

March 10, 2023 - March 12, 2023

Sponsored by Swimville USA, Speedo & Hasty Awards

SANCTION Sanction of USA Swimming, Inc., issued by Kentucky Swimming, Inc.

Sanction # KYSC23-STATE01 & Time Trial Sanction # KYSC23-STATE01TT

FORMAT The Kentucky Swimming Championship Meets are closed KYLSC swim meets. Any KYLSC registered club or KYLSC USA

SWIMMING athlete member (in good standing) may participate provided the athlete member(s) meets the event

eligibility requirement for the given meet.

HOST Kentucky Swimming, Inc HOME TEAM Triton Swimming

MEET DIRECTOR Tara Brinkmoeller: tbrinkmoeller@tritonswimming.org ENTRY CHAIR Kris Humphries: entries@kylsc.org

MEET REFEREE Eric Bunnell: ebunnell@kfg.com

FACILITY Blairwood Tennis, Swim & Fitness

9300 Blairwood Access Way, Louisville KY

The facilities consist of an 11 lane, 25-yard indoor competition pool ranging in depth from 5-12 feet. Eight Lanes will be used for competition. The competition course has 8-foot-wide lanes marked by continuous lane lines and Paragon starting blocks. An additional 11 lane 25-meter indoor pool is available for continuous warm-up / warm-

down. The competition course has not been certified in accordance with 104.2C(4).

RESTROOMS Outdoor restrooms will be available to athletes only. The indoor restrooms located inside the building down the

hallway by the restaurant will be available to coaches, officials, and spectators.

USAS SAFE SPORT Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

All Adult Participants participating in or associated with this meet acknowledge that they are subject to the provisions of USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with the MAAPP is a condition of participation in the conduct of this competition.

MAAPP best practices will govern the conduct of this meet.

For athlete protection, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks. Such devices being used in these restricted areas will be subject to confiscation.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection from the facility.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9 J

SAFETY GUIDELINES

- 1. Only Competitors, coaches, officials and authorized meet workers will be allowed on deck.
- 2. Spectators will be allowed on deck to access spectator seating only.
- 3. Coaches' credentials should be current and valid. The facility reserves the right to request proof upon entry.
- 4. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures.
- 5. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
- 6. Coaches shall actively supervise their swimmers throughout the warm-up session.
- 7. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
- 8. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
- 9. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

Appointed safety marshals have the authority to remove from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines or warm-up procedures.

THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.



March 10, 2023 - March 12, 2023

Sponsored by Swimville USA, Speedo & Hasty Awards

BULLYING All participants and competitors shall follow the U.S. CENTER for SAFESPORT rules for bullying. Violations will be

grounds for removal of member from the facility.

SAFETY MARSHALS Safety marshals will be in place for warm-ups and during the meet to ensure the safety of the swimmers. Duties will

include safe deck practices, traffic flow and diving restrictions/safety during warm-ups and locker room/restroom

checks.

MEDICAL Red Cross certified lifeguards will be on duty during the conduct of the meet. An AED is available at the facility in the

ASSISTANCE main building.

FORMAT This meet will be swum as a Preliminary / Final Meet for all age groups with the following exceptions: All Relay

Events will be swum as a Timed Finals. Friday Events will be swum as Timed Finals.

All Timed-Final, Preliminary and Final events will be pre-seeded except for the 500 Free which will require positive

check-in and will be deck seeded.

Fly over starts may be used during the preliminary sessions.

The Top 16 swimmers in Prelims will compete in A and B finals.

ADMISSION No spectator fees

LIVE STREAM Live Streaming is available

HOSPITALITY Hospitality will be offered for coaches and officials during the meet.

CONCESSIONS Concessions will be available for participants and spectators.

SCORING AND AWARDS

SCORING Individual Events: 16 places – 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay Events: 16 places – 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Points will not be awarded for any result unless that result meets or is faster than the Qualifying Time for the event

AWARDS Championship Medals for 1st through 8th place (individual and relay events)

Championship Ribbons for 9th through 16th place

High Point Awards to the 1st, 2nd and 3rd place female and male individual in each age group

1st, 2nd and 3rd place for combined 12&U and 13&O team scores will be awarded at the conclusion of the 13&Over

championship meet.

Awards earned by place (medals/ribbons) will be awarded regardless of time achieved.

AWARD CEREMONY The procedure for awards recognition will be explained at the coaches' meeting.

SOUTHERN ZONE OPEN WATER QUALIFYING MEET

QUALIFYING EVENTS The following events from this meet will be used in the selection process for the 2023 Southern Zone Open Water

Championship Meet, June 3-4 Seven Lakes, NC.

Winner of 11-12 Boys and Girls 500 Free will automatically qualify for the S Zone OW Championship.

For more information, visit kylsc.org - 2023 S Zone Open Water event page.



March 10, 2023 - March 12, 2023

Sponsored by Swimville USA, Speedo & Hasty Awards

WARM-UPS AND SCHEDULE

ASSIGNMENTS

Teams will be assigned to lanes based on the number of entered swimmers. Smaller teams will need to share lanes. Larger teams should be prepared to divide the warm-up time and space according to need. Split warm-up sessions will be scheduled if more than 15 swimmers per lane would exist otherwise which can change the warmups start time.

FRIDAY FINALS	Pool Deck Access for Athletes: 4:45 PM Warm-ups: 5:00 PM to 5:50 PM Meet Starts: 6:00 PM
SATURDAY & SUNDAY PRELIMS – MORNING SESSIONS	Pool Deck Access for Athletes: 7:15 AM Warm-ups: 7:30 AM to 8:50 AM Meet Starts: 9:00 AM
SATURDAY & SUNDAY FINALS – AFTERNOON SESSIONS	Pool Deck Access for Athletes: 3:45 PM Warm-ups: 4:00 PM to 4:50 PM Meet Starts: 5:00 PM

COOL DOWN

Cool-down lanes will be provided during all sessions. Coaches are responsible for advising their swimmers to exercise caution in the cool-down lanes to avoid causing injury to themselves and others. Swimmers engaging in dangerous conduct in the cool-down lanes may be subject to being barred from events at the direction of the meet referee.

COACHES' MEETING A mandatory coaches' meeting will be held on the first day of the meet, 20 minutes prior to the start of the competition.

COACH **CREDENTIALS**

Coaches will check in at the Guard Shack located near the entry gate off of the side parking entrance. Coaches' credentials should be current and valid. The facility reserves the right to request proof upon entry.

ORDER OF EVENTS

SESSION #1 FRIDAY TIMED FINALS						
	Warm-ups 5:00 PM; start time 6:00 PM					
GIRLS	EVENT DESCRIPTION BO					
1	10&U 200 IM	2				
3	11-12 200 IM					
	AWARDS					
5	10&U 200 Freestyle 6					
AWARDS						
7	11-12 500 Freestyle					
AWARDS						



March 10, 2023 - March 12, 2023 Sponsored by Swimville USA, Speedo & Hasty Awards

ORDER OF EVENTS

	SESSION #2 SATURDAY PRELIMS					
V	Warm-ups 7:30 AM; start time 9:00 AM					
GIRLS	EVENT DESCRIPTION	BOYS				
9	11-12 50 Freestyle 1					
11	10&U 50 Freestyle 12					
13	11-12 100 Butterfly 14					
15	10&U 100 Butterfly	16				
17	11-12 50 Breaststroke	18				
19	10&U 50 Breaststroke 20					
21	11-12 100 Backstroke 22					
23	10&U 100 Backstroke 24					
25	11-12 200 Freestyle 26					
	BREAK					
27	10&U Mixed 200 Medley Relay ¹	27				
28	12&U Mixed 200 Medley Relay ¹	28				
	MEDLEY RELAY AWARDS					
	¹ This is a Timed Final Event.					

SESSION #3 SATURDAY FINALS					
Warm-ups 4:00 PM; start time 5:00 PM					
GIRLS	EVENT DESCRIPTION	BOYS			
9	11-12 50 Freestyle 10				
11	10&U 50 Freestyle 12				
	AWARDS				
13	11-12 100 Butterfly	14			
15	10&U 100 Butterfly 16				
	AWARDS				
17	11-12 50 Breaststroke 18				
19	10&U 50 Breaststroke 20				
	AWARDS				
21	11-12 100 Backstroke 22				
23	10&U 100 Backstroke 24				
25	11-12 200 Freestyle 26				
AWARDS					
29	10&U 200 Freestyle Relay ² 30				
31	12&U 200 Freestyle Relay ² 32				
AWARDS					
² This is a Timed Final Event					



March 10, 2023 - March 12, 2023

Sponsored by Swimville USA, Speedo & Hasty Awards

ORDER OF EVENTS

SESSION # 4 SUNDAY PRELIMS						
Warm-ups 7:30 AM; start time 9:00 AM						
GIRLS	EVENT DESCRIPTION BOYS					
33	10&U 100 Freestyle 3					
35	11-12 100 Freestyle 36					
37	10&U 50 Butterfly 38					
39	11-12 50 Butterfly	40				
41	10&U 100 Breaststroke 42					
43	11-12 100 Breaststroke 4					
45	10&U 50 Backstroke 46					
47	17 11-12 50 Backstroke 48					
49	10&U 100 IM					
BREAK						
51	12&U 200 Medley Relay ³ 52					
53	10&U 200 Medley Relay ³ 54					
AWARDS – 200 Medley Relays						
³ This is a Timed Final Event						

S	SESSION #5 SUNDAY FINALS					
Warm	Warm-ups 4:00 PM; start time 5:00 PM					
GIRLS	EVENT DESCRIPTION BOYS					
33	10&U 100 Freestyle 34					
35	11-12 100 Freestyle	36				
	AWARDS					
37	10&U 50 Butterfly	38				
39	11-12 50 Butterfly	40				
	AWARDS					
41	10&U 100 Breaststroke 42					
43	11-12 100 Breaststroke 44					
	AWARDS					
45	10&U 50 Backstroke 46					
47	11-12 50 Backstroke	48				
	AWARDS					
49	10&U 100 IM	50				
AWARDS						

ELIGIBILITY

RULES

The meet will be conducted in accordance with the current USA Swimming Rules and Regulations, and Kentucky Swimming Policy and Rule Handbook, except where rules therein are optional, and exceptions are stated herein. FINA starting procedures will be used. The FINA system, approved by USA Swimming, uses a series of whistles followed by a one-whistle announcement for swimmers. The No Recall Start Rule will also be enforced during this meet.

UNSUPERVISED ATHLETES

USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming's "open border" policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.



March 10, 2023 - March 12, 2023

Sponsored by Swimville USA, Speedo & Hasty Awards

SWIMMERS WITH A Entries for swimmers with a disability should be handled in the following manner:

- DISABILITY
- 1. enter the swimmer in the Hy-Tek database (or on the regular entry form);
- 2. list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and
- 3. provide any information about special accommodations needed by the swimmer using the Swimmers with a Disability Coach and Meet Referee Communication form (see page 12).

The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

QUALIFYING PERIOD Qualification for any Individual Event with a declared time standard determining eligibility for participation therein, will be determined by the athlete's best official time during the respective Qualifying Period: - 1st day of the prior year Southern Zone Eastern Sectional Spring Meet, March 10, 2022, up to and including Sunday, March 5, 2023.

AGE AT MEET

The age of the athlete on March 10, 2023, shall be used to determine event eligibility for all athletes.

RACING START CERTIFICATION

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member/coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

TIME STANDARDS

TIME STANDARDS

Time Standards can be found at kylsc.org, on the event page and under Times & Awards drop-down menu.

Participation in an individual event is restricted to those swimmers who have met or swam faster than:

- 1. the short course yard (SCY) standard for the event, OR
- 2. the short course meter (SCM) standard for the event, OR
- 3. the long course meter (LCM) standard for the event during the Qualifying Period.

RELAY TIME

STANDARDS

There are no time standards for relays.

DISABILITY TIME STANDARDS

SWIMMERS WITH A USAS PARA SWIMMING Motivational Time Standards will be used and can be found at kylsc.org, on the event page and under Times & Awards drop-down menu.

ENTRIES

ENTRIES

Entries MUST BE RECEIVED electronically (Hy-Tek or SDIF) to the Entry Chair no later than noon (EDT) on Monday, March 6, 2023.

All coaches will receive a team entry report by Monday, March 6th, 8pm as a confirmation of their team's entries. Coaches have until the psych sheet is published/posted (not before noon on the day prior to the start of the meet) to make changes to their entries. After that time, any entries will be considered as Late Entries (see late entries section)

Handwritten, telephoned, or faxed entries WILL NOT BE ACCEPTED. All swimmers' USA Swimming Registration will be checked against USA Swimming's membership database of registered athletes.

NOTE: If a Team does not use Hy-Tek's Team Manager or equivalent, then Win TM II Lite, downloadable free of charge from Hy-Tek's website, should be used to prepare entries.

A hard copy listing of team entries, a signed Summary / Waiver form (attached) and a check for all entry fees must be submitted before the coaches' meeting on the first day of the meet. Please make checks payable to Triton **Swimming**



March 10, 2023 - March 12, 2023

Sponsored by Swimville USA, Speedo & Hasty Awards

RELAY ENTRIES

Relay entries do require that relay names be enumerated. A RELAY-ONLY SWIMMER MUST BE

ENTERED IN AT LEAST ONE RELAY TO BE ENTERED IN THE MEET. The sole purpose of this requirement is to enter the relay only swimmer in the meet. If a swimmer competes on a relay and was not entered in the meet, the relay will be disqualified and a \$100 fine for each infraction will be billed to their team.

No swimmers will be added to the meet after the start of the meet.

Each team may enter two relays per event. Each relay must consist of at least two members who have achieved an individual championship standard.

Mixed Gender Relays must have two female and two male athletes entered in the event.

 $To facilitate \ the \ running \ of \ the \ meet, \ coaches \ are \ REQUIRED \ to \ include \ relay \ names \ on \ their \ electronic \ entries.$

Coaches will still have the right to make changes up to the start of the race.

BONUS EVENTS

Eligible swimmers with one state cut are eligible for two bonus events.

Eligible swimmers with two state cuts are eligible for one bonus event.

Eligible swimmers with three or more state cuts are not eligible for bonus events.

Bonus events may not be longer than 200 yards.

BONUS EVENT

ENTRY

INSTRUCTIONS

A swim time is required using time from a USAS sanctioned, observed, or approved meet.

ENTRY FEES and SURCHARGES

\$7.00 for each individual event (\$5.00 splash fee + \$2.00 KYLSC fee) \$14.00 for each relay event (\$10.00 splash fee + \$4.00 KYLSC fee).

\$3.50 per swimmer KYLSC Surcharge. \$25.00 per swimmer Facility Surcharge. There will be no refund of entry fees.

ENTRY LIMITS

Each swimmer may enter 3 eligible Individual Events and 2 Relay Events on each day of the meet.

12 & Under age group swimmers are limited to 8 events and two relays for the combined championship.

Teams will be limited to 2 relays per relay event.

Swimmers can be aged up into an Open relay, as long as they have not swum the maximum allowed relay events for

the whole age group championship.

LATE ENTRIES

Late entries will be sent to the entry chair at entries@kylsc.org.

Late entries or changes will be sent within the body of an email including the following:

Athlete's name, event, age group and entry time.

Provided that the entry has a provable entry time, any entry received after the Entry Deadline will be accepted up

until the psych sheet is posted.

Any entries submitted after the Entry Deadline will be subject to a fine as described below:

Adding a swimmer- double the surcharge per athlete

Adding an event to a swimmer's entries – double the event splash fee for each additional individual event

Adding a relay- double the relay splash fee for each additional relay.

Late entries after the psych sheet is posted and up until the start of warm-up on March 10, 2023,

will be subject to availability and will be assessed the late entry fine. These entries will be allowed at the discretion

of the Meet Referee. No heats will be added in order to add a late swimmer.

THERE WILL BE NO ENTRIES ACCEPTED AFTER THE COMMENCEMENT OF THE MEET WHICH HAS BEEN DEFINED AS THE START OF THE WARM-UP ON THE FIRST DAY OF COMPETITION.



March 10, 2023 - March 12, 2023

Sponsored by Swimville USA, Speedo & Hasty Awards

SEED TIMES

The entered time should be the swimmer's best short course yard (SCY) time during the Qualifying Period provided that the time meets or is faster than the SCY time standard for that event.

If the swimmer does not have a SCY qualifying time but is otherwise qualified to swim the event (e.g., has the SCM or LCM qualifying time), then the entered time will be that of the SCM or LCM non-conforming time.

Bonus events will be seeded last. Relay times should be entered in their best aggregate time.

SEEDING ORDER

All non-conforming seed times shall be seeded after the seeding has been done for conforming times and nonconforming seed times shall not be seeded ahead of any conforming time.

A "conforming" time is defined as one from a swim which matches the pool setup for the meet.

A "non-conforming" time is one from a swim swum in a pool setup other than that for which the meet is being conducted. Conforming times for the Kentucky Swimming Short Course Championship Meet must be from 25yard pools. All times from other length pools will be considered non-conforming times.

The seeding order is:

- 1. Short Course Yards (SCY)
- 2. Short Course Meters (SCM)
- 3. Long Course Meters (LCM)
- 4. Non-conforming SCY (distance events)
- 5. Non-Conforming SCM (distance events)
- 6. Non-conforming LCM (distance events)
- 7. Bonus Events Short Couse Yards (SCY)
- 8. Bonus Events Short Course Meters (SCM)
- 9. Bonus Events Long Course Meters (LCM)

PRELIM SEEDING

For Prelim Competition, the fastest 3 heats will be circle-seeded.

The fastest 2 heats are circle seeded in events 400 yards and above.

RELAY CARDS

Relay cards will be distributed in each team's meet packet. Each relay team is responsible for delivering their completed relay cards to the Scorers' Table at a time to be announced prior to the start of the heat. At that time the relay card must clearly indicate, in the appropriate order, the four swimmers who will compete.

Two of the swimmers on each relay must have been entered into the meet in at least one individual event. Failure to do so will result in the relay being disqualified. To facilitate the running of the meet, coaches are required to include relay names on their electronic entries, but still have the right to make changes up to the start of the race providing it meets the relay entry requirements.

PROOF OF TIME

Results used to prove time must be from USA sanctioned, observed or approved competitions. Competition must take place during the Qualifying Period for this meet. Each individual entry Seed Time will be verified using the USA Swimming SWIMS database. It is the coaches' responsibility to make sure that their athletes' times are entered in the SWIMS database and are correct official times. Proof of Seed Time must be furnished when requested by the Entry Chair.

All late entries must have validated times prior to entry into the meet.

POSTINGS

Entries will be posted on the Kentucky Swimming website in two forms:

- 1. An Entry List, sorted first by team and then by athlete, showing entries for each athlete.
- 2. A Psych Sheet, sorted by event number with entries for each event sorted in rank order will not be posted earlier than noon (EDT) on March 9, 2023.

REGARDLESS OF ENTRIES SUBMITTED AND/OR INPUT ERROR,
IT IS THE COACHES' RESPONSIBILITY TO ENSURE SWIMMERS ARE IN THE CORRECT EVENT



March 10, 2023 - March 12, 2023

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CHECK-IN

Positive Check-In is required for 500 yard Free.

CHECK-IN SHEETS

Check-in sheets for the 500 yard Free for Prelim, Finals, or Timed-Final session will be posted at the Scorer's Table.

CHECK-IN SCHEDULE Each swimmer is responsible for positively checking-in for individual events prior to the designated time. The scratch table on deck will also serve as the check-in table. Deadlines for check-in will be announced at the swimming venue. Initials of athlete and/or coach signing in athlete will be required on the sign-in sheet.

SWIMMERS ARE NOT ENTERED IN THE EVENTS UNTIL THEY HAVE CHECKED-IN.

IT IS THE COACHES' RESPONSIBILITY TO MAKE ARRANGEMENTS TO CHECK IN HIS/HER SWIMMERS BY THE DESIGNATED TIME.

SCRATCHES

SCRATCH

Using the Check-In Sheets:

PROCEDURE

To scratch a swimmer from an Event - Clearly draw an "X" through the EVENT NUMBER next to the swimmers'

name.

RE-INSERTING

SCRATCHED SWIMMERS If a swimmer, who has been scratched from a preliminary or timed final event shows up to compete, that swimmer should report in person to the Meet Referee. At the sole discretion of the Meet Referee, the swimmer may be

allowed to compete.

NO ADDITIONAL HEATS WILL BE ADDED.

NO SHOWS

FAILURE TO OR TIMED-FINAL EVENTS

Swimmers entered in an individual preliminary or timed-final event that is seeded on deck, in whole or in part, who COMPETE IN PREIMS have checked in for that event, must swim in the event unless they notify the meet referee before the seeding for that event has begun, that they wish to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual preliminary event in which they are entered.

FAILURE TO COMPETE IN **FINALS**

Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from his/her next individual event in prelims, except as noted below.

In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

Where consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

If a consolation final has already been contested, the companion final shall be swum without reseeding for the empty lane(s).

No penalty shall apply for failure to withdraw or compete in an individual event if:

- a. The Referee is notified in the event of illness or injury and accepts the proof thereof.
- b. Swimmers qualifying for a consolation final or final race following preliminaries notify the Referee within 30 minutes after announcement of the qualifiers for that final race that they may not intend to compete and further declares his final intentions within 30 minutes following his last individual preliminary event.
- c. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

FAILURE TO APPEAR FOR LAST SCHEDULED **EVENT DECLARED FALSE START**

The club of any athlete or relay failing to appear for the final of a Timed Final Event or Preliminary/Final Event who has failed to scratch from the event prior to the scratch deadline, on the athletes' or relays' last scheduled day of participation in the meet shall be fined \$25.00.

In a preliminary event that is not deck seeded, swimmers reporting to the Meet Referee or Deck Referee prior to the start of their race and declaring their intent not to compete will be disqualified as a Declared False Start. Swimmers may not declare a false start at finals.



March 10, 2023 - March 12, 2023

Sponsored by Swimville USA, Speedo & Hasty Awards

TIME TRIALS

AVAILABILITY Time Trials will be conducted on a time available basis for swimmers participating in the meet.

ELIGIBILITY A swimmer MUST BE ENTERED IN AN INDIVIDUAL OR RELAY EVENT to be eligible to participate in a Time Trial.

TIME TRIAL SCHEDULE

Time Trials shall be swum following prelims each day or at the discretion of the meet referee.

Time Trials shall be swum in the order listed under Order of Events as follows:

Friday Friday's events, followed by Saturday's events, followed by Sunday's events.
 Saturday's events, followed by Sunday's events, followed by Friday's events.

3. Sunday Sunday's events, followed by Friday's events, followed by Saturday's events.

ENTRY PROCEDURE

Athletes or coaches interested in a time trial must complete a Time Trial Form, which is available at the computer table, and submit it to the official designated at the coaches meeting. Payment must be submitted at the time of

the request.

ENTRY LIMIT A swimmer is limited to a maximum of two (2) Time Trial Events during the course of the Championship Meet.

In a meet where a combination of preliminary and final events and timed finals are scheduled, a swimmer may compete in not more than three (3) individual events per day, unless entered exclusively in timed final events that

day.

ENTRY FEE Time Trial Entry Fee is \$20.00 per event; payable when the Time Trial request is declared.

OFFICIALS

OFFICIALS'
MEETING

There will be Officials' meetings 1 hour prior to the start of each session.

OFFICIALS' SIGNUP

USA Swimming certified officials are welcome to officiate at this meet. Please sign up on the KYLSC website,

kylsc.org, at least one week prior to the start of the meet.

Officials will sign in at the Guard Shack upon entering Blairwood.

Officials should be prepared to present their credentials to the Meet Referee (or his/her designated person) at the

start of each session.

Questions or concerns can be sent to the Meet Referee or the KYLSC official's chair, Becky Gilpatrick at

becky.jo.gil@gmail.com.

TIMERS and COUNTERS

TIMED FINALS
PRELIMS & FINALS

Competing teams must supply lane timers. The number of timers per team will be assigned proportionately based on the number of swimmers in a session. It is the responsibility of the team assigned the timing detail to

provide any necessary relief timer(s).

500 FREESTYLE

For the 500 Free, each swimmer shall provide his/her own counter.



March 10, 2023 - March 12, 2023 Sponsored by Swimville USA, Speedo & Hasty Awards

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH COVID

SUMMARY/WAIVER FORM

THIS PAGE MUST BE COMPLETED AND RETURNED BY THE STATED DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.

WAIVER: In consideration for the acceptance of this entry, I / We hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release any and all claims against USA Swimming Inc (USAS), Kentucky Swimming Inc (KYLSC), Triton Swimming and Blairwood Tennis, Swim & Fitness for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet. I/We are bonafide members of United States Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I / we have entered.

Club Representative	Title				Club	
Email				_	Phone	
Club Address	City			_	State	Zip
Recap of Entries						
ı	ndividual Entries	x	\$7.00	=	\$	
\$5 spla	sh fee + \$2 KYLSC fee					
	Relays	x	\$14.00	=	\$	
	sh fee + \$4 KYLSC fee					
	mer Surcharge O facility surcharge	x	\$28.50			
\$3.50	O KYLSC surcharge		то	OTAL	\$	

Make checks payable to Triton Swimming

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302 Held under the sanction of USA Swimming



March 10, 2023 - March 12, 2023

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2023 KENTUCKY SWIMMING SC STATE CHAMPIONSHIP 12&UNDER						
MEET				DATE		
CLUB				EMAIL or PHONE #		
CLUB	COACH			EWAIL OF PHONE #		
Swimmer	Age Group	Event	Session	Necessary Accommodation		
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Examples of Necessary Accommodations (but not limited to)

- Take longer to get to blocks
- In the water start
- Have an assistant at the block
- Longer to get out of the pool
- Ask to see if a mat can be placed at lane getting in and out of the pool
- 1 layer of towel on the blocks at the start
- Hand signals for the start
- Any stroke movement(s) that are different from technical rules & regulations of USA-S swimming