

## **KYLSC Board of Directors Meeting**

November 27, 2017

Conference Call

### **PURPOSE - MISSION**

The objectives and primary purpose of Kentucky Swimming shall be the education, instruction and training of individuals to develop and improve their capabilities in the sport of swimming.  
VISION - To provide a safe and healthy environment, encompassing all backgrounds and abilities that create a tradition of excellence in the sport of swimming.

**Attending:** Amy Albiero, Scott Gainey, Chip Augustus, Bucky Stoess, Robyn Brandenburg, Jack Grigsby, Bobby Livesay, Kris Humphries, Gary Mans, Ruth Ann Bode, Bob Bravard

**Not Attending:** Mavi Sampaio, Cory Pierce, Dave Doolin

**Amy Albiero, General Chair, called meeting to order 7:32**

**Approval of October 19, 2017 Board Meeting Minutes as Read:** Ruth Ann moved/Kris Humphries seconded

**Financial Report:** Bobby Livesay

1. 223,000 in accounts to date. Six months in reserve – healthy place to be. It's too early in the year to find any areas of concern.
2. 2016-2017 Year-end. Not hitting budget of splash and surcharge, but it was better than forecasted. Finished slightly ahead of budget.

**Technical Planning:** Robyn Brandenburg

Meet Ref – Bob Bravard 13&O and Michele Reichel 12&U

Meet Director – Lisa Meeker 13&O and Brenda Powell /Beth Harned 12&U

**Senior Chair:** Chip Augustus

### **OTC 2017 Report**

#### **Positives**

- Travel had a few scares but went well. Athletes were well-behaved and responsible in airports. OTC bus was ready as soon as we got to baggage claim.
- Athletes were active participants in both classroom sessions and team activities. They were respectful of speakers. Had a lifeguard compliment that we were a “great group”. Said oftentimes they are ready for a team to leave but that wasn't the case with KY.
- Training, while challenging, went well.
- Thursday PM- Every athlete was filmed swimming each stroke. Had a tough IM set and a kick challenge. Athletes enjoyed climbing the ropes at end.
- Had several make all the intervals for Friday PM challenge set.
- Had a good amount of inter-team cheering between reps.
- Had some fast swims Saturday AM during mock High School State meet. Athletes were enthusiastic about creating relays together.
- Athletes seemed to bond. A lot of hanging out in common areas between practices and at night. Encouraging and supporting each other during practice increased throughout the weekend.
- Talked with several athletes at end of the weekend who said they really enjoyed trip and would want to come back.

- Group text message at end of the weekend seemed to confirm they enjoyed the trip. Texted about having fun hanging out with each other and that this should be an annual trip.

### **Improvements**

- Selection Process— had confusion about application; most athletes realized to submit as many events as possible, but a few only submitted 1-3 events. In those cases, I reached out to their coach to get information about other events. Wasn't clear on only submitting Senior ESSZ Sectional Cuts. I would propose to go to a PowerPoint selection.
- Hydration/Prep for Altitude—we should have informed them to increase hydration a few days ahead of the trip. Better awareness of hydrating on travel day. Travel day, time change, and altitude definitely wore them out. Several swimmers cramped throughout the weekend.
- Short meeting at beginning of trip about importance of proper warm-up/warm-down. While some stretched on their own, we could add a team stretch to itinerary for 10 minutes before and after practice.
- Go over Code of Conduct at first meeting. We gave out curfew (10pm) which athletes were great with until Saturday night. Had several out of room until about 10:15 Saturday night.
- Organized Itinerary— Now that we know what to expect, we can get a packing list out to them sooner. Get parents/swimmers a flexible itinerary that contains travel info, practice and activity schedule, and info about meals a few weeks out of trip. Group text message was helpful for sharing practice/activity schedule and travel times but a hard copy ahead of time would help too.
- Send out one document that has itinerary, packing list, hydration emphasis, and code of conduct all together.
- Copy of health insurance for each athlete. For JH's ER trip, attaining this was easy but having a copy for each athlete could help the process in the future.
- Remind athletes/parents to submit OTC waiver/med info. Had a few not do this which caused short delay during check-in.
- Have a coach call transportation day before departure to confirm travel plans.
- Request additional classroom sessions as soon as we are accepted for trip.
- Request keeping female and males out of same dorm for rooming. We had 1 female room in the dorm with all of our male rooms. While there were females from other sports on floor, separate bathrooms, and closed shower rooms, this isn't ideal. They were unable to change at the front desk. If we are unable to prevent, let parents know ahead of time.

### **2018 OTC – request was sent**

- For next year, allow different athletes to attend

### **Age-Group Chair:** Jack Grigsby

Will Tarvestad expressed interest in Junior Athlete Rep

Amy Albiero wants to build the athlete participation within the LSC. Plan a few meetings during the year to involve the athletes. Amy would like to meet with Jack and Chip to build athlete voice.

### **Rules Chair:** Bucky Stoess

Reviewed changes per HOD vote for one annual meeting.

Meet Bids: Meet bid process can be the same but how to vote on the meet schedules. Because of timeliness, Bucky's suggestion is to make the meet schedule a board decision instead of a house decision. A mechanism needs to be in place for the board to resolve any conflicts. Changes will need to be voted on Fall HOD.

**Diversity and Inclusion:** Ruth Ann Bode

Working with Stefan Lackner, Matt Vogelpohl and Sigma Gamma Roe to organize an outreach swim lesson in the spring or fall. Wants to reach out to Special Olympic Swimming to build that relationship. Gary asked for an early listing of meets to better help with officials.

**Officials:** Gary Mans

Trial run officials' clinic via skype. Worked out well. Lesa Boone will test Administrative Official training.

**MidState AllStars:** to date 84 applicants

**LEAP Level 2:** Amy Albiero

Something the board can complete in a day. Amy would like to meet as a board. The LSC gets money for completion. Jane Grosser, USA Swimming governance/LEAP consultant, is willing to help.

**Sponsor**

Need a change. Swimville has outdated technology. Put Swimville will accept the \$10,000 sponsorship but will be on probation the remainder of the contract.

**S Zone alternate meet:**

Will check with S Zone board and USA Swimming if hosting a sanctioned meet within the Zone during the Zone meet is allowed. If it is, KY Swimming will work on meet with SE, WV and NC.

**Golden Goggles:** USA Swimming athletes attended. Amy suggested sending one female, one male and maybe a Coach of the Year. Ask Indiana Swimming if they send the athletes or if they go on their own.

**Next Meeting: Tuesday January 9, 2018**

**Location TBD**

**Meeting Adjourned: 9:23 pm**

Respectfully submitted  
Maureen McDonald  
Executive Secretary