



June 2-3rd, 2024

Welcome 2024 NWAL Teams!

PACK Swimming is proud to present our **19th ANNUAL SUMMER THUNDER MEET**, sanctioned by NWAL. This is a pre-seeded timed final meet with electronic timing to provide swimmers with an additional opportunity to qualify for the post season championship meets. The meet will be held at the:

KLEIN COLLINS HIGH SCHOOL NATATORIUM with indoor air-conditioned setup area available.

NOTE: Per NWAL rules, all meet entries must be submitted with an entry file from Swimtopia.

Like previous years, all the 10 and Under events and the 11 & Up 100 Free and 100 IM will be on Sunday. All other 11 & Up events will be held on Monday afternoon.

See list of qualifying times for 12 & Under events. There are no qualifying times for 13 & Over events.

BONUS EVENTS - Swimmers that qualify for at least 3 events will be allowed to swim all additional events provided they have a legal time swum at a time trial or a sanctioned NWAL meet, with exception of 11 - 12 100 Free; 10 & under 50 Free and the 100 IM for all ages - See details in Qualifying Times Section.

Relays will be inclusive to younger ages in order to allow teams to fill more relays (6 & Under, 8 & Under, 10 & Under, 11-12, 11-14, 11-18).

Each athlete may swim a maximum of one medley relay and one free relay in the meet.

We will limit the number of competitors this year to 1,100 swimmers. Meet entries will ONLY be accepted VIA EMAIL and in the order that they are received. Once the meet reaches 1,100 swimmers, we will not be able to accept any additional teams. See page 5 for entry details. Attached you will find a full meet invitation, team entry form, meet events, and qualifying standards. See Pool Deck Restriction section for limits on number of coaches allowed on deck.

Awards: Custom Medals will be awarded to the top 8 for each individual event by single age group as described below and top 3 relay teams in each relay event. Individual high point award for 1st place in each single age group. Team awards to top 3 teams in each of 2 divisions.

Each Individual Event will award at most 2 groups of swimmers. See the following examples:

| | |
|---|--|
| 6 & Under events – awards for 6 & unders only | 8 & Under events – awards for 8yr olds and 7&unders |
| 7-8 yr old events – awards for 7yr olds and 8yr olds | 10 & Under events – awards for 10yr olds and 9&unders |
| 9-10 yr old events – awards for 9yr olds and 10yr olds | 11-12 yr old events – awards for 11 yr olds and 12yr olds |
| 12 & Under events – awards for 12yr olds and 11 & unders | 13-14 yr old events – awards for 13yr old and 14yr old |
| 15-18 yr old events – awards for 15yr & over only | |

Event t-shirts will be available for purchase at the venue & free promotional items!

We look forward to your team's participation in this exciting event!
Jessica Corrick – meetcoordinator@packswimming.com



**Sunday,
June 2, 2024**

| Meters Qualifying | Yards Qualifying | GIRLS EVENT # | All 10 & Unders 11 & Up 100's | BOYS EVENT # | Meters Qualifyin g | Yards Qualifying |
|----------------------|---------------------|---------------------|----------------------------------|--------------------|--------------------------|---------------------|
| 41.45 | 37.34 | 1 | 6 & U 25 Free | 2 | 43.03 | 38.77 |
| 26.31 | 23.70 | 3 | 7-8 25 Free | 4 | 27.52 | 24.79 |
| 20.52 | 18.49 | 5 | 9-10 25 Free | 6 | 21.88 | 19.71 |
| 45.10 | 40.63 | 7 | 6 & U 25 Back | 8 | 47.00 | 42.34 |
| 31.31 | 28.21 | 9 | 7-8 25 Back | 10 | 32.60 | 29.37 |
| 27.21 | 24.51 | 11 | 9-10 25 Back | 12 | 28.82 | 25.96 |
| -- | -- | 13 | 6 & U 100 Free Relay | 14 | -- | -- |
| -- | -- | 15 | 8 & U 100 Free Relay | 16 | -- | -- |
| -- | -- | 17 | 10 & U 100 Free Relay | 18 | -- | -- |
| 45.98 | 41.42 | 19 | 8 & U 25 Breast | 20 | 47.47 | 42.77 |
| 29.10 | 26.22 | 21 | 9-10 25 Breast | 22 | 30.53 | 27.50 |
| 42.26 | 38.07 | 23 | 8 & U 25 Fly | 24 | 43.92 | 39.57 |
| 26.92 | 24.25 | 25 | 9-10 25 Fly | 26 | 28.43 | 25.61 |
| -- | -- | 27 | 8 & U 100 Medley Relay | 28 | -- | -- |
| -- | -- | 29 | 10 & U 100 Medley Relay | 30 | -- | -- |
| 2:06.55 | 1:54.01 | 31 | 10 & U 100 IM | 32 | 2:09.36 | 1:56.54 |
| 1:50.25 | 1:39.32 | 33 | 11-12 100 IM | 34 | 1:53.28 | 1:42.05 |
| -- | -- | 35 | 13-14 100 IM | 36 | -- | -- |
| -- | -- | 37 | 15-18 100 IM | 38 | -- | -- |
| 47.99 | 43.23 | 39 | 10 & U 50 Free | 40 | 49.98 | 45.03 |
| 1:34.91 | 1:25.50 | 41 | 11-12 100 Free | 42 | 1:36.87 | 1:27.27 |
| -- | -- | 43 | 13-14 100 Free | 44 | -- | -- |
| -- | -- | 45 | 15-18 100 Free | 46 | -- | -- |

Relay Note: Each athlete may swim a maximum of 1 free relay and 1 medley relay in the meet.



**Monday,
June 3, 2024**

| Meters Qualifying | Yards Qualifying | GIRLS EVENT# | 11 and Up Events Only | BOYS EVENT# | Meters Qualifying | Yards Qualifying |
|----------------------|---------------------|-----------------|------------------------|----------------|----------------------|---------------------|
| 41.11 | 37.04 | 47 | 11-12 50 Free | 48 | 42.81 | 38.57 |
| -- | -- | 49 | 13-14 50 Free | 50 | -- | -- |
| -- | -- | 51 | 15-18 50 Free | 52 | -- | -- |
| 52.21 | 47.04 | 53 | 11-12 50 Back | 54 | 54.30 | 48.92 |
| -- | -- | 55 | 13-14 50 Back | 56 | -- | -- |
| -- | -- | 57 | 15-18 50 Back | 58 | -- | -- |
| -- | -- | 59 | 11-12 200 Free Relay | 60 | -- | -- |
| -- | -- | 61 | 11-14 200 Free Relay | 62 | -- | -- |
| -- | -- | 63 | 11-18 200 Free Relay | 64 | -- | -- |
| 55.21 | 49.74 | 65 | 11-12 50 Breast | 66 | 58.33 | 52.55 |
| -- | -- | 67 | 13-14 50 Breast | 68 | -- | -- |
| -- | -- | 69 | 15-18 50 Breast | 70 | -- | -- |
| 54.22 | 48.85 | 71 | 11-12 50 Fly | 72 | 56.10 | 50.54 |
| -- | -- | 73 | 13-14 50 Fly | 74 | -- | -- |
| -- | -- | 75 | 15-18 50 Fly | 76 | -- | -- |
| -- | -- | 77 | 11-12 200 Medley Relay | 78 | -- | -- |
| -- | -- | 79 | 11-14 200 Medley Relay | 80 | -- | -- |
| -- | -- | 81 | 11-18 200 Medley Relay | 82 | -- | -- |

Relay Note: Each athlete may swim a maximum of 1 free relay and 1 medley relay in the meet.



NORTHWEST AQUATICS LEAGUE

2024 Summer Thunder
HOSTED BY Premier Aquatics
Two Day Timed-Finals Meet
June 2-3, 2024
SANCTIONED BY NWAL

Air-conditioned / Indoor setup areas will be available in the school hallways and commons.

LOCATION: Klein Collins High School
20811 Ella Blvd
Spring, TX 77388

DIRECTIONS: See attached map of campus on page 10.

POOL: Eight lane, 25 yard indoor pool with non-turbulent lane lines. The venue will also feature an indoor team setup area. Setup will only be allowed on the day of your meet session. No items may be left overnight. The stands in the pool area will be for observation only and **NO SETUP IS ALLOWED IN SPECTATOR AREA.** Please allow others to watch their child after yours has swum. There is no flash photography at the start of a race.

TIME AND DATE: This is a timed-finals meet.

Sunday, June 2nd will be for all 10 and Under events and the 11 & Up 100 Free and 100 IM. Warm-ups start at 8:00 a.m. and the meet will start at 9:45 a.m.

Monday, June 3rd will be for the remaining 11 and Up events. Warm-ups start at 1:00 p.m. and the meet will start at 2:45 p.m.

Split warm-ups will be in effect, with team and lane assignments posted on Premier Aquatics' website, www.packswimming.com, at least 3 days prior to the start of the meet.

MEET REFEREE: Joe Roth rothfamily99@sbcglobal.net

MEET DIRECTOR: Jessica Corrick meetcoordinator@packswimming.com

MEET COORDINATOR: Jessica Corrick meetcoordinator@packswimming.com

MEET ENTRY COORDINATOR: Tonya Rodriguez entries@packswimming.com

SAFETY MARSHAL: Lisa Burleson, Gemma Broderick

| | |
|--------------------------|--|
| OFFICIALS: | 2024 NWAL certified officials will officiate. Teams are requested to supply officials. |
| ENTRIES: | <p>Entries must be submitted in yard times. Due to the yard setup of this event, Swimtopia Events File will convert to yards. Entry times will be converted to the proper course by the Swimtopia software using the default conversions and meet Templates.</p> <p>All teams MUST submit their entries by email to entries@packswimming.com, using Swimtopia software and email the following: HY3 entry file from Swimtopia, .PDF of entry report and attached team entry form (see page 8). PER NWAL RULES, ONLY SWIMTOPIA ENTRY FILES MAY BE SUBMITTED. Include relays and relay-only swimmers in your entries. Meet entries will be limited to 1,100 total swimmers on a first come first serve basis in the order they are received. The team that comprises the 1,100th swimmer will be allowed to fully enter the meet, after which no additional teams shall be permitted to enter.</p> <p>NO on deck entries will be accepted.</p> |
| QUALIFYING TIMES: | <p>This Invitational Meet is designed to encourage and foster competitive Summer League Swimming. All swimmers 13 years and older are invited to attend regardless of seed times. Swimmers 12 years and younger must have achieved minimum qualifying times in the attached order of events. Relay participants must meet the qualifying time for his/her leg of the relay. Time Trial (unofficial times) ARE allowed as long as the swimmer has not achieved an official time. Once an official time is achieved, the Time Trial Time is no longer available to use. NT or No Time will not be allowed.</p> <p>BONUS Events - Swimmers that qualify for at least 3 events will be allowed to swim all additional events provided they have a legal time swum at a time trial or a sanctioned NWAL meet. Again, NTs will not be accepted.</p> <p>**EXCEPTION – 11-12 100 Free, 10 & under 50 Free and 100 IM for all ages: The 11-12 100 Free and the 10 under 50 free and 100 IM for all ages <u>cannot</u> be added as a bonus. Swimmers MUST achieve the time standard in that event in order to enter.</p> |
| NUMBER OF EVENTS: | NWAL Rules will apply with the following clarifications: (1) There is no limit to the number of individual events in which a swimmer may enter. (2) Teams may enter up to two relay teams in each relay event. Any relay team is eligible to score points for the team score. |

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|--------------------------|---|---------------------|
| ENTRIES DEADLINE: | <p>Entries will be accepted Sunday, May 26th from 1:00 pm to 3:00 pm ONLY VIA EMAIL to entries@packswimming.com on a first-come first-serve basis and will be accepted in the order they are received. Any entries received prior to 1:00 pm will be returned and not accepted.</p> <p>Meet Entry Chairman for Entry Questions: Tonya Rodriguez entries@packswimming.com</p> | |
| ELIGIBLE TEAMS: | All NWAL teams. | |
| FEES: | <p>\$9.00 per Individual event and \$16.00 for each Relay event. Make checks payable to Premier Aquatics. Entry fees must be postmarked no later than Tuesday, May 28th.</p> <p>Fee price includes an electronic heat sheet that will be distributed to participating teams and available at the venue via QR Code Download.</p> | |
| AWARDS: | <p>Individual events: Summer Thunder Custom Medals for individual 1st – 8th place. (Awards to 6&U, 7, 8, 9, 10, 11,12,13,14, and 15-18). Note: 2 sets of awards at most will be awarded for individual events that span ages. For example, 8 & under events will award for 8 yr olds and 7 & unders)</p> <p>Relay events: Medals for 1st – 3rd place.</p> <p>High Point Awards will be given to the boy and girl in each age group earning the highest points (6&U, 7, 8, 9, 10, 11, 12, 13,14,15-18). In the event of a tie, the tie-breaker will be the swimmer with the most 1st place finishes. If that is a tie, then the number of second place finishes will be used, and so on until the tie is broken.</p> <p>Team Awards: High point trophies will be awarded to the top three teams in two divisions. Divisions will be based on the number of swimmers/entries and will be determined after entries are received. Ties will be broken by the same method used in high point awards.</p> | |
| SCORING: | Individual Events: | 9-7-6-5-4-3-2-1 |
| | Relay Events: | 18-14-12-10-8-6-4-2 |
| SEEDING: | <p><u>The meet will be a pre-seeded meet. There will be no “on-deck” entries per NWAL rules. All heat and lane assignments will be made prior to the meet. There will be no reseeding at the ready bench. The heat and lane assignments will be shown in the Meet Program. The coaches must turn in relay cards with either no changes or with swimmer name changes by 10:30 am on Sunday and 3:30 pm on Monday.</u></p> <p>If any swimmer changes are made on the relays, it is the coach’s responsibility to ensure only swimmers qualified for that leg in Summer Thunder are used for each swim. All swimmers must be shown in the order in which they will swim on the relay. Relay swimmers MUST already be entered in the meet to be added to a Relay <u>the day of the meet</u> when Relay changes are submitted to the Computer Operators.</p> | |
| TEAM VOLUNTEERS: | Premier Aquatics will be assigning timer chairs and requesting officials from all attending teams. | |

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| RULES AND SANCTIONS: | <p>The 2024 NWAL rules will apply. The meet will be held under the sanction of the NWAL League Officers and Board of Directors. No entries can be accepted unless the entrant is a member of a registered NWAL team. The three (3) event rule does apply. Please see the Qualifying Times section for information on BONUS Events. Teams may enter as many as 2 relays per event and all relays are eligible to score points.</p> <p>All participants must be registered 2024 NWAL swimmers. All participants must have competed in at least one NWAL meet during the 2024 NWAL season. Eligibility for an age group is determined by the individual's age as of the end of May 31, 2024, per NWAL rules.</p> |
| SAFETY GUIDELINES AND WARM-UP PROCEDURES: | See attached Safety Guidelines and Warm-up Procedures. |
| TIMING SYSTEM: | A Daktronics electronic timing system with electronic scoreboard will be used. One electronic button and two watches per lane will be used as a back-up. Teams will be requested to furnish timers based on their percentage of swimmers at the meet. Timing assignments will be published in the Heat Sheet and on the Premier Aquatics website (www.packswimming.com) prior to the meet. |
| POOL DECK RESTRICTION: | <p>Because of Insurance Safety Regulations, the swimming pool deck, during the operation of the Summer Thunder swim meet, is closed to all persons except swimmers, coaches, safety marshals, officials, meet personnel, and timers. If you are asked to leave the deck by any meet personnel, please do so. It is for your safety.</p> <p>All coaches must display NWAL issued coach badges to be allowed on deck. To better ensure safety on Deck, teams will be limited to no more than 3 coaches per team. Each allowed coach can have a chair. Setup on deck or in the team set-up area will only be allowed on the day of the meet.</p> |
| SWIMMERS WITH DISABILITIES: | Coaches and/or swimmers are responsible for notifying the Meet Referee of any disability prior to the competition and for providing their own assistant or equipment. However, Coaches/Swimmers may contact the Meet Director at least two weeks in advance of the meet to help arrange any additional equipment. |
| CONCESSIONS | Drinks and snacks will be available. |
| HOSPITALITY: | A hospitality room will be available for coaches and officials. |
| MEET SETUP: | Air Conditioned / indoor setup will be available in the hallways & commons area at the high school. |
| MERCHANDISE | A custom Summer Thunder Meet shirt will be on sale from D&J as well other apparel and swim gear at the meet. Free giveaways at the PACK Swimming Promotional Table. |
| MEET RESULTS: | Meet results will be posted on the NWAL Web Page (http://www.nwal.org/) within three days after the conclusion of the meet. |
| HEAT SHEETS: | Fee price includes an electronic heat sheet that will be distributed to participating teams and available at the venue via a QR Code Download. NO Heat Sheets will be available for purchase onsite. |



June 2nd - 3rd, 2024
TEAM ENTRY FORM
Must be submitted with an entry file.

TEAM NAME: _____ NWAL Team Abbreviation: _____

TEAM ENTRY PERSON: _____

PHONE: _____ EMAIL: _____

CONTACT FOR AWARDS NOT PICKED UP AT MEET (Awards will not be mailed. You will be contacted by email to arrange pick-up after the meet):

NAME: _____ EMAIL: _____

CHECK LIST (Items #1-3 MUST be emailed when you submit your team's entries):

- 1 Swimtopia Entry Export File (HY3)
- 2 Meet Entry Report (PDF)- For Individual and Relay Events
- 3 This Team Entry Form
- 4 Mail Payment – Check payable to: Premier Aquatics,
P.O. Box 11108, Spring, TX 77391

NOTE: Payment MUST be postmarked no later than Tuesday, May 28th.

TOTALS:

Total Number of Swimmers: # _____

Number of Individual Entries: # _____ x \$ 9.00 = \$ _____

Number of Relay Entries: # _____ x \$16.00 = \$ _____

Total Number of Coaches (max 3) # _____ x \$10.00 = \$ _____

Total Entry Fee Amount = \$ _____

SAFETY GUIDELINES AND WARM-UP PROCEDURES

WARM-UP PROCEDURES

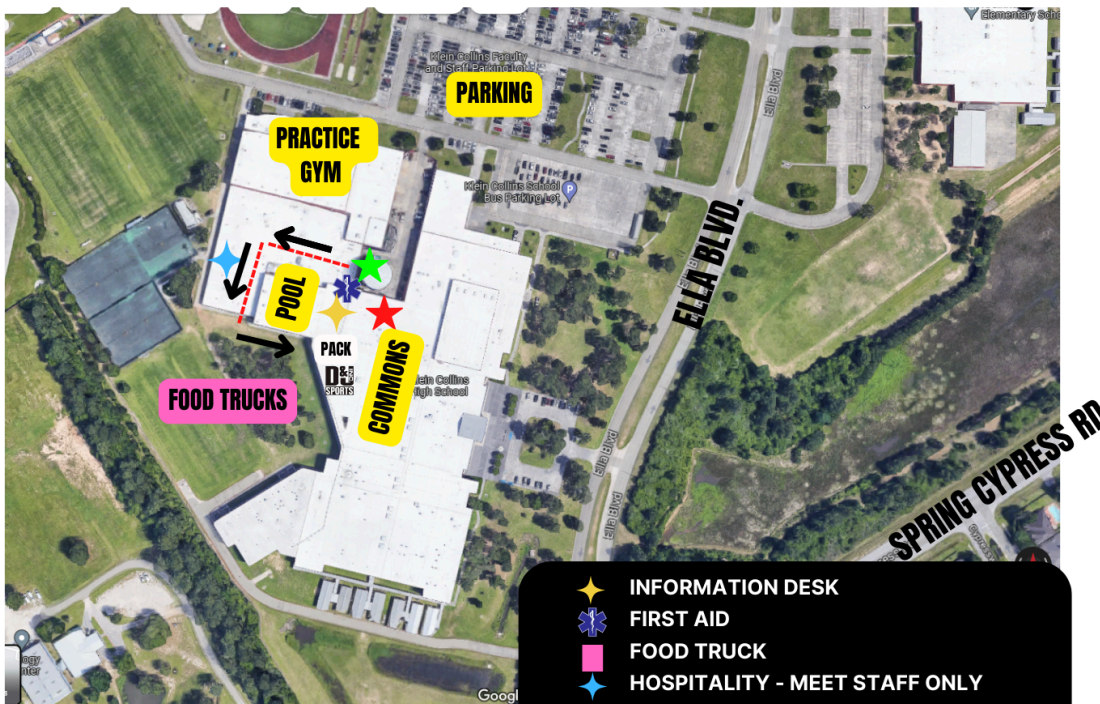
- A. General warm-up (Initial portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1 **NO DIVING OR RACING STARTS** allowed from the blocks edge of the pool. Swimmers must enter the pool feet first cautiously.
 - 2 **NO SPRINTING OR PACE WORK** allowed during this general warm-up session.
- B. Specific warm-up (Last portion [1/2] of the warm-up session or with the agreement of all of the coaches in a particular lane.)
 - 1 **RACING STARTS ONLY**, either from blocks or from backstroke starts.
 - 2 Lanes are **ONE WAY ONLY**.

SAFETY GUIDELINES

- A. Swimmers Responsibilities
 - 1. All unattended swimmers, and/or their coaches, should arrange, prior to their arrival at the meet, for a certified coach to observe them during the warm-up, competition and warm-down. Any unattended swimmers who have not made previous arrangements with a coach to observe them at the meet should contact the Meet Director or Meet Referee for assistance in making such arrangements prior to their participating in the warm-up.
- B. Coaches Responsibilities
 - 1 Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practice.
 - 2 Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
 - 3 Coaches shall actively supervise their swimmers throughout the warm-up session.
 - 4 Coaches shall maintain as much contact with their swimmers as possible, both verbal and visual, throughout the warm-up period.
- C. Safety Marshals
 - 1. Appointed Safety Marshals have the authority to remove from the deck for the remainder of the warm-up session, any swimmer or coach who is in violation of safety guidelines or warm-up procedures. **THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.**
- D. Miscellaneous
 - 1 Swimmers should be reminded by coaches that breaststrokers need more lead time than freestyle or butterfly swimmers.
 - 2 Backstrokers shall ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the starting blocks, when a backstroker is waiting to start.
 - 3 Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
 - 4 Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
 - 5 Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
 - 6 All diving boards and equipment are **OFF LIMITS**.
- E. Pool Rules
 - 1 Smoking or use of other tobacco products is not allowed on the grounds of Klein ISD
 - 2 Glass containers are prohibited.
 - 3 Swimmers, coaches, and spectators are expected to observe all rules and regulations included in the invitation.



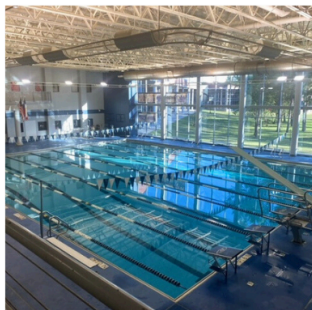
MAP TO KLEIN COLLINS HIGH SCHOOL [20811 ELLA BLVD SPRING, TX 77388](https://www.google.com/maps/place/20811+Ella+Bldv,+Spring,+TX+77388)



- INFORMATION DESK
- FIRST AID
- FOOD TRUCK
- HOSPITALITY - MEET STAFF ONLY
- AWARDS
- D&J APPAREL SALES
- CONCESSIONS
- PACK GIVEAWAYS

20811 Ella Blvd.
 Spring, TX 77388

Klein Collins High School



When you arrive at the school, you will turn in to big parking lot on right side of school building. Drive down the parking lot towards the football field. Right before you get to the football field, there is a walkway in to building with several sets of glass doors. Swimmers will enter those doors, walk down long hallway, and pool is on the right just before you get to the end of the hallway.