

2023 PST SWIMFEST

HOSTED BY THE PADUCAH SWIM TEAM

January 27-29, 2023

Age Group and Senior Open – Short Course Yards (SCY)

SANCTION NUMBER #KYSC23-PST02

Date: January 27-29, 2023

Location: The Paducah Athletic Club, 115 Lebanon Church Rd, Paducah, KY 42003. Entrance in rear (gravel lot).

Facility: The competition pool is an eight (8) lane, 25-yard pool. Pool depth at start end measures 5'6" and depth at turn end measures 4'. An additional therapy pool will be available for warm up and cool down. Daktronics timing system and 6-line scoreboard. The competition course has not been certified in accordance with 104.2.2C(4).

Three (3) changing rooms and a Men's and Women's restroom are located on the deck. Men's and Women's locker rooms are located off the pool deck but will not be accessible to parents and spectators during the meet.

Conduct: The meet will be conducted according to current USA Swimming Rules and Minor Athlete Abuse Prevention Policy

Meet Director: Jordan Wessels jordan.wessels@outlook.com 319-290-8305

Entry Chair: Jordan Wessels jordan.wessels@outlook.com 319-290-8305

Meet Referee: Linda Abner little.abner_1972@yahoo.com 270-210-4368

Safety Dir. Jordan Wessels jordan.wessels@outlook.com 319-290-8305

Time:	Session	Format	Warmups*	Competition*
	1: Friday Evening	Timed Finals	4:20 PM	5:30 PM
	2: Saturday Morning	13&O Prelims	7:50 AM	9:30 AM
	3: Saturday Afternoon session will be added if numbers are high			
	4: Saturday Evening	12&U + 13&O Finals	3:50 PM	5:00 PM
	5: Sunday Morning	13&O Prelims	7:50 AM	9:30 AM
	6: Sunday Afternoon session will be added if numbers are high			
	7: Sunday Evening	12&U + 13&O Finals	3:50 PM	5:00 PM

*Warmup/Competition start times may change at the meet director's discretion. Teams will be notified on 1/23.

Entry Fees:

Timed Final Individual Events	\$6.00
Prelim/Final Individual Events	\$8.00
Relays	\$3.00 per swimmer
Per Swimmer Surcharge	\$25.00*

*This includes the KYLSC fee, splash fees, and facility fee

Make checks payable to Paducah Swim Team

Entries:

1. Age is as of the first day of the meet, 1/27/2023.
2. 12&U swimmers may enter up to four (4) individual entries per day
3. 13&O swimmers may enter up to four (4) individual entries on Friday and three (3) individual entries on Saturday and Sunday.
4. Relays do not count against entry limits
5. Seed times must be entered for all events and in short course yards (SCY). If the swimmer has no official time coaches should enter a seed time that best reflects the ability of the swimmer.
6. All entries **MUST BE RECEIVED ELECTRONICALLY** (Hy-Tek/SDIF) to the Entry Chair (jordan.wessels@outlook.com)
7. A signed waiver form and a check of all fees must be hand delivered at check in. **DO NOT MAIL CHECKS.** Check should be made payable to Paducah Swim Team.

- Entry Deadline:**
1. Electronic entries will be accepted starting at 1:00 PM (CDT) on Sunday, December 4th, 2022
 2. Entries will not be accepted by phone, fax, or snail mail
 3. Entries will be confirmed via email
 4. Electronic entries due no later than 11:59 PM (CDT) on Saturday, January 21st, 2023
 5. Entries become confirmed at that time and each team is responsible for their fees.
 6. Changes or scratches after the deadline and prior to the meet do not relieve a team of the responsibility to pay for confirmed entries
 7. Event changes will be allowed if space permits

- Late Entries:**
1. Any entries received and accepted after the deadline will be considered late.
 2. Late entries will need to be received by 12:00 PM (CDT) Thursday, January 26th by email to the entry chair to be seeded into the program.
 3. Late entries after the deadline will be accepted in person at the meet only if an empty lane is available.
 4. Late entry fees are \$15 per individual event and \$30 per relay.
 5. Swimmers not already in the meet will be required to pay the swimmer surcharge and show proof of USA athlete membership

- Swimmers with a Disability:** Entries for swimmers with a disability should be handled in the following manner:
1. Enter the swimmer in the Hy-Tek database
 2. List in the email accompanying the Hy-Tek entry file the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the way s/he prefers to be seeded (with a longer distance or with a different age group)
 3. Provide any information about special accommodations needed by the swimmer.
 4. Final determination of seeding will be made by the Meet Referee after consultation with swimmer and coach.

Positive Check In: Swimmers who do not check in by the deadline will be scratched and only allowed to reenter if there are empty lanes available.

Scratches: The following are the scratch deadlines:

<u>Session</u>	<u>Scratch Deadline</u>
Session 1 – Friday evening	7:00pm on Thursday 1/26
Session 2 – Saturday morning	7:00pm on Friday 1/27
Session 4 – Saturday evening	by the end of session 4
Session 5 – Sunday morning	7:00pm on Saturday
Session 7 – Sunday evening	by the end of session 5/

- Warmups:**
1. Coaches must maintain contact with their swimmers during warmup.
 2. All entry into the pool for warmup is feet first.
 3. There is no diving during warmup except in designated lanes.
 4. The pool will be cleared ten (10) minutes prior to competition.

- Meet Operation:**
1. Session 1 events will be pre-seeded except the 400 IM, 500 free, and 1000 free which require positive check-in
 2. Sessions 2, 4, 5, and 7 events will be seeded following the scratch deadline (see Scratches)
 3. To facilitate meet operations, events and genders may be combined at the meet director's discretion. Combined events will be separated for results and awards. Other combinations may be made.
 4. All 13&Over events except the 1650 will be multi-age group events and will split into 13-14 and Open for finals.
 5. Swimmers who wish to compete in open events that are 14&U must inform the entry chair
 6. Unless specified below, the top 8 swimmers in prelim events will qualify for the Championship (A) Final and the next 8 swimmers will qualify for the Consolation (B) Final.
 7. For the Open 50 free, the top 8 swimmers will be swum as a "dueling 50" (see below). The next 8 will swim the Consolation (B) Final and the next 8 will swim in the Bonus (C) final.
 8. For the 1650, The top 4 girls and top 4 boys will swim in a combined heat at finals if the timeline allows.
 11. 25 yard events will begin at the turn end of the pool from the edge of the deck.
 12. Breaks can be added at any point during the meet at the meet director's discretion
 13. The host team reserves the right to swim 2 per lane in the 1650 if necessary.
 14. If sessions 4 and 7 get too long, the 12&Under events will be moved to an afternoon session on that day.

Marquee Events: The Marquee Events are only for 15 & Over events. If you are 14 & under and want to participate in these events, please let the meet director know to be put into the 15 & Over age group.

Triple Crown

Must swim the 50 fly, 50 back, and 50 breast. Lowest combined time is the winner and will receive the Triple Crown Crown.

Iron Wolf

Must swim the 400 IM, 500 free, and 1000 free. Lowest combined time is the winner and will receive the Iron Wolf Championship Ring

Dueling 50

The top 8 swimmers in the 50 free will swim in a 1v1 tournament format. The winner will receive the Dueling 50 Championship Belt. The "Dueling 50" will be swum as follows (the lower seed swims in lane 4)

<u>Quarterfinals</u>	<u>Semifinals</u>	<u>Final</u>
1 st seed vs 8 th seed	1 or 8 vs 4 or 5	the two (2) semifinal winners
2 nd seed vs 7 th seed	2 or 7 vs 3 or 6	
3 rd seed vs 6 th seed		
4 th seed vs 5 th seed		

The Wizard

Must swim the 50 fly, 500 free, 200 IM, 100 free, 100 IM, 100 back, and 100 breast. Lowest combined time is the winner and will receive the Wizards Wand.

Chuck-a-Duck

For 12&Unders only. Swimmers try to throw their duck(s) into a circle in the pool. Ducks that make it will be entered into a drawing for a LARGE prize.

Programs: Programs can be found on Meet Mobile and the PST website. Programs will NOT be on sale at the meet.

Awards: Ribbons for 1st through 16th. Age groups will be as follows: 8&U, 9-10, 11-12, 13-14, and 15&O. Marquee events will have prizes (see Marquee Events section above).

Results: Electronic results will be provided to all teams participating in the meet. Results will also be posted on the KYLSC website.

Hospitality: Coaches and officials' hospitality will be provided at the meet.

Concessions: Concessions will be available during the meet.

Parking: Parking is permitted in the gravel lot on the north and west side of the Paducah Athletic Club. There is no parking allowed on the asphalt lot.

MAAPP: All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Coaches: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign in at the head table to verify that all certifications are current and on file. Deck Pass is acceptable proof of membership. There will be a coach's meeting thirty (45) minutes prior to the start of session 1 competition. Additional meetings will be held if needed.

Officials: Anyone that is a USA Swimming certified official is welcome and encouraged to join the Kentucky Swimming officials in officiating this meet. Please contact the meet director in advance of the meet, if possible, to let them know of your availability. The meet director's contact information is listed above. We are also looking for anyone that is interested in becoming an official. For more information, please contact the meet director.

All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming or other FINA-member organization. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must be members of USA Swimming

Parents: Spectators will be allowed in the venue. Limited bleacher seating. Bring a bag chair for deck seating.

Athletes: 1. Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming “open border” policy.
 2. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Unsupervised Swimmers: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warmup, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming’s “open border” policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

Safety Prsnl: There will be no safety or medical personnel provided. An AED is available in the facility.

Deck Changing: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Recording Devices: The use of audio and/or video recording devices, including cell phones, are not permitted in changing areas, restrooms, or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in designated areas is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Drugs: The use of any alcohol, tobacco products, or drugs is not permitted anywhere in the swimming venue.

*Triple Crown Events
**Iron Wolf Events
***Dueling 50
^The Wizard Events

Friday Evening Timed Finals - Session 1			
Warmup: 4:00 PM - Competition: 5:30 PM			
Girls	Event		Boys
101	8 & Under	25 Fly	102
103	9-10	50 Fly	104
105	11-12	50 Fly	106
107	13-14 & Open	50 Fly* ^	108
109	9-12	500 Free	110
111	13-14 & Open	400 IM**	112
113	8 & Under	25 Back	114
115	9-10	50 Back	116
117	11-12	50 Back	118
119	13-14 & Open	50 Back*	120
121	9-12	200 IM	122
123	13-14 & Open	500 Free** ^	124
125	8 & Under	25 Breast	126
127	9-10	50 Breast	128
129	11-12	50 Breast	130
131	13-14 & Open	50 Breast*	132
133	13-14 & Open	1000 Free**	134
135	8 & Under	25 Free	136
137	9-10	50 Free	138
139	11-12	50 Free	140
141	9 & Under Mixed 100 Medley Relay		
142	10-12 Mixed 100 Medley Relay		
143	Open Mixed 100 Medley Relay		

Saturday Morning Prelims - Session 2			
Warmup: 7:50 AM - Competition: 9:30 AM			
Girls	Event		Boys
207	13-14 & Open	200 IM ^	208
215	13-14 & Open	200 Back	216
223	13-14 & Open	100 Fly	224
231	13-14 & Open	1650 Free	232
239	13-14 & Open	200 Breast	240
247	13-14 & Open	100 Free ^	248

Sunday Morning Prelims - Session 5			
Warmup: 7:50 AM - Competition: 9:30 AM			
Girls	Event		Boys
307	13 & Over	50 Free***	308
319	13 & Over	100 IM ^	320
329	13 & Over	200 Fly	330
337	13 & Over	100 Back ^	338
345	13 & Over	200 Free	346
353	13 & Over	100 Breast ^	354

Saturday Evening Finals - Session 4			
Warmup: 3:50 PM - Competition: 5:00 PM			
Girls	Event		Boys
201	8 & Under	100 Free	202
203	9-10	200 Free	204
205	11-12	200 Free	206
207	13-14 & Open	200 IM ^	208
209	8 & Under	50 Back	210
211	9-10	50 Back	212
213	11-12	50 Back	214
215	13-14 & Open	200 Back	216
217	8 & Under	25 Fly	218
219	9-10	100 Fly	220
221	11-12	100 Fly	222
223	13-14 & Open	100 Fly	224
225	8 & Under	25 Back	226
227	9-10	100 Back	228
229	11-12	100 Back	230
231	13-14 & Open	1650 Free	232
233	8 & Under	50 Breast	234
235	9-10	50 Breast	236
237	11-12	50 Breast	238
239	13-14 & Open	200 Breast	240
241	8 & Under	50 Free	242
243	9-10	100 Free	244
245	11-12	100 Free	246
247	13-14 & Open	100 Free ^	248
249	9 & Under Mixed 4-Person 100 Free Relay		
250	10-12 Mixed 4-Person 100 Free Relay		
251	Open Mixed 4-Person 100 Free Relay		

Sunday Evening Finals - Session 7			
Warmup: 3:50 PM - Competition: 5:00 PM			
Girls	Event		Boys
301	8 & Under	25 Free	302
303	9-10	100 Free	304
305	11-12	100 Free	306
	Dueling 50 Quarterfinal***		
307	13 & Over	50 Free***	308
309	8 & Under	100 IM	310
311	9-10	100 IM	312
313	11-12	100 IM	314
	Dueling 50 Semifinal***		
315	13 & Over	100 IM ^	316
317	8 & Under	50 Fly	318
319	9-10	50 Fly	320
321	11-12	50 Fly	322
	Dueling 50 Final***		
323	13 & Over	200 Fly	324
325	8 & Under	50 Back	326
327	9-10	100 Back	328
329	11-12	100 Back	330
331	13 & Over	100 Back ^	332
333	8 & Under	50 Free	334
335	9-10	50 Free	336
337	11-12	50 Free	338
339	13 & Over	200 Free	340
341	8 & Under	25 Breast	342
343	9-10	100 Breast	344
345	11-12	100 Breast	346
347	13 & Over	100 Breast ^	348
349	9 & Under Mixed 4-Person 200 Free Relay		
350	10-12 Mixed 4-Person 200 Free Relay		
351	Open Mixed 4-Person 200 Free Relay		

ENTRY / WAIVER FORM

THIS PAGE MUST BE COMPLETED AND RETURNED BY THE STATED DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.

WAIVER: I / we hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Paducah Athletic Club and staff, and the Paducah Swim Team for injuries and / or expenses incurred by me / us at the meet and / or while traveling to and from the meet. *I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A CURRENT REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.*

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND KENTUCKY SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SIGNATURE _____ **TITLE** _____

TEAM _____ **CLUB CODE** _____

PHONE _____

TEAM ADDRESS _____

CITY _____ **STATE** _____ **ZIP CODE** _____

ENTRY SUMMARY

_____ Timed Final Individual Entries x \$6.00	=	\$ _____
_____ Prelim/Final Individual Entries x \$8.00	=	\$ _____
_____ Relay Entries x \$3.00 per swimmer	=	\$ _____
_____ Swimmers Entered x \$25.00	=	\$ _____
TOTAL	=	\$ _____

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302

Held under the sanction of USA Swimming