two (2) different meets. This must be done within 1 year of the date you finished the online course. Keep track here:

	Name of Meet	Location	Date	# Sessions	Meet Referee Signature
1					
2					
3					
4					
5					

**Make sure to have your Mentor complete notes on back of this form.

Deck Evaluation:

To complete the certification, you must demonstrate satisfactory performance of the requirements needed on deck. These are detailed below:

Before the Meet

<input type="checkbox"/> Arrives on time and prepared with necessary equipment	<input type="checkbox"/> Properly attired in uniform
<input type="checkbox"/> Checks in with credentials	<input type="checkbox"/> Reports promptly for Officials Briefing
Comments:	

During the Meet

<input type="checkbox"/> Proper positioning on deck	<input type="checkbox"/> Demonstrates the ability to observe (not scrutinize) swimmers within jurisdiction
<input type="checkbox"/> Identifies and communicates jurisdictions and protocols to trainer	<input type="checkbox"/> Identifies infractions and communicates calls accurately as appropriate to trainer
Identifies and communicates to the trainer the rules for: <ul style="list-style-type: none"> <input type="checkbox"/> the start, stroke, kick, turn, and finish for breaststroke <input type="checkbox"/> the start, stroke, kick, turn, and finish for butterfly <input type="checkbox"/> the start, stroke, kick, turn, and finish for backstroke <input type="checkbox"/> the start, stroke, kick, turn, and finish for freestyle <input type="checkbox"/> relays <input type="checkbox"/> the individual medley (IM) 	<input type="checkbox"/> Correctly identifies and communicates a disqualification to trainer using USA Swimming rulebook language
	<input type="checkbox"/> Always gives the swimmer the benefit of the doubt
	<input type="checkbox"/> Understands performance criteria as outlined in Stroke & Turn Judge Professional Document
<input type="checkbox"/> Understands USA Swimming Safe Sport and MAAPP rules	
Comments:	

Other

<input type="checkbox"/> Discusses issues or questions with Referee or CJ	<input type="checkbox"/> Takes suggestions and modifies performance as requested
<input type="checkbox"/> Self-evaluates after session – What could I have done better?	<input type="checkbox"/> Is respectful of other officials, coaches, meet volunteers, spectators, and athletes.
Comments:	

Mentor Initials	
Date	

Mentor Initials	
Date	

Mentor Initials	
Date	

Mentor Initials	
Date	

Mentor Initials	
Date	

OFFICIAL'S NAME/LSC/MEET(s)/DATE(s)	
CERTIFIER'S NAME/LSC	
STROKE AND TURN JUDGE CERTIFICATION	
DEFINITIONS	
Certifier: An official designated by the LSC OC to certify training is complete.	
Clinic: Formal in person or online training clinic, recorded in Officials Tracking System (OTS).	
Certification: Stroke & Turn able to officiate at all LSC meets.	
Satisfactory Performance: Able to demonstrate Performance Requirements. Deficiencies must be provided by LSC OC or designee in writing to the affected official with an Action Plan to success.	
Sessions: At USA Swimming sanctioned or approved meets, recorded in OTS.	
Trainer: Designated by the Referee at a meet or LSC OC, an official who has been USA Swimming certified in the position for 1+ year. If a 1+ year experienced official is not on deck, the Referee may select the most experienced certified official(s) to be a trainer(s).	
Training Sessions: Meet sessions that include strokes and/or relays. Time Trials and Freestyle Only sessions may not count toward training session requirements. Sessions shall be recorded in OTS.	
USA Swimming Member: Completed all USAS member associated requirements before on deck apprenticeship. (apprentice or non athlete membership)	
Apprenticeship Requirements	
	USA Swimming Member
	Completed the Foundations of Officiating and Stroke and Turn Judge Course
	Apprentice as a Stroke and Turn Judge for at least 4 training sessions at a minimum of 2 meets with a trainer. OR Coach or Athlete members with 5+ years USA Swimming experience shall apprentice as a Stroke and Turn Judge for at least 2 training sessions with a trainer.
	Pass the USA Swimming ST Certification test with an 80% (This is part of the Stroke & Turn Judge Course)
Certification Performance Requirements for Certification	
May be evaluated during last apprentice session and use MR sign-off for each session. Y-Yes, N-No, ND - Not Demonstrated	
	Arrives on time, prepared with necessary personal equipment, in proper and professional uniform.
	Is respectful of other officials, coaches, meet volunteers, spectators, and athletes.
	Understands and applies proper positioning on deck.
	Understands and applies communicated jurisdictions and protocols.
	Understands and applies the rules for the start, stroke, kick, turn, and finish for butterfly.
	Understands and applies the rules for the start, stroke, kick, turn, and finish for backstroke.
	Understands and applies the rules for the start, stroke, kick, turn, and finish for breaststroke.
	Understands and applies the rules for the start, stroke, kicks, turn, and finish for freestyle.
	Understands and applies the rules for relays.
	Understands and applies the rules for individual medley.
	Is comfortable making calls as appropriate and also understands when a call is not appropriate.
	Can correctly communicate a disqualification and what was observed using USA Swimming rulebook language.
	Always gives the swimmer the benefit of the doubt.
	Understands performance criteria as outlined in Stroke & Turn Judge Professional Document.
	Understands USA Swimming Safe Sport and MAAPP rules.
Comments (if needed)	
Signature of MR (session 1)	
Recommend Certification as Stroke & Turn Judge	
<i>Certification must be complete within one year of the S&T clinic.</i>	
<i>Understands need to return completed checklist form to the official's LSC Officials Chair or designee.</i>	
STROKE AND TURN JUDGE RECERTIFICATION EVERY 3 YEARS	
	Be a current non-athlete member of USA Swimming in good standing.
	Worked a minimum of 8 sessions, within a 3 year period, at a minimum of 2 different meets in Stroke & Turn or higher capacity.
	Attend clinic every 3 years.
	USA Swimming recertification test every 3 years for the highest certification held.
	Satisfactory performance.

The “Professional” Stroke & Turn Official -or- The Eyes of the Referee

The “Professional” Stroke & Turn Official should:

- **Know the Rules** and the official interpretations
- **Read and understand** the information in the Meet Announcement prior to the meet or session beginning
- **Attend the Officials Briefing to:**
 - Sign-in on the assignment sheet
 - Review the technical rules
 - Listen to and review protocols for the meet
 - Listen to and review jurisdiction for the meet
 - Be given an assignment by the Meet Referee or the Chief Judge team
 - Cover relief rotation
 - Discuss any other specific instructions or duties for the meet
 - Meet team members, including the Chief Judge for your assigned location
- **Develop your own “mental check list”** of things to do before, during, and after the duty session
- **Before the session:**
 - Know when and where the stroke briefing will take place
 - Locate where officials should sign-in
 - Be prompt to the meeting and dress appropriately and professionally
 - Be attentive during the stroke briefing
 - Have a positive attitude regardless of the assignment
 - Turn off (or if absolutely necessary – mute) cell phone. If you will need access to your cell phone for a compelling reason during the meet, let the Meet Referee and Chief Judge know before the meet so that plans can be made.
 - Be ready and in position 5-10 minutes before the session starts or as requested by either the Meet Referee or Team Lead Chief Judge
- **Before each event:**
 - Visualize the stroke
 - Run through the rule requirements of a legal stroke and any transitions
 - Recall the best and recommended ways to observe the stroke and the turns. Always use “benefit of doubt” observation protocol
- **Before each race:**
 - Do not block the strobe at the start
 - Follow the meet protocol for each stroke
 - Stand in the correct location, 15m mark, flags, etc. if walking stroke
- **After the start:**
 - Walk briskly to the edge of the pool if working the start end as a Turn Judge
 - Observe swimmers until they depart your jurisdiction (usually heads up)
 - If walking stroke:
 - determine if all heads broke the surface prior to or at the 15m mark for non-breaststroke events
 - Walk wall-to-wall, if possible, or as instructed
 - Give equal observation to all lanes in your jurisdiction, even the empty ones
 - Raise hand promptly to signal a possible disqualification if an infraction is observed (unless utilizing FINA protocols)
 - Keep the hand raised until it is acknowledged by a Chief Judge or Referee
 - Do not discuss the infraction with another official or any other individual, including a coach, before reporting it to the designated official. (Do not discuss it afterwards unless asked to by the Deck Referee)
 - Immediately communicate the lane number to the Chief Judge or Deck Referee (if a Turn Judge covering more than one lane or a Stroke Judge)

The “Professional” Stroke & Turn Official -or- The Eyes of the Referee

- Visualize the infraction before communicating it to the Chief Judge or Deck Referee
- Describe what you observed
- Watch all lanes while reporting the disqualification, unless relieved by a reserve judge
- Retract a call if there is any doubt, by simply stating, “No call”
- Check to make sure the DQ slip is correct before PRINTING your name on the slip
- **Relays:**
 - During relay exchanges, observe the toes departing from the platform and then look for the touching fingers
 - Do not raise a hand for an early relay take-off when dual confirmation is being used
 - Circle the lane and swimmer number on the take-off slip for a good exchange, and X for an early take-off
- **After each event:**
 - Reset to the correct position for the next stroke or event
 - Transition between heats for relief, not during a race
 - When being relieved, return promptly as directed in the pre-session briefing
 - Take a break OFF DECK or in the designated officials’ break area. Do not congregate with other officials on deck
- **If assigned to invigilate controlled warm-up:**
 - Coordinate with the assigned partner to observe the pool and politely enforce compliance with warm-up rules
 - Open pace lanes at the designated time and racing start lanes as requested (open additional sprint lanes if demand warrants). Coordinate with the Announcer and Marshalls
 - Review deck set-up in general – notify Meet Referee of deficiencies or safety issues
- **Other Important Items:**
 - Consider your body language when on duty and at all other times when you are accessible. Always assume you are “on camera”
 - Be alert, attentive, focused, calm, professional, and approachable
 - Always be “friendly” and helpful to coaches, swimmers, and other officials
 - Avoid coaching, cheering or fraternizing with coaches or swimmers
 - Questions should be directed to the appropriate official. Do not engage in discussions regarding a disqualification
 - Take discussions and emotional issues off-deck
 - Do not abuse your credentials. If you are not working the meet, you are a spectator and should act as such
 - Maintain a sense of humor
- **Remember, Professional Stroke & Turn Officials:**
 - Make sure the BENEFIT OF DOUBT GOES TO THE SWIMMER - ALWAYS
 - Adapt to meet conditions and needs, and help out wherever requested
 - Use common sense
 - Don’t read more into the rules than is written
 - Observe the swims but do not scrutinize
 - Exhibit confidence
 - Dress professionally and neatly in the designated uniform
 - Are willing to learn, and frequently work as a Stroke and Turn Judge
 - Never take advantage of credentials to gain deck access when not working in an official capacity
 - Self-evaluate after all shifts, sessions and meets and ask, “What can I do better?”
 - Enjoy the volunteer work, and opportunity to work with coaches, officials, and most importantly, swimmers of all levels

The “Professional” Stroke & Turn Official -or- The Eyes of the Referee

N2 Stroke and Turn Judge (ST) – Prerequisites for requesting an Evaluation:

- LSC-certified Stroke & Turn judge for 16 sessions
- Must work at least 4 sessions at the OQM, at least 3 in the ST position to be evaluated.

N2 Stroke and Turn Judge - Performance Requirements for an Advancing Evaluation:

- Arrives on-time, prepared with necessary personal equipment, and properly and professionally attired
- Knowledgeable of all stroke rules, timer rules and clerk of course rules
- Acts as a mentor for new officials, as requested
- Is familiar with the jurisdiction for each stroke and turn position and is aware of the jurisdiction for each event to be judged
- Is comfortable making calls as appropriate and also realizes when a call is not appropriate
- Can clearly articulate an infraction to the Deck Referee or Chief Judge, as appropriate, both with the reference in the rule book as well as what was seen
- Doesn't discuss disqualifications in front of others
- Accepts assignments as given and conforms to the “relief” cycle for the meet
- If the evaluation is satisfactory and all other requirements are met, submits a “National Certification Application” using the OTS

N3 Stroke and Turn Judge Evaluation – Prerequisites for requesting an evaluation:

- Active N2 Stroke & Turn Judge in the LSC at all levels of meets (even if certified in other positions)
- At least 8 sessions as a Stroke & Turn Judge, recorded in OTS, since N2 certification

N3 Stroke and Turn Judge Evaluation - Performance Requirements for Certification:

- Arrives on-time, prepared with necessary personal equipment, and properly and professionally attired
- Is knowledgeable of all N2 requirements as well as:
 - Understands “National Deck” protocols including the role of each of the three chairs that may be found on a National Deck (left – lane timer and Relay Take-off Judge, center – head lane timer and distance length counter and bell ringer, right – Turn Judge and timer) and the use of Reserve Judges and relief teams. Is also aware of not only the judging role but also the role as a timer and recorder
 - Is aware of “FINA protocol” for indicating and reporting an infraction
 - Acts as a trainer for new officials, as requested
 - Is familiar with the jurisdiction for each Stroke and Turn position on the National pool deck and is aware of what constitutes jurisdiction for each event to be judged
 - Is very comfortable calling infraction as appropriate, as well as realizing when a call is not appropriate
 - Can clearly articulate an infraction to the Chief Judge and, as appropriate, the Deck Referee both with the reference in the rule book as well as what was observed

If your evaluation is satisfactory, and all other requirements are met, you will need to submit a “National Certification Application” using the OTS.