

March 8, 2024 - March 10, 2024

Sponsored by Swimville USA & Speedo

SANCTION Sanction of USA Swimming, Inc., issued by Kentucky Swimming, Inc.

#KYSC24-STATE01 & Time Trial Sanction # KYSC24-STATE01TT

FORMAT The Kentucky Swimming Championship Meets are closed KYLSC swim meets. Any KYLSC registered club or KYLSC

USA SWIMMING athlete member (in good standing) may participate provided the athlete member(s) meets the

event eligibility requirement for the given meet.

HOST Kentucky Swimming, Inc HOME TEAM Triton Swimming

MEET PERSONAL

MEET DIRECTOR

Susan Vlahos: sdvlahos@hotmail.com Kris Humphries: entries@kylsc.org

ENTRY CHAIR

MEET REFEREE

Eric Bunnell: ebunnell@kfg.com

FACILITY Genesis Blairwood Club

9300 Blairwood Access Way, Louisville KY

The facilities consist of a 17 lane, 25-yard indoor competition pool ranging in depth from 5-12 feet. Ten Lanes will be used for preliminary competition and eight lanes for finals. The competition course has 8-foot-wide lanes marked by continuous lane lines and Paragon starting blocks. An additional 7 lane 25-meter indoor pool is available for continuous warm-up / warm-down. The competition course has not been certified in accordance with 104.2C(4).

RESTROOMS & LOCKER ROOMS

Outdoor restrooms will be available to athletes only. The indoor restrooms located inside the building down the hallway by the restaurant will be available to coaches, officials, and spectators.

USAS SAFE SPORT

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

All Adult Participants participating in or associated with this meet acknowledge that they are subject to the provisions of USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP), and that they understand that compliance with the MAAPP is a condition of participation in the conduct of this competition.

MAAPP best practices will govern the conduct of this meet.

For athlete protection, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks. Such devices being used in these restricted areas will be subject to confiscation.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection from the facility.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9 J

BULLYING

All participants and competitors shall follow the U.S. CENTER for SAFESPORT rules for bullying. Violations will be grounds for removal of member from the facility.

SAFETY GUIDELINES

- 1. Only Competitors, coaches, officials and authorized meet workers will be allowed on deck.
- 2. Spectators will be allowed on deck to access spectator seating only.
- 3. Coaches' credentials should be current and valid. The facility reserves the right to request proof upon entry
- 4. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures.
- 5. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.



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- 6. Coaches shall actively supervise their swimmers throughout the warm-up session.
- 7. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
- 8. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
- 9. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.

Appointed safety marshals have the authority to remove from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines or warm-up procedures.

THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.

SAFETY MARSHALS

Safety marshals will be in place for warm-ups and during the meet to ensure the safety of the swimmers. Duties will include safe deck practices, traffic flow, safety during warm-ups/diving restrictions, and locker room/restroom checks.

MEDICAL ASSISTANCE Red Cross certified lifeguards will be on duty during the conduct of the meet. An AED is available on deck.

ADMISSION No spectator fees.

LIVE STREAM Live Streaming is available.

HOSPITALITY Hospitality will be offered for coaches and officials during the meet.

CONCESSIONS Concessions will be available for participants and spectators.

FORMAT

This meet will be swum as a Preliminary / Final Meet for all age groups. The Top 16 swimmers in Prelims will compete in A and B finals with the following exceptions:

- · Friday Events will be swum as Timed Finals.
- · All Relay Events will be swum as Timed Finals.
- 11-12 200 yard breaststroke and butterfly will be swum as Timed Finals with the Top 8 swimming at finals.

Check-in sheets for the 500 yard Free for Prelim, Finals, or Timed-Final session will be posted on a table by the entrance to the bubble.

Fly over starts may be used during the preliminary sessions.

SWIMMERS WITH A DISABILITY

SWAD

All swimmers with a disability (SWADS) must satisfy the definition of a disability as outlined in the USA Swimming Rules and Regulations, Article 105.1.1

TIME STANDARDS

USAS PARA SWIMMING Motivational Time Standards for an LSC will be used and can be found at kylsc.org, on the event page and under the Times & Awards drop-down menu.

FINALS

Swimmers with a disability will compete in prelims with able-bodied athletes. They may have a separate single championship heat at finals that will be contested prior to the able-bodied Championship heat.

ENTRIES

Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and/or registered service animals, or preferences for seeding or lane placement, must provide advance notice in writing, accompanying their meet entry file, to the Meet Referee by the entry deadline

Accommodation and modification requests for swimmers with disabilities should be submitted on the attached "Swimmers with a Disability Coach and Meet Referee Communication" form.

Entries for swimmers with a disability should be handled in the following manner:

- 1. Enter the swimmer in the Hy-Tek database (or in the regular entry form);
- 2. List in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and



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Provide any information about special accommodations and modifications needed by the swimmer using the Swimmers with a Disability Coach and Meet Referee Communication form (see page 12). It is the responsibility of the swimmer, or his/her coach, to inform the Meet Referee of any disability related accommodations/modifications he/she may need to compete. This information must be given in advance of the meet by the entry deadline. Failure to provide advance notice may limit the meet referee's ability to accommodate any requests.

SCORING AND AWARDS

SCORING Individual Events: 16 places - 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

> **Relay Events:** 16 places - 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Points will not be awarded for any result unless that result meets or is faster than the Qualifying Time for the

event.

AWARDS Championship Medals for 1st through 8th place (individual and relay events)

Championship Ribbons for 9th through 16th place

High Point Awards to the 1st, 2nd and 3rd place female and male individual in each age group

1st, 2nd and 3rd place for combined 12&U and 13&O team scores will be awarded at the conclusion of the

13&Over championship meet.

Awards earned by place (medals/ribbons) will be awarded regardless of time achieved.

CEREMONIES The procedure for awards recognition will be explained at the coaches' meeting.

2024 SOUTHERN ZONE OPEN WATER QUALIFYING MEET

Winners of the 11-12 girls and boys 500 SCY Freestyle events automatically qualify for the 2024 Southern Zone QUALIFYING EVENTS

Open Water Championship Meet, May 31 – June 4, at Barren River Lake, KY.

WARM-UPS AND SCHEDULE

ASSIGNMENTS

Teams will be assigned to lanes based on the number of entered swimmers. Smaller teams will need to share lanes. Larger teams should be prepared to divide the warm-up time and space according to need.

FRIDAY FINALS	SATURDAY & SUNDAY PRELIMS – MORNING SESSIONS	SATURDAY & SUNDAY FINALS – AFTERNOON SESSIONS		
Pool Deck Access for Athletes: 3:45 PM Warm-ups: 4:00 PM to 4:50 PM Meet Starts: 5:00 PM	Pool Deck Access for Athletes: 7:15 AM Warm-ups: 7:30 AM to 8:10 AM 8:10 AM to 8:50 AM Meet Starts: 9:00 AM	Pool Deck Access for Athletes: 3:45 PM Warm-ups: 4:00 PM to 4:50 PM Meet Starts: 5:00 PM		

COOL DOWN

TECHNICAL

Cool-down lanes will be provided during all sessions. Coaches are responsible for advising their swimmers to exercise caution in the cool-down lanes to avoid causing injury to themselves and others. Swimmers engaging in dangerous conduct in the cool-down lanes may be subject to being barred from events at the direction of the meet referee.

COACHES

COACH CHECK IN Coaches will check in at the Guard Shack located near the entry gate accessed from the side parking entrance.

A mandatory coaches' meeting will be held on the first day of the meet, 20 minutes prior to the start of the **MEETING** competition.

DECK ACCESS Coaches' credentials should be current and valid. The facility reserves the right to request proof upon entry.



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ORDER OF EVENTS

SESSION #1 FRIDAY TIMED FINALS					
Warm-ups 4:00 PM; start time 5:00 PM					
GIRLS	GIRLS EVENT DESCRIPTION BOY				
1	11-12 200 Backstroke 2				
	AWARDS				
3	10&U 200 IM 4				
5	5 11-12 200 IM 6				
AWARDS					
7 10&U 200 Freestyle 8					
AWARDS					
9	9 11-12 500 Freestyle 10				
AWARDS					

SESSION #2 SATURDAY PRELIMS					
V	Warm-ups 7:30 AM; start time 9:00 AM				
GIRLS	IRLS EVENT DESCRIPTION BOYS				
15	11-12 200 Breaststroke ¹ 16				
17	10&U 50 Freestyle	18			
19	11-12 50 Freestyle	20			
21	10&U 100 Butterfly	22			
23	11-12 100 Butterfly	24			
25	10&U 50 Breaststroke 26				
27	11-12 50 Breaststroke 28				
29	9 10&U 100 Backstroke 30				
31	31 11-12 100 Backstroke 32				
33	33 11-12 200 Freestyle 34				
BREAK					
35	35 10&U Mixed 200 Medley Relay ¹ 35				
36	36 11-12 Mixed 200 Medley Relay ¹ 36				
MEDLEY RELAY AWARDS					
¹ This is a Timed Final Event.					

200 Breaststroke: Top 8 competes at Finals

SESSION #3 SATURDAY FINALS					
Warm-ups 4:00 PM; start time 5:00 PM					
GIRLS	EVENT DESCRIPTION BOYS				
11	11 10&U 200 Freestyle Relay ² 12				
13	12&U 200 Freestyle Relay ²	14			
	AWARDS				
15	11-12 200 Breaststroke ²	16			
	AWARDS				
17	10&U 50 Freestyle	18			
19	11-12 50 Freestyle	20			
	AWARDS				
21	21 10&U 100 Butterfly 22				
23 11-12 100 Butterfly 24					
AWARDS					
25 10&U 50 Breaststroke 26		26			
27 11-12 50 Breaststroke 28					
	AWARDS				
29	10&U 100 Backstroke	30			
31	31 11-12 100 Backstroke 32				
AWARDS					
33	33 11-12 200 Freestyle 34				
AWARDS					
² This is a Timed Final Event					



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ORDER OF EVENTS

SESSION # 4 SUNDAY PRELIMS					
Warm-ups 7:30 AM; start time 9:00 AM					
GIRLS	GIRLS EVENT DESCRIPTION BO				
37	11-12 200 Butterfly ³ 38				
39	10&U 100 Freestyle	40			
41	11-12 100 Freestyle	42			
43	10&U 50 Butterfly	44			
45	45 11-12 50 Butterfly 46				
47	10&U 100 Breaststroke 4				
49	11-12 100 Breaststroke				
51 10&U 50 Backstroke					
53 11-12 50 Backstroke 54					
55 10&U 100 IM 56					
BREAK					
57 12&U 200 Medley Relay ³ 5					
59 10&U 200 Medley Relay ³ 60					
AWARDS – 200 Medley Relays					
³ This is a Timed Final Event					

200 Butterfly: Top 8 compete at Finals

SESSION #5 SUNDAY FINALS					
Warm-ups 4:00 PM; start time 5:00 PM					
GIRLS	GIRLS EVENT DESCRIPTION BOY				
37	37 11-12 200 Butterfly ⁴ 38				
	AWARDS				
39	10&U 100 Freestyle	40			
41	11-12 100 Freestyle	42			
	AWARDS				
43	10&U 50 Butterfly	44			
45 11-12 50 Butterfly 46					
AWARDS					
47 10&U 100 Breaststroke 48					
49 11-12 100 Breaststroke 50					
AWARDS					
51	10&U 50 Backstroke	52			
53 11-12 50 Backstroke 54					
AWARDS					
55 10&U 100 IM 56					
AWARDS					
	⁴ This is a Timed Final Event				

ELIGIBILITY

RULES

The meet will be conducted in accordance with the current USA Swimming Rules and Regulations, and Kentucky Swimming Policy and Rule Handbook, except where rules therein are optional, and exceptions are stated herein. World Aquatics starting procedures will be used. The World Aquatics system, approved by USA Swimming, uses a series of whistles followed by a one-whistle announcement for swimmers. The No Recall Start Rule will also be enforced during this meet.

UNSUPERVISED ATHLETES

USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.

Swimmers participating under the provisions of 202.6 or USA Swimming's "open border" policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes.

Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

QUALIFYING PERIOD

Qualification for any Individual Event with a declared time standard determining eligibility for participation therein, will be determined by the athlete's best official time during the respective Qualifying Period: - 1st day of the prior year Southern Zone Eastern Sectional Spring Meet, March 9, 2023, up to and including Sunday, March 3, 2024.



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AGE AT MEET RACING START CERTIFICATION

The age of the athlete on March 8, 2024, shall be used to determine event eligibility for all athletes.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member/coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

TIME STANDARDS

TIME STANDARDS

Time Standards can be found at kylsc.org, on the event page and under Times & Awards drop-down menu.

Participation in an individual event is restricted to those swimmers who have met or swam faster than:

- 1. the short course yard (SCY) standard for the event, OR
- 2. the short course meter (SCM) standard for the event, OR
- 3. the long course meter (LCM) standard for the event during the Qualifying Period.

200 BACKSTROKE, BREASTROKE & BUTTERFLY EVENTS

11-12 athletes achieving the 100 SCY/SCM/LCM time standard in backstroke, breaststroke and butterfly also qualify to swim the 200 of the same stroke.

Entry Time: Use the 200 SCY standard for that event.

BONUS EVENTS

- Eligible swimmers with one state cut are eligible for two bonus events.
- Eligible swimmers with two state cuts are eligible for one bonus event.
- Eligible swimmers with three or more state cuts are not eligible for bonus events.
- · Bonus events may not be longer than 200 yards.

RELAYS

There are no time standards for relays.

ENTRIES

ENTRIES

Entries MUST BE RECEIVED electronically (Hy-Tek or SDIF) to the Entry Chair no later than noon (EDT) on Monday, March 4, 2024.

All coaches will receive a team entry report by Monday, March 4th, 8pm as confirmation of their team's entries. Coaches have until the psych sheet is published/posted (not before noon on the day prior to the start of the meet) to make changes to their entries. After that time, any entries will be considered as Late Entries (see late entries section)

Handwritten, telephoned, or faxed entries WILL NOT BE ACCEPTED. All swimmers' USA Swimming Registration will be checked against USA Swimming's membership database of registered athletes.

NOTE: If a Team does not use *Hy-Tek's Team Manager* or equivalent, then Win *TM II Lite*, downloadable free of charge from *Hy-Tek's* website, should be used to prepare entries.

A hard copy listing of team entries, a signed Summary / Waiver form (attached) and a check for all entry fees must be submitted before the coaches' meeting on the first day of the meet. Please make checks payable to Triton Swimming

RELAY ENTRIES

Relay entries do require that relay names be enumerated. A RELAY-ONLY SWIMMER MUST BE ENTERED IN AT LEAST ONE RELAY TO BE ENTERED IN THE MEET. The sole purpose of this requirement is to enter the relay only swimmer in the meet. If a swimmer competes on a relay and was not entered in the meet, the relay will be disqualified and a \$100 fine for each infraction will be billed to their team. No swimmers will be added to the meet after the start of the meet.

Each team may enter two relays per event. Each relay must consist of at least two members who have achieved an individual championship standard.

Mixed Gender Relays must have two female and two male athletes entered in the event.

To facilitate the running of the meet, coaches are REQUIRED to include relay names on their electronic entries. Coaches will still have the right to make changes up to the start of the race.



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BONUS EVENTS ENTRY INSTRUCTIONS

- 1. Swimmers must be entered in the event in which they achieved an eligible time.
- 2. Team Manager users shall check the BONUS box when entering a bonus event in the TM file.
- 3. A SWIM TIME is REQUIRED using times from a USAS sanctioned, approved or observed meet.

ENTRY LIMITS

Each swimmer may enter 3 eligible Individual Events and 1 Relay Event per session.

12 & Under age group swimmers are limited to 9 events.

Teams will be limited to 2 relays per relay event.

Swimmers can be aged up onto an Open relay but may not swim in more than one relay event category, i.e., if entered in the 11-12 200 Free Relay, the swimmer may not swim in the Open 200 Free Relay.

PROOF OF TIME

Results used to prove times must be from USA sanctioned, observed or approved competitions. Competition must take place during the Qualifying Period for this meet. Each individual entry Seed Time will be verified using the USA Swimming SWIMS database. It is the coaches' responsibility to make sure that their athletes' times are entered in the SWIMS database and are correct official times. Proof of Seed Time must be furnished when requested by the Entry Chair.

All late entries must have validated times prior to entry into the meet.

FEES & PAYMENT

ENTRY FEES and SURCHARGES

\$7.00 for each individual event (\$5.00 splash fee + \$2.00 KYLSC fee) \$14.00 for each relay event (\$10.00 splash fee + \$4.00 KYLSC fee).

\$3.50 per swimmer KYLSC Surcharge. \$30.00 per swimmer Facility Surcharge. There will be no refund of entry fees.

PAYMENT

A hard copy listing of team entries, a signed Summary/Waiver form (see page 11), and a check for all entry fees must be submitted before the coaches meeting on the first day of the meet. Failure to pay before the coaches' meeting may result in swimmers not being able to participate.

Make checks payable to Triton Swimming.

LATE ENTRIES

LATE ENTRIES

Late entries will be sent to the entry chair at entries@kylsc.org.

Late entries or changes will be sent within the body of an email including the following: Athlete's name, event, age group and entry time.

Provided that the entry has a provable entry time, any entry received after the Entry Deadline will be accepted up until the psych sheet is posted.

Any entries submitted after the Entry Deadline will be subject to a fine as described below:

Adding a swimmer- double the surcharge per athlete.

Adding an event to a swimmer's entries – double the event splash fee for each additional individual event.

Adding a relay- double the relay splash fee for each additional relay.

Late entries after the psych sheet is posted and up until the start of warm-up on March 8, 2023, late entries will be subject to availability and will be assessed the late entry fine. These entries will be allowed at the discretion of the Meet Referee. No heats will be added in order to add a late swimmer.

THERE WILL BE NO ENTRIES ACCEPTED AFTER THE COMMENCEMENT OF THE MEET WHICH HAS BEEN DEFINED AS THE START OF THE WARM-UP ON THE FIRST DAY OF COMPETITION.

SEEDING

SEED TIMES

The entered time should be the swimmer's best short course yard (SCY) time during the Qualifying Period provided that the time meets or is faster than the SCY time standard for that event.

If the swimmer does not have a SCY qualifying time but is otherwise qualified to swim the event (e.g., has the SCM or LCM qualifying time), then the entered time will be that of the SCM or LCM non-conforming time.



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Bonus events will be seeded last. Relay times should be entered in their best aggregate time.

SEEDING ORDER

All non-conforming seed times shall be seeded after the seeding has been done for conforming times and nonconforming seed times shall not be seeded ahead of any conforming time.

A "conforming" time is defined as one from a swim which matches the pool setup for the meet.

A "non-conforming" time is one from a swim swam in a pool setup other than that for which the meet is being conducted. Conforming times for the Kentucky Swimming Short Course Championship Meet must be from 25-yard pools. All times from other length pools will be considered non-conforming times.

The seeding order is:

- 1. Short Course Yards (SCY)
- 2. Short Course Meters (SCM)
- 3. Long Course Meters (LCM)
- 4. Non-conforming SCY (distance events)
- 5. Non-Conforming SCM (distance events)
- 6. Non-conforming LCM (distance events)
- 7. Bonus Events Short Course Yards (SCY)
- 8. Bonus Events Short Course Meters (SCM)
- 9. Bonus Events Long Course Meters (LCM)

PRELIM SEEDING

For Prelim Competition, the fastest 3 heats will be circle-seeded. The fastest 2 heats are circle seeded in events 400 yards and above.

RELAYS

RELAY CARDS

Relay cards will be distributed in each team's meet packet. Each relay team is responsible for delivering their completed relay cards to the Scorers' Table at a time to be announced prior to the start of the heat. At that time the relay card must clearly indicate, in the appropriate order, the four swimmers who will compete.

Two of the swimmers on each relay must have been entered into the meet in at least one individual event. Failure to do so will result in the relay being disqualified. To facilitate the running of the meet, coaches are required to include relay names on their electronic entries, but still have the right to make changes up to the start of the race providing it meets the relay entry requirements.

POSTINGS

POSTINGS

Entries will be posted on the Kentucky Swimming website in two forms:

- 1. An Entry List, sorted first by team and then by athlete, showing entries for each athlete.
- 2. A Psych Sheet, sorted by event number with entries for each event sorted in rank order will not be posted earlier than noon (EDT) on March 7, 2024.

REGARDLESS OF ENTRIES SUBMITTED AND/OR INPUT ERROR,
IT IS THE COACHES' RESPONSIBILITY TO ENSURE SWIMMERS ARE IN THE CORRECT EVENT

CHECK-IN

Positive Check-In is required for 500 yard Free.

CHECK-IN SHEETS

Check-in sheets for the 500 yard Free will be posted on a table by the entrance to the bubble.

CHECK-IN SCHEDULE

Each swimmer is responsible for positively checking-in for individual events prior to the designated time. The scratch table on deck will also serve as the check-in table. Deadlines for check-in will be announced at the swimming venue. Initials of athlete and/or coach signing in athlete will be required on the sign-in sheet.

SWIMMERS ARE NOT ENTERED IN THE EVENTS UNTIL THEY HAVE CHECKED-IN. IT IS THE COACHES' RESPONSIBILITY TO MAKE ARRANGEMENTS TO CHECK IN HIS/HER SWIMMERS BY THE DESIGNATED TIME.

SCRATCHES



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SCRATCH

Use the Check-In Sheets, to scratch a swimmer from an event.

PROCEDURE

Clearly draw an "X" through the EVENT NUMBER and a line through the swimmers' name.

RE-INSERTING SCRATCHED SWIMMERS

If a swimmer, who has been scratched from a preliminary or timed final event shows up to compete, that swimmer should report in person to the Meet Referee. At the sole discretion of the Meet Referee, the

swimmer may be allowed to compete. NO ADDITIONAL HEATS WILL BE ADDED.

NO SHOWS

IN PRELIMS OR

FAILURE TO COMPETE Swimmers entered in an individual preliminary or timed-final event that is seeded on deck, in whole or in part, who have checked in for that event, must swim in the event unless they notify the meet referee before the TIMED-FINAL EVENTS seeding for that event has begun, that they wish to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual preliminary event in which they are entered.

FAILURE TO COMPETE IN FINALS

Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from his/her next individual event in prelims, except as noted

In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

Where consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

If a consolation final has already been contested, the consolation final shall be swum without reseeding for the empty lane(s).

No penalty shall apply for failure to withdraw or compete in an individual event if:

- a. The Referee is notified in the event of illness or injury and accepts the proof thereof.
- Swimmers qualifying for a consolation final or final race following preliminaries notify the Referee within 30 minutes after announcement of the qualifiers for that final race that they may not intend to compete and further declares his final intentions within 30 minutes following his last individual preliminary event.
- It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

FAILURE TO APPEAR FOR **LAST SCHEDULED EVENT DECLARED FALSE START**

The club of any athlete or relay failing to appear for the final of a Timed Final Event or Preliminary/Final Event who has failed to scratch from the event prior to the scratch deadline, on the athletes' or relays' last scheduled day of participation in the meet shall be fined \$25.00.

In a preliminary event that is not deck seeded, swimmers reporting to the Meet Referee or Deck Referee prior to the start of their race and declaring their intent not to compete will be disqualified as a Declared False Start. Swimmers may not declare a false start at finals.

TIME TRIALS

AVAILABILITY

Time Trials will be conducted on a time available basis for swimmers participating in the meet at the discretion of the Meet Referee.

ELIGIBILITY

A swimmer MUST BE ENTERED IN AN INDIVIDUAL EVENT to be eligible to participate in a Time Trial.

TIME TRIAL SCHEDULE Time Trials shall be swum following prelims each day or at the discretion of the meet referee.

Time Trials shall be swum in the order listed under Order of Events as follows:

- 1. Friday Friday's events, followed by Saturday's events, followed by Sunday's events.
- Saturday Saturday's events, followed by Sunday's events, followed by Friday's events.
- 3. Sunday Sunday's events, followed by Friday's events, followed by Saturday's events.



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ENTRY PROCEDURE Athletes or coaches interested in a time trial must complete a Time Trial Form (available at the computer table)

and submit it to the official designated at the coaches meeting. Payment must be submitted at the time of the

request. Deadline to submit a time trial request: 10:00AM Daily.

ENTRY LIMIT A swimmer is limited to a maximum of two (2) Time Trial Events during the course of the Championship Meet.

In a meet where a combination of preliminary and final events and timed finals are scheduled, a swimmer may compete in not more than three (3) individual events per day, unless entered exclusively in timed final events

that day.

The above limitations on individual events apply regardless of the classification mixture or if separate meets or

time trials are being conducted.

ENTRY FEE Time Trial Entry Fee is \$20.00 per event, payable to the host club when the Time Trial request is declared.

TIMERS and COUNTERS

TIMED FINALS
PRELIMS & FINALS

Competing teams must supply lane timers. The number of timers per team will be assigned proportionately based on the number of swimmers in a session. It is the responsibility of the team assigned the timing detail to

provide any necessary relief timer(s).

500 FREESTYLE For the 500 Free, each swimmer shall provide his/her own counter.

OFFICIALS

OFFICIALS' MEETING There will be Officials' meetings 1 hour prior to the start of each session.

OFFICIALS' SIGNUP USA Swimming certified officials are welcome to officiate at this meet. Please sign up on the KYLSC website,

kylsc.org, at least one week prior to the start of the meet.

Officials will sign in at the Guard Shack upon entering Blairwood.



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BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH COVID

SUMMARY/WAIVER FORM

THIS PAGE MUST BE COMPLETED AND RETURNED BY THE STATED DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.

WAIVER: In consideration for the acceptance of this entry, I / We hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release any and all claims against USA Swimming Inc (USAS), Kentucky Swimming Inc (KYLSC), Triton Swimming and Genesis-Blairwood Tennis, Swim & Fitness for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet. I/We are bonafide members of United States Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I / we have entered.

Club Representative		Title			Club			
Email						Phone		
Club Address		City			State	Zip		
Recap of Entries								
	Individual Entries		_ x	\$7.00	=	\$		
	\$5 splash fee + \$2 KYLSC fee							
	Relays	-	_ X	\$14.00	=	\$		
	\$10 splash fee + \$4 KYLSC fee							
	Swimmer Surcharge		x	\$33.50	=	\$		
	\$30 facility surcharge							
	\$3.50 KYLSC surcharge							
				TOTAL		\$		

A hard copy listing of team entries, a signed Summary/Waiver form, and a check for all entry fees must be submitted before the coaches meeting on the first day of the meet. Failure to pay before the coaches' meeting may result in swimmers not being able to participate.

Make checks payable to Triton Swimming.

Payment, entry report and waiver must be submitted no later than the start of the coaches' meeting. Athletes cannot compete until payment is made.

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302 Held under the sanction of USA Swimming



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Swimmers with a Disability Coach and Meet Referee Communication

Swimmer's Nar	ne:			P1 P2 P3 Date:				
Meet:		Parallel Time Standard Used:						
Club:		Coach:						
Coach Cell # (a	t meet)							
				quested accommodations and modifications. While you are familiar ou are not to officials who have never met your athlete.				
Modifications ne	eeded; please describ	P						
Session	Event	Heat	Lane	Modification(s) Per Article 105				

Examples of Meet Accommodations and Modifications in accordance with Article 105

Towel on block to start

Assistance at the block before and/or during the start

Takes longer to get to the block or exit pool

Preferred lane placement and/or exit to ladder

Sitting or alternative position on block (105.5.1.E(1)) Starter's arm signals (105.3.1)

Personal Assistant for mobility, tapper (B/VI) or communication

Legs due to immobility are unable to perform Breaststroke Kick



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Any modification of a technical rule allowing parallel performance for a swimmer with a disability