



2024 KENTUCKY SWIMMING SHORT COURSE STATE CHAMPIONSHIP

Sponsored by Swimville USA & Speedo

13 & OVER DIVISION – March 22-24, 2024

SANCTION	Sanction of USA Swimming, Inc., issued by Kentucky Swimming, Inc. Sanction # KYSC24-STATE02 & Time Trial Sanction# KYSC24-STATE02TT		
FORMAT	The Kentucky Swimming Championship Meets are closed KYLSC swim meets. Any KYLSC registered club or KYLSC-USA SWIMMING athlete member (in good standing) may participate provided the athlete member(s) meets the event eligibility requirement for the given meet.		
HOST	Kentucky Swimming, Inc.	HOME TEAM	Cardinal Aquatics
MEET PERSONEL			
MEET DIRECTOR	Shannon Grill	shannonandjeff@me.com	ENTRY CHAIR entries@kylsc.org
MEET REFEREE	Brent Runkle	brentrunkle@gmail.com	
FACILITY	The University of Louisville Ralph Wright Natatorium, NW Corner of S Floyd St and E Warnock St. This facility was opened in the Fall of 2005. It features an eight lane, 25-Yard competition pool with a depth of 7 feet. Movable bulkheads enable the pool to be divided into two 25-meter or 25-yard competition-ready areas with up to 10 lanes. The deep end features two 1-meter boards, two 3-meter boards and a tower with diving platforms at 5-, 7.5- and 10-meters. The facility is equipped with a fully automatic Daktronics Timing System with touchpads and full 21ft x 12ft video board display. The competition course has not been certified in accordance with article 104.2.2C(4)		
USAS SAFE SPORT	Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet. All adult participants in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. For athlete protection, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the starting blocks, rest rooms or locker rooms. Such devices being used in these restricted areas will be subject to confiscation. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Per USA Swimming Code of Conduct 304.3.7, persons violating this provision are subject to ejection from the facility. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. USA Swimming article 202.4.9 J		
RESTROOMS & LOCKER ROOMS	Athletes 17 and Under are to use restrooms & locker rooms in the athlete hallway. Those are the main athlete locker rooms. Athletes/Adults 18 & Over are to use restrooms in the lobby area.		
MEET MARSHALLS WILL BE ENFORCING THESE RULES. ANYONE WHO DISREGARDS THE FACILITY RULES IS SUBJECT TO REMOVAL.			
ATHLETES 18&OVER	To be a USA Swimming registered member in good standing, <u>all athletes aged 18 and older must complete the Athlete Protection Training course.</u> Any athlete who turns 18 on or before March 22, 2023, who has not completed the Athlete Protection Training course by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or before March 22, 2023, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for		



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qualification or recognition. This includes participation as a member of a relay. Athletes must log in to their USA Swimming account (not a parent’s), access their EDUCATION Course Catalog, and take the Athlete Protection Training Core Course. Do NOT take the Athlete Protection for Adult Athletes course.

BULLYING All participants and competitors shall follow the U.S. CENTER for SAFESPORT rules for bullying. Violations will be grounds for removal of members from the facility.

SAFETY GUIDELINES

1. Only competitors, coaches, officials and authorized meet workers will be allowed on deck.
2. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures.
3. Coaches shall stand near the starting end of the pool when starting swimmers on sprint and pace work.
4. Coaches shall actively supervise their swimmers throughout the warm-up session.
5. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
6. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during warm-up periods.
7. Warm-up procedures shall be enforced for any breaks, scheduled or otherwise, during the competition.
8. **Appointed safety marshals have the authority to remove from the deck for the remainder of the warm-up session any swimmer or coach who is in violation of safety guidelines or warm-up procedures.**

THE MEET REFEREE MAY EXERCISE ADDITIONAL ADJUDICATION AUTHORITY AS NECESSARY.

SAFETY MARSHALS Safety marshals will be in place for warm-ups and during the meet to ensure the safety of the swimmers. Duties will include safe deck practices, traffic flow and diving restrictions/safety during warm-ups and locker room/restroom checks.

MEDICAL ASSISTANCE Red Cross certified Lifeguards will be on duty during the conduct of the meet. An AED is available at the facility and is located to the left of the meet control room, on the west side of the facility.

PARKING Parking is available in the Floyd Street Parking Garage directly across the street from the Cardinal Park Soccer and Track Stadium and next to the Natatorium. The University of Louisville controls the parking facility and parking fees. Prelims \$5.00 and no charge for the final sessions.

ADMISSION No spectator fees. 400-500 spectators will be admitted per session, per Fire Marshal. Admission is dependent on the number of athletes entered in the meet.

HOSPITALITY Hospitality will be offered for coaches and officials during the meet.

FORMAT

This meet will be swum as a Preliminary / Final Meet for all age groups with the following exceptions: All Relay Events will be swum as a Timed Finals.

All 1000 and 1650 Events will be swum as Timed Finals.

Fly over starts may be used during the preliminary sessions at the discretion of the Meet Referee.

All timed finals, preliminary and final events will be pre-seeded, except for individual events 400 yards and longer, which will be deck seeded and will require positive check-in at the check-in table located at the athlete/coach/official/volunteer side entrance.

The Top 16 swimmers in Prelims will compete in A and B finals.

For the 1650, the top 8 competitors of each gender will compete in finals. Any top 8 athlete having other events that day may opt to swim during prelims and should indicate their preference at check-in (due at the end of prelim warm-ups). The next fastest athlete will fill the spot.



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SWIMMERS WITH A DISABILITY

SWAD	All swimmers with a disability (SWADS) must satisfy the definition of a disability as outlined in the USA Swimming Rules and Regulations, Article 105.1.1
TIME STANDARDS	USAS PARA SWIMMING Motivational Time Standards for an LSC will be used and can be found at kylsc.org, on the event page and under the Times & Awards drop-down menu.
FINALS	Swimmers with a disability will compete in prelims with able-bodied athletes. They may have a separate single championship heat at finals that will be contested prior to the able-bodied Championship heat.
ENTRIES	<p>Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and/or registered service animals, or preferences for seeding or lane placement, must provide advance notice in writing, accompanying their meet entry file, to the Meet Referee by the entry deadline.</p> <p>Accommodation requests for swimmers with disabilities should be submitted on the attached “Swimmers with a Disability Coach and Meet Referee Communication” form.</p> <p>Entries for swimmers with a disability should be handled in the following manner:</p> <ol style="list-style-type: none"> 1. Enter the swimmer in the Hy-Tek database (or in the regular entry form); 2. List in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and 3. Provide any information about special accommodations needed by the swimmer using the Swimmers with a Disability Coach and Meet Referee Communication form (see page 15). <p>It is the responsibility of the swimmer, or his/her coach, to inform the Meet Referee of any disability related accommodations he/she may need to compete. This information must be given in advance of the meet by the entry deadline. Failure to provide advance notice may limit the Meet Referee’s ability to accommodate any requests.</p>

SCORING AND AWARDS

SCORING	<p>Individual Events 16 places – 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1</p> <p>Relay Events 16 places – 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2</p> <p>Points will not be awarded for any result unless that result meets or is faster than the Qualifying Time for the event.</p>
AWARDS	<p>Championship Medals for 1st through 8th place (individual and relay events)</p> <p>Championship Ribbons for 9th through 16th place</p> <p>High Point Awards to the 1st, 2nd and 3rd place female and male individual in each age group</p> <p>1st, 2nd and 3rd place for combined 12&U and 13&O team scores will be awarded at the conclusion of the 13&Over championship meet.</p>
CEREMONIES	The procedure for awards recognition will be explained at the coaches’ meeting.

SOUTHERN ZONE OPEN WATER QUALIFYING MEET

QUALIFYING EVENTS	<p>Winners of the 15&Over and 13-14 women's and men's 1650 SCY Freestyle events automatically qualify for the</p> <p>2024 Southern Zone Open Water Championship Meet, May 31 – June 4, at Barren River Lake, KY.</p>
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WARM-UPS AND SCHEDULE

PRELIMS- MORNING SESSIONS FRIDAY, SATURDAY & SUNDAY	FINALS – AFTERNOON SESSIONS FRIDAY, SATURDAY & SUNDAY
Pool Deck Access for Athletes: 6:45 AM Warm-ups: 7:00 AM to 8:20 AM Meet Starts: 8:30 AM	Pool Deck Access for Athletes: 2:45 PM Warm-ups: 3:30 PM to 4:20 PM Meet Starts: 4:30 PM

COOL DOWN	Cool-down lanes will be provided during all sessions. Coaches are responsible for advising their swimmers to
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exercise caution in the cool-down lanes to avoid causing injury to themselves and others. Swimmers engaging in dangerous conduct in the cool-down lanes may be subject to being barred from events at the discretion of the Meet Referee.

COACHES

COACH CHECK IN

Coaches will check in at the athlete/coach/official/volunteer side entrance.

TECHNICAL MEETING

A mandatory coaches' meeting will be held on Friday morning at 8:20 AM (EST)

DECK ACCESS

Coaches should be prepared to show proof of current USA Swimming membership.

Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.

Expired or incomplete credentials will not be accepted, and deck access will not be allowed.

ORDER OF EVENTS

SESSION #6 - FRIDAY PRELIMS

Warm-ups 7:00 AM; start time 8:30 AM

WOMEN'S	EVENT DESCRIPTION	MEN'S
101	Mixed 14&U 200 Medley Relay ¹	101
102	Mixed Open 200 Medley Relay ¹	102
107	13-14 400 IM	108
109	Senior 400 IM	110
111	13-14 200 Free	112
113	Senior 200 Freestyle	114
115	13-14 100 Breaststroke	116
117	Senior 100 Breaststroke	118
119	13-14 200 Backstroke	120
121	Senior 200 Backstroke	122
BREAK		
123	13-14 & Senior 1000 Freestyle ²	124

¹ This is a Timed Final Event

² This is a Timed Final Event.

The 13-14 and Senior Women's and Men's Events will be swum as combined heats, by gender, but scored separately.

The heats will be swum fastest to slowest.

SESSION #7 - FRIDAY FINALS

Warm-ups 3:30 PM; start time 4:30 PM

WOMEN'S	EVENT DESCRIPTION	MEN'S
AWARDS – 1000 Freestyle		
103	14&U 400 Freestyle Relay ³	104
105	Open 400 Freestyle Relay ³	106
BREAK		
107	13-14 400 IM	108
109	Senior 400 IM	110
AWARDS		
111	13-14 200 Freestyle	112
113	Senior 200 Freestyle	114
AWARDS		
115	13-14 100 Breaststroke	116
117	Senior 100 Breaststroke	118
AWARDS		
119	13-14 200 Backstroke	120
121	Senior 200 Backstroke	122
AWARDS		
³ This is a Timed Final Event.		



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ORDER OF EVENTS

SESSION #8 - SATURDAY PRELIMS		
Warm-ups 7:00 AM; start time 8:30 AM		
WOMEN'S	EVENT DESCRIPTION	MEN'S
125	Open 200 Freestyle Relay ⁴	126
127	14&U 200 Freestyle Relay ⁴	128
AWARDS - 400 Freestyle Relay and 200 Freestyle Relay		
133	Senior 100 Butterfly	134
135	13-14 100 Butterfly	136
137	Senior 200 Breaststroke	138
139	13-14 200 Breaststroke	140
141	Senior 50 Freestyle	142
143	13-14 50 Freestyle	144
145	Senior 500 Freestyle	146
147	13-14 500 Freestyle	148
	⁴ This is a Timed Final Event.	

SESSION #9 - SATURDAY FINALS		
Warm-ups 3:30 PM; start time 4:30 PM		
WOMEN'S	EVENT DESCRIPTION	MEN'S
129	Open 400 Medley Relay ⁵	130
131	14&U 400 Medley Relay ⁵	132
BREAK		
133	Senior 100 Butterfly	134
135	13-14 100 Butterfly	136
AWARDS		
137	Senior 200 Breaststroke	138
139	13-14 200 Breaststroke	140
AWARDS		
141	Senior 50 Freestyle	142
143	13-14 50 Freestyle	144
AWARDS		
145	Senior 500 Freestyle	146
147	13-14 500 Freestyle	148
AWARDS		
⁵ This is a Timed Final Event.		



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ORDER OF EVENTS

SESSION #10 - SUNDAY PRELIMS		
Warm-ups 7:00 AM; start time 8:30 AM		
WOMEN'S	EVENT DESCRIPTION	MEN'S
149	14&U 200 Medley Relay ⁶	150
151	Senior 200 Medley Relay ⁶	152
153	13-14 200 IM	154
155	Senior 200 IM	156
157	13-14 100 Freestyle	158
159	Senior 100 Freestyle	160
161	13-14 200 Butterfly	160
163	Senior 200 Butterfly	164
165	13-14 100 Backstroke	166
167	Senior 100 Backstroke	168
BREAK		
169	Senior 1650 Freestyle ⁶	170
⁶ This is a Timed Final Event		

SESSION #11 - SUNDAY FINALS		
Warm-ups 3:30 PM; start time 4:30 PM		
WOMEN'S	EVENT DESCRIPTION	MEN'S
169	Senior 1650 Freestyle ⁷	170
AWARDS		
153	13-14 200 IM	154
155	Senior 200 IM	156
AWARDS		
157	13-14 100 Freestyle	158
159	Senior 100 Freestyle	160
AWARDS		
161	13-14 200 Butterfly	162
163	Senior 200 Butterfly	164
AWARDS		
165	13-14 100 Backstroke	166
167	Senior 100 Backstroke	168
AWARDS		
⁷ This is a Timed Final Event. The Senior and 13-14 Women's and Men's Events will be swum as combined heats, by gender, but scored separately. The heats will be swum fastest to slowest. The top 8 athletes compete at finals. Any top 8 athlete having other events that day may opt to swim during prelims and should indicate their preference at check-in (due at the end of prelim warm-ups). Any open spot in the top-8 heat will be filled by the next fastest athlete.		

ELIGIBILITY

RULES	The meet will be conducted in accordance with the current USA Swimming Rules and Regulations, and Kentucky Swimming Policy and Rule Handbook, except where rules therein are optional, and exceptions are stated herein. FINA starting procedures will be used. The FINA system, approved by USA Swimming, uses a series of whistles followed by a one-whistle announcement for swimmers. The No Recall Start Rule will also be enforced during this meet.
UNSUPERVISED SWIMMERS	USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warmup, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming's "open border" policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.



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QUALIFYING PERIOD	Qualification for any Individual Event with a declared time standard determining eligibility for participation therein, will be determined by the athlete's best official time during the respective Qualifying Period: - 1st day of the prior year Southern Zone Eastern Sectional Spring Meet, March 9, 2023, up to and including Sunday, March 3, 2024.
AGE AT MEET	The age of the athlete on the first day of the meet, March 8, 2024, shall be used to determine event eligibility.
RACING START CERTIFICATION	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

TIME STANDARDS

TIME STANDARDS	<p>Time Standards can be found at kylsc.org, on the event page and under Times & Awards drop-down menu.</p> <p>With the exception of the 1000 yd. and 1650 yd. freestyle events, participation in an individual event is restricted to those swimmers who have either met or swam faster than:</p> <ol style="list-style-type: none">1. the short course yard (SCY) standard for the event, OR2. the short course meter (SCM) standard for the event, OR3. the long course meter (LCM) standard for the event during the qualifying period.
1000 & 1650 YD EVENTS	<p>For the 1000 yd. and 1650 yd. freestyle events, participation is restricted to those swimmers who have either met or swam faster than:</p> <ol style="list-style-type: none">1. the SCY standard for the 1000 yd. freestyle; OR2. the SCM standard for the 1000 yd. freestyle; OR3. the LCM standard for the 1000 yd. freestyle; OR4. the SCY standard for the 1650-yard freestyle; OR5. the SCM standard for the 1650-yard freestyle; OR6. the LCM standard for the 1650-yard freestyle during the Qualifying Period.
BONUS EVENTS	<ul style="list-style-type: none">• Eligible swimmers with one state cut are eligible for two bonus events.• Eligible swimmers with two state cuts are eligible for one bonus event.• Eligible swimmers with three or more state cuts are not eligible for bonus events.• Bonus events may not be longer than 200 yards.
RELAY	There are no time standards for relays. Each team may enter 2 relays per event. Relays must consist of at least two members who have achieved an individual championship time standard. Names must be listed on all relay entries.

ENTRIES

ENTRY DEADLINE	<p>Entries MUST BE RECEIVED electronically (Hy-Tek or SDF) to the Entry Chair no later than noon (EDT) on Monday, March 18, 2024.</p> <p>All coaches will receive a team entry report by Monday, March 18, 8pm as confirmation of their team's entries.</p> <p>Coaches have until the psych sheet is published/posted (not before noon on the day prior to the start of the meet) to make changes to their entries. After that time, entries will be considered Late Entries (see Late Entries section.)</p> <p>Handwritten, telephoned or faxed entries WILL NOT BE ACCEPTED.</p> <p>All swimmers' USA Swimming registrations will be checked against SWIMS, USA Swimming's membership database or registered athletes.</p> <p>NOTE: If a team does not use Hy-Tek's Team Manager or equivalent, then Team Manager Lite, downloadable free of charge from Hy-Tek's website, should be used to prepare entries.</p>
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RELAY ENTRIES

Relay entries do require that relay names be enumerated. A RELAY-ONLY SWIMMER MUST BE ENTERED IN A LEAST ONE RELAY TO BE ENTERED IN THE MEET.

The sole purpose of this requirement is to enter the relay only swimmer in the meet.

If a swimmer competes on a relay and was not entered in the meet, the relay will be disqualified and a \$100 fine for each infraction will be billed to their team. No swimmers will be added to the meet after the start of the meet.

Each relay must consist of at least two members who have achieved an individual championship standard.

Two of the swimmers on each relay must have been entered into the meet in at least one individual event. Failure to do so will result in the relay being disqualified.

Mixed Gender Relays must have two female and two male athletes entered in the event.

To facilitate the running of the meet, coaches are REQUIRED to include relay names on their electronic entries.

Coaches will still have the right to make changes up to the start of the race providing it meets the relay entry requirements.

BONUS EVENTS ENTRY INSTRUCTIONS

1. Swimmers must be entered in the event in which they achieved an eligible time.
2. Team Manager users shall check the BONUS box when entering a bonus event in the TM file.
3. A SWIM TIME is REQUIRED using time from a USAS sanctioned, approved or observed meet.

ENTRY LIMITS

Each swimmer may enter 3 eligible Individual Events on each day of the meet.

13 & Over swimmers are limited to 9 combined events and 1 relay per session for the combined championship.

12 & Under swimmers are limited to 1 relay per session. Swimmers can be aged up into an Open relay, as long as they have not swum the maximum allowed relay events for the whole age group championship. Teams will be limited to 2 relays per relay event.

PROOF OF TIME

Results used to prove time must be from USA sanctioned, approved or observed competitions. Competition must take place during the Qualifying Period for this meet. Each individual entry Seed Time will be verified using the USA Swimming SWIMS database. It is the coaches' responsibility to make sure that their athletes' times are entered in the SWIMS database and are correct official times. Proof of Seed Time must be furnished when requested by the Entry Chair.

All late entries must have validated times prior to entry into the meet.

FEES & PAYMENT

ENTRY FEES

\$7.00 for each individual event (\$5.00 splash fee + \$2.00 KYLSC fee)

SURCHARGES

\$14.00 for each relay event (\$10.00 splash fee + \$4.00 KYLSC Surcharge).

\$3.50 per swimmer KYLSC Surcharge.

\$25.00 per swimmer Facility Surcharge. There will be no refund of entry fees.

\$5.00 per swimmer Facility Security charge.

PAYMENT

A hard copy listing of team entries, a signed Summary/Waiver form (see page 14), and a check for all entry fees must be submitted before the coaches meeting on the first day of the meet. Failure to pay before the coaches' meeting may result in swimmers not being able to participate.

Make checks payable to Cardinal Aquatics.

LATE ENTRIES

LATE ENTRIES

Late entries will be sent to the entry chair at entries@kylsc.org.

Late entries or changes will be sent within the body of an email including the following: Athlete's name, event, age group and entry time.

Provided that the entry has a provable entry time, any entry received after the Entry Deadline may be accepted up until the psych sheet is posted.



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Any entries or changes submitted after the Entry Deadline (publication of the psych sheet), will be subject to a fine as described below.

Adding a swimmer - double the surcharge per athlete.

Adding an event to a swimmer's entries - double the event splash fee for each additional individual event.

Adding a relay - double the relay splash fee for each additional relay.

Late entries after the psych sheet is posted and up until the start of first warm-ups of the meet on Friday, March 21, 2024, will be subject to availability and at the discretion of the Meet Referee and will be assessed the late entry fee.

No heats will be added in order to add a late swimmer.

THERE WILL BE NO ENTRIES ACCEPTED AFTER THE COMMENCEMENT OF THE MEET WHICH HAS BEEN DEFINED AS THE START OF THE WARM-UP ON THE FIRST DAY OF COMPETITION.

SEEDING

SEED TIMES

The entered time should be the swimmer's best short course yard (SCY) time during the Qualifying Period provided that the time meets or is faster than the SCY time standard for that event.

If the swimmer does not have a SCY qualifying time but is otherwise qualified to swim the event (e.g., has the SCM or LCM qualifying time), then the entered time will be that of the SCM or LCM non-conforming time.

For long distance events where the swimmer is entered in an event with no entry time, the LCM standard will be used for that event (e.g., has the 1650 SCY qualifying time, and is entered in the 1000 but has no entry time).

Bonus events will be seeded last. Relay times should be entered in their best aggregate time.

SEEDING ORDER

All non-conforming seed times shall be seeded after the seeding has been done for conforming times and nonconforming seed times shall not be seeded ahead of any conforming time.

A "conforming" time is defined as one from a swim which matches the pool setup for the meet.

A "non-conforming" time is one from a swim swum in a pool setup other than that for which the meet is being conducted. Conforming times for the Kentucky Swimming Short Course Championship Meet must be from 25yard pools. All times from other length pools will be considered non-conforming times.

The seeding order is:

1. Short Course Yard (SCY)
2. Short Course Meters (SCM)
3. Long Course Meters (LCM)
4. Non-conforming SCY (distance events)
5. Non-conforming SCM (distance events)
6. Non-conforming LCM (distance events)
7. Bonus Events Short Course Yards (SCY)
8. Bonus Events Short Course Meters (SCM)
9. Bonus Events Long Course Meters (LCM)

1000 & 1650

All Senior and 13-14 Women's and Men's 1000 yd. and 1650 yd. Freestyle events will be swum as combined heats, by gender but scored separately. The heats will be swum fastest to slowest.

PRELIM SEEDING

For Prelim Competition, the fastest 3 heats will be circle-seeded.

For the 400 IM and the 500 Free, the fastest 2 heats will be circle-seeded.

RELAYS

RELAY CARDS

Relay cards will be distributed in each team's meet packet. Each relay team is responsible for delivering their completed relay cards to the Scorers' Table at a time to be announced prior to the start of the heat. At that time, the relay card must clearly indicate, in the appropriate order, the four swimmers who will compete.



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POSTINGS

POSTINGS

Entries will be posted on the Kentucky Swimming website in two forms:

1. Entry List, sorted first by team and then by athlete, showing entries for each athlete.
2. A Psych Sheet, sorted by event number with entries for each event sorted in rank order, and Psych sheet will not be posted before noon (EDT) March 21st.

**REGARDLESS OF ENTRIES SUBMITTED AND/OR INPUT ERROR,
IT IS THE COACHES' RESPONSIBILITY TO ENSURE THE SWIMMERS ARE IN THE CORRECT EVENTS.**

CHECK-IN

Positive Check-In is required for Individual Events 400 yards or greater.

Initials of athlete and/or coach signing in athlete will be required on the sign-in sheet.

CHECK-IN SHEETS

Check-in sheets for Individual Events 400 yards and greater, for each Prelim, Finals, or Timed Final session will be posted at the positive check-in table located at the athlete/coach/official/volunteer side entrance.

CHECK-IN SCHEDULE

Each swimmer is responsible for positively checking-in for individual events prior to the designated time. Deadlines for check-in will be announced at the swimming venue.

For the 1650, any top 8 athlete having other events that day may opt to swim during prelims and should indicate their preference at check-in (due at the end of prelim warm-ups).

**SWIMMERS ARE NOT ENTERED IN THE EVENTS UNTIL THEY HAVE CHECKED-IN.
IT IS THE COACHES' RESPONSIBILITY TO MAKE ARRANGEMENTS TO CHECK IN HIS/HER SWIMMERS BY THE DESIGNATED TIME**

SCRATCHES

SCRATCH PROCEDURE

Using the Check-In Sheets:

- To Scratch a swimmer from a Session: CLEARLY draw a line through the SWIMMERS' NAME and all events scratched.
- To scratch a swimmer from an Event: CLEARLY draw an "X" through the EVENT NUMBER next to the swimmer's name.

RE-INSERTING

SCRATCHED SWIMMERS

If a swimmer who has been scratched from a Preliminary or Timed-Final event shows up to compete, that swimmer should report in person to the Meet Referee.

At the sole discretion of the Meet Referee, the swimmer may be allowed to compete.

NO ADDITIONAL HEATS WILL BE ADDED

NO SHOWS

FAILURE TO COMPETE IN PRELIMS OR TIMED- FINALS

Swimmers entered in an individual preliminary or timed-final event that is seeded on deck, in whole or in part, who have checked in for that event, must swim in the event unless they notify the Meet Referee before the seeding for that event has begun, that they wish to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual preliminary event in which they are entered.

FAILURE TO COMPETE IN FINALS

Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from his/her next individual event in prelims, except as noted below.

1. In the event of withdrawal or barring of a swimmer from competition, the Meet Referee shall fill the consolation final or final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
2. Where consolation finals have not yet been swum and a barring or withdrawal is known to the Meet Referee, the Meet Referee shall re-seed the consolation final and final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
3. If a consolation final has already been contested, the companion final shall swim without reseeding for the empty lane(s).

No penalty shall apply for failure to withdraw or compete in an individual event if:

1. The Meet Referee is notified in the event of illness or injury and accepts the proof thereof.



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2. Swimmers qualifying for a consolation final or final race following preliminaries notify the Meet Referee within 30 minutes after announcement of the qualifiers for that final race that they may not intend to compete and further declares his final intentions within 30 minutes following his last individual preliminary event.
3. It is determined by the Meet Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

FAILURE TO APPEAR FOR LAST SCHEDULED EVENT The club of any athlete or relay failing to appear for the final of a Timed Final Event or Preliminary/Final Event, at a Kentucky Swimming State Championship Meet, who has failed to scratch from the event prior to the scratch deadline, on the athletes' or relays' last scheduled day of participation in the meet shall be fined \$25.00.

DECLARED FALSE START In a preliminary event not requiring positive check in, swimmers reporting to the Meet Referee prior to the start of their race and declaring their intent not to compete will be disqualified as a Declared False Start. Swimmers may not declare a false start at finals.

TIME TRIALS

AVAILABILITY Time Trials will be conducted on a time available basis for swimmers participating in the meet.

ELIGIBILITY A swimmer **MUST BE ENTERED IN AN INDIVIDUAL EVENT** to be eligible to participate in a Time Trial.

TIME TRIAL SCHEDULE Time Trials shall be swum following prelims each day, but, at the Meet Referee's discretion, may be swum before the 1000- and 1650-yard freestyle events, in the order listed under Order of Events as follows:

Friday	Friday's events, followed by Saturday's events, followed by Sunday's events.
Saturday	Saturday's events, followed by Sunday's events, followed by Friday's events.
Sunday	Sunday's events, followed by Friday's events, followed by Saturday's events.

ENTRY LIMIT A swimmer is limited to a maximum of two (2) Time Trial Events during the course of the Championship Meet.

In a meet where a combination of preliminary and final events and timed finals are scheduled, a swimmer may compete in not more than three (3) individual events per day unless entered exclusively in timed final events that day. The above limitations on individual events apply regardless of the classification mixture or if separate meets or time trials are being conducted.

ENTRY PROCEDURE Athletes or coaches interested in a time trial must complete a Time Trial Form, which is available at the computer table and submit it to the official designated at the coaches meeting. Payment must be submitted at the time of the request.
Deadline to submit a time trial request: 10:00AM Daily.

ENTRY FEE Time Trial Entry Fee is \$20.00 per event; payable when the Time Trial request is declared.

TIMERS & COUNTERS

TIMED FINAL, PRELIM, AND FINALS Competing teams must supply lane timers. The number of timers per team will be assigned proportionately based on the number of swimmers in a session. It is the responsibility of the team assigned the timing detail to provide any necessary relief timer(s).

1000 & 1650 FREE For the 1000 yd. and 1650 yd. Freestyle, each swimmer shall provide his/her own timer and counter.

OFFICIALS

OFFICIALS' JOB SIGNUP USA Swimming certified officials are welcome to officiate at this meet.

- Please sign up on the KYLSC website, kylsc.org, at least one week prior to the start of the meet.
- Officials should be prepared to present their credentials to the Meet Referee at the start of each session.

Questions or concerns can be sent to the Meet Referee or the KYLSC official's chair.

OFFICIALS' MEETING There will be an Officials' meetings 1 hour prior to the start of each session in the hospitality room.



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EVALUATION FOR NATIONAL CERTIFICATION

The Kentucky Swimming Short Course State Championship, 13 & Over Division, is scheduled to be an “Official’s Qualifying Meet (OQM)” for officials seeking evaluation for national advancement at N2 (except AO) and N3 (only Stroke & Turn) pending evaluator availability.

Officials who are interested in being evaluated for national certification should send a request to the KYLSC Officials Chair, Jason Brown, at kylscoc@gmail.com.



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BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH COVID

SUMMARY/WAIVER FORM

THIS PAGE MUST BE COMPLETED AND RETURNED BY THE STATED DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.

WAIVER: In consideration for the acceptance of this entry, I / We hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release any and all claims against USA Swimming Inc (USAS), Kentucky Swimming Inc (KYLSC), Cardinal Aquatics and the University of Louisville for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet. I/We are bonafide members of United States Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I / we have entered.

Club Representative	Title	Club	
Email		Phone	
Club Address	City	State	Zip

Recap of Entries

Individual Entries	_____ X	\$7.00	=	\$ _____
\$5 splash fee + \$2 KYLSC fee				
Relays	_____ X	\$14.00	=	\$ _____
\$10 splash fee + \$4 KYLSC fee				
Swimmer Surcharge	_____ x	\$33.50	=	\$ _____
\$25 facility surcharge				
\$3.50 KYLSC surcharge				
\$5.00 security fee				
		TOTAL		\$ _____

A hard copy listing of team entries, a signed Summary/Waiver form (see page 13), and a check for all entry fees must be submitted before the coaches meeting on the first day of the meet. Failure to pay before the coaches' meeting may result in swimmers not being able to participate.

Make checks payable to Cardinal Aquatics.

No entrant will be permitted to compete unless the entrant is a member as provided in Article 302 Held under the sanction of USA Swimming



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Swimmers with a Disability Coach and Meet Referee Communication

MEET

DATE

CLUB

COACH

EMAIL or PHONE #

Swimmer	Age Group	Event	Session	Necessary Accommodation

Examples of Necessary Accommodations (but not limited to)

- Take longer to get to blocks
- In the water start
- Have an assistant at the block
- Longer to get out of the pool
- Ask to see if a mat can be placed at lane getting in and out of the pool
- 1 layer of towel on the blocks at the start
- Hand signals for the start
- Any stroke movement(s) that are different from technical rules & regulations of USA-S swimming