

2023 PST Circuit: Luck

HOSTED BY THE PADUCAH SWIM TEAM

March 25, 2023

Age Group and Senior Open – Short Course Yards (SCY)

SANCTION NUMBER #KYSC23-PST03

Date: March 25, 2023

Location: The Paducah Athletic Club, 115 Lebanon Church Rd, Paducah, KY 42003. Entrance in rear (gravel lot).

Facility: The competition pool is an eight (8) lane, 25-yard pool. Pool depth at start end measures 5'6" and depth at turn end measures 4'. An additional therapy pool will be available for warm up and cool down. Daktronics timing system and 6-line scoreboard. The competition course has not been certified in accordance with 104.2.2C(4).

Three (3) changing rooms and a Men's and Women's restroom are located on the deck. Men's and Women's locker rooms are located off the pool deck but will not be accessible to parents and spectators during the meet.

Conduct: The meet will be conducted according to current USA Swimming Rules and Minor Athlete Abuse Prevention Policy

Meet Director: Jordan Wessels jordan.wessels@outlook.com 319-290-8305

Entry Chair: Jordan Wessels jordan.wessels@outlook.com 319-290-8305

Meet Referee: Linda Abner linda.abner@midwestblock.com 270-210-4368

Safety Dir. Jordan Wessels jordan.wessels@outlook.com 319-290-8305

Time:	Session	Format	Warmups*	Competition*
	1: Saturday Morning	Timed Finals	9:00 AM	9:30 AM

*Warmup/Competition start times may change at the meet director's discretion. Teams will be notified on 3/23.

Entry Fees: Per Swimmer Surcharge \$7.50
Make checks payable to Paducah Swim Team

Entries:

1. Age is as of the first day of the meet, 3/25/2023.
2. Swimmers may enter up to four (4) individual entries
3. Seed times must be entered for all events and in short course yards (SCY). If the swimmer has no official time coaches should enter a seed time that best reflects the ability of the swimmer.
4. All entries **MUST BE RECEIVED ELECTRONICALLY** (Hy-Tek/SDIF) to the Entry Chair (jordan.wessels@outlook.com)
5. A signed waiver form and a check of all fees must be hand delivered at check in. **DO NOT MAIL CHECKS**. Check should be made payable to Paducah Swim Team.

Entry Deadline:

1. Electronic entries will be accepted starting at 1:00 PM (CDT) on Sunday, March 12th
2. Entries will not be accepted by phone, fax, or snail mail
3. Entries will be confirmed via email
4. Electronic entries due no later than 11:59 PM (CDT) on Thursday, March 23rd
5. Entries become confirmed at that time and each team is responsible for their fees.
6. Changes or scratches after the deadline and prior to the meet do not relieve a team of the responsibility to pay for confirmed entries
7. Event changes will be allowed if space permits

Late Entries:

1. Any entries received and accepted after the deadline will be considered late.
2. Late entries will need to be received by 12:00 PM (CDT) Friday, March 24th by email to the entry chair to be seeded into the program.
3. Late entries after the deadline will be accepted in person at the meet only if an empty lane is available.
4. Late entry fees are \$15 per individual event.
5. Swimmers not already in the meet will be required to pay the swimmer surcharge and show proof of USA athlete membership

Swimmers with a Disability: Entries for swimmers with a disability should be handled in the following manner:

1. Enter the swimmer in the Hy-Tek database

2. List in the email accompanying the Hy-Tek entry file the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the way s/he prefers to be seeded (with a longer distance or with a different age group)
3. Provide any information about special accommodations needed by the swimmer.
4. Final determination of seeding will be made by the Meet Referee after consultation with swimmer and coach.

Positive Check In: Swimmers who do not check in by the deadline will be scratched and only allowed to reenter if there are empty lanes available.

Scratches: The following are the scratch deadlines:

<u>Session</u>	<u>Scratch Deadline</u>
Session 1 Saturday morning	7:00pm on Friday 3/24

Warmups:

1. Coaches must maintain contact with their swimmers during warmup.
2. All entry into the pool for warmup is feet first.
3. There is no diving during warmup except in designated lanes.
4. The pool will be cleared ten (10) minutes prior to competition.

Meet Operation:

1. Session 1 events will be pre-seeded
2. To facilitate meet operations, events and genders may be combined at the meet director's discretion. Combined events will be separated for results and awards. Other combinations may be made.
3. 25 yard events will begin at the turn end of the pool from the edge of the deck.
4. Breaks can be added at any point during the meet at the meet director's discretion

Programs: Programs can be found on Meet Mobile and the PST website. Programs will NOT be on sale at the meet.

Awards: Ribbons for 1st through 16th. Age groups will be as follows: 8&U, 9-10, 11-12, 13-14, and 15&O

Results: Electronic results will be provided to all teams participating in the meet. Results will also be posted on the KYLSC website.

Hospitality: Coaches and officials' hospitality will be provided at the meet.

Concessions: Concessions will be available during the meet.

Parking: Parking is permitted in the gravel lot on the north and west side of the Paducah Athletic Club. There is no parking allowed on the asphalt lot.

MAAPP: All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Coaches: Only currently registered USA Swimming coach members will be permitted on deck in designated areas. Each coach must sign in at the head table to verify that all certifications are current and on file. Deck Pass is acceptable proof of membership. There will be a coach's meeting thirty (45) minutes prior to the start of session 1 competition. Additional meetings will be held if needed.

Officials: Anyone that is a USA Swimming certified official is welcome and encouraged to join the Kentucky Swimming officials in officiating this meet. Please contact the meet director in advance of the meet, if possible, to let them know of your availability. The meet director's contact information is listed above. We are also looking for anyone that is interested in becoming an official. For more information, please contact the meet director.

All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming or other FINA-member organization. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must be members of USA Swimming

Parents: Spectators will be allowed in the venue. Limited bleacher seating. Bring a bag chair for deck seating.

Athletes:

1. Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming "open border" policy.
2. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Unsupervised Swimmers: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warmup, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming's "open border" policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering

swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

Safety Prsnl: There will be no safety or medical personnel provided. An AED is available in the facility.

Deck Changing: Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Recording Devices: The use of audio and/or video recording devices, including cell phones, are not permitted in changing areas, restrooms, or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in designated areas is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Drugs: The use of any alcohol, tobacco products, or drugs is not permitted anywhere in the swimming venue.

Events:

Saturday Morning Timed Finals - Session 1			
Warmup: 9:00 AM - Competition: 9:30 AM			
Girls	Event		Boys
1	8 & Under	50 Free	2
3	9-10	50 Free	4
5	11-12	50 Free	6
7	13-14	50 Free	8
9	15 & Over	50 Free	10
11	8 & Under	25 Fly	12
13	10 & Under	50 Fly	14
15	11-12	50 Fly	16
17	13-14	100 Fly	18
19	15 & Over	100 Fly	20
21	8 & Under	25 Back	22
23	10 & Under	50 Back	24
25	11-12	50 Back	26
27	13-14	100 Back	28
29	15 & Over	100 Back	30
31	8 & Under	25 Breast	32
33	10 & Under	50 Breast	34
35	11-12	50 Breast	36
37	13-14	100 Breast	38
39	15 & Over	100 Breast	40
41	8 & Under	25 Free	42
43	10 & Under	100 Free	44
45	11-12	100 Free	46
47	13-14	100 Free	48
49	15 & Over	100 Free	50
51	8 & Under	100 IM	52
53	9-10	100 IM	54
55	11-12	200 IM	56
57	13-14	200 IM	58
59	15 & Over	200 IM	60

ENTRY / WAIVER FORM

THIS PAGE MUST BE COMPLETED AND RETURNED BY THE STATED DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.

WAIVER: I / we hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release from any and all liabilities and claims against USA Swimming, Inc., Kentucky Swimming, Inc., the Paducah Athletic Club and staff, and the Paducah Swim Team for injuries and / or expenses incurred by me / us at the meet and / or while traveling to and from the meet. *I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A CURRENT REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.*

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND KENTUCKY SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SIGNATURE _____

TITLE _____

TEAM _____

CLUB CODE _____

PHONE _____

TEAM ADDRESS _____

CITY _____

STATE _____

ZIP CODE _____

ENTRY SUMMARY

_____ Swimmers Entered x \$7.50 = \$ _____

TOTAL = \$ _____

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302

Held under the sanction of USA Swimming