

# 2023 KENTUCKY SWIMMING SHORT COURSE STATE CHAMPIONSHIP

Sponsored by Swimville USA, Speedo & Hasty Awards

13 & OVER DIVISION – March 17-19, 2023

<b>SANCTION</b>	Sanction of USA Swimming, Inc., issued by Kentucky Swimming, Inc. Sanction # KYSC23-STATE02 & Time Trial Sanction# KYSC23-STATE02TT		
<b>FORMAT</b>	The Kentucky Swimming Championship Meets are closed KYLSC swim meets. Any KYLSC registered club or KYLSC-USA SWIMMING athlete member (in good standing) may participate provided the athlete member(s) meets the event eligibility requirement for the given meet.		
<b>HOST</b>	Kentucky Swimming, Inc.	<b>HOME TEAM</b>	Cardinal Aquatics
<b>MEET DIRECTOR</b>	Shannon Grill <a href="mailto:shannonandjeff@me.com">shannonandjeff@me.com</a>	<b>ENTRY CHAIR</b>	<a href="mailto:entries@kylsc.org">entries@kylsc.org</a>
<b>MEET REFEREE</b>	Brent Runkle <a href="mailto:brentrunkle@gmail.com">brentrunkle@gmail.com</a>		
<b>FACILITY</b>	The University of Louisville Ralph Wright Natatorium. This facility was opened in the Fall of 2005. It features an eight lane, 25-Yard competition pool with a depth of 7 feet. Movable bulkheads enable the pool to be divided into two 25-meter or 25-yard competition-ready areas with up to 10 lanes. The deep end features two 1-meter boards, two 3-meter boards and a tower with diving platforms at 5-, 7.5- and 10-meters. The 41,000 square foot facility accommodates up to 500 spectators. The facility is equipped with a fully automatic Daktronics Timing System with touchpads and full 21ft x 12ft video board display. The competition course has not been certified in accordance with article 104.2.2C(4)		
<b>USAS SAFE SPORT</b>	Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.  All adult participants in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. MAAPP policy best practices will govern the conduct of this meet.  For athlete protection, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks, rest rooms or locker rooms. Such devices being used in these restricted areas will be subject to confiscation.  Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection of the facility.  Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9 J		
<b>RESTROOMS &amp; LOCKER ROOMS</b>	Athletes 17 and Under are to use restrooms & locker rooms in the athlete hallway. Those are the main athlete locker rooms.  Athletes/Adults 18 & Over are to use restrooms in the lobby area.		
	<b>MEET MARSHALLS WILL BE ENFORCING THESE RULES. ANYONE WHO DISREGARDS THE FACILITY RULES IS SUBJECT TO REMOVAL.</b>		
<b>ATHLETES 18&amp;OVER</b>	To be a USA Swimming registered member in good standing, <u>all athletes aged 18 and older must complete Athlete Protection Training</u> . Any athlete who turns 18 on or before March 17, 2023, who has not completed the Athlete Protection Training course by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or before March 17, 2023, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.  Athletes must login to their USA Swimming account, access their EDUCATION Course Catalog, and take the Athlete Protection Training Core Course.		

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<b>BULLYING</b>	All participants and competitors shall follow the U.S. CENTER for SAFESPORT rules for bullying. Violations will be grounds for removal of member from the facility.
<b>SAFETY GUIDELINES</b>	<ol style="list-style-type: none"><li>1. Only competitors, coaches, officials and authorized meet workers will be allowed on deck.</li><li>2. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures.</li><li>3. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.</li><li>4. Coaches shall actively supervise their swimmers throughout the warm-up session.</li><li>5. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.</li><li>6. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.</li><li>7. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.</li></ol> <p><b>Appointed safety marshals have the authority to remove from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines or warm-up procedures.</b> THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.</p>
<b>SAFETY MARSHALS</b>	Safety marshals will be in place for warm-ups and during the meet to ensure the safety of the swimmers. Duties will include safe deck practices, traffic flow and diving restrictions/safety during warm-ups.
<b>MEDICAL ASSISTANCE</b>	Red Cross certified Lifeguards will be on duty during the conduct of the meet. An AED is available at the facility.
<b>FORMAT</b>	<p>This meet will be swum as a Preliminary / Final Meet for all age groups with the following exceptions: All Relay Events will be swum as a Timed Finals. All 1000 and 1650 Events will be swum as Timed Finals. Fly over starts may be used during the preliminary sessions at the discretion of the meet referee.</p> <p>All timed finals, preliminary and final events will be pre-seeded, except for individual events 400 yards and longer, which will be deck seeded and will require positive check-in at the check-in table located in the foyer immediately outside of the pool entry.</p> <p>The Top 16 swimmers in Prelims will compete in A and B finals.</p>
<b>PARKING</b>	Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium and next to the Natatorium. The University of Louisville controls the parking facility and parking fees. Prelims \$5.00 and no charge for the final sessions.
<b>ADMISSION</b>	No spectator fees. Only 500 spectators admitted per session, per the Fire Marshal.
<b>HOSPITALITY</b>	Hospitality will be offered for coaches and officials during the meet.

### SCORING AND AWARDS

<b>SCORING</b>	Individual Events    16 places – 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 Relay Events            16 places – 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
	Points will not be awarded for any result unless that result meets or is faster than the Qualifying Time for the event.
<b>AWARDS</b>	Championship Medals for 1st through 8th place (individual and relay events) Championship Ribbons for 9th through 16th place High Point Awards to the 1st, 2nd and 3rd place female and male individual in each age group 1st, 2nd and 3rd place for combined 12&U and 13&O team scores will be awarded at the conclusion of the 13&Over championship meet.

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## AWARD CEREMONIES

**AWARD CEREMONIES** The procedure for awards recognition will be explained at the coaches' meeting.

## SOUTHERN ZONE OPEN WATER QUALIFYING MEET

**QUALIFYING EVENTS** Winners of the 15&Over and 13-14 women's and men's 1650 SCY Freestyle events automatically qualify for the 2023 Southern Zone Open Water Championship Meet, June 2-4 at Seven Lakes, NC.

## WARM-UPS AND SCHEDULE

<b>PRELIMS – MORNING SESSIONS FRIDAY, SATURDAY &amp; SUNDAY</b>	<b>FINALS – AFTERNOON SESSIONS FRIDAY, SATURDAY &amp; SUNDAY</b>
Pool Deck Access for Athletes: 6:45 AM Warm-ups: 7:00 AM to 8:20 AM Meet Starts: 8:30 AM	Pool Deck Access for Athletes: 2:45 PM Warm-ups: 3:30 PM to 4:20 PM Meet Starts: 4:30 PM

Cool-down lanes will be provided during all sessions. Coaches are responsible for advising their swimmers to exercise caution in the cool-down lanes to avoid causing injury to themselves and others. Swimmers engaging in dangerous conduct in the cool-down lanes may be subject to being barred from events at the discretion of the meet referee.

## COACHES

**COACHES' MEETING** A mandatory coaches' meeting will be held on Friday morning at 8:20 AM (EST)

**COACH CREDENTIALS** Coaches' credentials should be current and valid. The facility reserves the right to request proof upon entry.

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## ORDER OF EVENTS

SESSION #6 - FRIDAY PRELIMS		
Warm-ups 7:00 AM; start time 8:30 AM		
WOMEN'S	EVENT DESCRIPTION	MEN'S
101	13-14 400 IM	102
103	Open 400 IM	104
105	13-14 200 Free	106
107	Open 200 Freestyle	108
109	13-14 100 Breaststroke	110
111	Open 100 Breaststroke	112
113	13-14 200 Backstroke	114
115	Open 200 Backstroke	116
BREAK		
117	13-14 and Open 1000 Freestyle <sup>1</sup>	118
<sup>1</sup> This is a Timed Final Event. The 13-14 and Open Women's and Men's Events will be swum as combined heats, by gender, but scored separately. The heats will be swum fastest to slowest.		

SESSION #7 - FRIDAY FINALS		
Warm-ups 3:30 PM; start time 4:30 PM		
WOMEN'S	EVENT DESCRIPTION	MEN'S
AWARDS – 1000 Freestyle		
101	13-14 400 IM	102
103	Open 400 IM	104
AWARDS		
105	13-14 200 Freestyle	106
107	Open 200 Freestyle	108
AWARDS		
109	13-14 100 Breaststroke	110
111	Open 100 Breaststroke	112
AWARDS		
113	13-14 200 Backstroke	114
115	Open 200 Backstroke	116
AWARDS		
119	14 & Under 400 Freestyle Relay <sup>2</sup>	120
121	Open 400 Freestyle Relay <sup>2</sup>	122
<sup>2</sup> This is a Timed Final Event.		

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## ORDER OF EVENTS

SESSION #8 - SATURDAY PRELIMS		
Warm-ups 7:00 AM; start time 8:30 AM		
WOMEN'S	EVENT DESCRIPTION	MEN'S
123	Mixed Open 200 Medley Relay <sup>3</sup>	123
124	Mixed 14&U 200 Medley Relay <sup>3</sup>	124
AWARDS - 400 Freestyle Relay and 200 Mixed Relay		
125	Open 100 Butterfly	126
127	13-14 100 Butterfly	128
129	Open 200 Breaststroke	130
131	13-14 200 Breaststroke	132
133	Open 50 Freestyle	134
135	13-14 50 Freestyle	136
137	Open 500 Freestyle	138
139	13-14 500 Freestyle	140
	<sup>3</sup> This is a Timed Final Event.	

SESSION #9 - SATURDAY FINALS		
Warm-ups 3:30 PM; start time 4:30 PM		
WOMEN'S	EVENT DESCRIPTION	MEN'S
125	Open 100 Butterfly	126
127	13-14 100 Butterfly	128
AWARDS		
129	Open 200 Breaststroke	130
131	13-14 200 Breaststroke	132
AWARDS		
133	Open 50 Freestyle	134
135	13-14 50 Freestyle	136
AWARDS		
137	Open 500 Freestyle	138
139	13-14 500 Freestyle	140
AWARDS		
141	Open 400 Medley Relay <sup>4</sup>	142
143	13-14 400 Medley Relay <sup>4</sup>	144
<sup>4</sup> This is a Timed Final Event.		

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## ORDER OF EVENTS

SESSION #10 - SUNDAY PRELIMS		
Warm-ups 7:00 AM; start time 8:30 AM		
WOMEN'S	EVENT DESCRIPTION	MEN'S
145	14&U 200 Medley Relay <sup>5</sup>	146
147	Open 200 Medley Relay <sup>5</sup>	148
149	14&U 200 Freestyle Relay <sup>5</sup>	150
151	Open 200 Freestyle Relay <sup>5</sup>	152
AWARDS		
153	13-14 200 IM	154
155	Open 200 IM	156
157	13-14 100 Freestyle	158
159	Open 100 Freestyle	160
161	13-14 200 Butterfly	162
163	Open 200 Butterfly	164
165	13-14 100 Backstroke	166
167	Open 100 Backstroke	168
BREAK		
169	Open 1650 Freestyle <sup>6</sup>	170
<sup>5</sup> This is a Timed Final Event		

SESSION #11 - SUNDAY FINALS		
Warm-ups 3:30 PM; start time 4:30 PM		
WOMEN'S	EVENT DESCRIPTION	MEN'S
169	Open 1650 Freestyle <sup>6</sup>	170
AWARDS		
153	13-14 200 IM	154
155	Open 200 IM	156
AWARDS		
157	13-14 100 Freestyle	158
159	Open 100 Freestyle	160
AWARDS		
161	13-14 200 Butterfly	162
163	Open 200 Butterfly	164
AWARDS		
165	13-14 100 Backstroke	166
167	Open 100 Backstroke	168
AWARDS		
<sup>6</sup> This is a Timed Final Event. The Open and 13-14 Women's and Men's Events will be swum as combined heats, by gender, but scored separately. The heats will be swum fastest to slowest. <b>The fastest eight entered in both the Women's and Men's Open 1650 yd. Free will swim in finals.</b> There is not an option to swim in the morning if you are in the top eight.		

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## ELIGIBILITY

<b>RULES</b>	The meet will be conducted in accordance with the current USA Swimming Rules and Regulations, and Kentucky Swimming Policy and Rule Handbook, except where rules therein are optional, and exceptions are stated herein. FINA starting procedures will be used. The FINA system, approved by USA Swimming, uses a series of whistles followed by a one-whistle announcement for swimmers. The No Recall Start Rule will also be enforced during this meet.
<b>UNSUPERVISED SWIMMERS</b>	USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warmup, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming's "open border" policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.
<b>SWIMMERS WITH A DISABILITY</b>	<p>Entries for swimmers with a disability should be handled in the following manner:</p> <ol style="list-style-type: none"><li>1. enter the swimmer in the Hy-Tek database (or on the regular entry form);</li><li>2. list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and</li><li>3. provide any information about special accommodations needed by the swimmer using the Swimmers with a Disability Coach and Meet Referee Communication form (see page 14).</li></ol> <p>The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.</p>
<b>QUALIFYING PERIOD</b>	Qualification for any Individual Event with a declared time standard determining eligibility for participation therein, will be determined by the athlete's best official time during the respective Qualifying Period: - 1st day of the prior year Southern Zone Eastern Sectional Spring Meet, March 10, 2022, up to and including Sunday, March 12, 2023.
<b>AGE AT MEET</b>	The age of the athlete on the first day of the meet, March 10, 2023, shall be used to determine event eligibility.
<b>RACING START CERTIFICATION</b>	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## TIME STANDARDS

<b>TIME STANDARDS</b>	<p>Time Standards can be found at <a href="http://kylsc.org">kylsc.org</a>, on the event page and under Times &amp; Awards drop-down menu.</p> <p>With the exception of the 1000 yd. and 1650 yd. freestyle events, participation in an individual event is restricted to those swimmers who have either met or swam faster than:</p> <ol style="list-style-type: none"><li>1. the short course yard (SCY) standard for the event, OR</li><li>2. the short course meter (SCM) standard for the event, OR</li><li>3. the long course meter (LCM) standard for the event during the qualifying period.</li></ol>
<b>1000 &amp; 1650 YD EVENTS</b>	<p>For the 1000 yd. and 1650 yd. freestyle events, participation is restricted to those swimmers who have either met or swam faster than:</p> <ol style="list-style-type: none"><li>1. the SCY standard for the 1000 yd. freestyle; OR</li><li>2. the SCM standard for the 1000 yd. freestyle; OR</li><li>3. the LCM standard for the 1000 yd. freestyle; OR</li></ol>

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4. the SCY standard for the 1650-yard freestyle; OR
5. the SCM standard for the 1650-yard freestyle; OR
6. the LCM standard for the 1650-yard freestyle during the Qualifying Period.

### SWIMMERS WITH A DISABILITY TIME STANDARDS

USAS PARA SWIMMING Motivational Time Standards will be used and can be found at [kylsc.org](http://kylsc.org), on the event page and under the Times & Awards drop-down menu.

### RELAY TIME STANDARDS

There are no time standards for relays. Each team may enter 2 relays per event. Relays must consist of at least two members who have achieved an individual championship time standard. Names must be listed on all relay entries.

## ENTRIES

### ENTRIES

Entries MUST BE RECEIVED electronically (Hy-Tek or SDIF) to the Entry Chair no later than noon (EDT) on Monday, March 13, 2023.

All coaches will receive a team entry report by Monday, March 13<sup>th</sup>, 8pm as a confirmation of their team's entries.

Coaches have until the psych sheet is published/posted (not before noon on the day prior to the start of the meet) to make changes to their entries. After that time, any entries will be considered as Late Entries (see late entries sections).

Handwritten, telephoned, or faxed entries WILL NOT BE ACCEPTED

All swimmers' USA Swimming Registration will be checked against SWIMS, USA Swimming's membership database of registered athletes.

**NOTE:** If a Team does not use *Hy-Tek's Team Manager* or equivalent, then *Win TM II Lite*, downloadable free of charge from *Hy-Tek's* website, should be used to prepare entries.

**A hard copy listing of team entries, a signed Summary/Waiver form (see page 13), and a check for all entry fees must be submitted before the coaches meeting on the first day of the meet.**

**Make checks payable to Cardinal Aquatics.**

### RELAY ENTRIES

Relay entries do require that relay names be enumerated. A RELAY-ONLY SWIMMER MUST BE ENTERED IN AT LEAST ONE RELAY TO BE ENTERED IN THE MEET. The sole purpose of this requirement is to enter the relay only swimmer in the meet. If a swimmer competes on a relay and was not entered in the meet, the relay will be disqualified and a \$100 fine for each infraction will be billed to their team. No swimmers will be added to the meet after the start of the meet.

Each relay must consist of at least two members who have achieved an individual championship standard.

Mixed Gender Relays must have two female and two male athletes entered in the event.

To facilitate the running of the meet, coaches are REQUIRED to include relay names on their electronic entries.

Coaches will still have the right to make changes up to the start of the race.

### BONUS EVENTS

Eligible swimmers with one state cut are eligible for two bonus events.

Eligible swimmers with two state cuts are eligible for one bonus event.

Eligible swimmers with three or more state cuts are not eligible for bonus events.

Bonus events may not be longer than 200 yards.

### ENTRY INSTRUCTIONS

You must check the BONUS box when entering a bonus event in the TM file.

A swim time is required using time from a USAS sanctioned, observed, or approved meet.



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<b>ENTRY FEES</b>	\$7.00 for each individual event (\$5.00 splash fee + \$2.00 KYLSC fee)
<b>SURCHARGES</b>	\$14.00 for each relay event (\$10.00 splash fee + \$4.00 KYLSC Surcharge). \$3.50 per swimmer KYLSC Surcharge. \$25.00 per swimmer Facility Surcharge. There will be no refund of entry fees.
<b>ENTRY LIMITS</b>	Each swimmer may enter 3 eligible Individual Events on each day of the meet. 13 & Over swimmers are limited to 9 combined events and three relays for the combined championship. 12 & Under swimmers are limited to 2 relays. Swimmers can be aged up into an Open relay, as long as they have not swum the maximum allowed relay events for the whole age group championship. Teams will be limited to 2 relays per relay event.
<b>LATE ENTRIES</b>	Late entries will be sent to the entry chair at <a href="mailto:entries@kylsc.org">entries@kylsc.org</a> .  Late entries or changes will be sent within the body of an email including the following: Athlete's name, event, age group and entry time.  Provided that the entry has a provable entry time, any entry received after the Entry Deadline may be accepted up until the psych sheet is posted.  Any entries or changes submitted after the Entry Deadline (publication of the psych sheet), will be subject to a fine as described below. Adding a swimmer - double the surcharge per athlete Adding an event to a swimmer's entries - double the event splash fee for each additional individual event Adding a relay - double the relay splash fee for each additional relay  Late entries after the psych sheet is posted and up until the start of first warm-ups of the meet on Friday, March 17, 2023, will be subject to availability and at the discretion of the meet referee and will be assessed the late entry fee. No heats will be added in order to add a late swimmer.  <b>THERE WILL BE NO ENTRIES ACCEPTED AFTER THE COMMENCEMENT OF THE MEET WHICH HAS BEEN DEFINED AS THE START OF THE WARM-UP ON THE FIRST DAY OF COMPETITION.</b>
<b>SEED TIMES</b>	The entered time should be the swimmer's best short course yard (SCY) time during the Qualifying Period provided that the time meets or is faster than the SCY time standard for that event.  If the swimmer does not have a SCY qualifying time but is otherwise qualified to swim the event (e.g., has the SCM or LCM qualifying time), then the entered time will be that of the SCM or LCM non-conforming time.  For long distance events where the swimmer is entered in an event with no entry time, the LCM standard will be used for that event (e.g., has the 1650 SCY qualifying time, and is entered in the 1000 but has no entry time).  Bonus events will be seeded last. Relay times should be entered in their best aggregate time.
<b>SEEDING ORDER</b>	All non-conforming seed times shall be seeded after the seeding has been done for conforming times and nonconforming seed times shall not be seeded ahead of any conforming time. A "conforming" time is defined as one from a swim which matches the pool setup for the meet. A "non-conforming" time is one from a swim swum in a pool setup other than that for which the meet is being conducted. Conforming times for the Kentucky Swimming Short Course Championship Meet must be from 25yard pools. All times from other length pools will be considered non-conforming times. The seeding order is: <ol style="list-style-type: none"><li>1. Short Course Yard (SCY)</li><li>2. Short Course Meters (SCM)</li><li>3. Long Course Meters (LCM)</li><li>4. Non-conforming SCY (distance events)</li></ol>

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5. Non-conforming SCM (distance events)
6. Non-conforming LCM (distance events)
7. Bonus Events Short Course Yards (SCY)
8. Bonus Events Short Course Meters (SCM)
9. Bonus Events Long Course Meters (LCM)

- 1000 & 1650** All Open and 13-14 Women’s and Men’s 1000 yd. and 1650 yd. Freestyle events will be swum as combined heats, by gender, but scored separately. The heats will be swum fastest to slowest.
- PRELIM SEEDING** For Prelim Competition, the fastest 3 heats will be circle-seeded.  
For the 400 IM and the 500 Free, the fastest 2 heats will be circle-seeded.
- RELAY CARDS** Relay cards will be distributed in each team’s meet packet. Each relay team is responsible for delivering their completed relay cards to the Scorers’ Table at a time to be announced prior to the start of the heat. At that time the relay card must clearly indicate, in the appropriate order, the four swimmers who will compete. Two of the swimmers on each relay must have been entered into the meet in at least one individual event. Failure to do so will result in the relay being disqualified. To facilitate the running of the meet, coaches are required to include relay names on their electronic entries, but still have the right to make changes up to the start of the race providing it meets the relay entry requirements.
- PROOF OF TIME** Results used to prove time must be from USA sanctioned, approved or observed competitions. Competition must take place during the Qualifying Period for this meet. Each individual entry Seed Time will be verified using the USA Swimming SWIMS database. It is the coaches’ responsibility to make sure that their athletes’ times are entered in the SWIMS database and are correct official times. Proof of Seed Time must be furnished when requested by the Entry Chair.  
All late entries must have validated times prior to entry into the meet.
- POSTINGS** Entries will be posted on the Kentucky Swimming website in two forms:
1. Entry List, sorted first by team and then by athlete, showing entries for each athlete.
  2. A Psych Sheet, sorted by event number with entries for each event sorted in rank order, and Psych sheet will not be posted before noon (EDT) March 16th.

**REGARDLESS OF ENTRIES SUBMITTED AND/OR INPUT ERROR,  
IT IS THE COACHES’ RESPONSIBILITY TO ENSURE THE SWIMMERS ARE IN THE CORRECT EVENTS.**

### CHECK-IN

**Positive Check-In is required for Individual Events 400 yards or greater.**

- CHECK-IN SHEETS** Check-in sheets for Individual Events 400 yards and greater, for each Prelim, Finals, or Timed Final session will be posted at the positive check-in table located in the foyer immediately outside of the pool entry.
- CHECK-IN SCHEDULE** Each swimmer is responsible for positively checking-in for individual events prior to the designated time. Deadlines for check-in will be announced at the swimming venue. Initials of athlete and/or coach signing in athlete will be required on the sign-in sheet.

**SWIMMERS ARE NOT ENTERED IN THE EVENTS UNTIL THEY HAVE CHECKED-IN. IT IS THE COACHES’ RESPONSIBILITY TO MAKE ARRANGEMENTS TO CHECK IN HIS/HER SWIMMERS BY THE DESIGNATED TIME**

### SCRATCHES

- SCRATCH PROCEDURE** Using the Check-In Sheets:  
To Scratch a swimmer from a Session - CLEARLY draw a line through the SWIMMERS’ NAME and all events scratched.  
To scratch a swimmer from an Event - Clearly draw an “X” through the EVENT NUMBER next to the swimmers’ name.

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### RE-INSERTING SCRATCHED SWIMMERS

If a swimmer who has been scratched from a Preliminary or Timed-Final event shows up to compete, that swimmer should report in person to the Meet Referee. At the sole discretion of the Meet Referee, the swimmer may be allowed to compete.

NO ADDITIONAL HEATS WILL BE ADDED

### NO SHOWS

#### FAILURE TO COMPETE IN PRELIMS OR TIMED-FINALS

Swimmers entered in an individual preliminary or timed-final event that is seeded on deck, in whole or in part, who have checked in for that event, must swim in the event unless they notify the meet referee before the seeding for that event has begun, that they wish to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual preliminary event in which they are entered.

#### FAILURE TO COMPETE IN FINALS

Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from his/her next individual event in prelims, except as noted below.

In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

Where consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

If a consolation final has already been contested, the companion final shall swim without reseeding for the empty lane(s).

No penalty shall apply for failure to withdraw or compete in an individual event if:

- a. The Referee is notified in the event of illness or injury and accepts the proof thereof.
- b. Swimmers qualifying for a consolation final or final race following preliminaries notify the Referee within 30 minutes after announcement of the qualifiers for that final race that they may not intend to compete and further declares his final intentions within 30 minutes following his last individual preliminary event.
- c. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

#### FAILURE TO APPEAR FOR LAST SCHEDULED EVENT

The club of any athlete or relay failing to appear for the final of a Timed Final Event or Preliminary/Final Event, at a Kentucky Swimming State Championship Meet, who has failed to scratch from the event prior to the scratch deadline, on the athletes' or relays' last scheduled day of participation in the meet shall be fined \$25.00.

#### DECLARED FALSE START

In a preliminary event not requiring positive check in, swimmers reporting to the Referee prior to the start of their race and declaring their intent not to compete will be disqualified as a Declared False Start. Swimmers may not declare a false start at finals.

### TIME TRIALS

#### AVAILABILITY

Time Trials will be conducted on a time available basis for swimmers participating in the meet.

#### ELIGIBILITY

A swimmer **MUST BE ENTERED IN AN INDIVIDUAL OR RELAY EVENT** to be eligible to participate in a Time Trial.

#### TIME TRIAL SCHEDULE

Time Trials shall be swum following prelims each day, but, at the Meet Referee's discretion, may be swum before the 1000- and 1650-yard freestyle events, in the order listed under Order of Events as follows:

1. Friday            Friday's events, followed by Saturday's events, followed by Sunday's events.
2. Saturday        Saturday's events, followed by Sunday's events, followed by Friday's events.
3. Sunday           Sunday's events, followed by Friday's events, followed by Saturday's events.

# 2023 KENTUCKY SWIMMING SHORT COURSE STATE CHAMPIONSHIP

Sponsored by Swimville USA, Speedo & Hasty Awards

## 13 & OVER DIVISION – March 17-19, 2023

<b>ENTRY PROCEDURE</b>	Athletes or coaches interested in a time trial must complete a Time Trial Form, which is available at the computer table, and submit it to the official designated at the coaches meeting. Payment must be submitted at the time of the request.
<b>ENTRY LIMIT</b>	A swimmer is limited to a maximum of two (2) Time Trial Events during the course of the Championship Meet.  In a meet where a combination of preliminary and final events and timed finals are scheduled, a swimmer may compete in not more than three (3) individual events per day, unless entered exclusively in timed final events that day.
<b>ENTRY FEE</b>	Time Trial Entry Fee is \$20.00 per event; payable when the Time Trial request is declared.

### OFFICIALS

<b>OFFICIALS' JOB SIGNUP</b>	USA Swimming certified officials are welcome to officiate at this meet. Please sign up on the KYLSC website, <a href="http://kylsc.org">kylsc.org</a> , at least one week prior to the start of the meet. Officials should be prepared to present their credentials to the Meet Referee at the start of each session.  Questions or concerns can be sent to the Meet Referee or the KYLSC official's chair.
<b>OFFICIALS' MEETING</b>	There will be an Officials' meetings 1 hour prior to the start of each session in the hospitality room.
<b>EVALUATION FOR NATIONAL CERTIFICATION</b>	The Kentucky Swimming Short Course State Championship, 13 & Over Division, is scheduled to be an "Official's Qualifying Meet (OQM)" for officials seeking evaluation for national advancement at N2 (except AO) and N3 (only Stroke & Turn) pending evaluator availability.  Officials who are interested in being evaluated for national certification should send a request to the KYLSC Officials Chair, Becky Gilpatrick, at <a href="mailto:becky.jo.gil@gmail.com">becky.jo.gil@gmail.com</a> .

### TIMERS and COUNTERS

<b>TIMED FINAL, PRELIM, AND FINALS</b>	Competing teams must supply lane timers. The number of timers per team will be assigned proportionately based on the number of swimmers in a session. It is the responsibility of the team assigned the timing detail to provide any necessary relief timer(s).
<b>1000 &amp; 1650 FREE</b>	For the 1000 yd. and 1650 yd. Freestyle, each swimmer shall provide his/her own timer and counter.

# 2023 KENTUCKY SWIMMING SHORT COURSE STATE CHAMPIONSHIP

Sponsored by Swimville USA, Speedo & Hasty Awards

13 & OVER DIVISION – March 17-19, 2023

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH COVID

## SUMMARY/WAIVER FORM

THIS PAGE MUST BE COMPLETED AND RETURNED BY THE STATED DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.

WAIVER: In consideration for the acceptance of this entry, I / We hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release any and all claims against USA Swimming Inc (USAS), Kentucky Swimming Inc (KYLSC), Cardinal Aquatics and the University of Louisville for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet. I/We are bonafide members of United States Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I / we have entered.

Club Representative	Title	Club	
Email		Phone	
Club Address	City	State	Zip

### Recap of Entries

<b>Individual Entries</b> <i>\$5 splash fee + \$2 KYLSC fee</i>	_____	x	\$7.00	=	\$ _____
<b>Relays</b> <i>\$10 splash fee + \$4 KYLSC fee</i>	_____	x	\$14.00	=	\$ _____
<b>Swimmer Surcharge</b> <i>\$25.00 facility surcharge \$3.50 KYLSC surcharge</i>	_____	x	\$28.50		_____
			<b>TOTAL</b>	\$	_____

Make checks payable to Cardinal Aquatics

**No entrant will be permitted to compete unless the entrant is a member as provided in Article 302 Held under the sanction of USA Swimming**

# 2023 KENTUCKY SWIMMING SHORT COURSE STATE CHAMPIONSHIP

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13 & OVER DIVISION – March 17-19, 2023

Swimmers with a Disability Coach and Meet Referee Communication

2023 KENTUCKY SWIMMING SC STATE CHAMPIONSHIP 13 & Over

MEET

DATE

CLUB

COACH

EMAIL or PHONE #

Swimmer	Age Group	Event	Session	Necessary Accommodation

Examples of Necessary Accommodations (but not limited to)

- Take longer to get to blocks
- In the water start
- Have an assistant at the block
- Longer to get out of the pool
- Ask to see if a mat can be placed at lane getting in and out of the pool
- 1 layer of towel on the blocks at the start
- Hand signals for the start
- Any stroke movement(s) that are different from technical rules & regulations of USA-S swimming